

2026 Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Grain -Rice Krispys-1 bowl Fruit -Pear-1ea Milk-1ea	Grain -Hot Oatmeal-1/2 cup Fruit -Honeydew-1ea Milk-1ea	Grain/Protein -Homemade Burrito 1/4 cup of Eggs, 1 Tortilla, 1 Sausage Patty Fruit - Banana-1ea Milk-1ea	Grain/Protein -Homemade Muffins Fruit -Apple-1ea Milk-1ea	Protein -Yogurt-1ea Grain -Animal Cracker-1ea Fruit -Orange-1ea Milk-1ea
Week 2	Grain -Eggo French Toast-1ea Fruit -Pear-1ea Milk-1ea	Grain -Omelet Wrap Omelet -1ea, Tortilla-1ea Fruit -Honeydew-1ea Milk-1ea	Grain/Protein -Homemade Burrito 1/4 cup of Eggs, 1 Tortilla, 1 Sausage Patty Fruit -Banana-1ea Milk-1ea	Grain/Protein -Homemade Muffins Fruit -Apple-1ea Milk-1ea	Grain -Cherrios-1 bowl Fruit -Orange-1ea Milk-1ea
Week 3	Grain -Corn Flakes-1 bowl Fruit -Pear-1ea Milk-1ea	Grain -Biscuits w/ Gravy 1 biscuit/ 1/4 cup gravy Fruit -Honeydew-1ea Milk-1ea	Grain/Protein -Homemade Burrito 1/4 cup of Eggs, 1 Tortilla, 1 Sausage Patty Fruit -Banana-1ea Milk-1ea	Grain/Protein -Homemade Muffins Fruit -Apple-1ea Milk-1ea	Protein -Yogurt-1ea Grain -Animal Cracker-1ea Fruit -Orange-1ea Milk-1ea
Week 4	Grain -Eggo Waffle-1ea Fruit -Pear 1ea Milk-1ea	Grain - Brown Sugar & Apple Cream of Wheat-1/2 cup Fruit -Honeydew-1ea Milk-1ea	Grain/Protein -Homemade Burrito 1/4 cup of Eggs, 1 Tortilla, 1 Sausage Patty Fruit -Banana-1ea Milk-1ea	Grain/Protein -Homemade Muffins Fruit -Apple-1ea Milk-1ea	Grain -Bagel-1ea Cream Cheese-1ea Fruit -Orange-1ea Milk-1ea

(3–5-Year-Old: 1/2 Cup Fruit & Veggies) - (K-8: 1/2 Cup Fruit/ 3/4 Cup Veggies) - (HS: 1 Cup Fruits & Veggies)

All meals will be served whole milk, 2% or low-fat chocolate milk

Golden Entrees = Made from scratch

Your cafeteria is managed by

canteen
of Central New Mexico



Canteen of Central New Mexico is an equal opportunity provider and employer.