Kepro | Employee Assistance Program

# Worklife Consultation and Referral Services



**Worklife Consultation and Referral services are a component of your Employee Assistance Program.**

We all have times we worry about our work, family, and personal life. Sometimes our lives are more stressful than other times, and it's only natural that you may need someone to talk with or need help finding a reliable resource. Your Employee Assistance Program's Worklife Consultation and Referral Services put reliable resources for everyday concerns at your fingertips. Easy to use, these services get you the answers and information you need and all at no cost to you.

## What does the service provide?

This service takes the legwork out of provider searches. It gives you access to the expertise of worklife consultants as well as web access to thousands of practical, up-to-date articles, calculators, links, interactive planners, and self-assessments.

## How does it work?

Services are available through your EAP toll-free number or on the website below. A worklife consultant can help you identify the resources that best meet your needs and match your criteria. You will receive up to three provider profiles with booklets and/or tip sheets, etc. related to your search.

## What kind of assistance is available?

Services are available for a wide spectrum of worklife concerns such as:

### Child Care and Parenting

- Group, family, in-home or after school care
- Summer camps (resident, day, specialty)
- Parenting classes and support groups

### Adoption

- International and domestic agencies
- Support groups
- Legal assistance

### Daily Living

- Home maintenance/repair
- Emergency, errand, and pet services
- Community volunteer opportunities
- Consumer information

### Adult Care

- In-home, companion, and respite services
- Legal and financial issues
- Housing options

### Education

- K-12 public and private schools
- Post high school education
- Financial aid, scholarships, tutoring



## Your Employee Assistance Program

Anytime, any day, you have free, confidential access to professional consultants and online resources to help you be your best. To access these services, call or log on to get started.

| TOLL-FREE: | WEBSITE: | CODE: |
|---|---|---|
| 1.800.999.1077 | www.EAPHelplink.com | EAPNOW |

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