



Pre-Kindergarten: A Day in the Life

Ursuline's Reggio Emilia approach is a student-centered educational philosophy that uses self-directed, experiential learning in relationship-driven environments. This approach continues in our Pre-Kindergarten program, and as our students grow and prepare for Kindergarten, they build on the principles of respect, responsibility, and community through exploration and discovery in a self-guided curriculum.

Our day in Pre-K begins with drop-off from 7-7:50 a.m., followed by our morning meeting, where we come together for prayer, the pledge, and a song, and use this time to discuss the calendar and our Message of the Day. This important time is when we introduce new learning and exploratory concepts, rooted in our Reggio-inspired, open-ended activities.

Our class is divided into four groups named after the four seasons of New Orleans: Mardi Gras, Crawfish, Snowballs, and Saints! The groups rotate among four centers. In language arts, we read stories and poems. We also sing songs, learn the letters of the alphabet, and introduce new vocabulary. We use the Learning Without Tears curriculum, and science and math centers incorporate activities that follow our Happily Ever After curriculum. We also spend part of our morning learning in the Tinker Lab, a project-based learning program in a STEAM environment.

Depending on the day, we have religion, P.E., music, or a foreign language. During lunch, we eat in the Academy cafeteria, where we enjoy daily delicious and healthy choices for lunch and snacks. After lunch, we have art and studio time, where we explore, play, and grow. Open invitations let us build in the block area, "cook" in the kitchen, play pretend with our dollhouse, work on puzzles, or enjoy a good book in the classroom library.

Bible stories and faith formation are woven throughout our day and are celebrated during our Family Chapel Services.

After a busy day of learning and exploring, our Pre-K friends enjoy naptime to rest and recharge. When they wake, they enjoy an afternoon snack before preparing for dismissal at 2:40 p.m. or continuing their day in Aftercare until 5:30 p.m.

[Click here](#) for more information about our Pre-Kindergarten program and book a tour for your family!

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