

LTHS Transition

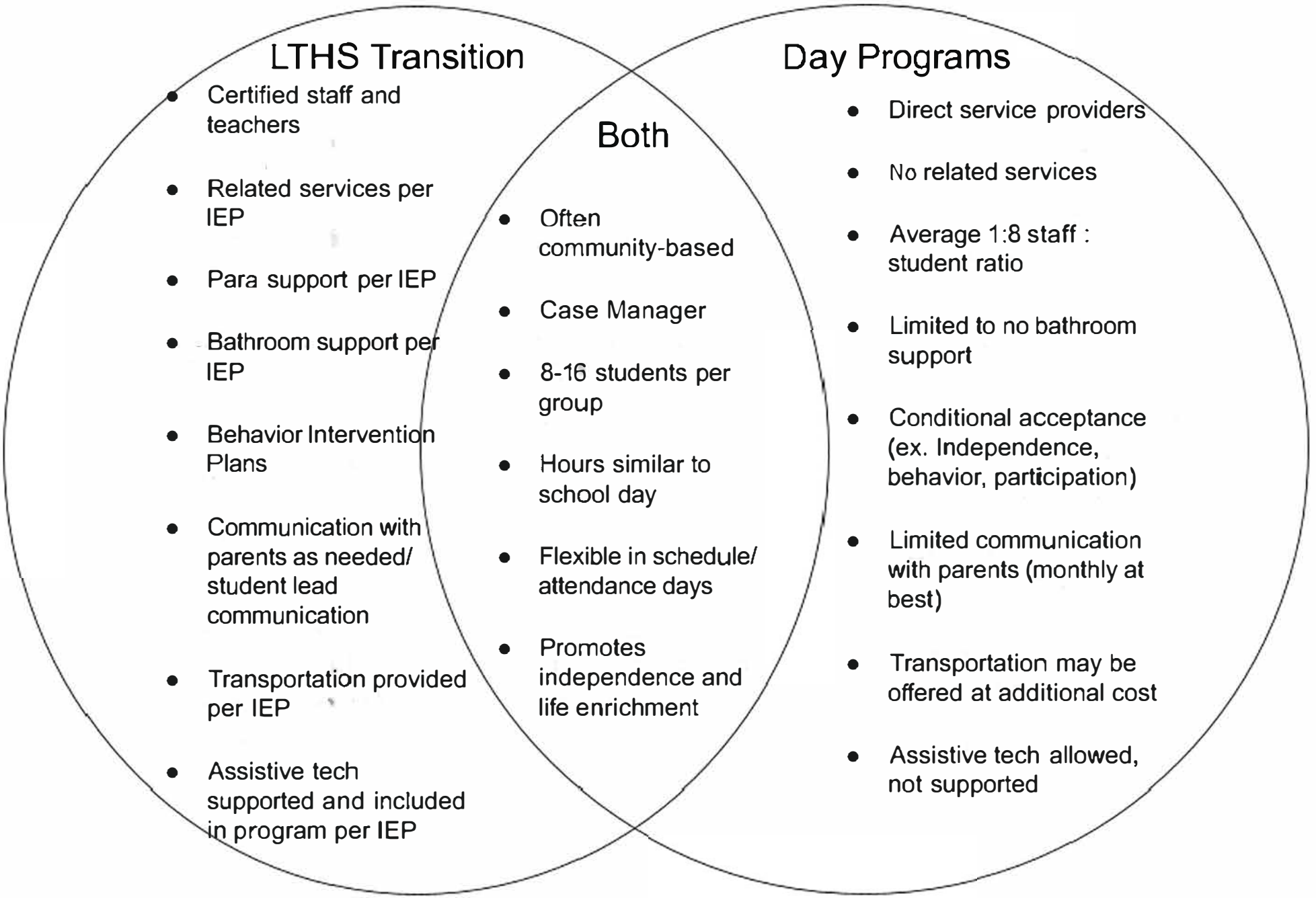
Local Day Program Information for Parents and Young Adults

Suburban Access, Inc.
4415 W. Harrison Street, Suite 410
Hillside, IL 60162
(708) 449 – 7257

Department of Rehabilitation Services (DRS)
1301 W. Cossitt Ave. LaGrange, IL 60525
(708) 354 - 5730

What To Do Each Year of Transition To Prepare for Post-Secondary Life

2nd Sem. Senior Year/ 18 years old	Year 1	Year 2	Year 3	Year 4
PUNS: Update and change status to ***Seeking*** *Apply for SSI/Medicaid *Obtain Guardianship if applicable *Provide ABLE information *Develop a plan for what life will look like after LT; discuss with case manager *Meet with DRS to discuss possible intake meeting	**PUNS:** Update and ensure status is ***Seeking*** *Apply for SSI/Medicaid *Obtain Guardianship if applicable *Research Adult Day Programming options *Provide ABLE information *Continue developing a plan for what life will look like after LT; discuss with case manager *Meet with DRS to discuss possible intake meeting	**PUNS:** Update and ensure status is ***Seeking*** *Tour all Adult Day Programs to narrow Adult Day Programming options down to 2-3 for your student *Tour Residential Housing through CSS, Helping Hand, and/or Seguin to get an idea if that is a good option for your student when the time comes	**PUNS:** Update and ensure status is ***Seeking.*** Let your Rep know that your student will be exiting next school year. *Make appointment for psych evaluation if contemplating Day Programming (Contact your Suburban Access Rep for locations for testing) *Tour Adult Day Programs you're interested in. Ask about wait list	**PUNS:** Update and ensure status is ***Seeking.*** Let your Rep know that your student will be exiting in May and services will be needed. *Contact your top 2 Adult Day Programs and ask about the application process/get your student on waitlist.


LTHS Transition
Certified staff and teachers
Related services per IEP
Para support per IEP
Bathroom support per IEP
Behavior Intervention Plans
Communication with parents as needed/ student lead communication
Transportation provided per IEP
Assistive tech supported and included in program per IEP
Both
Often community-based
Case Manager
8-16 students per group
Hours similar to school day
Flexible in schedule/ attendance days
Promotes independence and life enrichment
Day Programs
Direct service providers
No related services
Average 1:8 staff : student ratio
Limited to no bathroom support
Conditional acceptance (ex. Independence, behavior, participation)
Limited communication with parents (monthly at best)
Transportation may be offered at additional cost
Assistive tech allowed, not supported

Level of indpendence needed: Checkmark means independnece in area is required for acceptance

	Seaspar Eagles	Monarch II	Sequin - Climb	CSS Day Services	Monarch Academy	Opportunity Knocks	Aspire	Helping Hand	Sequin - Cicero
Bathroom									
Pulls pants up/down	☑	☑	☑	☑	☑	☐	☐	☐	☐
Wipes independently	☑	☑	☑	☑	☑	☐	☐	☐	☐
Washes Hands	☑	☑	☑	☑	☑	☐	☑	☑	☑
Changes own sanitary items	☑	☑	☑	☐	☑	☐	☐	☐	☐
Lunch/Eating									
Gets own lunchbox	☑	☑	☑	☑	☑	☐	☑	☑	☑
Opens own containers	☑	☑	☑	☐	☑	☐	☐	☐	☐
Eats without supervision	☑	☑	☑	☑	☑	☐	☐	☑	☑
Cleans own face/space	☑	☑	☑	☐	☐	☐	☐	☐	☐
Community									
Can get in/out of van independently	☑	☑	☑	☑	☐	☐	☐	☐	☐
Can buckle/unbuckle seat belt independently	☑	☑	☑	☐	☑	☐	☐	☐	☐
Can walk with the group	☑	☑	☑	☑	☑	☐	☑	☐	☐
Maintains appropriate/safe behavior	☑	☑	☑	☑	☑	☐	☑	☐	☐
Practices safety	☑	☑	☑	☑	☑	☐	☐	☐	☐
Classroom									
Participates in activity	☑	☑	☑	☑	☐	☐	☐	☐	☐
Maintains appropriate/safe behavior	☑	☑	☑	☑	☑	☐	☑	☑	☑
Uses appropriate activities for downtime	☑	☑	☑	☑	☑	☐	☑	☑	☑

Contact Information

Website:
https://aspirechicago.com/living/life-skills-enrichment/

Address:
4110 Litt Drive Hillside, IL

Phone:
(708) 547- 3560

Email Contact:
info@aspirechicago.com

General Information

Cost: $100/day 9(5 hours); $50/half day (2.5 hours)

Days/Week: M/T/W/TH/F
Can choose days to attend, but must attend at least 1 day per week

Hours: 9:00 am - 2:00 pm

Staff to Client Ratio: 1:5

Community Based: Goes on weekly/bi-weekly community outings if vehicles and staffing allow

AAC Usage/Support: Devices are allowed but no support is provided outside of verbal prompts to use it

Bathroom Support: Yes. Full support can be provided if staffing allows (case by case basis) Timed schedule needed.

Program Overview

Life Enrichment: The Life Enrichment day program offers opportunities to learn computer skills, daily living skills, exercise, horticulture, and the explore various art outlets. Participants move from classroom to classroom throughout their day to experience all classes.

Job Training: Focuses on hands-on experiences while providing participants the chance to work on and develop soft work skills, career interests, fitness, and strength. Some industries that are focused on here are food service, hospitality, and retail.

FAQ/Extra Information

Do you accept PUNS funding or Private pay?: Both

What type of clients do you accept?: Autism, Developmental disabilities, Intellectual disabilities, Downs syndrome, among others.

Is transportation provided?: No

How long will the support last?: Length of life. Their goal is to train and find employment.

Will participants be terminated for any reason?: Harmful to self or others

*Will not accept individuals who require medication throughout the day and cannot do tube feedings

*Unable to provide hands-on sensory input

*Individuals required to bring a lunch every day

Contact Information

Website:
https://www.cssservices.org/family-support-center

Address:
9021 Ogden Avenue Brookfield, IL

Cicero, IL

Phone:
708-354-4547 ext. 142

Email Contact:
Mario Martinez, mmartinez@cssservices.org

General Information

Cost: $103.25/day

Days/Week: M/T/W/TH/F (need a minimum of 3 days/week)

Hours: 9:00 am - 3:00 pm

Staff to Client Ratio: 1:7; Each location has capacity for 30 clients

Community Based: Goes out into community for volunteer opportunities daily. Wednesdays are large group outings in the community. Fitness at YMCA 2 days a week

AAC Usage/Support: Devices are allowed but no support is provided outside of verbal prompts to use it

Bathroom Support: No support provided. Participants must be fully independent in all bathroom tasks

Program Overview

Volunteer Opportunities: Participants have the opportunity to volunteer at local businesses like the Food Pantry, Library, Laundromat, and Barber Shop to practice vocational skills. Volunteer opportunities are presented up to 4 days a week depending on participant.

Fitness: Fitness opportunities are presented 2 days a week either at the YMCA or in CSS Academy.

Classes: Participants are given the opportunity to choose their own activities each day. Daily living skills are worked on through a variety of classes. Classes may include, but are not limited to: Art, Current Events, Cooking, Money Management, Nutrition, Culture Club, Music.

FAQ/Extra Information

Do you accept PUNS funding or Private pay?: Both

What type of clients do you accept?: Adults with Intellectual/Developmental Disabilities

Is transportation provided: No

How long will the support last?: 22-50 years of age

Will participants be terminated for any reason?: If programming is not meeting student needs. Programming is focused for more individualized attention and/or those with specific behavioral needs

*Unable to provide hands-on sensory input

*Individuals required to bring a lunch every day

Helping Hand Center

SERVING CHILDREN & ADULTS WITH DISABILITIES

Contact Information

Website: https://helpinghand-il.org/adult-programs/community-day-programs/

Address:
6160 East Ave, Hodgkins, IL 60525

Phone:
(708) 352-3580 x236

Email Contact:
Ceana- Ceana.Gates@hhcenter.org

General Information

Cost: Basic 5 day/week yearly rate is $20,300. Additional charges may occur if more supports are needed.

Days/Week: M/T/W/TH/F - Can develop own schedule. 2 day minimum

Hours: 9:00 am - 3:00 pm; Before/after hours available for an extra charge

Staff to Client Ratio: 1:9; Typically 2 staff and 15-18 participants per room

Community Based: No. This program does not currently go out into the community.

AAC Usage/Support: Devices are allowed but no support is provided outside of verbal prompts to use it

Bathroom Support: Full bathroom support is provided on a schedule and for an extra cost. *Some needs may not be able to be met*

Program Overview

Day Program: Participants follow a daily schedule with the same group for 1 hr classes (Daily living skills, Recreational, General skills, Art, Music, Cooking, Multimedia). There are different classes each day.

Employment: Participants who are employment bound have the opportunity to apply for the Employment program for an additional cost. This program runs 2-3 days per week and provides job coaching services per participant need.

FAQ/Extra Information

Do you accept PUNS funding or Private pay?: Both

What type of clients do you accept?: Adults with Intellectual/Developmental Disabilities

Is transportation provided: Yes, if within the parameters for an additional cost.

How long will the support last?: 22- end of life.

Will participants be terminated for any reason?: If the participant is harmful to self or others. If the participant requires hands on assistance for any task

*Unable to provide hands-on sensory input

*Individuals required to bring a lunch every day

*On-site nursing services provided for an extra cost



Contact Information

Website: www.raygraham.org/life-skills/monarch-services/

Address:
15W431 E 59th St
Burr Ridge, IL

Naperville, IL

Phone:
(630) 205- 5556

Email Contact:
JohnN@raygraham.org

General Information

Cost: $125/day

Days/Week: M/T/W/TH/F - Can develop own schedule. 2 day minimum

Hours: 10:00 am - 3:00 pm

Staff to Client Ratio: Monarch II: 1-5; Monarch Academy: 1-6

Community Based: Yes. Monarch II goes out once a day. Monarch Academy goes out twice a day.

AAC Usage/Support: Devices are allowed but no support is provided outside of verbal prompts to use it

Bathroom Support: Minimal support is provided in Monarch II if staffing allows. No support provided in Monarch Academy

Program Overview

Monarch II: More structured to support your loved one if they're on the autism spectrum. Their tailor-made schedule can include movement and sensory activities as well as community experiences. By integrating social interaction and community support, we meet the specific needs of people with autism. Staff to client ratio is lower in this program and some bathroom support is provided when staffing allows.

Monarch Academy: explores your loved one's personal interests, builds their social skills, and prepares them for the job market. We can connect them with their community through volunteerism, self-advocacy, and fun activities. Through hands-on learning experiences, they'll learn new things and make friends.

FAQ/Extra Information

Do you accept PUNS funding or Private pay?: Both

What type of clients do you accept?: Adults with Intellectual/Developmental Disabilities

Is transportation provided: Yes, if within the parameters for an additional cost.

How long will the support last?: 22- 35

Will participants be terminated for any reason?: If the participant is harmful to self or others. The Monarch Team will determine whether or not a person can be safely supported in the program

*Unable to provide hands-on sensory input

*Individuals required to bring a lunch every day

*Can't administer medications

Contact Information

Website: https://www.opportunityknocksnow.org/ok-programs/

Address:
River Forest Community Center (RFCC)

8020 Madison St., River Forest, IL 60305

Email Contact:
Anna Kellar - Program Director
anna@opportunityknocksnow.org

General Information

Cost: $17/hour

Days/Week: T/W/TH/F - Can develop own schedule.

Hours: 9:00 am - 2:30 pm

Staff to Client Ratio: Flexible and changes per day; consult with Anna Kellar for staffing

Community Based: Yes. When staffing and participant numbers allow.

AAC Usage/Support: Devices are allowed and supported by staff.

Bathroom Support: Can work on a plan for bathroom support on individual basis.

Program Overview

OK Programs is a dynamic, person-centered and community-based day program that engages the voice of all Warriors, thrives on interdependent connections, encourages exploration, centers on holistic wellness and fosters healthy relationships. Activity offerings are developed inside 8 areas of focus, and a blend of ongoing initiatives and new creations that evolve with Warrior, staff and family input collected during the Thematic Planning Process.

Typical program sessions will last 8 weeks. OK will host open registration for each session, as the posted calendar states. Registration is on a request basis vs automatic enrollment due to considerations of staffing, space and safety.

FAQ/Extra Information

Do you accept PUNS funding or Private pay?: Private pay. OK is working on being able to accept PUNS.

What type of clients do you accept?: Adults with Intellectual/Developmental Disabilities

Is transportation provided: No

How long will the support last?: 22- life

Will participants be terminated for any reason?: If the participant is harmful to self or others. The Opportunity Knocks staff will work with the family if there are concerns.

*Individuals required to bring a lunch every day

*Can assist with feeding pumps

*Can't administer medications at this time

Contact Information

Website: https://www.seaspar.org/eagles

Address (Main office):
4500 Belmont Road Downers Grove, IL 60515

Darien Sportsplex:451 Plainfield Road
Brookfield Municipal Building: 8820 Brookfield
Avenue Lisle Recreation Center: 1925 Ohio Street – Door 8

Phone Number:
(630) 960-7600

Email Contact:
Cathy- cmorava@seaspar.org

General Information

Cost: M/W/F Schedule- $556.00 per month
T/Th Schedule- $372.00 per month

Days/Week: M/W/F or T/Th (Can go to different locations to do 5 days/week)

Hours: 10:00 am - 3:00 pm; Offer before and after program care from 8:15-9:00am and from 3:00-3:45pm ($45-90)

Staff to Client Ratio: 1:7

Community Based: Yes. Daily

AAC Usage/Support: Devices are allowed but no support is provided outside of verbal prompts to use it

Bathroom Support: No support provided. Participant must be independent in all aspects of the bathroom in order to be accepted.

Program Overview:

All EAGLES sites offer a computer lab, full kitchen, and smartboard, and are wheelchair accessible. They also provide access to indoor and outdoor swimming and fitness centers, plus additional site-specific amenities.

The Eagles program emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch.

FAQ/Extra Information

Do you accept PUNS funding or Private pay?:
Both

What type of clients do you accept?: Adults with Intellectual/Developmental Disabilities

Is transportation provided: No

How long will the support last?: 18-50

Will participants be terminated for any reason?:
Please see the code of conduct for Eagles on the website

*Runs for 47 1/2 weeks a year, off on major holidays

*Accepts individuals who take pill- form medication

Contact Information

Website: https://ucpseguin.org/what-we-do/adult-services/community-day-services.html

Address: Seguin Community Connections North 3100 S Central Avenue Cicero, IL

Seguin CLIMB- 17 E Park Boulevard Villa Park, IL

Phone:
(708) 863-3803

Email Contact:
info@ucpseguin.org

General Information

Cost: $18.31 per hour OR $1,785.33 per month (save 10% - based on 5 hours per day)

Days/Week: M/T/W/TH/F - Can develop own schedule. 2 day minimum

Hours: 9:00 am - 3:00 pm

Staff to Client Ratio: 1:5 in facility; 1:4 in community.

Community Based: Is offered at all locations, but dependent on program.

AAC Usage/Support: Devices are allowed but no support is provided outside of verbal prompts to use it

Bathroom Support: Full bathroom support is provided on a schedule

Program Overview

UCP Seguin's Community Day Services program delivers the innovative, person-centered services and supports that individuals with intellectual/ developmental disabilities and their families prefer. We bring productive, life-enhancing activities close to home.

Activities include:

- Employment search and placement
- Vocational training and volunteer opportunities
- Social and recreational support
- Activities to enhance life skills
- Educational and enrichment experiences
- Assistive technology to improve the productivity and performance of those with disabilities

FAQ/Extra Information

Do you accept PUNS funding or Private pay?: Both

What type of clients do you accept?: Adults with Intellectual/Developmental Disabilities

Is transportation provided: No

How long will the support last?: 18- end of life.

Will participants be terminated for any reason?: If they require more support than group ratios offered, if they are not safe in our facilities such as eloping, fire setting, etc. If they require behavioral supports and family chooses not to purchase separately as this is an added costs to regular programming.

*Unable to administer medication to individual