

INSTRUCTIONAL MATERIALS ADOPTION

June 1, 2026

SITUATION

RCW 28A.320.230 and the SPI Bulletin No. 191-67 establish that each school district shall maintain an Instructional Materials Committee to assist in recommending instructional materials to be used in the respective schools of the district and that the final approval of such material is the responsibility of the Board of Directors. The district's Instructional Materials Committee has reviewed a series of instructional materials as to their instructional purpose, readability level, and treatment of minorities and gender. The above instructional materials satisfy the selection criteria as cited in the Policy 2020-P.

The following resources have been recommended by the Instructional Materials Committee for district-wide adoption. The items recommended for adoption are:

Title:	Essential Health Skills for Middle School
Author:	Sanderson, Zelman, Armbruster, McCarley
Publisher:	Goodheart-Wilcox
Copyright:	2025
No. of Copies:	1,150
Price:	\$152/6-year student digital license
School Requesting:	Teaching and Learning
Classification:	Grade 7

Title:	Live Well Comprehensive High School Health
Author:	McConnell, Farrar, Corbin
Publisher:	Human Kinetics
Copyright:	2021
No. of Copies:	1,200
Price:	\$147/6-year student digital license
School Requesting:	Teaching and Learning
Classification:	Grades 9-12

RECOMMENDATION

The Board adopts the instructional materials for use in the Lake Washington schools as presented.