

Dear Parents,

We are the elementary sport teachers of the JFKS:

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Requirements:

All children must have separate sport clothes for class (shirt, shorts and shoes). Please ask your child frequently about sport and if they have all their sport clothes. In addition, we recommend that you check your child's sport bag and change their clothes for cleanliness, weather and temperature conditions. Students are allowed to participate without shoes, indoors only, with your permission. Please inform your child of your decision to allow them to participate indoors without shoes. Any time we go outside **students must wear shoes**. If your child is allowed to participate barefoot, they will be allowed to wear their street shoes outside for class.

- o **Please do not buy shoes with laces if your child cannot tie the shoes by themselves.**
- o **Please write your child's name on the front and back of their shirt.**

It is helpful if all clothes are labeled in case something is forgotten at the sport hall.

Winter clothing

Please make sure on the day of sport class your child is easily able to take off and put on clothing without assistance

EC classes

Please practice at home dressing and undressing in a short period of time (aim for 5 minutes).

If your child is ill or injured:

If your child is ill or injured, please write a parent note or have a copy of the doctor's note to be placed on file excusing your child from participating in sport class. Parent notes for an injury or illness will be accepted for three classes only, after the third class a doctor's note is required. Doctor's notes must be from a doctor other than yourself.

Email Etiquette:

If a problem arises in class, please be respectful in any email that you write. If you need to inform us of anything in great detail, please ask to make an appointment so your concern can be met with the utmost sincerity and mutual respect without contextual confusion.

Thank you for understanding and respect in this matter.

Sincerely,

The JFKS Sport Department