

Dear Parents,

We are the elementary swim teachers of the JFKS:

Arwed Gollmack – arwed.gollmack@jfsberlin.org (Leader)

Sophie Hartmann - sophie.hartmann@jfsberlin.org

Ivonne Zimmer - ivonne.zimmer@jfsberlin.org

Joyline Frenzel - joyline.frenzel@jfsberlin.org

Marcel Volkmer - marcel.volkmer@jfsberlin.org

Lena Ziegler - lena.ziegler@jfsberlin.org



Requirements:

Please make sure your child brings the following items for swimming class:

- Clothes that are easy to put on and take off
- small extra bag or backpack containing:
 - Swimsuit / swimming shorts
 - Slippers / flip-flops
 - Towel
 - Swim cap or hair tie (for long hair)
 - Shampoo
- Jacket and hat must be worn after the fall break

Our Focus in Swimming

Swimming lessons are about much more than achieving swimming badges.

Our goal is to support each child's overall swimming development and help them become confident, safe and capable swimmers. We focus on:

- **Water confidence** – feeling comfortable and confident in the water
- **Water safety** – learning how to move safely and respond appropriately in the water
- **Swimming technique** – developing efficient and effective swimming skills
- **Endurance** – building stamina and the ability to swim for longer distances
- **Overall swimming development** – progressing at an individual pace and developing a broad range of swimming skills

Swimming badges can be a nice way to recognize progress, but they **are not the main goal**. We value the skills, confidence, safety awareness and progress that each child develops throughout the swimming programme.

“What if my child cannot swim due to sickness/ injury?”

If your child is unable to participate in swimming due to a cold or an injury, please provide a written excuse addressed to the swimming teacher. Parent notes for an injury or illness will be accepted for one class in a row only, if your child is sick/ injured for more than one week a doctor's note is required. Doctor's notes must be from a doctor other than yourself.

Important: Even if your child is not allowed to swim, they still need to bring sports clothes so they can sit by the pool. Ideally those are stored inside their locker at school.

Children may not skip swimming class and arrive at school later.

Swimming Groups

Students will stay in their assigned swimming groups and may not switch during the school year. Each group is working independently on achieving their individual goals.

Please note that the groups are identified by ocean animals, not by numbers or badges.

Email Etiquette:

If a problem arises in class, please be respectful in any email that you write. If you need to inform us of anything in great detail, please ask to make an appointment so your concern can be met with the utmost sincerity and mutual respect without contextual confusion.

Thank you for understanding and respect in this matter.

Sincerely,

The JFKS Swim Team