PERKIOMEN SCHOOL

PERKIOMEN LACROSSE PROGRAM GUIDE

Meet the Head Coach

Tom Mariano ‘90

- More than 30 years of coaching excellence at the NCAA Division I & II, professional, and international levels
- Winningest coach in Pace University history, leading multiple NCAA Tournament appearances and conference championships
- Former President of the United States Intercollegiate Lacrosse Association (USILA), the nation’s leading organization for collegiate lacrosse coaches
- Committed to developing scholar-athletes, building championship programs rooted in academic excellence, leadership, integrity, and character

Program Highlights

- Friends’ School League plus non-league schedule
- Fall, Winter and Spring Training
- Position-specific instruction
- Individualized Development Plans
- Year-Round Strength & Conditioning led by Kyle Bixler ‘00, Director of Sports Performance and Nutrition

Why choose Perkiomen Lacrosse?

- Elite lacrosse development through expert coaching, high-level competition, and a proven track record of preparing players for the next level
- Year-round training with structured programs that build strength, skill, and confidence
- Film study and lacrosse IQ development
- Character and leadership development that emphasizes integrity, accountability, respect, and purpose
- Strong college placement with personalized guidance to help students find the right academic and athletic fit
- Brotherhood and community in a supportive environment that challenges, encourages, and celebrates each student’s growth
- Premier facilities and resources, including weight room, pool, and new turf field coming in Spring 2026
- A tradition of excellence built on more than 150 years of preparing young people for next steps in college, career, and life
- A holistic approach that combines academics and athletics to prepare students for success on and off the field







Our motto: *Solvitur vivendo*
It is solved through living



Academics at Perkiomen

Elite academics with a rigorous college-preparatory curriculum that challenges student-athletes to reach their full potential.

- 7:1 Student to Faculty average ratio per class
- 30+ AP and Honors offerings
- Conference period and study hall
- International Student enrollment support
- English Second Language (ESL) support
- The Learning Center (TLC) support for Neurodiverse students



Recruitment and College Counseling

- Three full-time college counselors
- Personalized recruiting plan for every player
- College coach outreach and advocacy from the coaching staff
- Film review and highlight assistance
- Recruiting education for players and families

Contact

Coach Tom Mariano at tmariano@perkiomen.org

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Risk Becoming Your Best

athletics.perkiomen.org

perkiomen.org/admissions