

The 2-Minute Automaticity Burst: A Guide for Teachers

A quick, data-driven instructional routine to help students achieve accurate and automatic retrieval of sounds for letters through short, daily sessions.

THE SETUP: PREPARE FOR THE BURST

Use the 3-1-1 Ratio to Select Cards



Practice in short, daily bursts to help the brain map sounds to symbols efficiently.



Target Accuracy First, then Automaticity. Ensure correctness before pushing for retrieval in less than one second.

THE 3-STEP PROCESS

1. RAPID-FIRE REVIEW



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Flash the "Strong" and "Medium" cards in a fast-paced, random order to build momentum.

2. INTRODUCE THE NEW LETTER



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Explicitly model the "Weak" letter's sound and use a physical mouth position as an anchor.

3. FOLD-IN THE LEARNING



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Mix the "Weak" card into the stack and provide immediate error correction as you review.

PRO-TIPS FOR SUCCESS



Keep it Punchy & Data-Driven

Keep sessions under two minutes and use data to adjust the letter cards weekly.



Use a "Pocket Routine"

Keep a small deck of cards handy for quick, 30-second practice bursts throughout the day.



End with Writing

Have the student write the "Weak" letter while saying its sound to solidify the connection.