

Parent 101



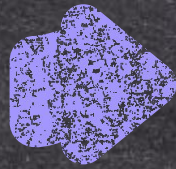
Welcome. WE ARE SO
GLAD YOU ARE HERE!



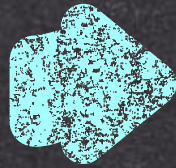
- Will this year bring new challenges AND successes? YES!
- Will students experience discomfort AND growth? YES!
- Can we all do hard things? YES!

OUR STUDENTS HAVE GOT THIS and WE
WILL SUPPORT THEM!

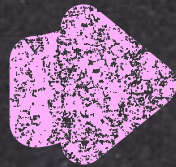
Topics covered



Welcome



Schedules



Skills for Success -
Organization,
Responsibility/Development
and Self Advocacy

Schedule Information

6th Grade Schedule

7:45 - Doors Open - Students may wait in the front entry way (off 4th St)
OR in the Cafeteria / Pool Entry (off Hawthorne)

8:15 - Breakfast is served - in the cafeteria. NO FOOD/drinks (except water)
allowed in the hallways

8:24 - 1st Bell Rings - students allowed to go to lockers and class

Start of the Day

Schedule Information

<u>M, T, F -Daily Schedule</u>		<u>Wednesday Block Schedule</u>		<u>Thursday Block Schedule</u>	
1st	8:40 -9:27	1st	8:40 - 9:58	2nd	8:40 - 9:58
2nd	9:32- 10:19	Advisory	10:03 - 10:35	Advisory	10:03 - 10:35
3rd	10:24 - 11:16	AREA	10:40 - 11:14	AREA	10:40 - 11:14
Lunch	11:21 - 11:51	Lunch	11:19 - 11:49	Lunch	11:19 - 11:49
4th	11:56 - 12:43	3rd	11:54 - 1:12	4th	11:54 - 1:12
5th	12:48 - 1:35	5th	1:17 - 2:35	6th	1:17 - 2:35
6th	1:40 - 2:27	7th	2:40 - 3:19	7th	2:40 - 3:19
7th	2:32- 3:19				

Schedule Information

3:30 - Buses Leave / Kids leave school - unless they are in an after school activity or with a teacher

4:15 - Activity Buses Leave - Students need a pass from a teacher to ride

End of the Day

Schedule Information

26-27
Ordean East Middle School
 2900 East 4th St, Duluth MN 55812
 Page 1 of 1

	Term Q1 (09/08/26- 10/30/26)	Term Q2 (11/02/26- 01/14/27)
1	M042101-7 (A, B, A Block (W), B Block (W), A/Start, B/Start) English - 6 Latscher-Carlund, Katie Rm: 4202x	M042101-7 (A, B, A Block (W), B Block (W)) English - 6 Latscher-Carlund, Katie Rm: 4202x
2	M091001-12 (A, A Block (Th), A/Start) Phy Ed - Grade 6 Ellis, Tiffanie Rm: Gym x2237 M081001-16 (B, B Block (Th), B/Start) Beginning Band Lehigh, Josh Rm: 4440x	M091001-12 (A, A Block (Th)) Phy Ed - Grade 6 Ellis, Tiffanie Rm: Gym x2237 M081001-16 (B, B Block (Th)) Beginning Band Lehigh, Josh Rm: 4440x
Advisory	M260100-15 (A Block (W), A Block (Th), B Block (W), B Block (Th)) Advisory - 6th Grade Williams, Shelly Rm: 4214x4152	M260100-15 (A Block (W), A Block (Th), B Block (W), B Block (Th)) Advisory - 6th Grade Williams, Shelly Rm: 4214x4152
AREA	M270000-3 (A Block (W), A Block (Th), B Block (W), B Block (Th)) AREA Fyten, Andrew	No Scheduled Course
3	M941251-16 (A, B, A Block (W), B Block (W), A/Start, B/Start) Self Advocacy Spencer, Delaney E Rm: 3216x	M941251-16 (A, B, A Block (W), B Block (W)) Self Advocacy Spencer, Delaney E Rm: 3216x
4	M011000-4 (A, B, A Block (Th), B Block (Th), A/Start, B/Start) Visual Arts 6 Fitzpatrick, Amy Dianne Rm: 2134	M011000-4 (A, B, A Block (Th), B Block (Th)) Visual Arts 6 Fitzpatrick, Amy Dianne Rm: 2134
5	M250001-5 (A, A Block (W), A/Start) Skills for Success Williams, Shelly Rm: 4214x4152 M021001-5 (B, B Block (W), B/Start) Computer Literacy Kiehn, Tucker Rm: 4207x	M250001-5 (A, A Block (W)) Skills for Success Williams, Shelly Rm: 4214x4152 M021001-5 (B, B Block (W)) Computer Literacy Kiehn, Tucker Rm: 4207x
6	M104001-16 (A, B, A Block (Th), B Block (Th), A/Start, B/Start) Earth Science - Grade 6 Krathefer, Brooke E Rm: 3401x2220	M104001-16 (A, B, A Block (Th), B Block (Th)) Earth Science - Grade 6 Krathefer, Brooke E Rm: 3401x2220
7	M071001-13 Math Grade 6 Kiero, Stephanie A Rm: 4215x	M071001-13 (A, B, A Block (W), A Block (Th), B Block (W), B Block (Th)) Math Grade 6 Kiero, Stephanie A Rm: 4215x
NON	M914000-3 Case Manager Spencer, Delaney E	M914000-3 (A, B, A Block (W), A Block (Th), B Block (W), B Block (Th)) Case Manager Spencer, Delaney E

Locker Information

Academic: 147 Location: 3rd Floor Choir Wing Combo: 44-8-44

Schedule Information

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	M914000-3

Schedule Information

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	M081001-16 (B, B Block (Th), B/Start) Beginning Band Lehigh, Josh Rm: 4440x	M Be Le Rm
	M060400-15 (A, B, A Block (Th), B Block (Th), A/Start, B/Start)	M B Rm

Schedule Information

BLOCK Day

** 7th Hour is SPLIT between Wednesday and Thursday

** Thursday schedule matches Wednesday time Schedule -- just hours 2, 4, 6, & 7

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Schedule Information

ISD 709 Middle School A-B Days - 2 Week Jumpstart (2026-27)

JULY							AUGUST							SEPTEMBER							OCTOBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	Indep. Day HOLIDAY							1			All Staff PD Day	Teacher WD/SD	Teacher Work Day			4	5				AREA 1	B
5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	Labor Day HOLIDAY	Gr. 1-12 First Day	B	Grade K First Day	B		11	12	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24
26	27	28	29	30	31		23	24	Flexible Teacher Work Time (8hrs total)					27	28	29	30				25	26	27	28	29	30	31
							30	31																			
NOVEMBER							DECEMBER							JANUARY							FEBRUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4	5						New Years HOLIDAY	1	2		1	2	3	4	5
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27
29	30						27	28	29	30	31			24	25	26	27	28	29	30	28						
MARCH							APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30			

KEY DATES

- First day for Grade 1-12 students - September 8, 2026
- First day for Kindergarten students - September 10, 2026
- Schools will schedule open houses and conferences
- No school for students:
- Last day for students - June 10, 2027

GRADING TERMS

- Elementary Schools (E):**
- Term 1: September 8 to January 21
 - Term 2: January 25 to June 10
- High Schools (H) and Middle Schools (M):**
- Term 1: September 8 to November 6
 - Term 2: November 9 to January 21
 - Term 3: January 25 to April 2
 - Term 4: April 12 to June 10

Adopted by the School Board on February 5, 2026. Calendar also available at www.ISD709.org

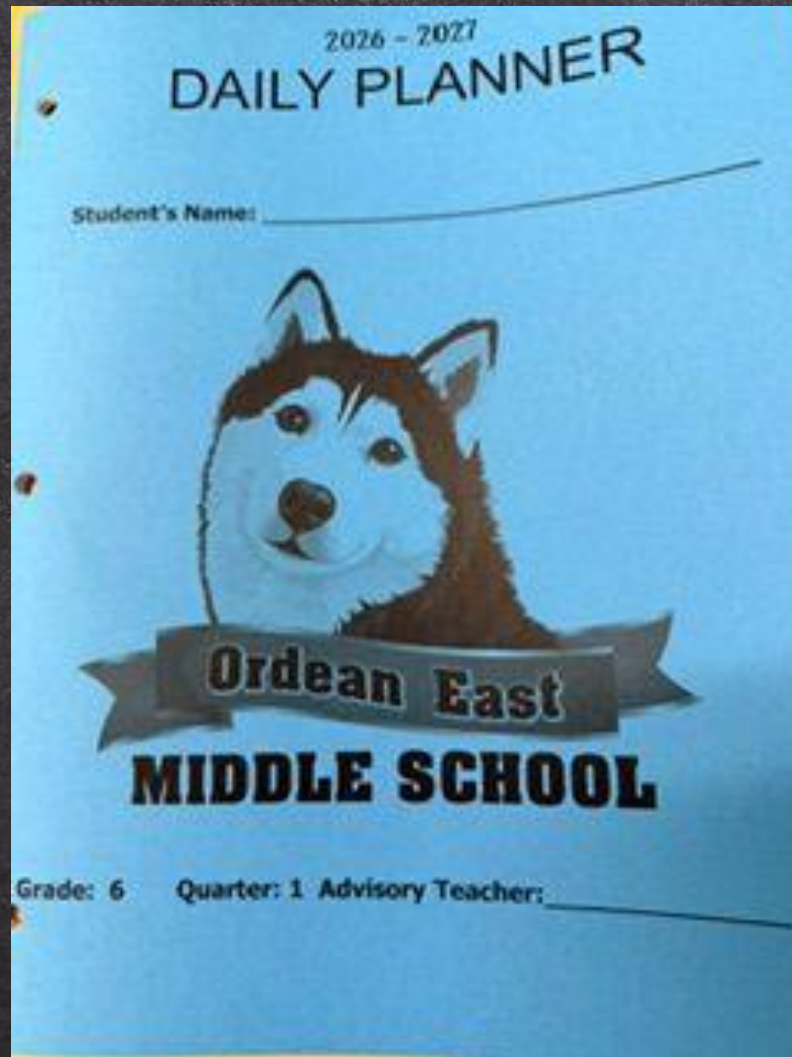
Duluth
Public Schools
Form 3001 Item #35-05-002900

Schedule Information

REMEMBER -- Day #1 students start in their Advisory!! They come to school and bring all their supplies with them to Advisory.

- Students will get ANOTHER copy of their schedule and learn how to read it.
- Students will have time to find locker, open and organize. There are 2 - 8th grade students in every Advisory as peer helpers.

Organization

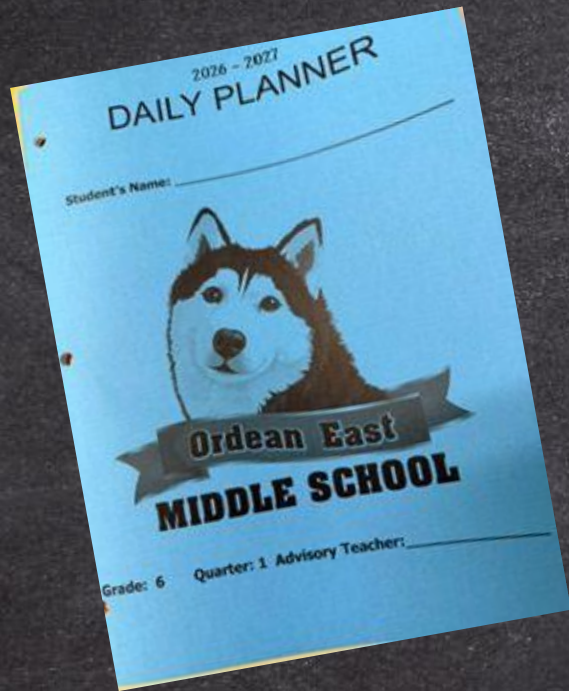


Week of: October 5 - 9

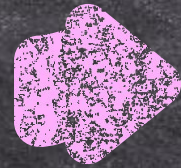
Monday		Done
1st		
2nd		
3rd		
4th		
5th		
6th		
7th		

Tuesday		Done
1st		
2nd		
3rd		
4th		
5th		
6th		
7th		

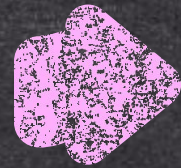
Wednesday		Done
1st		
Advisory		
3rd		
5th		
7th		
Other		



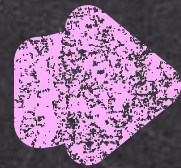
Organization



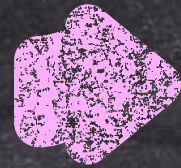
Students get a new planner **EVERY** quarter.



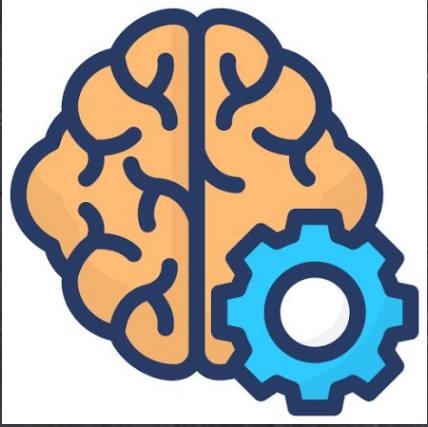
The planner will always be blue



Planners go to **EVERY** class (except Gym) and should be filled out **HOURLY** on **DAILY** basis with lesson topics/ assignments/ things to do/remember

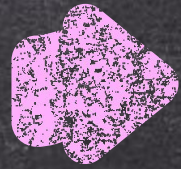


Teachers will **MODEL** what they want students to write **AND** it will be placed in their lesson and/or on the teachers whiteboard. (teacher choice)

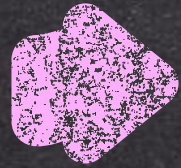


Responsbility/Develoment

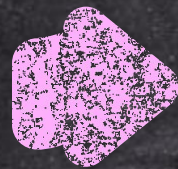
The Brain and Cognition are changing!



Shift to abstract thinking = question rules and test ideas



Metacognition = examine thoughts, build values, think about what makes them learn best

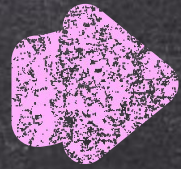


Executive Function is Under construction = be patient. Learning the load of middle school takes time and routine.

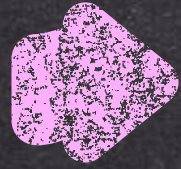


Responsibility/Development

The Social Shift



Tweens feel as though "all eyes are on them" and self-consciousness grows



Social validation shifts from parents to peers

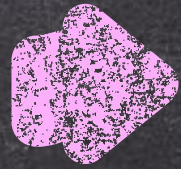


Lots to navigate as peer groups and social rules change and fluctuate

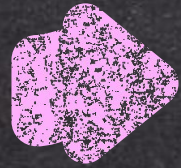


Responsibility/Development

The Emotional Roller Coaster



Brain changes = rapid emotional shifts



Validating feelings for tweens is important. "I see you are feeling overwhelmed."

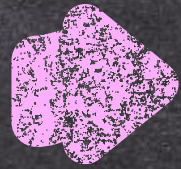


Regulation before problem solving

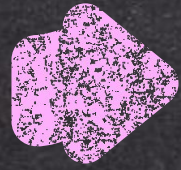


Responsibility/Development

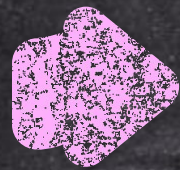
Craving Freedom, Needing Safety



Seek independence = students want more.
private space, choice of fashion, decision-making
power



Slow transition, supported with expectations of
increased responsibility with increased freedom

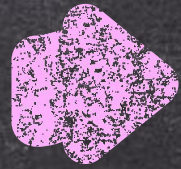


Leadership and tutoring roles for middle
schoolers harness this drive

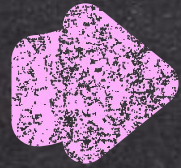


Responsibility/Development

Ch-ch-ch-changes



Puberty onset varies from 9-14., leading to lots of body insecurities and comparisons



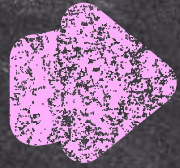
Tweens need 8-10 hours of sleep. Support a bedtime and keep screens out of bedrooms.



Keep having gentle conversations at home about healthy habits and daily hygiene.

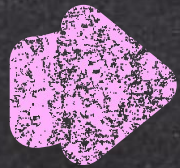
Self-Advocacy

**** When students need help, what do they do?**

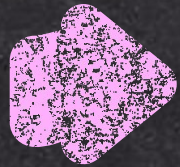


Talk to the teacher of that specific class - before or after class OR send an email

- Students will learn specifics on how to write teachers an appropriate email in their Skills for Success class



Advisory teachers can support students as well

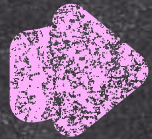


If further support is needed, Students can reach out to:

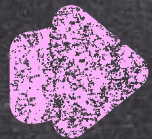
- Ms Costley, 6th grade counselor
- Assistant Principals - Ms. Stacken or Mr. Giessler
- Case Manager, If applicable

Parent Advocacy

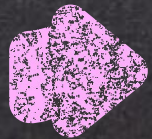
**** When do you step in to help?**



Help your student navigate **THEIR** advocacy process first, but **LET** them do it!



If your student doesn't get their problem/issue solved, you can step in.



IF you need to step in:

1. Contact the **TEACHER** -email or leave a message. **DO NOT** go to ADMINISTRATION first. Usually that adds a step that isn't necessary.
2. Contact **Morgan Costley** , 6th grade counselor
3. If, the issue is still not resolved, then contact your grade level **Administrator**. (see back of A/B schedule for contact info)



We've got this!
Thank you!

Do you have any questions?