

JOIN US FOR AN INFORMATIVE PRESENTATION



Learning Knows No Bounds



All FCUSD staff and families are welcome.

WHEN:

Wednesday
September 30, 2026
5:30 PM

WHERE:

Cordova Lane Center
2460 Cordova Ln.
Rancho Cordova
CA 95670

THE FAMILY JOURNEY: RECOGNIZING AND MANAGING STRESS FOR PARENTS AND SIBLINGS OF STUDENTS WITH DISABILITIES

Families will have the opportunity to learn about the unique experiences of siblings of children with disabilities, including common sources of stress, strategies for building resilience, and ways to foster positive family relationships.

Participants will hear practical tips and gain access to resources that support the well-being of siblings and the entire family.

Please RSVP for childcare.

Please scan the QR code or use the link to RSVP:
<https://forms.gle/kqFFTx56RZuFYyge8>

Los intérpretes de español asistirán.

