

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

Menu Name:	Middle School Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	Alternate Menu Name 1		

Thursday - 10/01/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000556 Meatloaf	4 oz	1	12.19
990120 Garlic Knot	1 Roll	1	27.00
000917 Chicken Pizza Quesadilla	1 Slice	1	33.00
Weighted Daily Average			72.19
% of Calories			42.7%
Weekly Nutrient Guideline			

Friday - 10/02/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
990345 Honey BBQ Rib Sandwich	1 Sandwich	1	37.00

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	Portion Size	Reimb Qty	Carb (g)
990247 Fritos	1 Pkg	1	16.00
Weighted Daily Average			95.00
% of Calories			41.8%
Weekly Nutrient Guideline			

Monday - 10/05/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990333 Orange Chicken & Rice w/	4 oz	1	28.05
000986 Egg Roll	1 Egg Roll	1	14.00
000309 Garlic French Bread Pizza	1 Piece	1	29.00
Weighted Daily Average			71.05
% of Calories			37.2%
Weekly Nutrient Guideline			

Tuesday - 10/06/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990075 Brunch Lunch	Servings	1	30.95

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	Portion Size	Reimb Qty	Carb (g)
990221 Stuffed Crust CheezyBites	6 Bites	1	42.00
Weighted Daily Average			72.95
% of Calories			38.5%
Weekly Nutrient Guideline			

Wednesday - 10/07/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
990174 Tornados w/	2 Tornado	1	48.00
001094 Queso Cheese Sauce	2 oz	1	1.31
990034 Mexican Bean Salsa	1/3 Cup	1	18.26
Weighted Daily Average			110.57
% of Calories			48.0%
Weekly Nutrient Guideline			

Thursday - 10/08/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000645 Cheeseburger Mac	SERVINGS	1	34.06

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990089 Garlic Breadstick	1 Breadstick	1	16.00
990224 Chicken Tenders	4 Tenders	1	22.27
990338 Grain Item	1	1	*N/A*
Weighted Daily Average			72.34
% of Calories			30.2%
Weekly Nutrient Guideline			

Friday - 10/09/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000581 Little Smokies	8 Smokies	1	19.33
000087 Cornbread	1 4x6 Piece	1	39.97
Weighted Daily Average			101.30
% of Calories			43.0%
Weekly Nutrient Guideline			

Monday - 10/12/2026 Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 10/13/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990384 -National School Lunch Week-	Pkg	1	*N/A*
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Wednesday - 10/14/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990384 -National School Lunch Week-	Pkg	1	*N/A*
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
000742 Chicken Pot Pie	4 oz	1	21.14

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001059 Biscuit	1 Biscuit	1	26.00
Weighted Daily Average			90.14
% of Calories			42.3%
Weekly Nutrient Guideline			

Thursday - 10/15/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990384 -National School Lunch Week-	Pkg	1	*N/A*
990144 Pork Nachos	3oz Pork, 1oz Q	1	19.24
990230 Mozzarella Cheese Sticks	5 Sticks	1	36.57
Weighted Daily Average			55.81
% of Calories			28.0%
Weekly Nutrient Guideline			

Friday - 10/16/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990384 -National School Lunch Week-	Pkg	1	*N/A*
000858 Pizza	1 Slice	1	42.00
990218 Boneless Chicken Wings w/	5 Pieces	1	16.25
990172 Broccoli Rice	1/2 Cup	1	32.39

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Casserole Side			
Weighted Daily Average			90.64
% of Calories			39.3%
Weekly Nutrient Guideline			

Monday - 10/19/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001058 Hamburger or Cheeseburger	1 Burger	1	30.00
990260 Sunchip Variety	1 Pkg	1	19.00
000859 Sweet & Sour Chicken w/Rice	4 oz	1	38.79
000986 Egg Roll	1 Egg Roll	1	14.00
Weighted Daily Average			101.79
% of Calories			46.7%
Weekly Nutrient Guideline			

Tuesday - 10/20/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990176 Breaded Thigh & Drumstick	1 Piece	1	11.00
000893 Corn Dog	1 Corn Dog	1	32.00
000480 Mac & Cheese Side	1/2 Cup	1	28.38

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Weighted Daily Average			71.38
% of Calories			34.8%
Weekly Nutrient Guideline			

Wednesday - 10/21/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
990357 Cheese/Pepperoni Bosc	2 Bosc	1	57.07
Weighted Daily Average			100.07
% of Calories			46.1%
Weekly Nutrient Guideline			

Thursday - 10/22/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000687 Lasagna w/	4x6 Piece	1	20.65
000959 Garlic Texas Toast	1 Slice	1	16.00
990361 Fish Nuggets w/	5 Nuggets	1	25.00

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	Portion Size	Reimb Qty	Carb (g)
990338 Grain Item	1	1	*N/A*
Weighted Daily Average			61.65
% of Calories			35.2%
Weekly Nutrient Guideline			

Friday - 10/23/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
990056 BBQ Chicken Sandwich	1 Sandwich	1	33.00
000387 Vegetable Blend & Pasta	1/2 Cup	1	25.21
Weighted Daily Average			100.22
% of Calories			47.4%
Weekly Nutrient Guideline			

Monday - 10/26/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990195 Chicken Wings	6 Pieces	1	6.75
990120 Garlic Knot	1 Roll	1	27.00

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990360 Toasted Beef Ravioli	6 Ravioli	1	33.00
990338 Grain Item	1	1	*N/A*
Weighted Daily Average			66.75
% of Calories			31.0%
Weekly Nutrient Guideline			

Tuesday - 10/27/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001110 Chicken Rice Casserole	8 oz	1	14.30
990089 Garlic Breadstick	1 Breadstick	1	16.00
990344 Pretzel w/Cheese	1 Ptzl, 2oz Chz	1	71.60
Weighted Daily Average			101.90
% of Calories			57.7%
Weekly Nutrient Guideline			

Wednesday - 10/28/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00

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	Portion Size	Reimb Qty	Carb (g)
000496 Crispito	2 Crisпитos	1	46.00
Weighted Daily Average			89.00
% of Calories			39.8%
Weekly Nutrient Guideline			

Thursday - 10/29/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000010 Chili	1 Cup	1	29.47
000955 Cinnamon Roll	1 Roll	1	37.00
990168 Cheese Pocket	1 Pocket	1	28.00
Weighted Daily Average			94.47
% of Calories			42.1%
Weekly Nutrient Guideline			

Friday - 10/30/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000391 Hot Dog w/	1 Hot dog	1	32.74

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000173 Pasta Salad	1/2 CUP	1	14.39
Weighted Daily Average			89.12
% of Calories			36.3%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		77.65
% of Calories		40.3%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
' - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.