

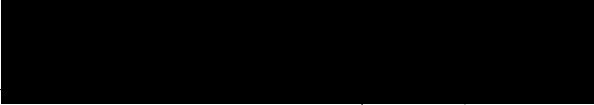
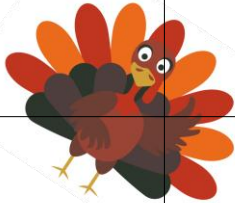
ST MARTIN PARISH HIGH SCHOOL LUNCH MENU SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Corndog 1 each French Fries (1c) Baked Beans (1c) Fruit Cup (1c) 1 Fresh Orange Milk Variety (8 oz.)	2 Hamburger Steak (2oz) w/gravy Steamed Rice (1c) Corn(1c) Garden Salad (1c) Fruit Salad (1c) WG Hot Roll (2oz) Milk Variety (8oz)	3 Baked Chicken Rice Dressing (1c) Green Beans (1c) Baked Beans (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	4 White Beans (1c) & Sausage (2oz) 10 Ps Steamed Rice (1c) Cornbread (2 oz.) Glazed Carrots (1c) Mustard Green (1c) Fresh fruit (1c) 1 Fresh Apple Milk Variety (8 oz.)
7 School Closed	8 Spaghetti & Meat sauce (1c.) Corn (1 c) Green Beans (1 c) Pear Diced (1 c) Apple (1 c) 1 Fresh Fruit Birthday Cake (1 oz.) Milk Variety (8 oz.)	9 Red Beans (1c) & Sausage (2oz) 10ps Steamed Rice (1/2) Cornbread (2 oz.) Glazed Carrots (1c) Mustard Green (1c) 1 Fresh Oranges Fresh Fruit (1c) Milk Variety (8 oz.)	10 BBQ Chicken Seasoned Rice (1c) Green Beans (1c) Broccoli w/Cheese (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	11 Sausage (3oz) 15 ps and Tomato Gravy Steamed Rice (1c) Green Beans (1c) Apple Diced (1c) Fresh Fruit (1c) WG Hot Roll 2 oz Milk Variety (8 oz.)
14 Hamburger (3 oz.) Salad (1c) Burger Bun (2 oz.) Potato Rounds (1c) Pear Diced (1c) Fresh Fruit (1c) Milk Variety (8oz.)	15 Baked Chicken Rice Dressing (1c) Green Beans (1c) Baked Beans (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	16 Beef Stew (3 oz.) Steamed Rice (1c) Corn (1c) Mustard Green (1c) Fresh Fruit (1c) Apple Diced (1c) WG Hot Roll, 2 oz Milk Variety (8 oz.)	17 Pizza 1 Slice Seasoned Corn (1c) Orange Halves (1c) Apple Diced (1c) Fresh Fruit (1c) Spinach Salad (1c) Milk Variety	18 Meatloaf (2 oz) w/Gravy Mashed Potatoes (1c) Broccoli/cheese (1c) 1 Fresh Orange Fresh Fruit (1c) WG Hot Roll, 2 oz Milk Variety (8 oz.)
21 Cheese Burger (3 oz.) Popeye Salad (1c) Burger Bun (2 oz.) Potato Rounds (1c) Pear Diced (1c) Fresh Fruit (1c) Milk Variety (8oz.)	22 White Beans (1c) & Sausage (2oz) 10 Ps Steamed Rice (1c) Cornbread (2 oz.) Glazed Carrots (1c) Mustard Green (1c) Fresh fruit (1c) 1 Fresh Apple Milk Variety (8 oz.)	23 Corndog 1 each French Fries (1c) Baked Beans (1c) Fruit Cup (1c) 1 Fresh Orange Milk Variety (8 oz.)	24 Hamburger Steak (2oz) w/gravy Steamed Rice (1c) Corn(1c) Garden Salad (1c) Fruit Salad (1c) WG Hot Roll (2oz) Milk Variety (8oz)	25 Baked Chicken Rice Dressing (1c) Green Beans (1c) Baked Beans (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)
28 Chicken Sandwich Burger Bun (2 oz.) Potato Rounds (1 c) Carrot sticks (1 c) Mustard Green (1 c) Pear Diced (1 c) Mixed Fruit (1 c) Milk Variety (8oz.)	29 Spaghetti & Meat sauce (1c.) Corn (1 c) Green Beans (1 c) Pear Diced (1 c) Apple (1 c) 1 Fresh Fruit Birthday Cake (1 oz.) Milk Variety (8 oz.)	30 Red Beans (1c) & Sausage (2oz) 10ps Steamed Rice (1/2) Cornbread (2 oz.) Glazed Carrots (1c) Mustard Green (1c) 1 Fresh Oranges Fresh Fruit (1c) Milk Variety (8 oz.)		

ST MARTIN PARISH HIGH SCHOOL LUNCH MENU OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Chicken Seasoned Rice (1c) Green Beans (1c) Broccoli w/Cheese (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	2 Sausage (3oz) 15ps. and Tomato Gravy Steamed Rice (1c) Green Beans (1c) Apple Diced (1c) Fresh Fruit (1c) WG Hot Roll 2 oz Milk Variety (8 oz.)
5 Hamburger (3 oz.) Salad (1c) Burger Bun (2 oz.) Potato Rounds (1c) Pear Diced (1c) Fresh Fruit (1c) Milk Variety (8oz.)	6 Baked Chicken Rice Dressing (1c) Green Beans (1c) Baked Beans (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	7 Beef Stew (3 oz.) Steamed Rice (1c) Corn (1c) Mustard Green (1c) Fresh Fruit (1c) Apple Diced (1c) WG Hot Roll, 2 oz Milk Variety (8 oz.)	8 Pizza 1 Slice Seasoned Corn (1c) Orange (1c) Apple Diced (1c) Spinach Salad (1c) Milk Variety	9 Meatloaf (2 oz) w/Gravy Mashed Potatoes (1c) Broccoli/cheese (1c) 1 Fresh Orange Fresh Fruit (1c) WG Hot Roll, 2 oz Milk Variety (8 oz.)
12 Cheese Burger (3 oz.) Popeye Salad (1c) Burger Bun (2 oz.) Potato Rounds (1c) Pear Diced (1c) Fresh Fruit (1c) Milk Variety (8oz.)	13 White Beans (1c) & Sausage (2oz) 10 Ps Steamed Rice (1c) Cornbread (2 oz.) Glazed Carrots (1c) Mustard Green (1c) Fresh fruit (1c) 1 Fresh Apple Milk Variety (8 oz.)	14 Corn dog 1 each French Fries (1c) Baked Beans (1c) Fruit Cup (1c) 1 Fresh Orange Milk Variety (8 oz.)	15 Hamburger Steak (2oz) w/gravy Steamed Rice (1c) Corn(1c) Garden Salad (1c) Fruit Salad (1c) WG Hot Roll (2oz) Milk Variety (8oz)	16 Parent Teacher Conference No Students
19 Fall Break Schools Closed	20 Fall Break No Student Professional Development Day	21 Red Beans (1c) & Sausage (2oz) 10ps Steamed Rice (1/2) Cornbread (2 oz.) Glazed Carrots (1c) Mustard Green (1c) 1 Fresh Oranges Fresh Fruit (1c) Milk Variety (8 oz.)	22 BBQ Chicken Seasoned Rice (1c) Green Beans (1c) Broccoli w/Cheese (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	23 Meatball (3oz) and Tomato Gravy Steamed Rice (1c) Green Beans (1c) Apple Diced (1c) Fresh Fruit (1c) WG Hot Roll 2 oz Milk Variety (8 oz.)
26 Hamburger (3 oz.) Salad (1c) Burger Bun (2 oz.) Potato Rounds (1c) Pear Diced (1c) Fresh Fruit (1c) Milk Variety (8oz.)	27 Baked Chicken Rice Dressing (1c) Green Beans (1c) Baked Beans (1c) 1 Fresh orange Fresh Fruit (1c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	28 Beef Stew (3 oz.) Steamed Rice (1c) Corn (1c) Mustard Green (1c) Fresh Fruit (1c) Apple Diced (1c) WG Hot Roll, 2 oz Milk Variety (8 oz.)	29 Pizza 1 Slice Seasoned Corn (1c) Orange Halves (1c) Apple Diced (1c) Fresh Fruit (1c) Spinach Salad (1c) Milk Variety	30 Meatloaf (2 oz) w/Gravy Mashed Potatoes (1c) Broccoli/cheese (1c) 1 Fresh Orange Fresh Fruit (1c) WG Hot Roll, 2 oz Milk Variety (8 oz.)

ST MARTIN PARISH HIGH SCHOOL LUNCH MENU NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Burger (3 oz.) Popeye Salad (1 c) Burger Bun (2 oz.) Potato Rounds (1 c) Pear Diced (1 c) Fresh Fruit 1 c Milk Variety (8oz.)	3 	4 Corndog 1 each French Fries (1 c) Baked Beans (1 c) Fruit Cup (1 c) 1 Fresh Orange Milk Variety (8 oz.)	5 Meatball Stew (2oz) Steamed Rice (1 c) Corn (1 c) Garden Salad (1 c) Fresh Fruit (1 c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	6 Baked Chicken 1 each Rice Dressing (1 c) Green Beans (1 c) Baked Beans (1 c) 1 Fresh orange WG Hot Roll (2 oz.) Milk Variety (8 oz.)
9 Chicken Sandwich Burger Bun (2 oz.) Potato Rounds (1 c) Carrot sticks (1 c) Mustard Green (1 c) Pear Diced (1 c) Mixed Fruit (1 c) Milk Variety (8oz.)	10 Spaghetti & Meat sauce (1c.) Corn (1 c) Green Beans (1 c) Pear Diced (1 c) Apple (1 c) 1 Fresh Fruit Birthday Cake (1 oz.) Milk Variety (8 oz.)	11 Red Beans (1 c) & Sausage (2oz) 10 Steamed Rice (1 c) Cornbread (2 oz.) Glazed Carrots (1 c) Mustard Green (1 c) 1 Fresh Oranges Fresh Fruit (1 c) Milk Variety (8 oz.)	12 BBQ Chicken Seasoned Rice (1 c) Green Beans (1 c) Broccoli w/Cheese (1 c) 1 Fresh orange Fresh Fruit (1 c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	13 Sausage (3oz) 15ps and Tomato Gravy Steamed Rice (1 c) Green Beans (1 c) Apple Diced (1 c) Fresh Fruit (1 c) WG Hot Roll 2 oz Milk Variety (8 oz.)
16 Hamburger (3 oz.) Salad (1 c) Burger Bun (2 oz.) Potato Rounds (1 c) Pear Diced (1 c) Fresh Fruit 1 c Milk Variety (8oz.)	17 Baked Chicken Rice Dressing (1 c) Green Beans (1 c) Baked Beans (1 c) 1 Fresh orange Fresh Fruit (1 c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	18 Beef Stew (3 oz.) Steamed Rice (1 c) Corn (1 c) Mustard Green (1 c) Fresh Fruit (1 c) Apple Diced (1 c) WG Hot Roll, 2 oz Milk Variety (8 oz.)	19 Pizza 1 Slice Seasoned Corn (1 c) Orange Halves (1 c) Apple Diced 1 cup Fresh Fruit 1 c Spinach Salad (1 c) Milk Variety	20 Meatloaf (2 oz) w/Gravy Mashed Potatoes (1 c) Broccoli/cheese (1 c) 1 Fresh Orange Fresh Fruit 1 c WG Hot Roll, 2 oz Milk Variety (8 oz.)
23 School closed for Thanksgiving Break	24 	25 	26 	27 
30 Hamburger (3 oz.) Salad (1 c) Burger Bun (2 oz.) Potato Rounds (1 c) Pear Diced (1 c) Fresh Fruit (1 c) Milk Variety (8oz.)				

ST MARTIN PARISH HIGH SCHOOL DECEMBER LUNCH MENU 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Baked Chicken Rice Dressing (1 c) Green Beans (1 c) Baked Beans (1 c) 1 Fresh orange Fresh Fruit (1 c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	2 Beef Stew (3 oz.) Steamed Rice (1 c) Corn (1 c) Mustard Green (1 c) Fresh Fruit (1 c) Apple Diced (1 c) WG Hot Roll, 2 oz Milk Variety (8 oz.)	3 Pizza 1 Slice Seasoned Corn (1 c) Orange Halves (1 c) Apple Diced (1 c) 1 Fresh Fruit Spinach Salad (1 c) Milk Variety	4 Meatloaf (2 oz) w/Gravy Mashed Potatoes (1 c) Broccoli/cheese (1 c) 1 Fresh Orange Fresh Fruit (1 c) WG Hot Roll, 2 oz Milk Variety (8 oz.)
7 Hamburger (3 oz.) Salad (1 c) Burger Bun (2 oz.) Potato Rounds (1 c) Pear Diced (1 c) 1 Fresh Fruit Milk Variety (8oz.)	8 White Beans (1 c) & Sausage (2oz) 10 ps Steamed Rice (1C) Cornbread (2 oz.) Glazed Carrots (1 c) Mustard Green (1 c) Fresh fruit (1 c) 1 Fresh Apple Milk Variety (8 oz.)	9 Corn dog 1 each French Fries (1 c) Baked Beans (1 c) Fruit Cup (1 c) 1 Fresh Orange Milk Variety (8 oz.)	10 Meatball Stew (2oz) Steamed Rice (1 c) Corn (1 c) Garden Salad (1 c) Fresh Fruit (1 c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	11 Baked Chicken 1 each Rice Dressing (1 c) Green Beans (1 c) Baked Beans (1 c) 1 Fresh orange WG Hot Roll (2 oz.) Milk Variety (8 oz.)
14 Cheese Burger (3 oz.) Popeye Salad (1 c) Burger Bun (2 oz.) Potato Rounds (1 c) Pear Diced (1 c) 1 Fresh Fruit Milk Variety (8oz.)	15 Spaghetti & Meat sauce (1c.) Corn (1 c) Green Beans (1 c) Pear Diced (1 c) Apple Diced (1 c) Fresh Fruit 1 c Birthday Cake (1 oz.) Milk Variety (8 oz.)	16 Red Beans (1 c) & Sausage (2oz) 10ps Steamed Rice (1 c) Cornbread (2 oz.) Glazed Carrots (1 c) Mustard Green (1 c) 1 Fresh Oranges Fresh Fruit 1 c Milk Variety (8 oz.)	17 BBQ Chicken Seasoned Rice (1 c) Green Beans (1 c) Broccoli w/Cheese (1 c) 1 Fresh orange Fresh Fruit (1 c) WG Hot Roll (2 oz.) Milk Variety (8 oz.)	18 Sausage (3oz) 15ps and Tomato Gravy Steamed Rice (1 c) Green Beans (1 c) Apple Diced (1 c) Fresh Fruit (1 c) WG Hot Roll 2 oz Milk Variety (8 oz.)
21 	22 	23 CHRISTMAS BREAK	24 	
28 	29 	30 CHRISTMAS BREAK	31 	