



Schuykill Valley Elementary School

October 2026



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable

A selection of white and flavored 1% Milk is offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 A. Assorted Pizza B. PBJ Uncrustable Fresh Tossed Salad Seasoned Green Beans Fresh Veggie/Fresh Fruit 	2 World Smile Day A. Creamy Mac n' Cheese w/ Pretzel Bites B. PBJ Uncrustable Steamed Broccoli Smile Fries Fresh Veggie/Fresh Fruit 
5 A. Whole Grain Pancakes w/ Sausage Links B. PBJ Uncrustable Hashbrown/ Honey Glazed Carrots Warm Cinnamon Apples Fresh Veggie/Fresh Fruit 	6 International Noodle Day A. Penne Pasta & Meatballs w/ Texas Toast B. PBJ Uncrustable Seasoned Green Beans Fresh Veggie/Fresh Fruit 	7 A. Chicken Nuggets w/ Breadstick B. PBJ Uncrustable Broccoli with Cheese Sauce Fresh Veggie/Fresh Fruit 	8 National Pierogi Day A. Pierogis B. PBJ Uncrustable Baked Beans Fresh Veggie/Fresh Fruit 	9 A. Cheesy Breadsticks w/ Marinara Sauce B. PBJ Uncrustable Steamed Peas Fresh Veggie/Fresh Fruit 
12 Columbus Day SCHOOL IS CLOSED	13 A. French Toast Sticks w/ Sausage Links B. PBJ Uncrustable Hashbrown/ Honey Glazed Carrots Warm Cinnamon Apples Fresh Veggie/ Fresh Fruit 	14 A. Cheeseburger or Chicken Sandwich B. PBJ Uncrustable French Fries Steamed Broccoli Fresh Veggie/Fresh Fruit 	15 A. Chicken Quesadilla B. PBJ Uncrustable Fiesta Rice/Corn Chips n' Guacamole Fresh Veggie/ Fresh Fruit 	16 A. Hot Dog w/ Cheese Stick B. PBJ Uncrustable Tater Tots Baked Beans Fresh Veggie/Fresh Fruit 
19 A. Nacho Bel Grande B. PBJ Uncrustable Lettuce/ Tomato Cups Fiesta Rice/Corn/Refried Beans Fresh Veggie/Fresh Fruit 	20 National Chicken n' Waffle Day A. Chicken and Waffles B. PBJ Uncrustable Hashbrown/Honey Glazed Carrots Warm Cinnamon Apples Fresh Veggie/Fresh Fruit 	21 A. Popcorn Chicken w/ Breadstick B. PBJ Uncrustable Mashed Potatoes w/ Gravy Corn Fresh Veggie/Fresh Fruit 	22 A. Assorted French Bread Pizza B. PBJ Uncrustable Fresh Tossed Salad Steamed Peas Fresh Veggie/Fresh Fruit 	23 A. Mozzarella Sticks w/ Marinara Sauce B. PBJ Uncrustable Tater Tots Seasoned Green Beans Fresh Veggie/Fresh Fruit 
26 A. Chicken Corn Dogs B. PBJ Uncrustable Funnel Cake Fries Baked Beans Fresh Veggie/Fresh Fruit 	27 A. Assorted Personal Pizza B. PBJ Uncrustable Fresh Tossed Salad Mixed Vegetables Fresh Veggie/Fresh Fruit 	28 National Chocolate Day A. General Tso's Chicken B. PBJ Uncrustable Vegetable Fried Rice Chocolate Pudding Fresh Veggie/Fresh Fruit 	29 A. Breaded Chicken Drumsticks w/ Cornbread Poppers B. PBJ Uncrustable Mashed Potatoes w/ Gravy / Corn/ Buttered Noodles Fresh Veggie/Fresh Fruit 	30 A. Grilled Cheese or Grilled Ham & Cheese B. PBJ Uncrustable Tomato Soup Steamed Peas Fresh Veggie/Fresh Fruit 

Menu is subject to change

This institution is an equal opportunity provider.

MEAL PRICES
 Breakfast - Free for ALL Students
 Paid Lunch Cost - \$3.00