

Kasson Mantorville Middle School Lunch Menu

October
2026

Variety of Fruits and Vegetables Available Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 BBQ Chicken Sandwich Potato Wedges Spiced Pinto Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	2 Homemade Cheese Pizza Roasted Broccoli Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk
5 Macaroni & Cheese Dinner Roll Collard Greens Variety of Veggies Canned Fruit Bar Fresh Fruit Bar Choice of Milk	6 Beef Tacos, Soft Lettuce, Tomato and Cheese Honey Roasted Cinnamon Chickpeas Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	7 Cheeseburger Burger Fixings Baby Carrots Red/Orange Vegetable Pineapple Tidbits Fresh Pear Choice of Milk	8 Popcorn Chicken Bowl Dinner Roll Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	9 Pizza Crunchers Marinara Sauce Steamed Green Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk
12 HOM Vanilla Cheesy Bosco Stick Marinara Sauce Steamed Peas Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	13 LTO Miami Cuban Sliders w/ Citrus Corn & Tomato Salad Steamed Green Beans Variety of Veggies Canned Fruit Bar Fresh Fruit Bar Choice of Milk	14 No School	15 No School	16 No School
19 All Amerian Hamburger on WG Bun French Fries Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	20 Chicken Alfredo w/Pasta Garlic Toast Roasted Broccoli Variety of Veggies Canned Fruit Bar Fresh Fruit Bar Choice of Milk	21 Chicken Potstickers Chicken Fried Rice Kung Fu Carrots Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	22 Beefy Nachos w/Cheese Sauce Salsa Spiced Pinto Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	23 Philly Flatbread California Blend Vegetable Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk
26 Hearty Beef Chili Dinner Roll Potato Wedges Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	27 Pizza Dipper Marinara Sauce Roasted Broccoli Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	28 Crispy Chicken Tenders Dinner Roll French Fries Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	29 Sloppy Joe on WG Bun Kettle Potato Chips Roasted Carrots Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	30 Chicken Tacos Lettuce, Tomato and Cheese Salsa Black Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk

PRICES

Student Meal	Free
Adult Meal	\$5.25
Premium Adult Meal	\$5.50
Milk	\$0.60
2nd Student Meal	\$5.30

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
 For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

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