

Kasson Mantorville Middle School Breakfast Menu

October
2026

Variety of Fruits and Vegetables Available Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Breakfast Taco Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Choice Milk Choice	2 Mini Maple Waffle, WG Choice of Cereal Graham Crackers Canned Fruit Bar Juice Choice Milk Choice
5 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Canned Fruit Bar Juice Choice Milk Choice	6 Pancake on a Stick,WG Syrup Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Juice Choice Milk Choice	7 Blueberry Muffin, WG Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Juice Choice Milk Choice	8 French Toast Snack Bread, WG Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Choice Milk Choice	9 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Canned Fruit Bar Juice Choice Milk Choice
12 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Canned Fruit Bar Juice Selection Milk Choice	13 Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Choice Milk Choice	14 NO SCHOOL NO SCHOOL	15 NO SCHOOL NO SCHOOL	16 NO SCHOOL NO SCHOOL
19 Egg & Cheese on a Biscuit Choice of Cereal Graham Crackers Canned Fruit Bar Juice Choice Milk Choice	20 Pancake on a Stick,WG Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Selection Milk Choice	21 Blueberry Muffin, WG Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Juice Selection Milk Choice	22 Breakfast Taco Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Selection Milk Choice	23 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Canned Fruit Bar Juice Selection Milk Choice
26 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Canned Fruit Bar Juice Selection Milk Choice	27 Pancake on a Stick,WG Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Selection Milk Choice	28 Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Juice Selection Milk Choice	29 French Toast Snack Bread, WG Cheese Stick Choice of Cereal Graham Crackers Fresh Fruit Bar Juice Selection Milk Choice	30 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Canned Fruit Bar Juice Selection Milk Choice

PRICES

Student Meal	Free
2nd Student Meal	\$2.60
Adult Meal	\$2.60
Milk	\$0.60

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

Menus and nutrition
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