



OCTOBER

Monday

Tuesday

Wednesday

Thursday

Friday

5

BBQ Pulled Pork Sandwich
Cheesy Steamed Broccoli
Diced Pears
Rainbow Veggies & Salad
Milk Variety

6

Brunch Lunch
French Toast Sticks
Sausage Links
Hashbrown Patty
Strawberries & Blueberries
Rainbow Veggies & Salad
Milk Variety

7

Chicken Patty Sandwich
Peas
Cinnamon Baked Apples
Rainbow Veggies & Salad
Milk Variety

8

Chicken Nachos
Corn
Ranchero Beans
Orange Smiles
Rainbow Veggies & Salad
Milk Variety

9

Pizza
Vegetable Catalina Blend
Peaches
Rainbow Veggies & Salad
Milk Variety

12

No School

13

-National School Lunch Week-
Manager's Choice

14

Boneless Chicken Wings
Steamed Broccoli & Carrots
Mashed Potatoes
Smooth-Frozen Fruit Cup
Rainbow Veggies & Salad
Milk Variety

15

Cheeseburger Mac
Garlic Knot
Green Beans
Melon
Rainbow Veggies & Salad
Milk Variety

16

Stuffed Crust CheezyBites
Marinara Sauce
Baked Beans
Fresh Apple Wedges
Chocolate Cake
Rainbow Veggies & Salad
Milk Variety

19

Hot Ham & Cheese Croissant
Curly Fries
Fruit Cocktail
Rainbow Veggies & Salad
Milk Variety

20

Sweet & Sour Chicken
w/Rice
Egg Roll
Sonoma Veggie Blend
Pineapple Tidbits
Rainbow Veggies & Salad
Milk Variety

21

Chicken Patty Sandwich
Baked Beans
Fresh Apple Wedges
Rainbow Veggies & Salad
Milk Variety

22

Lasagna w/
Garlic Texas Toast
Romaine Salad
Strawberries & Blueberries
Rainbow Veggies & Salad
Milk Variety

23

Pizza
Corn
Orange Smiles
Rainbow Veggies & Salad
Milk Variety

26

Hamburger or Cheeseburger
Sweet Potato Fries
Diced Pears
Rainbow Veggies & Salad
Milk Variety

27

Chicken Alfredo
Garlic Breadstick
Steamed Broccoli
Peaches
Rainbow Veggies & Salad
Milk Variety

28

Mozzarella Cheese Sticks
Marinara Sauce
Baked Beans
Orange Smiles
Rainbow Veggies & Salad
Milk Variety

29

Chili
Cinnamon Roll
Corn
Grapes
Rainbow Veggies & Salad
Milk Variety

30

Hot Dog
Fritos
Mix Vegetables
Applesauce
Rainbow Veggies & Salad
Milk Variety

Available Daily

PBJ w/Cheese Stick, Deli Sandwiches, or Chef Salads as alternative entree options

Rainbow Veggies: fresh, raw mixture of sweet peppers, cauliflower, broccoli, carrots, cucumbers, celery & cherry tomatoes

Leafy Veggies: romaine lettuce and/or spinach leaf

Milk Variety: Skim White, 1% White, 1% Chocolate or Soy Milk in white or chocolate flavor

Menu Subject to Change

