



OCTOBER

Monday

Tuesday

Wednesday

Thursday

Friday

5

WG Fish Nuggets
Baked Beans
Fruit Cocktail
Milk Variety

6

Brunch Lunch
WG French Toast Sticks
Sausage Links
Hashbrown Patty
Strawberries & Blueberries
Milk Variety

7

WG Chicken Patty Sandwich
Mix Vegetables
Cinnamon Baked Apples
Milk Variety

8

Cheeseburger Mac
Green Beans
Grapes
Milk Variety

9

Pizza
Rainbow Veggies
Orange Smiles
Milk Variety

12

No School

13

-National School Lunch Week-
Chicken Tortellini
Vegetable California
Peaches
Milk Variety

14

-National School Lunch Week-
Pig in a Blanket
Potato Smiles
Pineapple Tidbits
Milk Variety

15

-National School Lunch Week-
WG Tacos
Corn
Mexican Bean Salsa
Milk Variety

16

-National School Lunch Week-
WG Mozzarella Sticks
Marinara Sauce
Rainbow Veggies
Clementine
Milk Variety

19

WG Popcorn Chicken
Potato Wedges
Fruit Cocktail
Milk Variety

20

Chicken Rice Casserole
Glazed Carrots
Strawberries & Blueberries
Milk Variety

21

WG Cheese Pocket
Baked Beans
Fresh Apple Wedges
Milk Variety

22

Spaghetti w/Meatsauce
Romaine Salad
Diced Pears
Milk Variety

23

Pizza
Rainbow Veggies
Orange Smiles
Milk Variety

26

Pepperoni Grilled Cheese
Steamed Broccoli & Carrots
Peaches
Milk Variety

27

Hamburger or Cheeseburger
French Fries
Grapes
Milk Variety

28

WG Chicken Tenders
Peas
Diced Pears
Milk Variety

29

Chili
Cornbread Poppers
Mix Vegetables
Fresh Apple Wedges
Milk Variety

30

WG Bosco Breadsticks
Marinara Sauce
Rainbow Veggies
Clementine
Milk Variety

WG= Whole Grain

Rainbow Veggies= Fresh, Raw Mixture of Sweet Peppers, Cauliflower, Broccoli, Carrots, Cucumbers, Celery, & Cherry Tomatoes

Milk Variety= Unflavored Skim Milk, 1% Milk or Soy Milk

Menu Subject to Change

