



OCTOBER

Monday

Tuesday

Wednesday

Thursday

Friday

5

WG Cereal Variety
Applesauce Cup
Milk Variety

6

Egg Scrambled
Clementine
Milk Variety

7

WG Mini Maple Waffles
Banana
Milk Variety

8

WG Pancake Stick
Diced Pears
Milk Variety

9

WG Blueberry Muffin
Raisins
Milk Variety

12

No School

13

WG Cereal Variety
Applesauce Cup
Milk Variety

14

WG Maple Mini Pancake
Banana
Milk Variety

15

Hard Boiled Egg w/Toast
Hashbrown Patty
Milk Variety

16

WG Strawberry Mini Bagel
Dried Apple Crisps
Milk Variety

19

WG Cereal Variety
Applesauce Cup
Milk Variety

20

Cheese Omelet
Mandarin Oranges
Milk Variety

21

WG Mini French Toast
Banana
Milk Variety

22

WG Apple Cinnamon Muffin
Peaches
Milk Variety

23

Yogurt
Raisins
Milk Variety

26

WG Cereal Variety
Applesauce Cup
Milk Variety

27

WG Mini Blueberry Waffles
Banana
Milk Variety

28

Biscuit
Sausage Links
Hashbrown Patty
Milk Variety

29

WG Pancake Stick
Dried Apples Str Crisps
Milk Variety

30

WG Mini Cinnamon Bagels
Apple Slices
Milk Variety

WG= Whole Grain

Whole Grain Cereal Variety: Cheerios, Cocoa Puffs, Rice Crispy or Kix

Yogurt Variety: Yoplait Vanilla, Trix Str/Banana, Trix Triple Cherry, Trix Raspberry Rainbow, or Dannon Light & Fit

Milk Variety: Unflavored Skim Milk, 1% or Soy Milk

Menu Subject to Change

