



Burr Elementary School Newsletter

September 2026

From Principal Whidden

Dear Families,

We have had a wonderful start to the 2026-2027 school year. Students and teachers alike came back excited to see familiar faces and meet new ones! Everyone quickly got down to work and I have been impressed with all of the learning that has already occurred in classrooms. Teachers are busy developing classroom communities, establishing routines, and setting the students up for a successful year.

September 23rd we will be hosting our annual Curriculum Night for parents. This will be an opportunity for parents to receive information on the grade level curriculum as well as a chance to learn more about what your child's day at school is like. Kindergarten and first grade teachers will present from 6:00-6:30pm in their classrooms. Our specials area teachers, instructional coaches, interventionists and special education team will be available to all families from 6:30-7:00pm. You can visit the specials classrooms as well as meet our interventionists, coaches, and special education team in the cafeteria to ask any questions you might have. Second and third grade teachers will present from 7:00-7:30pm.

Burr picture day will be on Friday, October 2nd. A flyer and order information will be coming home in your child's folder soon. We will be using the same photographer as last year-John Steady. Orders can be placed on his website or by returning the order form on picture day.

Congratulations to the 59 new kindergarten students who joined the Burr community this year. Our new kindergarten classes will ring in on September 15th at 5:15pm.

Several students have already been recognized with a cougar paw this year. Students can receive a cougar paw for going above and beyond and demonstrating "PAWS" itive behavior. Be sure to check out the pictures of our recipients next time you visit the school.

An important note about birthday celebrations: We have an increasing number of students with food allergies each year so we prefer that birthdays are celebrated with a healthy snack or trinket/toy instead of cupcakes or sweets. This year there are students with allergies to peanuts, tree nuts, dairy, gluten, eggs, as well as other allergens. We want to make sure that all students are safe and that no one feels left out of a celebration because they cannot eat the treat. If you do decide to send in any type of food item for a birthday celebration, and you have been notified of an

allergy in your child's class, please coordinate the treat with the classroom teacher and then contact Mrs. Ulizio at least 48 hours in advance. She will need to check the food labels and/or provide guidance as to whether the item is safe for the student with an allergy. Thank you for your cooperation and assistance in keeping all of our students safe and feeling included!

If you are doing parent pick up, please remain in your car and follow the traffic pattern rather than parking and walking to the pick up location. In order to keep everyone safe, we ask that only the families walking over from Ivy Rd. stand to wait for their child. Everyone else needs to remain in their vehicle and follow the parent pickup procedures.

Sincerely,

Brienne Whidden

Important Dates in September

Sept 4th- No School for Students - Staff Professional Development

Sept 7th- No School - District is closed for Labor Day

Sept 11th- PTO Movie Night- Super Mario Galaxy

Sept 14th- Lyman Pie Fundraising starts

Sept 15th- Kindergarten Ringing In 5:15pm

Sept 16th- PTO Meeting at 5:00pm

Sept 21st- No School for Students- Yom Kippur

Sept 23rd- Curriculum Night from 6:00pm-7:30pm

Notes from the Office

To communicate with the office, Sue Hall and Heather Strom , please email besattendance@rsd17.org or call 860-345-4584. For the nurse, Mrs. Ulizio her email is Eulizio @ rsd17.org. The office and the nurse will not be communicating via Parent Square. The office will respond to all received emails. If you do not get a response please call the office to make sure we received your email. The office does not respond to notes sent into teachers.

Each new school year starts with a new dismissal/parent pick up list. Notes and preferences are not carried over from last year. If your student is going to be dismissed early or a parent pick the office needs to be made aware. Please send an email to besattendance@rsd17.org stating your students full name, the full name of the authorized adult and the time that will be picking up the student. This list is generated daily and is not made up from the emergency contact list. The emergency contact list is a list of authorized adults that may pick up your student in the event of an emergency and a parent can not be reached. Please submit your daily dismissal request by **2:00pm**. If you need to report your student absent please email besattendance@rsd17.org.

If your student has a change in bus transportation or bus stop STA transportation needs to be notified. Please email Jennifer Morgan at Jennifer.Morgan@ridesta.com. Please include full names, school name and bus number. We ask the you also include besattendance@rsd17.org in the email so we make sure the student gets to the proper bus.

HK Park and Recreation is a separate entity from RSD #17. They use our building for programs. If your child is attending HK afterschool or a program with Park and Rec you need to send an email

to besattendance@rsd17.org, stating they are attending or they will be sent home on the bus. We are unable to take a students word that they are suppose to attend a certain program. Thank you for your understanding and help to ensure students are getting dismissed to the proper place.

If you are picking up your student from school or the nurses office you will need to show your identification. Please have you id ready when you enter the school for pick up. If your id is in your vehicle you will be asked to retrieve it prior to your student being dismissed. Thank you for your help with the safety and security of our students.

When sending in lunch money please label the envelope with the students full name and attention cafeteria.

Please label your students backpack, water bottle and coats/jackets. This will help us to return lost and found items to their owners.



[Elementary School Information](#)
[Middle & High School Information](#)

Total Number of Days Absent	Acceptable Reasons for a Student Absence to be Considered Excused	Documentation Required within 10 Days
1-9	Any reason that the student's parent or guardian approves.	Parent or guardian note or email to the appropriate school email address.
10 and above	- Student illness - Religious holiday - Funeral - Mandated court appearance - Extraordinary educational opportunity pre-approved by the Superintendent of Schools. Contact your building principal for further information.	Parent or guardian note or email to the appropriate school email address and additional documentation as required and outlined in the Haddam-Killingworth RSD17 Board of Education's Attendance Policy #5113 .

School Year Calendar

2026-2027 School Calendars

<https://www.rsd17.org/calendar/school-year-calendars>

Kindergarten News

Kindergarten is a busy place! Your wonderful children will be learning the routines and procedures of the classroom as we foster their independence. During our reading block, we will be listening to and looking closely at some great stories. We will work on building our oral language with complete sentences. We will also be reviewing the letters of the alphabet and playing fun word games (for phonemic awareness). In math, we will be learning about positional words, length, height, and completing sorting activities. We will learn about fall and apples. Happy Birthday Johnny Appleseed. We look forward to seeing you at curriculum night and ringing in.

Mrs. Aithal, Mrs. Kulmann, & Mrs. Macauley

First Grade News

First grade is off to a great start! We are so excited to begin the year with your children! We are getting to know each other and are so happy to see our old friends and get to meet new ones! We encourage you to send your child to school with a water bottle labeled with their name. Also, students will need a snack each day. It is helpful to package it separately from their lunch, if possible. We are slowly getting back into the routines of a school day.

In Language Arts, we are working on letter formation as well as reading and spelling CVC words. We are also working on identifying story elements (characters, setting, problem, resolution) and giving a retell of a story. In math, we will work on measurement, number partners to ten, and relating addition to subtraction. In Social Studies, we will be discussing school and town communities and how they need everyone to work together to be successful.

Welcome Back!

Mrs. Blasiak, Mrs. Boudreau, Mrs. Lonergan, and Mrs. Smedley

Second Grade News

The start of the school year has been an exciting time in 2nd grade and we are looking forward to a year full of learning and friendship. Across all academic areas, and throughout the school day, our second graders are learning effective communication and collaboration skills that are important for learning and life.

Our first unit in math focuses on skip counting, odd and even numbers and strategies to add and subtract within 20. We are also learning to solve word problems by identifying the correct operation and applying fact strategies. Additionally, we will be learning to read bar and picture graphs and use the data to solve addition and subtraction problems. *We will send home a family letter at the beginning of each new lesson to keep you up-to-date with new concepts and vocabulary. If you look on the back, there will also be an activity for additional practice at home.*

We are kicking off the year with our Wit and Wisdom curriculum in both reading and writing. Lessons focus on an essential question, and students use both text and artwork to build

background knowledge, along with reading and writing skills. Second graders are learning strategies to decode and fluently read words at their individual levels to promote comprehension. To increase reading comprehension, there is a heavy focus on building a rich vocabulary and background knowledge through read aloud books read to the whole class. We encourage families to continue to read to or with students at home.

We are looking forward to sharing much more with you at Curriculum Night on Wednesday, September 23rd. We hope to see you there!

The Second Grade Team

Mrs. Formica, Mrs. Masci and Mrs. Penney

Third Grade News

Welcome to Third Grade!

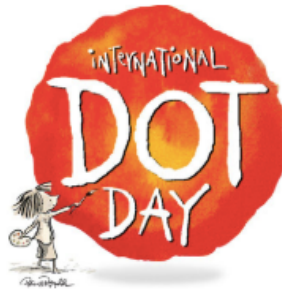
We are excited to be back to school and looking forward to getting to know our new third grade students. We have an exciting month ahead! During language arts we are using the Wit & Wisdom curriculum to begin exploring our first unit, The Sea. Phonics will consist of review and new learning as the year begins. In math, Mrs. Bovey and Mr. Snow's students are jumping right into multiplication using the IReady math curriculum while Miss Narducci and Mrs. Harkin's students are warming up their math brains to think critically. We are examining different strategies to use throughout the year and discussing all the ways in which to do our best. In addition, we are learning to be flexible thinkers and how to persevere through challenges. There are lots of new things to be learned this year!

Students have been working hard getting to know new routines, procedures and following school expectations. The Third Grade Team is looking forward to a great year together! Happy September!

-Mrs. Bovey, Mrs. Harkin, Miss Narducci and Mr. Snow

Art News

Tuesday, September 15th we are
celebrating International Dot Day! **WEAR DOTS!!**



Join the students and staff at Burr Elementary as we celebrate
a day for creativity, courage and collaboration!

September 15th marks the anniversary of the publication of best-selling author/illustrator Peter H. Reynolds' *The Dot*, a "story book for all ages." International Dot Day is a day for classes to explore being brave, creative, and self-expressive. The Dot also celebrates the power of creative teaching. The book tells the story of a caring art teacher who reaches a reluctant student in a remarkably creative way. In Reynolds' book, the teacher dares a very resistant student to "make her mark". Her breakthrough begins with a simple dot on a piece of paper. From there, she sets off on a journey of self-discovery, letting her creativity bloom and, ultimately, inspiring others.

Tuesday September 15th,
wear **ANYTHING** with **dots!**
"Make your mark, and see where it takes you..."

- Mrs. Wilcox in the Art Room

Health Office

Hope everyone had a wonderful summer vacation and a great start to the school year!

I just want to share some information regarding the annual vision and hearing screenings that occur each year at Burr.

Vision Screenings:

The State of Connecticut requires vision and hearing screenings to be done on all K, 1st, and 3rd grade students each school year. In the past, students have been screened in the Health Office utilizing the Snellen Chart. Once again this school year the District has partnered with the local Lions Club to provide vision screenings as part of KidSight, a Lions Club community service program. The Lions Club representatives will come to Burr Elementary on a set date to perform the screenings during school hours. The vision screening is done with a device similar to a camera, a quick scan of the student's eyes and a report will be generated. This screening is non-invasive, fast and can detect a number of issues. If an issue is detected it would require following up with a healthcare professional. Parents will receive a note from me with a copy of the report from the scanner recommending further evaluation with a healthcare professional. There is no cost for this screening. We are tentatively looking at **Wednesday, October 14th** for the screenings to be performed. I will be working alongside the Lions Club representatives to assist with a smooth screening day. This is a screening tool, not an eye exam. If your child wears glasses, please be sure they have them on screening day. If you wish for your child to opt out of this vision screening service, please email me eulizio@rsd17.org by **Friday, October 9th**.

Hearing Screenings:

The hearing screenings are performed on the same grade levels per the State of Connecticut. These screenings will be done in the Health Office by me throughout the school year. I will keep you posted via the monthly newsletter when I start and which grade I am working with. If a discrepancy is noted you will be notified. If you wish your child to opt out of this screening please notify me via email eulizio@rsd17.org

KINDERGARTEN REMINDER:

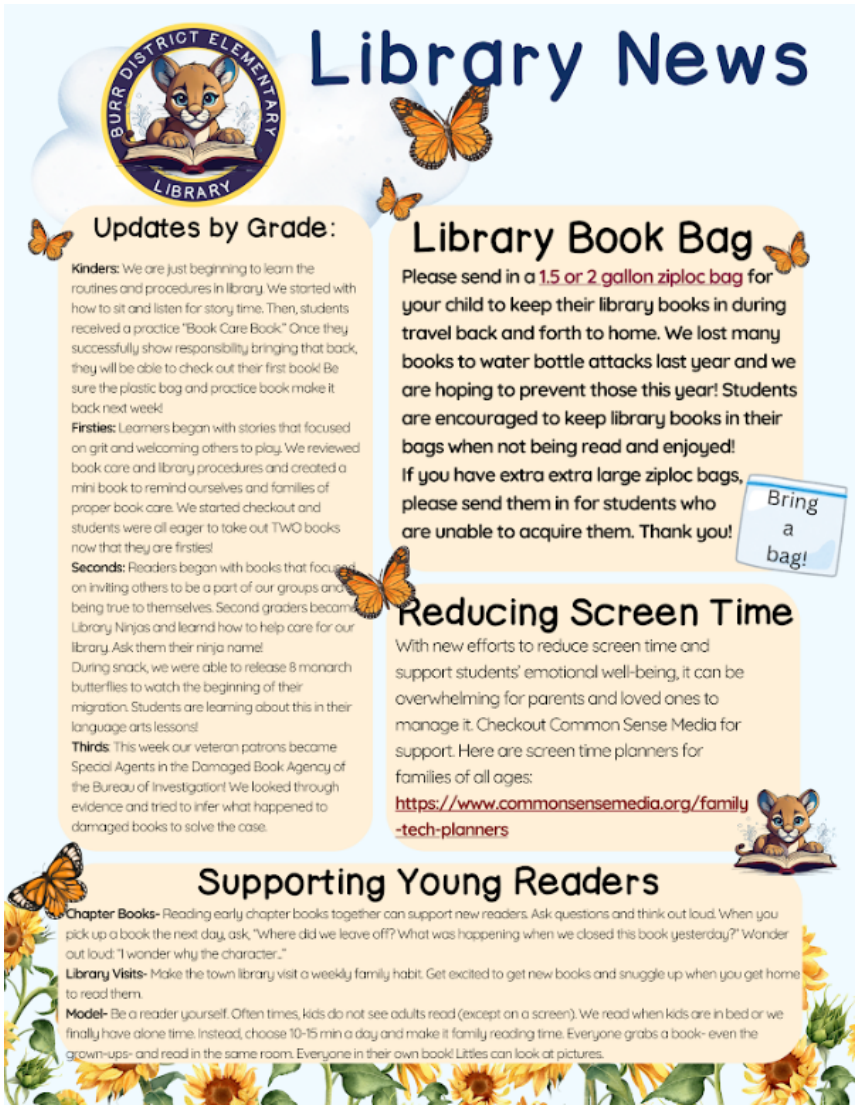
Your child should have a complete change of seasonal appropriate clothes with them throughout the school year in their backpack. Just in case they are needed:)

Feel free to reach out to me with any questions or health updates throughout the school year!

Eileen Ulizio, RN

eulizio@rsd17.org/860-345-4584

Library



Burr District Elementary Library

Library News

Updates by Grade:

Kinders: We are just beginning to learn the routines and procedures in library. We started with how to sit and listen for story time. Then, students received a practice "Book Care Book." Once they successfully show responsibility bringing that book, they will be able to check out their first book! Be sure the plastic bag and practice book make it back next week!

Firsties: Learners began with stories that focused on grit and welcoming others to play. We reviewed book care and library procedures and created a mini book to remind ourselves and families of proper book care. We started checkout and students were all eager to take out TWO books now that they are firsties!

Seconds: Readers began with books that focused on inviting others to be a part of our groups and being true to themselves. Second graders became Library Ninjas and learned how to help care for our library. Ask them their ninja name! During snack, we were able to release 8 monarch butterflies to watch the beginning of their migration. Students are learning about this in their language arts lessons!

Thirds: This week our veteran patrons became Special Agents in the Damaged Book Agency of the Bureau of Investigation! We looked through evidence and tried to infer what happened to damaged books to solve the case.

Library Book Bag

Please send in a **1.5 or 2 gallon ziploc bag** for your child to keep their library books in during travel back and forth to home. We lost many books to water bottle attacks last year and we are hoping to prevent those this year! Students are encouraged to keep library books in their bags when not being read and enjoyed! If you have extra extra large ziploc bags, please send them in for students who are unable to acquire them. Thank you!

Bring a bag!

Reducing Screen Time

With new efforts to reduce screen time and support students' emotional well-being, it can be overwhelming for parents and loved ones to manage it. Checkout Common Sense Media for support. Here are screen time planners for families of all ages:

<https://www.commonsensemedia.org/family-tech-planners>

Supporting Young Readers

Chapter Books- Reading early chapter books together can support new readers. Ask questions and think out loud. When you pick up a book the next day, ask, "Where did we leave off? What was happening when we closed this book yesterday?" Wonder out loud: "I wonder why the character..."

Library Visits- Make the town library visit a weekly family habit. Get excited to get new books and snuggle up when you get home to read them.

Model- Be a reader yourself. Often times, kids do not see adults read (except on a screen). We read when kids are in bed or we finally have alone time. Instead, choose 10-15 min a day and make it family reading time. Everyone grabs a book- even the "grown-ups"- and read in the same room. Everyone in their own book! Littles can look at pictures.

Music News

THIS MONTH IN

MUSIC

Welcome Back!



We are so excited to welcome your students back to music this year! So far each grade level has refreshed their steady beat, singing, and rhythmic skills. As we get deeper into the month of September, we'll begin learning about important musicians, and adding new skills to our musical toolbox.

This year, we have a student teacher, Ms. Abby Roy, from the University of Connecticut joining the music room! She will be with us most Wednesdays and Thursdays, learning alongside your students, and developing her skills to be a music teacher. Welcome Ms. Roy!

Chorus/Recorder



Recorders are beginning soon! 3rd Grade students received a Recorder Contract to be reviewed with families at home. Please return the signed portion to school by **Wednesday, September 23rd**.

I encourage you to help your child practice creating beautiful sounds at home to promote their musical growth!

Chorus permission slips are coming soon! Please be aware that Chorus is a commitment for the entire school year. If you have any questions, or your child wants to join 3rd grade chorus, please email me at aforet@rsd17.org.

Physical Education



Welcome to Health and Physical Education



General Info

Hello! My name is Garrett Lemke and I will be your child's health and physical education teacher this year. I'm excited to be back for my 5th year at BES! Physical education is a place where students learn to be active for a lifetime. In physical education, students learn how to move their bodies safely and develop competencies in the psychomotor, cognitive, and affective learning domains. I want to help our students stay happy and healthy for life! The curriculum for all grades at BES is based off of the Health and Physical Education standards and grade level outcomes from the Connecticut State Department of Education and SHAPE America. **Sneakers are required for P.E.**

Behavior Expectations

Students will do their...

Personal Best;
Act Responsibly;
Work and be Safe;
Show Respect

In September...

PE:
Students will be actively participating in a variety of cooperative activities and challenges to strengthen their interpersonal communication with their peers.
Health:
We will be discussing germs, and preventative strategies to stop the spread of them to keep ourselves and our friends healthy and safe.

Schedules

Grade 3

Monday: Narducci
Tuesday: Harkin
Wednesday: Health Rotation
Thursday: Bovey
Friday: Snow

Grade 2

Monday: Penney
Tuesday: Masci
Wednesday: Health Rotation
Thursday: Formica

Grade 1

Monday: Loneragan
Tuesday: Boudreau
Wednesday: Health Rotation
Thursday: Blasiak
Friday: Smedley

Kindergarten

Monday: Kulmann and Macauley
Tuesday: Aithal
Wednesday: Health Rotation
Thursday: Kulmann and Aithal
Friday: Macauley

National P.E. Standards

Standard 1: Students will demonstrate competency in a variety of motor skills and movement patterns.
Standard 2: Students will apply knowledge of concepts, principles, strategies and tactics related to movement and performance.
Standard 3: Students will demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
Standard 4: Students will exhibit responsible personal and social behavior that respects self and others.
Standard 5: Students will recognize the value of physical activity for health, enjoyment, challenge, self-expression, and social interaction.

Health

On Wednesdays, Specials have a rotating schedule. When your students sees me on a Wednesday, we will have health class. We will be talking about important health topics and students will participate in activities and games that help them to further understand the health topics in fun and engaging ways! Some of the topics this year in health are; optimal wellness and disease prevention, building healthy relationships, healthy eating and physical activity, mental and emotional health, and safety and injury prevention.

Contact Me!

Name: Garrett Lemke
Email: glemke@rsd17.org

Second Step

I hope everyone's school year is off to a great start! Students across our elementary schools are getting started with their Second Step classroom lessons. As the district's elementary school social worker, I'll be teaching these weekly lessons throughout the year and working with students as we explore these topics together.

Our first Second Step unit focuses on building a strong foundation for learning and positive relationships. The specific topics vary by grade level and include areas such as skills for learning, developing a growth mindset, setting goals, and learning from mistakes. Throughout the lessons, students have opportunities to learn new skills and practice strategies they can use at school and beyond.

As we move through the school year, we will focus on additional topics and skills, and I'll share more about what we are working on in future newsletters and in unit overview handouts that will be sent home as well.

Families who would like to learn more about Second Step can visit the Second Step website. The website includes great information about the program as well as additional resources for families, including reading lists, activities, and other materials that can be used at home.

I'm looking forward to continuing our Second Step lessons and sharing more about what we are working on throughout the year.

<https://www.secondstep.org/>

Warmly,

Nicole Hyman, LMSW
School Social Worker
Burr & Killingworth Elementary Schools
nhyman@rsd17.org

School Menus

BREAKFAST AUGUST/SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST IS FREE FOR ALL STUDENTS Milk- \$0.65			August 27. Muffin, Strawberries, Juice, Milk	August 28. Breakfast Variety, Applesauce, Juice, Milk
August 31. Cereal, Applesauce, Juice, Milk 	1. Cinnamon Roll, Sliced Apples, Juice, Milk	2 Breakfast Breads, Peaches, Juice, Milk	3 Muffin, Strawberries, Juice, Milk	4. Professional Development Day for Staff- No School for students
7. Labor Day 	8. Cinnamon Roll, Sliced Apples, Juice, Milk	9. Breakfast Breads, Peaches, Juice, Milk	10. Muffin, Strawberries, Juice, Milk	11. Breakfast Variety, Applesauce, Juice, Milk
14. Cereal, Applesauce, Juice, Milk	15. Cinnamon Roll, Sliced Apples, Juice, Milk	16. Breakfast Breads, Peaches, Juice, Milk	17. Muffin, Strawberries, Juice, Milk	18. Breakfast Variety, Applesauce, Juice, Milk
21. Yom Kippur NO SCHOOL	22. Cinnamon Roll, Sliced Apples, Juice, Milk	23. Breakfast Breads, Peaches, Juice, Milk	24. Muffin, Strawberries, Juice, Milk	25. Breakfast Variety, Applesauce, Juice, Milk

WELCOME BACK!
BREAKFAST IS FREE
FOR ALL STUDENTS



This institution is an equal opportunity provider."

28. Cereal,
Applesauce, Juice,
Milk
29. Cinnamon Roll,
Sliced Apples,
Juice, Milk
30. Breakfast Breads, Peaches,
Juice, Milk

Elementary September 2026 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full pay lunch-\$4.00 Reduced eligible students-\$0.00 Milk- \$0.65			August 27. Crispy Chicken Tenders, Mashed Potatoes, Corn, Choice of Fruit, Milk	August 28. Pizza Local Lettuce Fresh Garden Side Salad Choice of Fruit, Milk
August 31. Cheeseburger, French Fries, Choice of Fruit, Milk 	1. Chicken and Cheese Quesadilla Cole Slaw Choice of Fruit, Milk	2 Confetti Pancakes, Sausage Patty, Hash Brown Patty, Choice of Fruit, Milk	3 Pizza Mixed Vegetables, Choice of Fruit, Milk	4. Professional Development Day for Staff- No School for students
7.  Labor Day	8. Chicken Patty Sandwich Green Beans, Choice of Fruit, Milk	9. Ham, Egg and Cheese Sandwich, Potato Wedges, Choice of Fruit, Milk	10. Pasta w/ Meat Sauce, Garlic Breadstick, Squash Medley, Choice of Fruit, Milk	11. Pizza Local Grown Fresh Garden Side Salad Choice of Fruit, Milk
14. Mozzarella Sticks, Marinara Sauce, Side Salad, Choice of Fruit, Milk	15. Twin Beef Soft Taco's, Brown Rice, Broccoli, Choice of Fruit, Milk	16. French Toast, Breakfast Cubes, Chicken Sausage, Choice of Fruit, Milk	17. Popcorn Chicken Rice, Stir Fry Vegetables, Choice of Fruit, Milk	18. Pizza, Local Lettuce Caesar Salad, Choice of Fruit, Milk
21. Yom Kippur NO SCHOOL	22. Macaroni and Cheese, Garlic Knot, Broccoli, Choice of Fruit, Milk	23. Waffles, Chicken Dippers, Hash Brown, Choice of Fruit, Milk	24. All Beef Hotdog, Smiley Fries, Choice of Fruit, Milk	25. Pizza, Garden Salad, Choice of Fruit, Milk

28. Cheeseburger, Roasted Local Carrots,
Choice of Fruit, Milk
29. Chicken Tenders, Scalloped Potatoes, Choice of Fruit, Milk
30. Pancakes, Chicken Sausage, Potatoes, Choice of Fruit, Milk

WELCOME BACK!



A MEAL IS HOT
ENTRÉE LISTED ON
LEFT

B Sun Butter and Jelly
Sandwich, Fruit, Milk

Menu is subject to change

*This institution is an equal
opportunity provider."*



Great news,

HADDAM KILLINGWORTH Families!

SCHOOL BREAKFAST IS FREE!

THIS YEAR AT ALL HK SCHOOLS!

Every student can enjoy a nutritious breakfast at no cost—every day!



NO COST TO FAMILIES



A HEALTHY START FOR EVERY STUDENT



MORE ENERGY. BETTER LEARNING.

A nutritious breakfast fuels success—in the classroom and beyond.

One Community. Every Student. Every Day.





Cougar Paw Recipients

These are students that have displayed The Burr School Pledge:

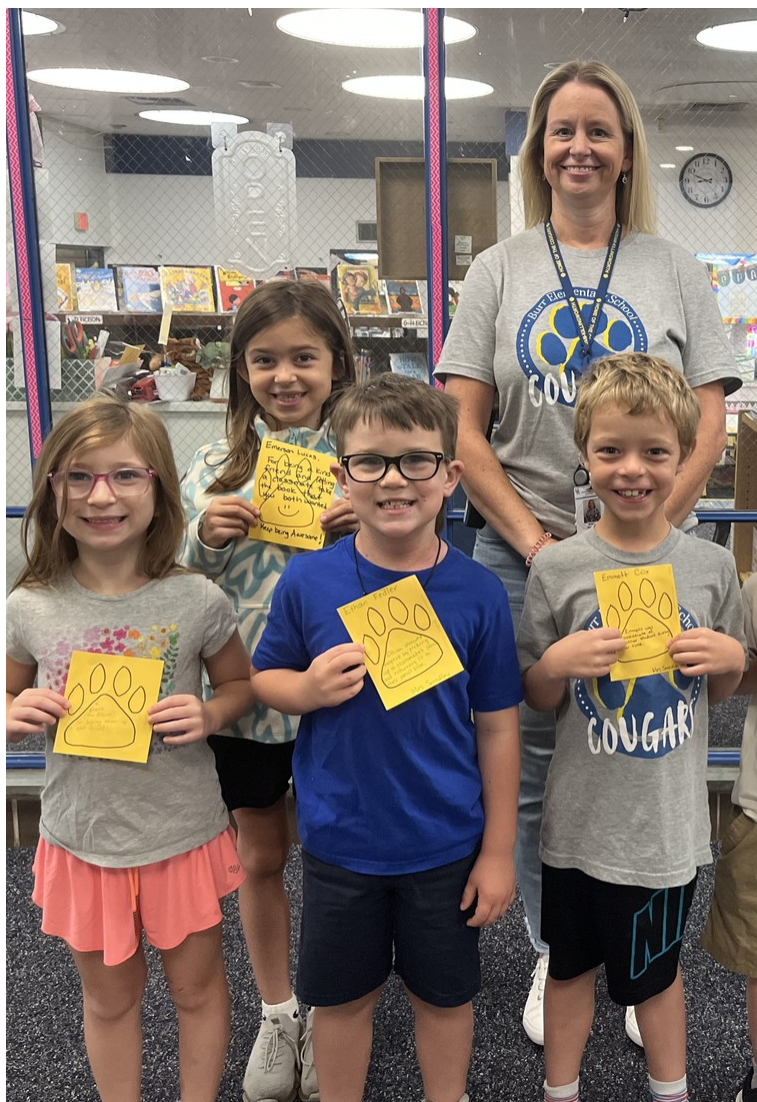
Personal best,

Act Responsibly,

Work and play safely, and always

Show respect.

Week of 8/31-9/11



Burr PTO News

BACK TO SCHOOL

BURR PTO NEWSLETTER

SEPTEMBER 2026

LYMAN PIE FUNDRAISER

Pie Order Forms will go home on **Monday, September 14th**. Pie orders are due Friday, October 16th, with a pickup date at BES of Monday, November 23rd.



SCHOLASTIC BOOK FAIR

Scholastic Book Fair will be held the week of **10/23-10/30**. Please keep an eye out for more information to come!



FALL HARVEST FESTIVAL

BES PTO's annual Fall Festival will be held on **Saturday, October 24th**. Save the date to join us for fun, food, games, and more! More information to follow.



MEETING SCHEDULE

September 16

October 28

November 18

Join us! All meetings are held on Wednesdays in the Burr Elementary School Library at **5pm**.



PTO MEMBERS

President - Kimberly Mancuso

Vice President - Nicole Wright

Treasurer - Molly Kilpatrick

Events Chair - Heather O'Brien

Secretary - Austin Lombardo

 BurrElementaryPTO@gmail.com

 BurrPTO



HK Park & Rec

HK Recreation: Sept./Oct. Youth Programs

Tennis Time

Tuesdays 9/15 - 10/20 at Sheldon
4:30 - 5:30 pm (ages 7 - 10)
5:30 - 6:30 (ages 10 - 13)
\$65 (NR add \$10)

Zumba Kids

Thursdays 9/17 - 10/29 (No 10/22)
3:30 - 4:30 pm at BES
\$80 (NR add \$10) Gr. K - 5

Running Rams - Cross Country

Wednesdays 9/16 - 10/7
5:00 - 6:00 pm at Sheldon Park
\$125 (NR add \$10) Age 5 - 13

Creative Art

Tuesdays 9/15 - 10/13 (No 9/29) at BES
Tuesdays 10/20 - 11/17 (No 11/3) at KES
3:30 - 4:45 pm
\$55 (NR add \$10) Gr. K - 5

Archery

Wednesdays 9/16 - 10/21
5:30 - 6:30 pm at HK HS
\$60 (NR add \$10) Ages 6+

Skyhawks Soccer Tots

Thursdays 9/17 - 10/22
4:00 - 4:45 pm at HK HS Outside
\$109 NR add \$10) Ages 2 - 3

S.T.E.A.M In Motion Using LEGO

Thursdays 9/17 - 10/8 at BES
3:30 - 4:30 pm Ages 5 - 9
\$115 (NR add \$10)

Skyhawks Multi-Sport Tots

Thursdays 9/17 - 10/22
5:00 - 5:45 pm at HK HS Outside
\$109 (NR add \$10) Ages 3 - 4

Swim Lessons (age 9 mos - 3 yrs)

Pre-School (age 3):
Tuesdays 9/15 - 10/13
Parent/Tot (ages 9 mos - 2 yr):
Thursdays 9/17 - 10/15
6:30 - 7:00 pm at HK HS Pool
\$60 (NR add \$10)

AbraKadoodle - STEAM Dreams

Wednesdays 9/23 - 10/14 at BES
Fridays 9/25 - 10/16 at KES
3:30 - 4:30 pm
\$75 (NR add \$10) Gr. K - 6

Quest Starters: A DnD Journey

Thursdays 9/24 - 10/29 (No 10/22)
3:45 - 5:45 pm at HK IMS
\$50 (NR add \$10) Gr. 4 & 5



Register at
www.hkrec.com

Minds in Motion - Chemical Reactions

Mondays 9/28 - 11/2 (No 10/12) at BES
Wednesdays 9/30 - 11/4 (No 10/21) at KES
3:30 - 4:30 pm
\$140 (NR add \$10) Gr. 1 - 5

Swim Lessons (age 4+)

Tuesdays 11/10 - 12/8
Thursdays 11/5 - 12/10 (No 11/26)
6:30 - 7:10 pm at HK HS Pool
\$65 (NR add \$10) Age 4+

Registration opens October 14
at 10:00 am.
Please choose 1 night only

When I'm in Charge

Monday 10/5
5:30 - 7:00 pm at HK Old MS
\$26 (NR add \$5) Age 8+

Cookie Decorating

Monday 10/5 at BES
Wednesday 10/7 at KES
3:30 - 4:30 pm
\$30 (NR add \$5) Gr. K - 3

Boo & Buttercream

Cake Decorating

Friday 10/9 HK HS Cafeteria
5:30 - 7:00 pm Ages 5 +
\$50 (NR add \$5)

Hip Hop Heat

Wednesdays 10/7 - 10/28 at BES
3:30 - 4:30 pm / 1:05 - 2:05 on 10/21
\$95 (NR add \$10) Gr. K - 5

Stitch & Treat Sewing Workshop

Thursday 10/22
5:00 - 7:00 pm at HK IMS
\$45 (NR add \$10) Gr. 2 - 8

HK RecCreation Stations

Mondays 10/5 - 11/2 (No 10/12)
10:00 - 10:45 am at HK Old MS Gym
\$25 (NR add \$10) Age 1 - 4

Upcoming Programs

- Cupcake Decorating
- Babysitting Certification
- Food Explorers
- Youth Basketball

RecCare Vacation Day

Monday 9/21 at BES
8:00 - 4:30 pm
*flyer coming soon

Job Opportunities for Teens

- Swim Instructors
 - FH/Basketball Attendants
- Must be at least 15 years old

Register at
www.hkrec.com



HK Recreation: Sept./Oct. Adult Programs

Fitness Yoga

Mondays (via Zoom)
Tuesdays & Thursdays at HK IMS Ca)
9/14 - 10/29 7:00 - 8:15 pm
\$189 (3x a week) / \$140 (2x a week)
\$77 (1 x a week) / \$12 drop-in
NR add \$10 (in-person)

Aqua Aerobics

Mondays & Wednesdays
9/14 - 9/30 & 10/7 - 10/28 (No 10/12)
6:30 - 7:30 pm at HK HS Pool
\$48 (6 classes) / \$24 (3 classes)
(NR add \$10)

Pickleball 101 (Beginner Clinic)

Mondays 9/21 - 10/12
10:30 - 12:00 pm at Killingworth Courts
\$24 (NR add \$10)

Adult Coed Volleyball

Wednesdays 10/7 - 12/9 (No 11/11, 11/26)
7:00 - 9:00 pm at HK HS Fieldhouse
\$40 (NR add \$10)

Pickleball 201 (Adv. Beg. Clinic)

Mondays & Tuesdays 10/19 - 10/27
11:00 - 12:30 pm at Killingworth Courts
\$24 (NR add \$10)

Pickleball Open Play

Mondays 10/5 - 11/23 (No 10/12) (Adv)
Tuesdays, 10/6 - 11/17 (Beg)
Wednesdays 10/7 - 11/25 (No 11/11) (Adv)
S1: 6:00 - 7:30 pm / S2: 7:30 - 9:00 pm
at BES Gym *please 1 night pp
\$42 (NR add \$10) each session

Pickleball PM Lessons

Beginner

Tuesdays 9/8 - 9/29
6:00 - 7:30 pm at Killingworth Crts
\$100 (NR add \$10)

Pickleball PM Lessons

Advanced Beginner

Thursdays 9/10 - 10/1
6:00 - 7:30 pm at Killingworth Crts
\$100 (NR add \$10)

Small Group Pickleball Lessons

Thursdays 4:00 - 5:30 pm
9/24, 10/8, 10/15, 10/22, 10/29
at Killingworth Courts
\$30 each date NR add \$5)

Adult Tennis

Thursdays 9/17 - 10/22
5:30 - 6:30 pm at Sheldon Courts
\$65 (NR add \$10)

Men's Fall Basketball

Tuesdays 9/22 - 10/27
8:00 - 9:30 pm at HK Old MS Gym
\$30 (NR add \$10)

Jigsaw Jamboree

Wednesday, 10/14 6:00 - 8:00 pm
at HK HS Cafeteria
\$25 per team

HK RecCare 9/21

Fall into Fun ... a RecCare Adventure Day

A safe, fun environment where kids can play games, socialize and hang with friends. Highlights include: coffee filter leaves, clementine pumkins, fall color by number, apple tree cotton ball painting, turkey snack bag, friendship bracelets & outside play. Please do not send your child if showing signs of respiratory illness. Please bring a water bottle, lunch & snack. Limited space...register soon!

For Students in Gr. K - 6
Monday, September 21
8:00 - 4:30 pm \$50
Burr Elementary School



Register by 9/17 at www.hkrec.com



BE YOU AT THE BARN

**FALL 2026
2ND/3RD GRADE
AFTERSCHOOL**

BE YOU AT THE BARN IS A UNIQUE EQUINE ASSISTED GROWTH AND LEARNING PROGRAM THAT BUILDS CONFIDENCE, RESILIENCE, AND FRIENDSHIPS BY BRINGING YOUTH AND HORSES TOGETHER.

HORSES HELP US LEARN MORE ABOUT OURSELVES AND OTHERS AROUND US.

NO RIDING- MAGIC ON THE GROUND! AFTERSCHOOL FUN EQUINE GAMES, ACTIVITIES, HORSE SKILLS, CRAFTS, AND MORE IN A FUN SUPPORTIVE FARM ENVIRONMENT. CO-LED BY HKYFS STAFF AND COUNSELOR

**DATES: WEDNESDAYS AFTER SCHOOL
STARTING SEPT 23 FOR 6 WEEKS**

**TIME: 3:45-4:45PM BES CAN TAKE
THE BUS**

WHERE: LEXI'S PLACE FARM, HIGGANUM

WHO: 2ND AND 3RD GRADERS

REGISTER: WWW.HKYFS.ORG

\$70

FAMILY FUN NIGHT

FOR ALL AGES!



**JOIN US TO BUILD BAT & BLUEBIRD HOUSES
TO HELP OUR WILDLIFE THRIVE!
LEARN MORE ABOUT THESE WONDERFUL
CREATURES!**

- **FRIDAY, OCTOBER 2 6:30-7:30**
- **PLATT NATURE CENTER:
344 ROAST MEAT HILL RD, KILLINGWORTH**
- **SNACK PROVIDED**
- **LIMITED TO 12 BIRDHOUSES**
- **SIGN UP WWW.HKYFS.ORG**



FALL FEST & TRUNK OR TREAT OCTOBER 17, 5-8 PM

HK HIGH SCHOOL

WHITE HOUSE FIELD & PARKING LOTS

**KIDS GAMES
TRUNK OR TREAT "SPOOKY" WALK
SPOOKY STORYTELLING
CONCESSIONS
PHOTO BOOTH**





PUMPKIN *Run/Walk* 5K & KIDS FUN RUN

OCTOBER 25, 2026

10:00 AM



T-SHIRTS, COSTUME CONTESTS, KIDS
FALL FEST ACTIVITIES, FACE
PAINTING, FOOD TRUCK, FINISHER
MEDALS, CUSTOM PRIZES, DJ, LIVE
MUSIC, AND MORE!

Haddam Killingworth
High School
95 Little City Rd. Higganum, CT

SCAN HERE TO REGISTER!
OR VISIT WWW.HKYFS.ORG FOR MORE
INFORMATION



Heather Strom

Heather is using Smore to create beautiful newsletters