

LAKELAND HILLS FAMILY YMCA

the **DANCE ACADEMY**
2026-2027 SEASON

DANCE. DREAM. SHINE.

Discover your passion!



★ **Classes are in session from September to May.**

Enjoy an **optional Holiday Performance** in December and a **Recital in May** — each with a performance fee.

\$12.25

≡ PER CLASS ≡
BILLED MONTHLY



REGISTER FOR THE YEAR!

If you need to stop classes, you must notify us by the **15th** of the month prior.

CLASS SCHEDULE

MONDAY

3:00-3:30
Beginner Acro/Gymnastics
Ages 3-5 yrs

4:30-5:15
Acro 5-7 yrs
Ages 5-7 yrs

5:15-6:00
Acro 5-7 yrs
Ages 5-7 yrs

6:00-6:45
Acro 8-10 yrs
Ages 8-10 yrs

TUESDAY

4:30-5:15
HipHop/Jazz 5-7 yrs
Ages 5-7 yrs

5:15-6:00
HipHop/Jazz 8-10 yrs
Ages 8-10 yrs

6:00-6:45
Dance Grooves
Ages 7-10 yrs

6:45-7:30
HipHop 11+ yrs
Ages 11+ yrs

7:00-7:45
Bollywood 8-12 yrs
Ages 8-12 yrs

WEDNESDAY

3:00-3:30
Beginner HipHop/
Creative Movement
Ages 3-5 yrs

4:00-4:45
Ballet/Tap Combo
Ages 4-6 yrs

4:45-5:30
Broadway Ages 7-10
Ages 7-10 yrs

5:30-6:15
Lyrical/Ballet
Ages 6-9 yrs

6:15-7:00
Tik Tok Moves
Ages 8+ yrs

SATURDAY

9:45-10:15
Beginner Acro/Gymnastics
Ages 3-5 yrs

10:15-10:45
Beginner Ballet
Ages 3-5 yrs

10:45-11:15
Beginner Acro/Gymnastics
Ages 3-5 yrs

IMPORTANT DATES

- ★ 8/18 Registration Begins for Current Dance Academy Families
- ★ 8/20 Registration Begins for Members
- ★ 8/24 Registration Begins for Non Members
- ★ 9/14 First Day of Class
- ★ 10/26, 10/27, 10/28 Thanksgiving Break
- ★ 12/24-1/1 Winter Break
- ★ 3/28-4/3 Spring Break

WHY DANCE AT THE Y?

-  Build Confidence
-  Make Friends
-  Stay Active
-  Have Fun!



MOVE.

LEARN.

GROW.

Belong.

lakelandhillsymca.com

Questions? Sarah Gulbin SarahG@lhymca.com

100 Fanny Road, Mountain Lakes, NJ