

2026-2027 HIGH SCHOOL LUNCH MENU

Milk (8 oz.) served with all meals. **Daily Vegetarian Options:** Crudité Platter; Hummus Meal; Veggie Burger Meal
Daily Alternative Options: Pre-Made Salads; Grab & Go Sandwich Meal; Pasta Bar (Every Friday: Alfredo)(Second Tuesday: Mac & Cheese Bar)

WEEK 1

MONDAY

FLEX DAY

- Menu will be posted on website and in cafeteria.

TUESDAY

GRILLED STEAK FAJITA W/ ONIONS, PEPPERS & CHEESE

- Red Beans & Rice w/ Cilantro
- Seedless Grapes
- Baby Carrots

WEDNESDAY

SPICY CHICKEN & BROCCOLI

- Brown Rice
- Veggie Cup
- Pineapple
- Celery Sticks

THURSDAY

STUFFED BREADSTICKS W/ MARINARA SAUCE

- Raw Veggie Tray w/ FF Dip
- Fresh Fruit Cup
- Assorted 100% Fruit Juice
- Fruit Crisp
- Goldfish

FRIDAY

CHICKEN TENDERS

- Mac & Cheese
- Raw Veggie Tray w/ LF Dip
- Steamed Broccoli
- Roasted Sweet Potatoes
- Assorted 100% Fruit Juice

WEEK 2

MONDAY

MEATLESS MONDAY

WW GRILLED CHEESE SANDWICH

- Tomato Soup
- Crunchy Veggie Salad
- Fresh Fruit
- Goldfish

TUESDAY

SOFT CHICKEN TACOS

- Shredded Cabbage Slaw
- Chipotle Mayo Sauce
- Vegetable Rice
- Dark Greens Salad/LF Dressing
- Seasonal Fresh Fruit

WEDNESDAY

BREAKFAST FOR LUNCH FRENCH TOAST STICKS W/ SYRUP

- Sausage Links
- Hashbrowns
- Mini Yogurt Cup
- Orange Slices

THURSDAY

CHICKEN & WAFFLES

- Seasoned Green Beans
- Tossed Salad/LF Dressing
- Assorted 100% Fruit Juice
- Seedless Grapes
- Baby Carrots

FRIDAY

BEEF NACHOS W/ CHIPS, CHEESE, SALSA & LF SOUR CREAM

- Shredded Lettuce & Tomato
- Black Bean & Corn Salad
- Sliced Apples
- 100% Fruit Juice

WEEK 3

MONDAY

TANGERINE GLAZED CHICKEN

- Steamed Rice
- Mini Egg Roll
- Sautéed Broccoli
- WW Roll
- Mandarin Oranges

TUESDAY

BBQ PULLED PORK SANDWICH (KAISER)

- Chickpea Salad
- Mashed Potatoes
- Assorted 100% Fruit Juice
- Diced Fruit
- Homemade Coleslaw

WEDNESDAY

BURGER BAR

- Lettuce, Tomato & Onion
- Oven-baked Fries
- Mixed Green Salad
- Chilled Fruit

THURSDAY

SAVORY CHICKEN NUGGETS W/DIP

- Seasoned Potato Wedges
- WW Roll
- Cucumber Salad
- Sliced Apples
- Baby Carrots

FRIDAY

MEATBALL SANDWICH W/ OR W/O PROVOLONE CHEESE

- Raw Veggie Tray w/ LF Dip
- Fresh Fruit Basket
- Assorted 100% Juice

WEEK 4

MONDAY

MEATLESS MONDAY BOSCO STICKS

- Caesar Salad/LF Dressing
- Baby Carrots/LF Dip
- Steamed Broccoli

TUESDAY

CHICKEN CHEESE STEAK

- Smiley Fries
- Garden Salad/LF Dressing
- Diced Fruit

WEDNESDAY

BUFFALO CHICKEN WINGS W/ BLUE CHEESE DIP

- Pretzel Sticks
- Homemade Coleslaw
- Celery Sticks
- Fresh Fruit
- 100% Fruit Juice

THURSDAY

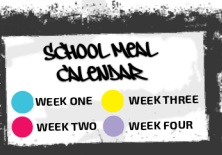
CRISPY CHICKEN PARM/PASTA

- Garlic Bread Knots
- Mixed Green Salad/LF Dressing
- Apple Slices
- Assorted 100% Fruit Juice

FRIDAY

TACO BAR GROUND BEEF & CHEESE

- Shredded Lettuce & Tomato
- LF Cheese
- Corn Muffin
- Black Bean Salad w/ Roasted Corn
- Orange Slices



SEPTEMBER '26

S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER '26

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NOVEMBER '26

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29	30					

DECEMBER '26

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JANUARY '27

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31						

FEBRUARY '27

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28						

MARCH '27

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APRIL '27

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MAY '27

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23	24	25	26	27	28	29
30	31					

JUNE '27

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MEAL PRICING

BREAKFAST	FREE
REDUCED BREAKFAST	FREE
LUNCH	\$3.50+
REDUCED LUNCH	FREE