



MENU

HS Week 5: 09.14.26-09.18.26					
	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Sloppy Joe With American Cheese Slice Baked Onion Rings BBQ Baked Beans	Chicken Pot Pie With Tender Diced Chicken, Vegetables (Peas, Carrots, and Onion) and Gravy Flakey WG Biscuit Buttered Corn	Sweet and Sour Chicken Popcorn Chicken With Brown Rice Steamed Broccoli	Breakfast For Lunch Cinnamon French Toast With Triangle Hash Brown Potato 100 Calorie Pancake Syrup	Buffalo Mac & Cheese With Mac and Cheese Chicken Tenders Green Beans Assorted Sauces
	Pasta Bar Penne, Pasta Grilled Chicken, Alfredo Sauce, Green Peas, Dinner Roll	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Meat Lovers
	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces	Chef Salad Chopped Romaine Red Onions, Black Olives, Croutons, Cheddar Cheese, Turkey, Turkey Ham Assorted Dressing Bread Stick	Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces
	Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Chicken Filet Sandwich
	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	WALKING TACO TUESDAY Beef or Chicken Brown Rice, Black Beans, Pinto Beans, Queso, Tomato Salsa, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
	Fresh Salad Bar Options Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily. Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily. Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy concerning your child with the Resident Director.

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