

Do I need IOC services?

Reach out to your Primary Care Provider (PCP) regarding our services if you are experiencing any of the following:

- Depression
- Anxiety
- Feeling overwhelmed
- Dealing with an acute stressor
- Struggling to manage chronic medical conditions
- Want to talk to a therapist?

Principles of IOC

- Patient-Centered Team Care
- Evidenced-Based Care
- Positively impacts both medical and mental health care
- Access to behavioral health experts

IF YOU ARE IN A MENTAL HEALTH CRISIS

Wayne County - call **1-833-557-3224**
or text **#63288**

Pike County - call **1-800-849-1868**
Lackawanna or Susquehanna Counties
call **570-348-6100**

Call or text **988** for the
National Crisis Hotline, or go to the
nearest Emergency Department



WAYNE MEMORIAL
COMMUNITY HEALTH
CENTERS

Administrative Offices
Stourbridge Medical & Professional Complex
600 Maple Avenue • Honesdale PA 18431
570-251-6676 • wmchc.net

As a Federally Qualified Health Center, WMCHC is supported in part through a grant from the U.S. Health Resources and Services Administration, Bureau of Primary Health Care. WMCHC is clinically affiliated with Wayne Memorial Health System, Inc.

CONNECTING COMMUNITY & HEALTHCARE

INTEGRATED BEHAVIORAL HEALTH SERVICES



Treating children, adolescents
and adults



WAYNE MEMORIAL
COMMUNITY HEALTH
CENTERS
WMCHC.net

WE ARE
HERE TO
HELP!



INTEGRATED BEHAVIORAL HEALTH SERVICES

INTEGRATED BEHAVIORAL HEALTH SERVICES AT WAYNE MEMORIAL COMMUNITY HEALTH CENTERS

We understand the importance of providing holistic, whole-person care to our patients. We are pioneering an integrated health program called “Integration Of Care” (IOC) that we are rolling out to our clinical sites.

Our goal is to use a collaborative team approach to solve the problem of mental health access in our communities.

We aim to incorporate evidenced-based physical and mental health treatments within our Primary Care offices. Studies show that integration of care leads to improvement in overall health and quality of life measures.

About Collaborative Care Model

Collaborative Care Model is a service where a Behavioral Health Care Manager actively collaborates treatment with the patient, consulting psychiatrist and Primary Care Provider (PCP) using standardized measurement tools. This helps ensure patients are getting better and no one is falling through the cracks.

Studies have shown 50% higher remission of depression and significantly shorter time to achieve remission (3 months vs. 24 months in routine care).

Improvement in anxiety, diabetes and cardiovascular outcomes have also been noted.

Our Team

Primary Care Provider – healthcare professional who provides ongoing care and management of your overall health.

Behavioral Health Care Manager – a specialist who collaborates with the health team, provides patient centered, measurement-based care, and works under oversight of a psychiatrist.

Behavioral Health Clinician – a therapist who works in primary care clinics and can provide real time access to short-term therapy and collaborates care with the team.

Consulting Psychiatrist – provides expert advise, supervision, diagnostic assessments and short-term treatment.

What can be offered:

Services offered through IOC are tailored to each patient’s needs and may include:

- Behavioral Health Screening
- Real time assessment
- Preventative care through a team approach
- Brief or expanded therapy on a flexible schedule
- Psychiatric assessment and short-term stabilization

