Sec. 1. ESTABLISHMENT OF A STUDENT HEALTH ADVISORY COUNCIL

The Board shall establish a local student health advisory council ("SHAC"). *Tex. Educ. Code §§ 12.104(b)(3)(DD), 28.004*.

The purposes of the SHAC are (1) to assist Academy of Accelerated Learning, Inc. (AAL) in ensuring that local community values are reflected in the school's health education instruction and (2) to make recommendations before AAL changes its health education curriculum or instruction. *Tex. Educ. Code § 28.004(a), (b)*.

a) *SHAC Membership*

The Board shall appoint at least five members to the SHAC. A majority of members must be persons who are parents of students enrolled in AAL and who are not employed by AAL. One of those members shall serve as chair or co-chair of the SHAC.

The Board may also appoint one or more persons from each of the following groups or a representative from a group other than a group specified:

1. Classroom teachers employed by AAL;
2. School counselors certified under Texas Education Code Chapter 21, Subchapter B, employed by AAL;
3. School administrators employed by AAL;
4. AAL students;
5. Health-care professionals licensed or certified to practice in this state, including medical or mental health professionals;
6. The business community;
7. Law enforcement;
8. Senior citizens;
9. The clergy;
10. Nonprofit health organizations; and
11. Local domestic violence programs.

Tex. Educ. Code § 28.004(d).

b) *SHAC Duties*

The duties of the SHAC include recommending:

1. The number of hours of instruction to be provided in:
    a. Health education in kindergarten through grade eight; and
    b. If AAL requires health education for high school graduation, health education,

© 2025 Schulman, Lopez, Hoffer & Adelstein, LLP
All rights reserved.

including physical health education and mental health education, in grades 9 through 12;

2. Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through coordination of:
    a. Health education, which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education
    b. Physical education and physical activity;
    c. Nutrition services;
    d. Parental involvement;
    e. Instruction on substance abuse prevention;
    f. School health services including mental health services;
    g. A school counseling program;
    h. A safe and healthy school environment; and
    i. Employee wellness;
3. Appropriate grade levels and methods of instruction for human sexuality instruction;
4. Strategies for integrating curriculum components specified in subparagraph 2 with the following elements in a coordinated school health program for the school:
    a. School health services, including physical health service and mental health services, if provided at a campus by AAL or a third party under a contract with the school;
    b. A school counseling program;
    c. A safe and healthy school environment; and
    d. School employee wellness;
5. If feasible, joint use agreements or strategies for collaboration between AAL and community organizations or agencies;
6. Strategies to increase parental awareness regarding:
    a. Risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders; and
    b. Available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns;
7. Appropriate grade levels and curriculum for instruction regarding the dangers of opioids, including instruction on:
    a. Opioid addiction and abuse, including addiction to and abuse of synthetic opioids such as fentanyl; and
    b. Methods of administering an opioid antagonist, as defined by Texas Health and Safety Code § 483.101; and
8. Appropriate grade levels and curriculum for instruction regarding child abuse, family violence, dating violence, and sex trafficking, including likely warning signs that a child may be at risk for sex trafficking, provided that the SHAC's recommendations do not conflict with the essential knowledge and skills developed by the State Board of Education.

© 2025 Schulman, Lopez, Hoffer & Adelstein, LLP
All rights reserved.
SLHA Schulman, Lopez, Hoffer & Adelstein, LLP

Tex. Educ. Code § 28.004(c).
Any joint use agreement that AAL and a community organization or agency enter into based on a recommendation of the SHAC must address liability for AAL and community organization or agency in the agreement. *Tex. Educ. Code § 28.004(n)*.

The SHAC shall consider and make policy recommendations to AAL concerning the importance of daily recess for elementary students. The SHAC must consider research regarding unstructured and undirected play, academic and social development, and the health benefits of daily recess in making the recommendations. The SHAC shall ensure that local community values are reflected in any policy recommendation made to AAL. *Tex. Educ. Code § 28.004(l)*.

The SHAC shall make policy recommendations to AAL to increase parental awareness of suicide-related risk factors and warning signs and available community suicide prevention services. *Tex. Educ. Code § 28.004(o)*.

Sec. 2. SHAC MEETINGS

The SHAC shall meet at least four times each year. For each meeting, the SHAC shall:

1. At least 72 hours before the meeting:
    a. Post notice of the date, hour, place, and subject of the meeting on a bulletin board in the central administrative office of each AAL campus; and
    b. Ensure that the required notice is posted on the school's Internet website, if AAL has an Internet website;
2. Prepare and maintain minutes of the meeting that state the subject and content of each deliberation and each vote, order, decision, or other action taken by the council during the meeting;
3. Make an audio or video recording of the meeting; and
4. Not later than the tenth day after the meeting, submit the minutes and audio or video recording of the meeting to AAL.

As soon as practicable after receipt of the minutes and audio or video recording, AAL shall post the minutes and audio or video recording on the school's Internet website, if AAL has an internet website.

Tex. Educ. Code § 28.004(d-1), (d-2).

Sec. 3. SHAC SUBCOMMITTEE

© 2025 Schulman, Lopez, Hoffer & Adelstein, LLP
All rights reserved.

The SHAC shall establish a physical activity and fitness planning subcommittee to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students. *Tex. Educ. Code § 28.004(l-1)*.

Sec. 4. REQUIRED REPORTS

In addition to performing other duties, the SHAC shall submit to the Board, at least annually, a written report that includes:

1. Any SHAC recommendation concerning AAL's health education curriculum and instruction or related matters that the council has not previously submitted to the Board;
2. Any suggested modification to a SHAC recommendation previously submitted to the Board;
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report; and
4. Any recommendations made by the physical activity and fitness planning subcommittee.

Tex. Educ. Code § 28.004(m).

Sec. 5. REQUIRED NOTIFICATIONS

AAL shall publish in the student handbook and on the AAL Internet website, if the school has a website:

1. A statement of the policies and procedures adopted to promote the physical health and mental health of students, the physical health and mental health resources available at each campus, contact information for the nearest providers of essential public health services under Chapter 121, Texas Health and Safety Code, and the contact information for the nearest local mental health authority;
2. A statement of the policies adopted to ensure that elementary school, middle school, and junior high school students engage in at least the amount and level of physical activity required by Texas Education Code § 28.002(1);
3. A statement of:
    a. The number of times during the preceding year the SHAC has met;
    b. Whether AAL has adopted and enforces policies to ensure that school campuses comply with Texas Education Agency vending machine and food service guidelines for restricting student access to vending machines; and
    c. Whether AAL has adopted and enforces policies and procedures that prescribe penalties for the use of e-cigarettes, as defined by Texas Education Code § 38.006, and tobacco products by students and others on school campuses or at school-sponsored or school-related activities;
    d. A statement providing notice to parents that they can request in writing their child's

© 2025 Schulman, Lopez, Hoffer & Adelstein, LLP
All rights reserved.

physical fitness assessment results at the end of the school year; and

e. For each AAL campus, a statement of whether the campus has a full-time nurse or full-time school counselor.

Tex. Educ. Code § 28.004(k).

© 2025 Schulman, Lopez, Hoffer & Adelstein, LLP
All rights reserved.