It takes a human to Raise a Good Human

We are excited to welcome Dr. Aliza Pressman in October! The developmental psychologist, bestselling author of *The 5 Principles of Parenting*, and host of the award-winning *Raising Good Humans* podcast will bring her practical, research-backed (and reassuring) approach to parenting to our community.

THURSDAY, OCT. 8 & WEDNESDAY, OCT. 14

DR. ALIZA PRESSMAN
Developmental Psychologist, Speaker, and Author



Parent Discussion

The Five Prinicples of Parenting
by Dr. Aliza Pressman

Thursday 10/8

8:15 - 9:15 am, LW Library

Join **Lower School Counselor Abbie Slatus** and fellow Peck parents for a conversation about *The 5 Principles of Parenting* and how its ideas can support the everyday work of parenting. Whether you've read the book or are just beginning, all are welcome.

Special Speaker

Dr. Aliza Pressman: It Takes a Human to Raise a Good Human

Wednesday 10/14

6:30 - 8 p.m., Peck Commons

Join us for "It Takes a Human to Raise a Good Human," an evening with Dr. Pressman exploring research-based insights and practical tools for raising resilient, emotionally healthy children—and helping parents feel more confident in the everyday work of parenting.

All parents and caregivers are welcome!

← **RSVP for the 10/14 event with Dr. Aliza Pressman**

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