

George Bush Middle School

CROSS COUNTRY SCHEDULE 2026

Bus departure/return times and game start times are approximate times.

ANY SCHEDULE CHANGES IN BOLD & UNDERLINED

Date	Competition	Time	Location	Leave	Return
Wed 9/16	TMS	4pm	Pioneer Park	2:50pm	Parents pick up from park after meet
Sat 9/19	Fort Steilacoom Invitational	9 AM	Fort Steilacoom, WA	7:30 AM	3:30pm at THS
Thu 9/24	League Meet: Centralia, Elma, Evergreen Christian, Hoquiam, Montesano, Rochester, Tenino	4pm	Rochester HS	2:45pm	Parents pick up from Rochester HS after meet
Wed 9/30	Shelton	4pm	Mason County Rec Area	2:45pm	6pm
Sat 10/3	John Payne XC Invite	8:45 AM	Chambers Creek Properties Central Meadow	7:30 AM	3:30pm at THS
Wed 10/7	League Meet: Chehalis, Miller	4pm	Stan Hedwall Park, WA	2:45pm	6pm
Wed 10/14	League Meet: Centralia Christian, Evergreen Christian, Miller	4pm	Pioneer Park (hosting)	2:50pm	Parents pick up from park after meet
Wed 10/21	League Championships: Centralia Christian, Evergreen Christian, Miller	4pm	Pioneer Park (hosting)	2:50pm	Parents pick up from park after meet

Away Meet protocol: We will ride to all matches as a team. If you will be riding with parents home, you will need to have completed a permission form ([Travel Release](#)), stamped in the main office and turned in to your coach before departing BMS. Dress in uniform before leaving BMS.

Meet attire: a jersey provided by (& returned at the end of the season to) BMS. Families are responsible for providing running shorts.

Water Bottle: is a MUST at ALL practices. It should be 20oz or more, enough water to keep them hydrated on the field, and have their name cleared marked.

Program Head Coach: Joanna Brown, joanna.brown@tumwater.k12.wa.us

Assistant Coaches: David Parascand, david.parascand@tumwater.k12.wa.us