College Advising - 9th Grade To Do List
Exploration and Building Good Habits

Academic Preparation

- Build strong study, organization and time-management habits
- Get help early when struggling academically
- Begin developing relationships with teachers and advisors
- Proactively advocate for yourself with teachers (i.e. ask for clarification on an assignment)
- Identify interests, hobbies, strengths and possible areas of study

Personal Preparation

- Invest in Seattle Academy, extracurricular involvements, and healthy relationships
- Establish good habits - studying, sleeping, socializing
- Try anything and everything, including a class or club that is outside your comfort zone!
- Explore a variety of clubs, activities, athletics, arts or service opportunities
- Pursue something interesting to you: job, camp, course, volunteering, travel, reading, project or hobby
- Focus on depth and genuine interest, not building a résumé
- Reflect on your activities that are energizing and meaningful to you
- Keep a simple record of important experiences
- Be mindful of your digital footprint (i.e. the internet is forever)

College Preparation

- Ask questions of College Advising at 9th/10th office hours
- During office hours ask about what colleges consider including grades and course selection
- Attend 9th and 10th grades college-focused webinar in early February
- Attend a college fair or college-information program
- Begin learning basic college vocabulary: major, minor, liberal arts, research university, etc.