

This institute is an equal opportunity provider and employer.



Served daily:
chilled/fresh fruit,
assortment of juice &
milk

October 2026

MS/HS Cafeteria Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Breakfast Option 1: Mini Sausage Biscuit Option 2: Nutri Grain (asst) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Pizza Option 2: Nutri Grain (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)
5	6	7	8	9
	Breakfast Option 1: Bagel w/Cream Cheese Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: French Toast Roll-Up Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Sausage Waffle Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Egg Omelet w/Hash Brown Option 2: Muffin (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)
12	13	14	15	16
	Breakfast Option 1: Strawberry Cream Cheese Bagel Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Egg Omelet w/Hash Brown Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Bread Slice (assorted) Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Pancake on a Stick Option 2: Mini WG Donut Holes (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)