

Ava R-1 School District

October 2026 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Thursday, Oct. 1 Lunch 1 - Cheeseburgers - Tater Tots - Green Beans - Fresh Banana Lunch 2 - Chicken Nuggets	Friday, Oct. 2 Lunch 1 - Mexican Pizza - Salad - Glazed Carrots - Fresh Apple Lunch 2 - Pasta Bake with Breadstick
Monday, Oct. 5 NO SCHOOL	Tuesday, Oct. 6 Lunch 1 - Japanese Cherry Blossom Chicken - Rice - Egg Roll - California Blend - Fresh Oranges Lunch 2 - Turkey and Cheese Sandwich with Baked Chips	Wednesday, Oct. 7 Lunch 1 - Taco Salad - Fritos - Corn - Fresh Carrots - Fresh Grapes Lunch 2 - Chicken Quesadilla	Thursday, Oct. 8 Lunch 1 - Chicken Patty - Mashed Potatoes & Gravy - Dinner Roll - Green Beans - Cinnamon Apples Lunch 2 - Homestyle Meatballs	Friday, Oct. 9 Lunch 1 - Pizza - Grilled Cheese - Salad - Mixed Veggies - Strawberry Fruit Mix Lunch 2 - Chicken Noodle Soup with Crackers
Monday, Oct. 12 NO SCHOOL	Tuesday, Oct. 13 Lunch 1 - Orange Chicken - Rice - Egg Roll - California Blend - Fresh Oranges Lunch 2 - Tuna Sandwich with Baked Chips	Wednesday, Oct. 14 Lunch 1 - Smothered Burrito - Corn - Fresh Cucumbers - Diced Peaches Lunch 2 - Corn Dog	Thursday, Oct. 15 Lunch 1 - Chicken Sandwich - French Fries - Green Beans - Fresh Apple Lunch 2 - Fish Sandwich	Friday, Oct. 16 Lunch 1 - Breakfast for Lunch - Scrambled Eggs - Sausage - Tater Tots - Fresh Veggies - Strawberry Mix Lunch 2 - Grilled Cheese
Monday, Oct. 19 Lunch 1 - Cheeseburger - Baked Chips - Baked Beans - Mixed Fruit Lunch 2 - Hot Dog	Tuesday, Oct. 20 Lunch 1 - Cashew Chicken - Rice - Egg Roll - California Blend - Fresh Oranges Lunch 2 - Ham and Cheese Sandwich with Baked Chips	Wednesday, Oct. 21 Lunch 1 - Beef Tacos - Mexican Rice - Corn - Diced Peaches Lunch 2 - Popcorn Chicken	Thursday, Oct. 22 Lunch 1 - Salisbury Steak - Mashed Potatoes & Gravy - Dinner Roll - Green Beans - Cinnamon Apples Lunch 2 - Fish Sticks	Friday, Oct. 23 Lunch 1 - Big Daddy Pizza - Baby Carrots - Fresh Cucumbers - Fresh Banana Lunch 2 - Chicken Alfredo with Breadstick
Monday, Oct. 26 NO SCHOOL	Tuesday, Oct. 27 Lunch 1 - Sweet & Sour Chicken - Rice - Egg Roll - California Blend - Fresh Oranges Lunch 2 - Hun Butter and Jelly with Yogurt	Wednesday, Oct. 28 Lunch 1 - Chicken Nuggets - Corn - Salad - Pineapple Mandarin Mix Lunch 2 - Crispito	Thursday, Oct. 29 Lunch 1 - Cheeseburger - French Fries - Green Beans - Fresh Grapes Lunch 2 - Hot Dog	Friday, Oct. 30 Lunch 1 - Tony's Pizza - Glazed Carrots - Fresh Broccoli - Apple Lunch 2 - Lasagna Roll-Up with Breadstick