



Modified Sports

Family Information Session

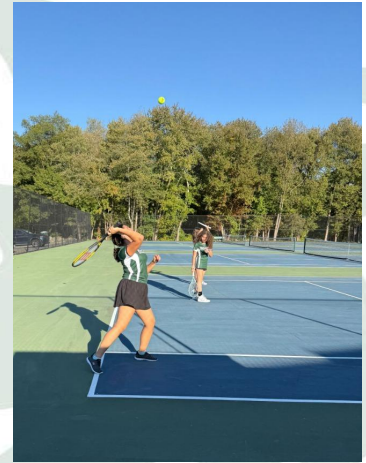
Today's Topics

- What is “modified”?
- What modified sports are offered?
- What does it mean to be a Brewster student-athlete?
- Important procedures / process
- Academic Eligibility
- How to support your athlete
- Coach Meet & Greet



What are “modified” sports?

- 7th & 8th graders
- Introduction to sports



MODIFIED SPORTS PROGRAM

THE MODIFIED INTERSCHOLASTIC SPORTS PROGRAM

Interscholastic competition in sports for pupils below the tenth-grade level has been modified by the NYSPHSAA, Inc., and adapted to students in grades 7-8-9. School administrators need to realize that the NYSPHSAA, Inc., Modified Sports Program has been approved by its member schools and is based on twenty years of experimentation and implementation with SAFETY as the major concern.

What are “modified” sports?

- Developmental bridge from recreation into high-intensity varsity programs
- Inclusion & safety
- Maximum participation
- Rule adjustments
- Game play adjustments
- Fundamental skill instruction

SPORT	TIME LIMIT			MINIMUM # OF PLAYERS REQUIRED
	Regulation Game	5 Period Play	4 Quarter Extended Play	
BASKETBALL	7 minute quarters	7 minute quarters	9 minute quarters (quarter 1-8 min)	7
FIELD HOCKEY	25 minute halves	12 minute periods	15 minute quarters	15
FOOTBALL	10 minute	10 minute quarters	12 minute quarters	19
BOYS LACROSSE	10 minute	10 minute	12 minute quarters	14
GIRLS LACROSSE	25 minute halves	12 minute periods	15 minute quarters	16
SOCCER	40 Halves /15 QT.	15 minute periods	18 minute quarters	15
Volleyball	3 out of 5 game matches	5 games	6 games with a max of 20 pts per game	12

Some examples of modifications to sports at the modified level

Modified Sports by Season

Don't see
your child's
sport listed?
Come chat
with us!

Fall	Winter	Spring
Cross Country Game Day Cheer Field Hockey Football Soccer Tennis (Girls) Volleyball (Girls)	Basketball Ice Hockey (Boys)* Wrestling	Baseball Lacrosse Softball Track



Athletic Placement Process (APP)

- 7th & 8th graders → JV or Varsity
- By invitation from Athletic Office
- Tryout with all athletes pursuing that level
- Evaluated on sport-specific skills, game knowledge, physical fitness, and personal & social responsibility
- Overall readiness
- Goal of maximum participation for each athlete



The Brewster B.E.A.R.S. Culture

- Respect for all
 - Teammates
 - Opponents
 - Officials
 - Coaches
 - Spectators & visitors
- Represent Brewster with pride
- Sportsmanship ↔ Competition

THE BREWSTER B.E.A.R.S. CULTURE

B-ETTER EVERYDAY

WORK TO IMPROVE 1% EACH DAY AND BUILD UPON YOUR SUCCESS!

- AS A STUDENT IN THE CLASSROOM
- AS AN INDIVIDUAL ATHLETE
- AS A TEAMMATE / MEMBER OF A TEAM

BUY IN: TRUST AND UNDERSTAND THE PROCESS!

E-MBRACE

- CHALLENGES AS OPPORTUNITIES, NOT AS OBSTACLES!
- THE DIFFERENT SKILLS AND IDEAS OF OTHERS, WORKING WITH AND RESPECTING WHAT ALL BRING TO THE TEAM

A-CCOUNTABILITY TO SELF AND TEAM

IS IT GOOD FOR ME OR GOOD FOR THE TEAM?

COMMUNICATE YOUR NEEDS AND THOUGHTS AS NECESSARY

R-ESILIENCE

ADJUST TO MISFORTUNE OR CHANGE

LEARN FROM FAILURE, KEEP THE EMOTION OUT OF IT!

S-TRONG

PHYSICALLY PREPARE TO BE THE BEST

MENTALLY BELIEVING IN YOURSELF, USE POSITIVE SELF-TALK!

Registering for Sports – FamilyID

- Use a laptop / Chromebook
- Code of Ethics: student signature
- Current physical
- Website:

<https://www.brewsterschools.org/departments/athletics>

Athletic Resources

+ Athletic Open House Presentation

– Family ID Registration Process

Registration Process:

A parent/guardian should register by clicking on this link:

www.familyid.com/brewster-central-schools

Follow these steps:

1. To find your program, click on the link provided by the Organization above and select the registration form under the word **Programs**.
2. Next click on the green **Register Now** button and scroll, if necessary, to the **Create Account/Log In** green button. If this is your first time using FamilyID, click **Create Account**. Click **Log In**, if you already have a FamilyID account.
3. **Create** your secure FamilyID account by entering the account owner's first and last name (parent /guardian), E-mail address and password. Select **I Agree** to the FamilyID Terms of Service. Click **Create Account**. *(Please note that Family ID is now available in multiple languages. The languages available with the Google Cloud translation feature are: English and Spanish. Please click on the white tab, next to your Account Name and select your preferred language.)*
4. You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters (spam, junk, etc.).)
5. Click on the link in your activation e-mail, which will log you in to FamilyID.com
6. Once in the registration form, complete the information requested. All fields with a red* are required to have an answer.
7. Click the **Save & Continue** button when your form is complete.
8. Review your registration summary.
9. Click the green **Submit** button. After selecting 'Submit', the registration will be complete. You will receive a completion email from FamilyID confirming your registration.

Academic Eligibility

- Emphasis on student-athlete
- Periodic review of grades
- Attendance ~ 5 periods
- Utilize support structures ~ effort counts
- Make good-faith progress
- Athletic study hall (After School at WMS)



Supporting Your Athlete

- Shift from youth sports
- Positive approach
- Trust the process
- Growth & fun
- Coach-family-athlete unity
- Big-picture perspective
- Best interest of your athlete

Athletics



The Brewster High School Athletic Department encourages participation in interscholastic athletics that promote the physical and emotional development of the student. It is our goal that a student-athlete develops lifelong healthy habits in physical fitness, personal wellness and nutrition. We also seek to instill character traits of sportsmanship, fair play and responsibility for one's actions and we promote respectful communication between players and coaches. Since we work hard to achieve success at the League, Section and State levels, we realize that developing a well-rounded individual who proudly represents his or her community is just as important as winning!

What sports are your student interested in?



Use this form to
share your child's
sports interests with
us! This is **not**
registration!
Scan the QR code or
click the [link!](#)