

THE DISTRICT OF INNOVATION

COMMITTED, **L**EARNER-CENTERED, **I**NNOVATIVE, **N**URTURING, **T**RANSPARENT



School Health Advisory Council

September 9, 2026
9:00-11:00 AM
Clint ISD Central Office
Board Room 700

Rodrigo Hernandez
Director of Special Education

CLINT INDEPENDENT SCHOOL DISTRICT
CORE VALUES

Committed to student success as a shared responsibility among students, parents, educators, the School Board and the community.

Learner-Centered by ensuring that all students receive quality teaching and engaging instruction.

Innovative in using global thinking and technology to empower students to become lifelong learners.

Nurturing by creating an educational environment where all students are socially and emotionally supported, safe and valued.

Transparent through open communication, leadership, accountability and integrity.



Agenda

- Welcome
- Family Survey (QR)
- SHAC Overview
- Presentations:
  - FitnessGram
  - Child Nutrition Program Updates
- Questions & Answers
- Conclusion: Next Meeting-November 18, 2026

Our meeting will be recorded. Minutes will be taken and posted. Spanish translation available.

Family Survey

- Welcome
- Please scan the QR code to answer a few questions on our family survey.



SHAC

SCHOOL HEALTH ADVISORY COUNCIL



SHAC OVERVIEW

Mr. Hernandez

2026/2027 District SHAC Team

- Rodrigo Hernandez, Director Special Education
- Norma Torres, Assistant Director Special Education
- Eric Villalba, Project Director ACE CCLC
- Miriam Marquez, Program Specialist CCLC
- Silvia Castro, Secondary Curriculum & Instruction Clerk
- Arturo Cruz, Director of Athletic Services
- Carlos Villalobos, Director Child Nutrition Program
- Sergio Chairez, Child Nutrition Program Finance Director
- Idalia Valdez, Clint ISD Head Nurse
- Gisela Lucero, Chief Technology Officer
- Adriana Maciel, SPED Coordinator
- Valerie Martinez, Benefits Coordinator
- Kevin Venegas, Public Relations / Video Production Specialist
- Jessica Perez, Public Relations / Video Production Specialist

SHAC
SCHOOL HEALTH ADVISORY COUNCIL

What is SHAC?

School Health Advisory Councils (SHACs) help parents and the community have a voice in issues that impact child health. Whether it is about school meals, staff wellness, vaping, recess or bullying; SHACs can provide input and resources to District leadership as they work to find solutions to the health challenges they face.



SHAC - Meeting Requirements

- SHAC must hold at least four public meetings each school year.
- “Public meeting” requirements:
  - Must post notice of date, hour, place and subject 72 hours prior
  - Must make an audio or video recording of the meeting and maintain minutes
  - Must submit the recording and minutes within 10 days for posting on the district website



SHAC District Website

Visit our website for more information:



https://www.clintweb.net/students/student-health-advisory-committee-shac/about-shac

2026-2027
FITNESSGRAM

FITNESSGRAM® by GreenLight Fitness

Review Fitnessgram

State law **requires** school districts to annually assess the physical fitness of students enrolled in grade three or higher and to provide the results of individual student performance on the administered physical fitness assessments to the Texas Education Agency (TEA). The **Physical Fitness Assessment Initiative** (PFAI) is a program designed to collect and analyze the required student physical fitness data.

Required Physical Fitness Assessment Grades 3-12

- Aerobic Capacity
- Pacer or One-Mile Run or One-Mile Walk
- Body Composition
- BMI or Skinfold
- Muscular Strength and Endurance
- Curl-Up, Turn Lift and one other item:Push-Up or Modified Pull-Up or Pull-Up or Flexed Arm Hang
- Flexibility
- Back Saver Sit and Reach or Shoulder Stretch

Assessment Window & Deadlines

- Assessment window will open starting January 12, 2027
- We encourage everyone to begin assessing and entering data as soon as the window opens
- Physical FitnessGram Data must be entered by May 1, 2027



2026-2027

Child Nutrition Program Updates



Child Nutrition Program Updates

Clint ISD is now operating a GODEGA, providing students with convenient grab-and-go meal options.

GODEGA is helping create a more convenient and flexible meal experience while supporting student nutrition.





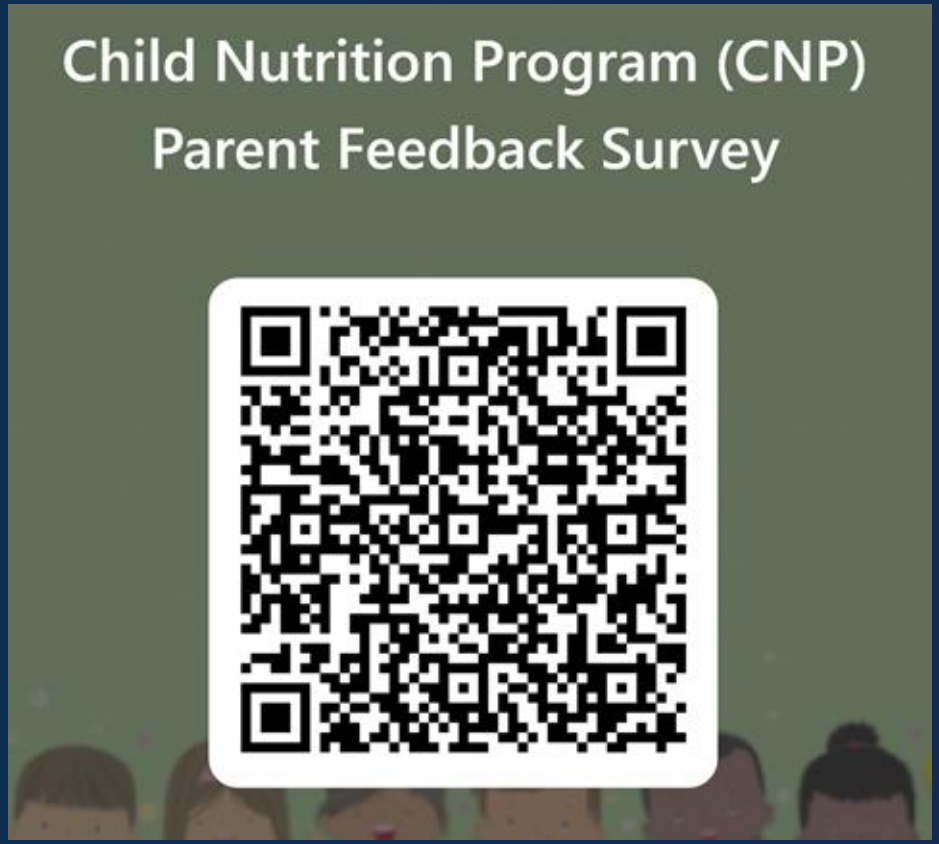


Child Nutrition Program Feedback Survey

We would like to learn more about:

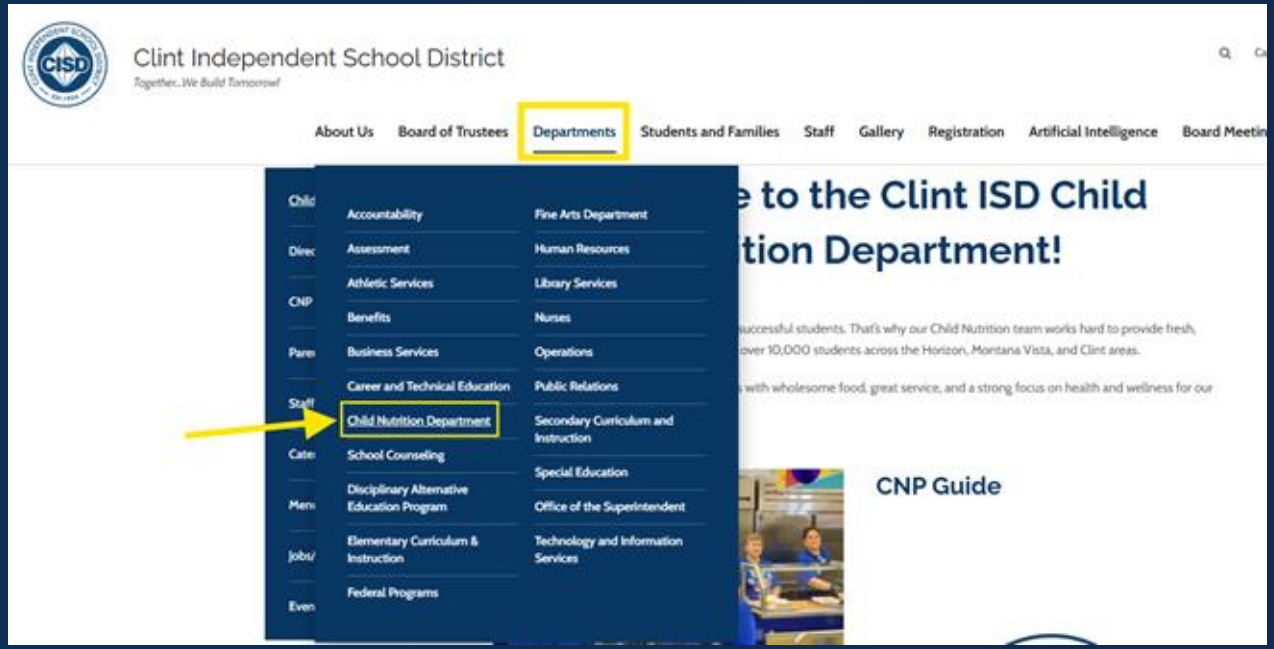
- How families receive information about school meals
- What they know about the nutrition programs
- How we can better communicate with and serve our students and families.

Scan the QR code to complete a short survey and help us continue improving cafeteria meals for your children.



Visit Us Online:
Parents can visit the Clint ISD website, go to the Child Nutrition Department page, and click on "**Menu**" to view their child's school menu.

Stay Connected with the Child Nutrition Program



Questions & Answers

Thank You!

Clint ISD Contact Information:

- **Rodrigo Hernandez**
  915-926-4186 (Office)
  915-472-1135 (Cell)

- **Norma Torres**
  915-926-8500 (Office)
  915-540-5999 (Cell)

- **Next meeting:**
  November 18, 2026
  9:00 a.m. at Central Office

