HFK SPORTS REGISTRATION (2026 – 2027)!!

Volunteer coaches are needed for all sports programs. We can't do it without you, so please consider signing up!!

Please contact our Athletic Directors, Brian and Amy Lenihan, at cyosports@hfkparish.org with any questions.

SOCCER (YOUTH)

Registration: June 30– **August 16 (need coaches by August 16 as well)**
Grades / Fees: 1st – 8th: $150 per player / $100 per player (K) / Scholarships upon request
Divisions: K & 1st = co-ed / 2nd – 8th = gender specific
Season: Regular = September 12/13– October 24/25 / Playoffs = October 25–31
Games: Saturdays/Sundays (1st – 8th) / Friday nights 5:00 – 6:00 pm (K)
Practices: Start 1st week of school/ 1st – 8th = 1 hr - 2x/week / K = 1 hr - 1x/week
CYO Info: https://teamsideline.com/sites/seattlecyo/content/18954/K-8-Soccer
Contact: Tyler Hewett – hfk.soccer25@gmail.com
Sign Up Gr. 1-8: https://teamsideline.com/sites/seattlecyo/home

Kindergarten Only Sign-up: **https://register.teamsnap.com/form/u1QSPqn3Q**
Kindergarten Coaches Only: **https://register.teamsnap.com/form/S05Q6KYHLp8iTxcdfGpQr**

CROSS COUNTRY (YOUTH)

Registration: June 30– **September 13**
Grades / Fees: K – 8th / $50 per runner / Scholarships upon request
Season: September 4- October 4
Meets: 3 Meets (Prelim Sundays 9/20 & 9/27; Championship Sunday 10/4)
1:00 pm or 3:15 pm Meets @ Woodland Park
Practices: (Fridays 9/04, 9/11, 9/25 & 10/02) 3:15 pm to 4:30 pm @ HFK Soccer Field
CYO Info: www.teamsideline.com/sites/seattlecyo/content/18955/K-8-Cross-Country
Contact: Jim Lucey – jim_lucey@hotmail.com
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

CO-ED VOLLEYBALL (ADULT)

Registration: opening soon… **August 16**
Grades / Fees: Adults (21 years & older) / $100 per player
Season: Regular = September 9 – October 28; Tournament = November 7
Games: Monday or Wednesday nights between 7:00pm to 9:00pm
Practices: TBD based on team requests
CYO Info: https://www.teamsideline.com/sites/seattlecyo/content/1341/Adult-Volleyball
Contact: Chris Comunale – ccomunale@gmail.com
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

BASKETBALL (YOUTH)

Registration: Coming… **closes October 15**
Grades / Fees: 4th – 8th / $150 per player / Scholarships upon request
Divisions: 4th – 8th = gender specific / 6th – 8th = Junior Varsity or Varsity
Season: Regular = November 14– January 17 / Playoffs = January 20 – January 30 (Varsity/JV)
Games: Saturdays/Sundays
Practices: Start last week of October or 1st week of November / 1hr - 2x/week
CYO Info: https://www.teamsideline.com/sites/seattlecyo/content/18956/3-8-Basketball
Contact: Tye Blazey – tyeblazey@gmail.com
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

BASKETBALL (HIGH SCHOOL)

Registration: Coming…**closes November 15**
Grades / Fees: 9th – 12th / $150 per player / Scholarships upon request
Divisions: Freshmen/Sophomore & Junior/Senior = gender specific
Season: Regular = December 5/6 – February 6/7 / Playoffs = February 20-28
Games: Saturdays / Sundays (Games at Echo Glen will be on weeknights)
Practices: TBD based on team requests
CYO Info: https://www.teamsideline.com/sites/seattlecyo/content/18957/HS-Basketball
Contact: Tye Blazey – tyeblazey@gmail.com
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

VOLLEYBALL (YOUTH)

Registration: Coming –**closes January 21**
Grades / Fees: 4th – 8th / $125 per player / Scholarships upon request
Divisions: 4th = co-ed / 5th – 8th = gender specific / 6th,7th & 8th girls = AA or AAA
Season: Regular = February 20– April 18 / Playoffs = April 21 – May 2
Games: Saturdays / Sundays
Practices: Start 1st week of February / 1hr twice a week
CYO Info: https://www.teamsideline.com/sites/seattlecyo/content/18958/4-8-Volleyball
Contact: Chris Comunale – ccomunale@gmail.com
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

CO-ED VOLLEYBALL (HIGH SCHOOL)

Registration: Coming – **closes April 11**
Grades / Fees: 9th – 12th / $100 per player / Scholarships upon request
Divisions: Freshmen/Sophomore & Junior/Senior = co-ed
Season: Regular = May 1 – June 6 / No playoffs
Games: Wednesdays/Saturdays / Sundays
Practices: TBD based on team requests
CYO Info: https://www.teamsideline.com/sites/seattlecyo/content/18959/HS-Volleyball
Contacts: Chris Comunale – ccomunale@gmail.com
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

TRACK & FIELD (YOUTH)

Registration: Coming – **Closes April 15**
Grades / Fees: 4th – 8th / $75 per player / Scholarships upon request
Meets: 3 Qualifying Meet dates TBD (10:00 am or 2:30 pm)/ Pentathlon TBD *(8th Only)*; Championship 6/5 @ Renton Memorial Stadium
Practices: 5 (Mondays or Wednesdays 05.04 – 06.03)
5:30pm to 6:30 pm @ Kirkland Middle School or TBD
CYO Info: https://www.teamsideline.com/sites/seattlecyo/content/18961/4-8-Track-Field
Contact:
Sign Up: **https://teamsideline.com/sites/seattlecyo/home**

MENS BASKETBALL (ADULT)

Registration: July 10 – June 30
Fees: HFK "Giving Back" Campaign
Days: Tuesdays & Thursdays 7:30 pm – 9:30 pm
Location: HFK Gym
Contact: Bill Lapke – bill.lapke@gmail.com
Sign Up: **https://register.teamsnap.com/form/1nYK3ubyIn6MN1CcOtb5H**

CO-ED PICKLEBALL (ADULT)

Registration: July 10– June 30
Fees: HFK "Giving Back" Campaign
Days: Wednesdays 7:30 - 9:30 pm / Saturdays 10:00 am - 12:00 pm or 6:00 – 8:00 pm
Location: HFK Gym
Contact: Francois Burianek – swa68@hotmail.com
Sign Up: **https://register.teamsnap.com/form/OvTYVPK707sN1XQhgCdu3**

TOURNAMENT WEEKEND (ADULT)

Registration: November 1 – January 26

Fees: $25 and HFK "Giving Back" Campaign

Divisions: Dads Basketball (Grades) & Moms Volleyball (Pool)

Dates: Thursday, February 4 – Saturday, February 6

Contact: Dads Basketball = Andrew Bartram – bartramandrew@hotmail.com
Moms Volleyball = Stepanie Riley= stephjoo03@hotmail.com;
Maria Radtke= mariaradtke11@gmail.com

Sign Up: