

OCTOBER 2026

Greenwood Lake UFSD

**SNAP helps
families buy food.**
See if you may be eligible

Monday

Breakfast: Bagel
5

Baked Ziti
Mozzarella Cheese
Marinara Sauce
Steamed Broccoli
Dinner Roll

Tuesday

Breakfast: Pancakes
6

Baked BBQ Chicken
Mashed Potatoes
Baked Beans
Corn Muffin

Wednesday

Breakfast: Waffles
7

Homemade Chili
Shredded Cheese, Sour Cream
Corn Chips
Steamed Carrots

Thursday
Breakfast: Egg Sandwich
1

Pasta w/
Marinara Sauce
Steamed Carrots
Garlic Breadstick

Friday

Breakfast: WG Donut
2

Pizza
Assorted Toppings
Garden Salad

9

Pizza
Assorted Toppings
Garden Salad


16

Pizza
Assorted Toppings
Garden Salad


23

Pizza
Assorted Toppings
Garden Salad

30

Pizza
Assorted Toppings
Garden Salad



National School Lunch Week! "Cafeteria Circus: Where Nutrition Takes Center Stage!"

Columbus Day

No School for Students



Big Top Bacon Burger
Bacon, Cheese,
Lettuce & Tomato
French Fries
Carrot Sticks

Wings of Wonder
Funnel Cake
Clown Confetti (popcorn)
Steamed Green Beans



Ringmaster Rotini
Meat Sauce
Shredded Mozzarella
Mixed Vegetables
Dinner Roll

Cheesy Breadsticks
Marinara Sauce
Tater tots
Steamed Broccoli

Tex-Mex Baked Potato
Beef Taco Filling
Cheddar Cheese
Sweet Corn
Black Beans

Chicken Fingers
French Fries
Peas & Carrots



National Reptile Awareness Day

No Roll Egg Roll
Seasoned Beef, Sauteed Cabbage,
Carrots in a Hunan Orange Sauce
Served over Rice
Steamed Broccoli

Mozzarella Sticks
Marinara Sauce
Steamed Carrots
Dinner Roll

Taco Tuesday
Beef Taco Filling
Lettuce, Tomato, Cheese
Black Beans/Corn
Tostito Chips

BBQ Pulled Chicken Sandwich
French Fries
Homemade Coleslaw

Bat Nuggets
Warm Pumpkin Pretzel
Pumpkin Cookie
Tater Tots
Steamed Broccoli



Breakfast Includes: 100% Fruit Juice, Fresh Fruit, Low-Fat/Whole Milk Choices
Everyday Choices: Cereal, Muffins & Yogurt

Lunch Includes: All Hot and Cold Lunch Options Include: Milk, Fresh Fruit, and Vegetables Daily!
Everyday Lunch Choices: Ham, Ham & Cheese, Turkey, Turkey & Cheese, Salami, Cheese, PB&J (Egg & Tuna Salad per request)
Middle School Salad Bar: Build your perfect salad! Our salad bar is packed with fresh ingredients like crisp lettuce, tomatoes, beans, carrots and cucumbers.

"Ingredient information for menu items is available. Ask an employee for details."

Menu items are subject to change due to food supply chain availability. We strive to provide comparable, compliant meals at all times.

This institution is an equal opportunity provider.