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Foreign Language - Spanish I* (Two semesters)

Spanish I, is an accelerated 7th grade class that focuses on the development of communication skills in listening, speaking, writing, reading, and non-verbal communication. It also develops cultural awareness by developing an understanding and appreciation of Spanish-speaking people, their cultures, and civilizations. Students learn through a variety of methods including (but not limited to) listening activities, projects, cooperative group learning, lecture, technology, oral presentations, and individual discovery. This course builds on learning from the previous year.

Recommendations for 7th Grade Spanish I are based on either a student maintaining a B average in Accelerated 6th Grade Spanish, or teacher recommendation and scoring in the 88th percentile on either the Vocabulary or Reading Comprehension sections of the ERB.

*Middle school courses do not count for upper school credit.

Physical Education

During 7th grade physical education, students will participate in activities such as individual skill development, team sports, and fitness training. This development is encouraged in a positive atmosphere emphasizing sportsmanship, team cooperation, and sports psychology. The program is designed for participation at all levels of athletic ability by placing emphasis on total participation rather than on the development of the gifted athlete. Focus is placed on living a healthy and active lifestyle while improving cardiovascular and muscular endurance. Fitness assessments are conducted twice yearly with resulting discussion on the components and strategies for improvement.

E Period Elective Choices

Music:

Orchestra

Middle School Orchestra is a year-long, performance-based elective open to both beginning and continuing students on violin, viola, cello, and bass. The course is structured to support multiple skill levels within one ensemble. Beginning students will develop foundational technique, posture, tone production, and music reading skills, while continuing students will refine shifting, vibrato, advanced rhythms, and ensemble leadership.

This course prepares students for school concerts and potential festival participation while fostering discipline, collaboration, leadership, and long-term musical growth.

Term: Fall and Spring

Pre-Requisites: None

Theater Courses:

Journey to Opening Night

Our Middle School Production class is a production-based class where students step into the spotlight to rehearse, refine, and perform in the middle school musical. This course emphasizes ultimate collaboration as students work through every stage of the production process to bring characters, songs, and stories to life. Designed for passionate performers, this class offers a professional-style rehearsal environment that develops creative expression while preparing students for the thrill of opening night. Leading and Supporting roles will be auditioned and selected from this advanced roster.

Term: Fall

Pre-Requisites: None

The Actor's Toolbox

In this high-energy class, students will learn the importance of working together in a creative environment to master the art of ensemble. They will deep-dive into character analysis and script writing to become genius storytellers while also sharpening their instincts through different improvisational games, pantomime activities, and stage combat. We will touch on several technical theatre elements and transform those skills into things they can use in the real world. This class is for the creative, hands-on learners that want to build skills that can be used in both the theatre world and their everyday lives.

Term: Spring

Pre-Requisites: None

Visual Art:

The Maker Studio

This course is a survey of art fundamentals designed as a general introductory studio course to familiarize students with the major studio areas and art concepts including an emphasis on the basic elements and principles of composition and design. This study will include drawing and painting, ceramics, sculpture, and art history. The art elements and principles of design reinforce the processes of "learning to see." Students are encouraged to find the create potential of several media as it applies to the