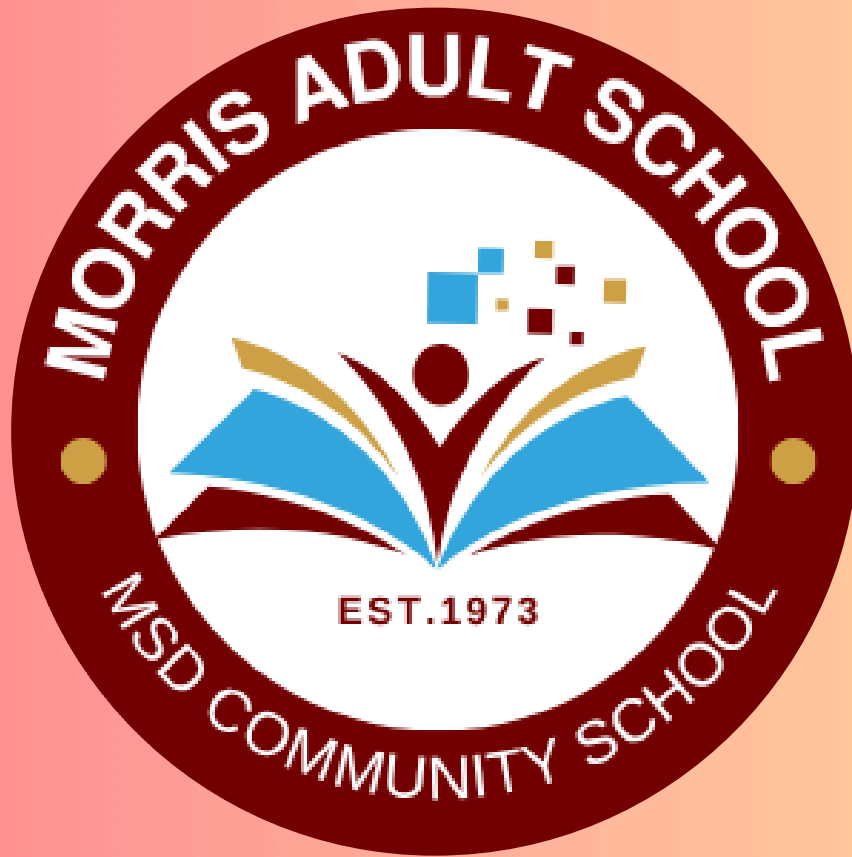




FALL 2026 COURSE CATALOG

Learn, Connect, Grow Close to Home



Email: morris.adult@msdk12.net

Contact us : # 973-292-2063

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The Adult School Staff

Deb Engelfried, Director
Shaneya Hackett, Community School Manager
Noeli Muzzo, Administrative Assistant
Renee Suarez, Adult School Coordinator

Refund Policy

Student Withdrawal: Class costs will be reimbursed if the student withdraws at least one week prior to the start of class.

Course Canceled by School: A full refund will be issued if the Morris Adult School must cancel a class or trip. Please allow 4 to 6 weeks for processing.

Office Hours

The Morris Adult School staff are available Monday through Friday from 8:30 am to 3:30 pm.
Please call **(973) 292-2063** or email us at morris.adult@msdk12.net

Welcome to Morris Adult School

Discover, Learn, and Grow with Morris Adult School!

For over five decades, the Community School has proudly offered high-quality learning opportunities to the greater Morristown area. As we look to the future, we remain dedicated to expanding and enhancing our programs to meet the changing needs of our community.

We've introduced exciting new courses this fall. These updates reflect our ongoing commitment to providing meaningful opportunities for personal enrichment, skill development, and community connection.

The Morris Adult School and MSD Community School are here to support your goals.

Registration opens: August 5, 2026

Classes begin: Week of September 21, 2026

MSD Employees will receive a 20% Discount when registering by using their MSD Email.



BEFORE YOU REGISTER

- You must register for the semester by clicking “Register for MAS” on our website to receive your passcode.
- Classes are offered both virtually and in person. Please make sure you know the format before you register.
- The course description in this catalog provides a brief overview of each class; a more detailed description, including any supplies needed, is available on our website at msdcommunityschool.arux.app.
- Class details sometimes change after printing. Please check our website to confirm all details—such as date, time, and location—before registering.
- When registering, please make sure your contact information, including your cell phone number and email address, is accurate. We will use this information to contact you in the event of an emergency or to share announcements about your class.
- Effective 8/25/26 – Payments via ARUX with debit card, credit card, or ACH (debit directly from checking or savings accounts) incur 3.29% plus \$0.39 per transaction
- Payment via cash will **not** incur any fees. Please reach out to 973-292-2063 or email us at community.school@msdk12 if you’d like to pay by cash.

AFTER YOU REGISTER

- You will receive an email confirmation and receipt from our Arux registration system. Sometimes these emails go to your spam or junk folder; if this happens, please add **msdcommunityschool@arux.app as a contact and mark our messages as “not spam.”** Please note that this is a no-reply email address—if you do not receive a confirmation email, contact the Morris Adult School office.
- Your **confirmation email will include a passcode**. When you return to our [Adult Programs page](#) to sign up for individual classes, you will be prompted to enter this passcode during the enrollment process. Enter the passcode exactly as it appears in your email to complete your registration for each course. Please do not share your passcode with anyone, as it is linked to your personal registration account.
- Please remember to add your class dates, times, and locations to your calendar so you don’t miss a session. Refunds are only provided if you withdraw from a class at least one week before the start date.

IN-PERSON LOCATIONS

Morristown High School (MHS)
50 Early Street
Morristown

Frelinghuysen Middle School
10 Jane Way
Morristown

Patriot’s Path Council
1 Saddle Road
Cedar Knolls

LECTURES & DISCUSSIONS

This section contains classes that meet **online** and **in-person**. In person classes meet at Patriot's Path Council.

Art History

Two Artists Who Brought European Modernism to America

Explore how Joseph Stella and Max Weber helped bring European Futurism and Cubism into American art in this two-session lecture. Across both sessions, we will compare key works, trace their parallel careers, and consider each artist's role in shaping early twentieth-century American Modernism; attending both sessions is encouraged but not required.

Online: \$40 per session

2 Tuesdays: Sept. 29, October 13

🕒 1:00–2:30 PM

Anne Betty Weinshenker

Books & TV

The Twilight Zone Lecture Series

The Twilight Zone: Alternate Dimensions and Parallel Worlds – ALL NEW! The Twilight Zone is known to take its viewers to strange, new worlds. This season is no different with stories about recurring dreams, surreal dreamscapes, co-existing twin strangers as well as alien realms accessible through an unexpected portal or by way of intergalactic space travel. During our interactive study of alternate dimensions and parallel worlds, we will be passengers on various journeys with reluctant dreamers, haunting doppelgangers and those who must escape an alternate universe or who have a desire to travel back to the comfort of their place on Earth. Join me as we take these unique, unpredictable trips through The Twilight Zone

📍 **Patriots' Path Council: \$40 per session**

Discounts offered for multiple session registration

5 Mondays: Nov. 9, Nov. 16, Nov. 23, Nov. 30, Dec. 7

🕒 10:00–11:30 AM

Linda Hetcher

Financial Planning

NEW!

Retirement Planning for Women 50+

This single-session interactive lecture and workshop is designed for women 50+ who want a clear, practical roadmap to retirement. Topics include investing, retirement income planning, Social Security, taxes, and estate planning, with attention to the financial challenges women often face in retirement.

📍 **Morristown High School: No Fee**

1 Saturday: Sept. 26

🕒 10:00–11:30 AM

Vincent Grosso from Grosso Wealth Management

History

From One War to Another

Join author John Lanza for a two-session book talk exploring World War I and World War II – how each was started, mobilized for, supported, ended, and what we learned from each. The book came about when a World War II veteran, John Cooney, sought out the author to tell his story in World War II and was expanded to include the story of Cooney's father in World War I. In his first session, participants will receive a signed copy of the book and hear the story behind its creation. You will then have three weeks to read the book before returning for a guided discussion that deepens your understanding of both wars and the veterans who served in them and experienced the horror of war. Price includes both sessions and a signed copy of the book, *From One War to Another*

📍 **Morristown High School: \$40**

2 Tuesdays: Oct. 6, Oct. 27

🕒 7:00–8:30 PM

John Lanza



Voice Acting

Get Paid to Talk: An Introduction to Voice Over

Explore how the voice over industry works in this one-night, live online class. Learn where voice over jobs are found, what skills and training are helpful, and how to match your voice to different types of work. The session includes Q&A and a chance for a brief one-on-one script read.

Online: \$45

1 Tuesday: Oct. 20



6:30–8:00 PM

Anna Bourgeois

Painting

Colorful Expressions with Watercolors

Explore basic watercolor techniques in a relaxed, virtual setting. Learn color mixing, brushwork, and layering through simple guided exercises and hands-on practice. Open to all skill levels, this class provides structured instruction and time to experiment with your own watercolor projects.

Online: \$105 plus materials

4 Saturdays: Oct. 3, Oct. 10, Oct. 17, Oct. 24

 11:00 AM– 12:00 PM

Dr. Liana F. Piehler

Ceramics

Ceramics: A Clay Adventure

Explore the possibilities of clay in this hands-on ceramics class for adults of all experience levels. Learn basic hand building along with surface decoration and glazing, as you create functional and sculptural pieces. Each session offers guided instruction and plenty of time to experiment, making this a great option whether you are a first-time clay explorer or looking to build on existing skills.

 **Frelinghuysen Middle School: \$350**

10 Mondays: Sept. 28, Oct. 5, Oct. 12, Oct. 19, Oct. 26, Nov. 9, Nov. 16, Nov. 23, Nov 30, Dec. 7

 6:00–8:00 PM

Nicole Escobedo

Woodworking

Introduction to Woodworking

Learn basic woodworking techniques while creating a project of your choice. Topics include project planning, wood selection, basic joinery, and the safe use of hand tools and machines. Safety is emphasized, and all skill levels are welcome. Materials are an extra cost.

 **Morristown High School: \$300**

10 Tuesdays: Sept. 29, Oct. 6, Oct. 13, Oct. 20, Oct. 27, Nov. 10, Nov. 17, Nov. 24, Dec. 1, Dec. 8

 6:00–9:00 PM

Derek Polzer and Lynn Trackenberg (Teacher Assistant)

NEW!

Cards

Modern Canasta for Beginners

Learn the basics of modern American Canasta in a fun, beginner-friendly environment. Through clear instruction and guided play, you'll practice core rules, scoring, and strategy so you can confidently sit down at any Canasta table. No prior card-playing experience is required.

 **Morristown High School: \$80**

4 Mondays: Sept. 28, Oct. 5, Oct. 12, Oct. 19

 6:30–8:30 PM

Christine Maccarella

Games

Crack the Code of Mah Jongg

Learn the basics of American Mah Jongg in a relaxed, beginner-friendly setting. Get comfortable with the tiles, the National Mah Jongg League rules, the Charleston, and reading the NMJL card through guided, hands-on play. By the final session, you'll have the skills to join a local game or start your own group.

 **Morristown High School: \$110**

5 Tuesdays: Sept. 22, Sept. 29, Oct. 6, Oct. 13, Oct. 20

 Session 1: 6:00–8:00 PM; Sessions 2–5: 6:00–8:30 PM

Christine Maccarella

Please note that registration for college prep courses is handled directly by each provider. To enroll, visit the provider's website listed with the course and follow their online registration instructions.



Educational Services Center's



Morristown HS

SAT/PSAT Prep Intensive

★ Preparing rising juniors (class of 2028) for college admissions ★
Make an informed decision about whether submitting scores or applying test-optional is right for you-
reach your full potential and create a plan.

In-person intensive

held at

Morristown HS, Rm 243

Tuesdays 6-9 PM

1- Sep 29

2- Oct 6

Sat, Oct 10 practice exam #1

3- Oct 13

Sat, Oct 17 practice exam #2

4- Oct 20

Diagnostic Exam & Review

on the College Board's digital platform
Students work in the digital format of the actual
SAT. Completely live and teacher-led.

Exam scores generated immediately

Sat, Oct 24 practice exam #3

5- Oct 27

Sat, Oct 31 practice exam #4

6- Nov 3

**Practice exams proctored live, taken
digitally from home Saturdays 8:45 AM.
(Students with conflict can test at an alternate time.)*

*NOTE: The official PSAT can be
administered any date during Oct,
chosen by the high school. If PSAT
conflicts with any class or exam shown
above, we will revise that class date.*

All SAT/ PSAT exam subject matter
is given rigorous review:

algebra, geometry, trigonometry, writing mechanics, reading
comprehension, analysis, reasoning & vocabulary ...
with primary focus on

how to approach questions strategically.

Tuition

\$479*



***Priority enrollment- \$479 if registered by 9/7/26**

For registrations received after 9/7/26, tuition fee is \$529

➤ approx. 12 students per class for targeted, individualized instruction

Registration online:

www.esctestprep.com

Registration by phone:

1-800-762-8378





LENTZ & LENTZ
SAT, PSAT
AND ACT PREP

SAT-PSAT PREP

In Person!

AT MORRISTOWN H.S.

Expert instruction. Proven strategies.
Stronger scores. Brighter futures.

DISCOUNTED
TUITION

\$449

Lentz & Lentz SAT Prep offers in-person SAT and PSAT preparation courses designed to give students the skills, strategies, and confidence to succeed.



EXPERT INSTRUCTION

Taught by highly experienced educators who know the tests inside and out.



PROVEN STRATEGIES

Targeted techniques to maximize score potential in every section.



PRACTICE THAT COUNTS

Full-length practice tests and personalized feedback to track progress.



RESULTS THAT MATTER

Thousands of students helped. Higher scores. More college acceptances.

PREP FOR THE FALL SAT/PSAT

Saturday Afternoons

In-Person SAT/PSAT Prep Class
Schedule Starts September 19th
for New Students

LIVE IN-PERSON CLASSROOM

The in-person SAT/PSAT prep course will be held in Morristown on the following Saturdays from 12:00 to 3:00 p.m. except where noted:

- 1 September 19
- 2 September 26
- 3 October 3
- 4 October 10
- 5 October 17
- 6 October 24
- 7 October 27 (Tuesday 6:00 – 9:00 pm)
- 8 October 31

OUR STUDENTS GET RESULTS.

“

Lentz & Lentz SAT Prep gave me the strategies and confidence I needed to raise my score and get into my dream school!”

– L&L Student

Average Score
Increase of
150+
Points

Top Choice College
Acceptance
88%
of Our Students



REGISTER TODAY!
lentsatsatprep.com

FOR MORE INFO OR QUESTIONS:

845.638.2826
info@lentsatsatprep.com

ENGLISH AS A SECOND LANGUAGE

These classes are free and provided by Morris County Vocational School but held at Morristown High School. You must register with Morris Vocational School.

In-person registration is scheduled at Morristown High School on **Monday, August 24, 2026 at 5:00 pm** and **Saturday August 29, 2026 at 8:30 am.**

Questions? Please contact Morris County Vocational:
Chancelevie Mengara, mengarac@mcvts.org, (973) 627-4601 x 279

Estas clases son gratuitas y las ofrece Morris County Vocational School, pero se llevan a cabo en Morristown High School. Debes inscribirte a través de Morris County Vocational School.

La inscripción en persona se llevará a cabo en Morristown High School **el lunes 24 de agosto y el sábado 29 de agosto de 2026.**

¿Preguntas? Por favor comunícate con Morris County Vocational:
Chancelevie Mengara, mengarac@mcvts.org, (973) 627-4601 x 279.

Weekday ESL Class

This basic skills program provides education for immigrants and other adults with limited English proficiency so they can gain the communication skills needed to succeed as parents, professionals, and community members. Class activities include practical exercises that help you communicate effectively at work and in your daily life.

Morristown High School: Free

Mondays and Thursdays: Sept. 24–Jun. 10, 2027

 6:00–8:30 PM

Morris County Vocational School

Saturday ESL Class

This basic skills program provides education for immigrants and other adults with limited English proficiency so they can gain the communication skills needed to succeed as parents, professionals, and community members. Class activities include practical exercises that help you communicate effectively at work and in your daily life.

Morristown High School: Free

Saturdays starting Sept. 19–Jun. 12, 2027

 8:30 AM–12:30 PM

Morris County Vocational School

Clase de ESL entre semana

Este programa de habilidades básicas ofrece educación para inmigrantes y otros adultos con dominio limitado del inglés para que puedan adquirir las destrezas de comunicación necesarias para tener éxito como padres, profesionales y miembros de la comunidad. Las actividades de la clase incluyen ejercicios prácticos que le ayudarán a comunicarse eficazmente en el trabajo y en su vida diaria.

Morristown High School: Gratis

Lunes y jueves, del 24 de septiembre al 10 de junio de 2027

 6:00–8:30 PM

Morris County Vocational School

Clase de ESL los sábados

Este programa de habilidades básicas ofrece educación para inmigrantes y otros adultos con dominio limitado del inglés para que puedan adquirir las destrezas de comunicación necesarias para tener éxito como padres, profesionales y miembros de la comunidad. Las actividades de la clase incluyen ejercicios prácticos que le ayudarán a comunicarse eficazmente en el trabajo y en su vida diaria.

Morristown High School: Gratis

Sábados: 19 de septiembre–12 de junio de 2027

 8:30 AM–12:30 PM

Morris County Vocational School

Club de Lectura para Padres aka Spanish Parent Academy

Club de Lectura para Padres

¡Ven, acompáñanos y disfruta con Maria Ganduglia Pirovano para otro semestre lleno de diversión y aprendizaje en nuestro Programa de apoyo escolar para padres en Español! Tú y tu familia disfrutarán 9 semanas repletas de estrategias prácticas, apoyo académico y la oportunidad de conocer a otros padres, todo en español y totalmente gratis.

Le ofrecemos:

- Estrategias fáciles y útiles para ayudar a tu hijo a aprender, crecer y tener éxito en la escuela
- Un espacio de apoyo y comunidad con otros padres que comparten tus mismos intereses
- Sesiones divertidas e interactivas los martes por la noche
- Un ambiente amigable y lleno de actividades entretenidas para toda la familia

Si tienes cualquier pregunta, no dudes en contactar a Maria Ganduglia Pirovano en mariapirovano@yahoo.com.

¡Te esperamos con los brazos abiertos!

Morristown High School: FREE

9 Tuesdays: Oct. 20, Oct. 27, Nov. 10, Nov. 17, Nov. 24, Dec. 1, Dec. 8, Dec. 15, Dec. 22

 6:30 PM-7:30 PM; Dec.15 & 22: 6:30-8 PM

Maria Ganduglia Pirovano

Dance

Tap Dance: Beginner

Learn the basics of tap in a fun, beginner-friendly class. You'll practice fundamental steps, simple rhythms, and easy combinations to build confidence and coordination—no dance experience required. If you don't have tap shoes, please contact Joanne at 973-262-0308.

 **Morristown High School: \$100**

10 Tuesdays: Sept. 22, Sept. 29, Oct. 6, Oct. 13, Oct. 20, Oct. 27, Nov. 10, Nov. 17, Nov. 24, Dec. 1

 8:00– 9:00 PM

Joanne Griffo

Tap Dance: Intermediate

Build on your tap foundations in this class for dancers with prior experience. Refine your technique, increase speed and precision, and learn more complex rhythms and combinations to take your tap skills to the next level.

 **Morristown High School: \$100**

10 Tuesdays: Sept. 22, Sept. 29, Oct. 6, Oct. 13, Oct. 20, Oct. 27, Nov. 10, Nov. 17, Nov. 24, Dec. 1

 7:00– 8:00 PM

Joanne Griffo

Tap Dance: Advanced

Challenge yourself with fast, complex rhythms and advanced tap choreography in this class for experienced dancers. Focus on precision, musicality, and performance-quality combinations to refine your technique and artistry.

 **Morristown High School: \$100**

10 Tuesdays: Sept. 22, Sept. 29, Oct. 6, Oct. 13, Oct. 20, Oct. 27, Nov. 10, Nov. 17, Nov. 24, Dec. 1

 5:45– 6:45 PM

Joanne Griffo

Fitness

Boxing HIIT

Build strength, stamina, and flexibility with a fast-paced mix of boxing-inspired moves, HIIT intervals, and deep stretching. Class combines simple boxing combinations with body-weight exercises and targeted muscle work, then finishes with stretching and brief meditation for stress relief. Please bring a mat or towel; optional hand weights and boxing gloves are welcome, and don't forget water.

 **Morristown High School: \$100**

8 Wednesdays: Sept. 23, Sept. 30, Oct. 7, Oct. 14, Oct. 21, Oct. 28, Nov. 11, Nov. 18

 6:00–7:00 PM

Alejandra Formoso

Stretch & Tone

Gently build strength and flexibility through guided stretching and toning exercises. Class focuses on improving mobility, easing tension, and supporting whole-body wellness, with a calm, low-impact approach suitable for most fitness levels. Please bring a mat or towel; light hand weights are optional, and don't forget water.

 **Morristown High School: \$125**

8 Saturdays: Sept. 26, Oct. 3, Oct. 10, Oct. 17, Oct. 24, Oct. 31, Nov. 14, Nov. 21

 9:30–10:30 am

Nancy Courtney

NEW!

Hypnosis

Stop Smoking with Hypnosis

Through hypnosis, smoking cessation is easily achieved in a one-hour session. Eliminate the craving for tobacco while minimizing discomfort. In a relaxed state, allow kind and healthy suggestions to enter your mind to help you achieve your goals via Zoom. Reinforcement audio file is strongly recommended and is available for purchase for \$10. Stop Smoking class is from 6:00–7:00 pm. hypnosiscounselingcenter.com

Online: \$45

1 Wednesday: Sept. 30

 6:00– 7:00 PM

Barry Wolfson, MS Counseling

Lose Weight with Hypnosis

Through hypnosis, weight loss is easily and painlessly attained. Shed unwanted pounds and keep them off in a safe, effective program. In a relaxed state, allow kind and healthy suggestions to enter your mind to help you achieve your goals via Zoom. Reinforcement audio file is strongly recommended and available for purchase for \$10. Lose Weight class is from 7:00–8:00 pm. hypnosiscounselingcenter.com

Online: \$45

1 Wednesday: Sept. 30

 7:00– 8:00 PM

Barry Wolfson, MS Counseling

Guided Relaxation Stress Reduction

Most of us have some type of stress in our lives. This class focuses on how to identify and deal with stress in a healthy manner. Utilizing varied relaxation techniques, learn to cope with different pressures in your life via Zoom. Reinforcement audio file is available for \$10 after class. hypnosiscounselingcenter.com

Online: \$45

1 Wednesday: Sept. 30

 8:00– 9:00 PM

Barry Wolfson, MS Counseling

LANGUAGES

Italian

Parla, Cucina, Gusta: Scopri l'Italia con noi!

Speak, Cook, Taste: Discover Italy with us!

NEW!

Learn everyday Italian while exploring the country's food and traditions. Each session blends simple conversation practice with guided cooking or food-focused activities, using vocabulary you can apply at markets, restaurants, and at home. No prior Italian or cooking experience is required—just an interest in language, culture, and cuisine.

 **Morristown High School: \$225**

8 Saturdays: Sept. 19, Sept. 26, Oct. 3, Oct. 10, Oct. 17, Oct. 24, Oct. 31, Nov. 14

 10:00 AM-12:00 PM

Natalie Hernandez

Spanish

Hola Amigos! Let's Learn to Speak Spanish

NEW!

Learn practical, beginner-level Spanish for real-life situations in a fun, supportive setting. Through interactive lessons and simple conversations, you'll build skills for greetings, everyday phrases, and basic communication with Spanish speakers. No prior experience is needed—just bring your curiosity and enthusiasm.

 **Morristown High School: \$200**

10 Tuesdays: Sept. 22, Sept. 29, Oct. 6, Oct. 13, Oct. 20, Oct. 27, Nov. 10, Nov. 17, Nov. 24, Dec. 1

10 Thursdays: Sept. 24, Oct. 1, Oct. 15, Oct. 22, Oct. 29, Nov. 12, Nov. 19, Dec. 3, Dec. 10, Dec. 17

 6:00-8:00 PM

Laura Cardona

Rolling River Drumming

Build rhythm skills and confidence



NEW!

This ten-week drumming group is geared toward adults of all abilities. Music training not required! Rolling River Drumming is a group designed to build rhythm skills, confidence, and community as participants learn basic drumming techniques and notation on our collection of hand drums and small percussion instruments. Participants are only asked to bring something to write with to take notes on class handouts.

Morristown High School: \$300

10 Wednesday's: 09/23/26, 09/30/26, 10/07/26, 10/14/26, 10/21/26, 10/28/26, 11/11/26; 11/18/26, 12/2/26, 12/9/26

 6:00 PM – 7:00 PM

Alecia Meila



Learn, Connect, Grow Close to Home

Enroll Now

Explore our Classes and Join our Life Long Learners

Registration is ongoing throughout the semester.

Office Hours

Monday-Friday, 8:30 AM-3:30 PM

Call or email during office hours with any questions or if you need assistance with registration.

Contact Us

Phone: (973) 292-2063 ext. 8315

Email: morris.adult@msdk12.net

Mail: P.O. Box 1485 Morristown, NJ 07960

Instagram

[msd.community.school](https://www.instagram.com/msd.community.school)

Website

msdcommunityschool.arux.app/

You can also visit our website by using the QR Code.

