

ALC MONTHLY MENU

2026-2027

2026-2027 Free Lunch Meals for Students, ONE Per School Day!

ALC Monthly Menu

Three meal choices daily, Menu Choices Repeat Monthly

Email Orders 3 Days In Advance of The Pick-Up Date to both addresses: Foodservice@mccsd.net AND Liottak@whitsons.com

Meals ordered are available for pickup in the CHS Faculty Dining Room.

Please include in your message:

Your Full Name, School ID No., Date of Pickup, Meal & Milk Choice, and Please note if you have any food allergies.



Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sandwich on WG Roll Garden Salad with Cheese and Dinner Roll Bagel Lunch	Turkey Sandwich on WG Roll Garden Salad with Cheese and Dinner Roll Bagel Lunch	Turkey Sandwich on WG Roll Garden Salad with Cheese and Dinner Roll Bagel Lunch	Turkey Sandwich on WG Roll Garden Salad with Cheese and Dinner Roll Bagel Lunch	Turkey Sandwich on WG Roll Garden Salad with Cheese and Dinner Roll Bagel Lunch
WEEK ONE				
Ham & American Cheese Sandwich on WG Roll Yogurt Parfait Meal Bagel Lunch	Ham & American Cheese Sandwich on WG Roll Yogurt Parfait Meal Bagel Lunch	Ham & American Cheese Sandwich on WG Roll Yogurt Parfait Meal Bagel Lunch	Ham & American Cheese Sandwich on WG Roll Yogurt Parfait Meal Bagel Lunch	Ham & American Cheese Sandwich on WG Roll Yogurt Parfait Meal Bagel Lunch
WEEK TWO				
Italian Combo Wrap Ceaser Salad with Breadsticks Bagel Lunch	Italian Combo Wrap Ceaser Salad with Breadsticks Bagel Lunch	Italian Combo Wrap Ceaser Salad with Breadsticks Bagel Lunch	Italian Combo Wrap Ceaser Salad with Breadsticks Bagel Lunch	Italian Combo Wrap Ceaser Salad with Breadsticks Bagel Lunch
WEEK THREE				
Egg Salad Sanwich on WG Bread Garden Salad with Cheese and Dinner Roll Bagel Lunch	Egg Salad Sanwich on WG Bread Garden Salad with Cheese and Dinner Roll Bagel Lunch	Egg Salad Sanwich on WG Bread Garden Salad with Cheese and Dinner Roll Bagel Lunch	Egg Salad Sanwich on WG Bread Garden Salad with Cheese and Dinner Roll Bagel Lunch	Egg Salad Sanwich on WG Bread Garden Salad with Cheese and Dinner Roll Bagel Lunch
WEEK FOUR				
Tuna Salad Sandwich on WG Bread Ceaser Salad with Breadsticks Bagel Lunch	Tuna Salad Sandwich on WG Bread Ceaser Salad with Breadsticks Bagel Lunch	Tuna Salad Sandwich on WG Bread Ceaser Salad with Breadsticks Bagel Lunch	Tuna Salad Sandwich on WG Bread Ceaser Salad with Breadsticks Bagel Lunch	Tuna Salad Sandwich on WG Bread Ceaser Salad with Breadsticks Bagel Lunch
WEEK FIVE				

Each meal comes with fruit, vegetable and choice of milk or apple juice.