COURSE CATALOG



cougars

cougars

cougars

2026-2027

Del Campo High School

ADMINISTRATORS
Michael Magliola, Principal
Corinne Poirier, Vice Principal
Tim Murphy, Vice Principal

COUNSELORS
Autumn Dello Russo, Lead
Joy Ashwell
Jennifer Howard
Anna Khoklan

SAN JUAN UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION MEMBERS
Ben Avey, President
Tanya Kravchuk, Vice President
Manuel Perez, Clerk
Zima Creason, Member
Nick Bloise, Member
Abid Stanekzai, Member
Pam Costa, Member

SAN JUAN UNIFIED SCHOOL DISTRICT ADMINISTRATION 7-12 DIVISION
Melissa Bassanelli, Superintendent of Schools
Timothy Dale, Deputy Superintendent, Schools and Student Support
Fhanysha Gaddis, General Counsel
Trent Allen, APR, Chief of Staff
Frank Camarda, Chief Operations Officer
Joel Ryan, Chief Financial Officer
Harvey Oaxaca, Assistant Superintendent, Educational Services
Daniel Thigpen, Chief of Human Resources
Cloris Henry, Senior Director, Human Resources
Kristan Schnepp, Assistant Superintendent, Secondary Education and Programs
Amberlee Townsend-Snider, Assistant Superintendent, Elementary Education and Programs
Peter Skibitzki, Senior Director, Technology

Del Campo High School
4925 Dewey Drive
Fair Oaks, CA 95628
www.sanjuan.edu/delcampo

Classes included within this catalog may or may not be offered each block or available during each school year.

Table of Contents

Del Campo High School Graduation Requirements	5
Sample Four-Year Graduation Plans	7
ENGLISH	9
ENGLISH LEARNERS (EL)	13
MATH	16
SCIENCE	20
SOCIAL SCIENCE	24
WORLD LANGUAGE	28
VISUAL & PERFORMING ARTS	31
PHYSICAL EDUCATION	36
AFJROTC	37
CAREER TECHNICAL EDUCATION (CTE)	39
ARC DUAL ENROLLMENT (DE)	47
GENERAL ELECTIVES	51

Classes included within this catalog may or may not be offered each block or available during each school year.

Del Campo High School Graduation Requirements for Class of 2023 and beyond

SUBJECT	SJUSD	UC/CSU A-G Requirements
English	40 credits	4 years
Mathematics	30 credits through IM2 is a minimum	3 years (4 years recommended) through IM3
World History	10 credits	1 year
U.S. History	10 credits	1 year or 2 terms made up of U.S. History + Government or Civics
American Government	5 credits	1 term
Economics	5 credits	1 term
Social Science Elective	5 credits	1 term
Science	30 credits - must include 10 credits of life and 10 credits of physical	2 years lab science - must include 1 year of life and 1 year of physical (3 years recommended)
Visual & Performing Arts	10 credits of VAPA or CTE	1 year
World Language	See above	2 years (3 years recommended)
Physical Education	20 credits	elective
Health	5 credits	elective
Electives	70-130 credits	1 year

Classes included within this catalog may or may not be offered each block or available during each school year.

*A-G courses must be passed with a C or higher. Check specific admissions requirements at http://www.ucop.edu/agguide/a-g-requirements/

Sample Four-Year Graduation Plans

Sample four year plans are provided for students going to four year universities, as well as for those planning to go to a community college or vocational school. Graduation requirements are indicated for each grade level; elective courses are suggested in some.

SAMPLE FOUR-YEAR PLAN
UNIVERSITY OF CALIFORNIA/PRIVATE COLLEGE

9TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
Heath/Expository Writing IM1 or IM2 Physics/Environmental Science Elective	Career Exploration/Elective English 1, Honors English 1 Physical Education 1 Elective
10TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
World History, Honors World History Elective/CTE IM2 or IM3 World Language	English II, Honors English II Visual/Performing Arts Chemistry Physical Education 2
11TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
U.S. History or AP U.S. History IM3 or Pre-Calculus World Language Elective/CTE	English III or AP English Language Biology Elective/CTE Advanced Elective/AP Course/CTE
12TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
English 4 or AP English Literature Advanced Mathematics Advanced Lab Sciences Advanced Elective/AP Course/CTE	American Government or Social Studies Elective Advanced Lab Science Advanced Foreign Language Advanced Elective/AP Course/CTE

SAMPLE FOUR-YEAR PLAN
FOR HIGH SCHOOL GRADUATION/COMMUNITY COLLEGE

9TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
Physics, Honors Physics IM 1 or IM1 w/Support Health/Expository Writing Career Exploration/Elective	Physical Education 1 IM1 or IM1 w/Support English I Elective
10TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
English 2, Honors English 2 Physical Education 2 IM 2 or Math Modeling Elective/CTE	World History Chemistry World Language Visual/Performing Arts
11TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
English 3 IM 3 Social Studies Elective Elective/CTE	U.S. History Biology Elective/CTE Elective/CTE
12TH GRADE	
FALL BLOCK 1	**SPRING BLOCK 2**
American Government & Social Studies Elective Science or Elective Elective/CTE Elective/CTE	English IV Math or Elective Elective/CTE Elective/CTE

ENGLISH

ENGLISH 1

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 9
Prerequisite: None
10 Credits (1 Block or 2 Terms)

English 1 is a Common Core Standards-based, term-long class and is college-preparatory in emphasis. The general areas of study include character development, elements of plot, close reading, citing evidence, argument, grammar and mechanics, paragraph development, drama, mythology, poetry, and vocabulary. Students will read Night, Romeo and Juliet, Of Mice and Men, and selections from The Odyssey in addition to short stories and nonfiction texts.

HONORS ENGLISH 1

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 9
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Honors English is designed to be a challenging, demanding, and stimulating course. In this class, students will work independently and collaboratively and will strive to improve their writing and critical thinking skills. Expectations for students' effort, attitude and performance will be high; being an Honors student means going above and beyond at all times. In this course, students will read a diverse selection of literary genres from a variety of time periods and cultures including: Of Mice and Men, The Count of Monte Cristo, The Odyssey, The Tempest, Romeo and Juliet, and Life of Pi. Vocabulary and grammar will also be emphasized throughout the course.

ENGLISH 2

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 10
Prerequisite: None
10 Credits (1 Block or 2 Terms)

English 2 is a Common Core Standards-based, term-long class which is college preparatory in nature. The general areas of study include the novel, short story, grammar and mechanics, vocabulary, non-fiction, research, speech, drama, argument, and the multi-paragraph paper. Students will all read To Kill a Mockingbird and Macbeth, as well as other stories, poems, novels or plays, and nonfiction texts.

HONORS ENGLISH 2

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 10
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Honors English 2 is a Common Core Standards-based extension of Honors English I focusing on a thematic approach to world literature, philosophy, and art. In this rigorous course, students will continue development of their expository, argumentative, and analytical writing skills with an emphasis on rhetoric and specific preparation for AP Language and Composition. Students will read and analyze both classic and current literature, as well as other short stories, poems, plays, and nonfiction texts including works such as *The Lord of the Flies* and *Macbeth*.

ENGLISH 3

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 11
Prerequisite: None
10 Credits (1 Block or 2 Terms)

English 3 is a Common Core Standards-based, term-long class which is college preparatory in nature. The general areas of study include the essay, novel, short story, drama, vocabulary, grammar and mechanics, as well as synthesis, rhetoric, and argument. Research skills are emphasized with the writing of more in-depth research papers. The emphasis on American Literature includes plays such as The Crucible or Raisin in the Sun and the novel The Great Gatsby, as well as other texts, including poetry, stories, and nonfiction pieces.

AP LANGUAGE AND COMPOSITION

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 11
Prerequisite: None
10 Credits (1 Block or 2 Terms)

The purpose of this course is to develop your ability to read, write, speak, and think effectively at a mature college level and beyond. The course adheres to the guidelines set by the College Board's Advanced Placement Course Description and prepares you to pass the AP Exam and earn college credit where applicable.

AP ENGLISH LITERATURE AND COMPOSITION

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course is designed to engage seniors interested in a rigorous course in careful reading and critical analysis of selected literary works from a variety of time periods and genres—including short stories, novels, plays, and poetry— that will help deepen students' understanding of language and how writers use it to provide meaning and enjoyment for their readers. As this is considered a college-level course, students will be asked to read and analyze challenging, provocative, dense, and sometimes controversial material, but there will also be opportunities for fun projects, partner work, presentations, and creative activities. Through targeted instruction on skills such as sophisticated structure, diction, and syntax and lots of individual feedback and support, students will strengthen their writing. Those who pass the AP exam in the spring may earn college credits and/or become exempt from freshman English requirements.

CSU EXPOSITORY READING AND WRITING

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

The goal of the Expository Reading and Writing Course is to prepare college-bound seniors. Through a sequence of rigorous instructional modules, students in this rhetoric-based course will develop college-level proficiencies in expository, analytical, and argumentative reading and writing. Students will be provided instruction in the use of the Modern Language Association (MLA). Students will be expected to increase their awareness of the grammar and language conventions in order to apply those strategies to their own writing. By the end of the course, students will be expected to use these processes independently when reading familiar or unfamiliar college-level texts and writing in response to them. In preparation for college, the student will be able to develop and use skills in critical reading and academic writing across all college-level courses.

READING SUPPORT

SJUSD Graduation Requirement: ELECTIVE
Grade 9
Prerequisite: None
5 Credits (1 Term)

Reading Support is a fun class designed to help students learn to love reading. Students who are behind in their reading often fall behind in other subjects. Since practice is the best way to sharpen reading skills, we match students with books they love. Students are allowed to choose the books they read whether they choose fiction, non-fiction, graphic novels, or poetry. We spend time in the library with Teacher-Librarian Roberta Wahlberg and help each student find the perfect book. Instead of teaching reading like it is a chore, we discuss books and learn the skills avid readers already possess. Students write a reflection paper on themselves as readers and how they have advanced throughout the course. When struggling readers become students who love to read, they improve their vocabulary, increase their reading stamina, and are better able to succeed in core classes, college, and career paths.

9th Grade EXPO: EXPOSITORY READING AND WRITING

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9
Prerequisite: None
5 Credits (1 Term)

Expository Reading and Writing, or EXPO, is designed to prepare freshmen for high school reading and writing in English and all other academic classes. Students read nonfiction texts and write informational and argumentative essays while practicing good academic habits. Skills include annotation; labeling/chunking text; SOAPSTone; evaluating texts including author's intent; Ethos, Pathos, Logos; rhetorical précis; MLA formatting; TBEAR paragraph structure; and counterarguments.

ENGLISH LEARNERS (EL)

ELD I

SJUSD Graduation Requirement: ENGLISH
Grade 9, 10, 11, 12
Prerequisite: Student is EL and has been in school in the U.S. less than 1 year with ELPAC Summative Level 1 (Emerging: entry) and/or successfully completed ESL Core and/or ESL Support
10 Credits (1 Block or 2 Terms)

Supports the core Designated ELD course for the "emerging" **exit** level student with some familiarity of the English language. Curriculum based on CCSS/ELA/ELD framework and ELD standards: 1. Critical principles for developing language and cognition in academic contexts. 2. Interacting in meaningful ways. 3. Learning about how English works. 4. Using foundational literacy skills.

ELD I (Support)

SJUSD Graduation Requirement: ELECTIVE
Grade 9, 10, 11, 12
Prerequisite: Student is EL and has been in school in the U.S. 1 year with ELPAC Summative Level 1 and/or successfully completed English I Transition
10 Credits (1 Block or 2 Terms)

Extends the core Designated ELD course for the "emerging" **exit** level student with some familiarity of the English language. Curriculum based on CCSS/ELA/ELD framework and ELD standards: 1. Critical principles for developing language and cognition in academic contexts. 2. Interacting in meaningful ways. 3. Learning about how English works. 4. Using foundational literacy skills.

ELD II

SJUSD Graduation Requirement: ENGLISH
Grade 9, 10, 11, 12
Prerequisite: Student is EL and has been in school in the U.S. more than 1 year with Summative ELPAC Level 1 or 2 and/or has successfully completed English I Transition and ELD I Support
10 Credits (1 Block or 2 Terms)

Designated ELD course for the "emerging" **exit** level student with some familiarity of the English language. Curriculum based on CCSS/ELA/ELD framework and ELD standards: 1. Critical principles for developing language and cognition in academic contexts. 2. Interacting in meaningful ways. 3. Learning about how English works. 4. Using foundational literacy skills.

ELD II (Support)

SJUSD Graduation Requirement: ELECTIVE
Grade 9, 10, 11, 12
Prerequisite: Student is EL and has been in school in the U.S. more than 1 year with Summative ELPAC Level 1 or 2 and/or has successfully completed English II Transition
10 Credits (1 Block or 2 Terms)

Supports the core Designated ELD course for the "emerging" **exit** level student with some familiarity of the English language. Curriculum based on CCSS/ELA/ELD framework and ELD standards: 1. Critical principles for developing language and cognition in academic contexts. 2. Interactive in meaningful ways. 3. Learning about how English works. 4. Using Foundational Literacy Skills.

ELD III

SJUSD Graduation Requirement: ENGLISH
Meets CSU/UC area "B" Requirement
Grade 9, 10, 11, 12
Prerequisite: Student is EL and has been in school in U.S. more than 2 years with ELPAC Summative Level 1-4 and/or has successfully completed English II Transition and ELD II Support
10 Credits (1 Block or 2 Terms)

Designed ELD for the **"expanding/bridging" entry and exit** level students with some familiarity with the English language. Curriculum based on CCSS/ELA/ELD framework and ELD standards: 1. Critical principles for developing language and cognition in academic contexts. 2. Interacting in meaningful ways. 3. Learning about how English works. 4. Using Foundational Literacy Skills. Taken in block 1 or 2 in the school year following English II Transition.

Taken concurrently with grade level English. May be taken a second time and/or with a grouping of Long Term English Learner students.

ELD IV

SJUSD Graduation Requirement: ELECTIVE
Grade 9, 10, 11, 12
Prerequisite: Student is designated as LTEL
10 Credits (1 Block or 2 Terms)

Designed for LTELs (students enrolled for more than 6 years without reclassification). Provides targeted reading and writing support.

MATH

INTEGRATED MATH 1 WITH SUPPORT

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 9, 10
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This support course is designed for students who earned: 1) an overall grade of D or F in CCSS Math Grade 8 and/or 2) MAP Winter Score Level 2 or below. Co-requisite: Enrollment in Integrated Math 1. The purpose of Integrated Math 1 Support is to strengthen and develop the understanding of the fundamental math concepts taught in CCSS Math 7 and CCSS Math 8. Instructional time should focus on four critical areas: (1) basic number sense; (2) linear equations, inequalities and functions; (3) radicals; and (4) exponents. Students also work toward fluently solving linear equations of any form. Integrated Math 1 support, is a semester long course, and may be taken twice for elective credit.

INTEGRATED MATH 1

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 9, 10
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course is the first in a series of three integrated courses that will meet the minimum math requirement for enrollment in a UC or CSU, and for preparation to enroll in college level math classes at a community college. Topics covered will be a blend of topics traditionally taught in Algebra 1 and Geometry. These topics include rigid transformations, congruency, systems of linear equations and linear functions.

MATH MODELING

SJUSD Graduation Requirement: MATH
Grade 10, 11
Prerequisite: Pass Integrated Math 1 with a "D"
10 Credits (1 Block or 2 Terms)

This course provides an opportunity for students to enhance their development of standards for mathematical practice through a problem-based curriculum that includes a deeper understanding of some Integrated Mathematics 1 standards, and introduction to some Integrated Mathematics 2 standards, and applications of the National Standards in K-12 Personal Finance Education.

INTEGRATED MATH 2

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 9, 10, 11, 12
Prerequisite: "C" or better in Integrated Math 1
10 Credits (1 Block or 2 Terms)

This course is the second in a series of three integrated courses that will meet the minimum math requirement for enrollment in a UC or CSU, and for preparation to enroll in college level math classes at a community college. Topics covered will be a blend of topics traditionally taught in Algebra 1, Geometry, and Algebra 2. These topics include an extension of transformations into dilations, solving and graphing quadratic equations and inverse functions.

INTEGRATED MATH 3

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 9, 10, 11, 12
Prerequisite: "C" or better in Integrated Math 2
10 Credits (1 Block or 2 Terms)

This course is the third in a series of three integrated courses that will meet the minimum math requirement for enrollment in a UC or CSU, and for preparation to enroll in college level math classes at a community college. Topics covered will be a blend of topics traditionally taught in Geometry, Algebra 2 and Trigonometry. These topics include surface area, logarithmic functions, and the Unit Circle.

PRE-CALCULUS

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 9, 10, 11, 12
Prerequisite: "C" or better in Integrated Math 3
10 Credits (1 Block or 2 Terms)

Pre-Calculus is a course based on the California Standards for Calculus and is designed to prepare the student for calculus as well as for higher math and science in college. Topics covered will include functions and relations, exponents, logarithms, mathematical induction, inequalities, trigonometric functions, polar coordinates, and complex numbers.

AP PRE-CALCULUS

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 10, 11, 12
Prerequisite: "C" or better in Integrated Math 3
10 Credits (1 Block or 2 Terms)

Do you want to figure out how quickly you'll reach 10,000 followers on Instagram? In AP Precalculus, you'll explore concepts such as polynomial and exponential functions that can help you calculate your rise to influencer status, and many more concepts related to functions, logarithms, and trigonometry that can be applied beyond the classroom.

AP CALCULUS AB

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "C" Requirement
Grade 11, 12
Prerequisite: "C" or better in Precalculus, or passing the AP Pre-Calculus exam with a 3 or better
10 Credits (1 Block or 2 Terms)

AP Calculus AB is a college-level course that covers fundamental concepts of calculus, including limits, derivatives, and integrals. Students will explore the concepts of change and motion, learning to apply calculus to real-world problems. The curriculum emphasizes critical thinking and problem-solving skills, which are essential for success in higher education.

FINANCIAL MATH

SJUSD Graduation Requirement: MATH
Meets CSU/UC area "G" Requirement
Grade 10, 11, 12
Prerequisite: "C" or better in Integrated Math 2
10 Credits (1 Block or 2 Terms)

The course provides an opportunity for students to enhance their development of standards for mathematical practice through a problem based curriculum that includes a deeper understanding of the National Standards in K-12 Personal Finance Education, National Standards for Financial Literacy, and college preparatory mathematics topics from Algebra, Statistics and Probability. This course is designed for 11th and 12th graders who have completed two years of mathematics.

SCIENCE

BIOLOGY: THE LIVING EARTH

SJUSD Graduation Requirement: LIFE SCIENCE
Meets CSU/UC area "D" Requirement
Grade 11
Prerequisite: None
10 Credits (1 Block or 2 Terms)

"Biology: The Living Earth" is a college preparatory laboratory science class that will prepare students in grades 9-12 to be successful in college level lab science courses. The course integrates Next Generation Science Standards (NGSS) from Earth and space science into biology concepts from a phenomenon-based approach. It is aimed at building a solid foundation in biology, integrating a laboratory component and building student competency in science practices and cross cutting concepts. Student-centered activities will emphasize the process of inquiry and critical thinking. Students will apply their knowledge of course concepts to various real-world phenomena. "Biology: The Living Earth" is a replacement for "Biology" as a college preparatory course.

AP BIOLOGY

SJUSD Graduation Requirement: LIFE SCIENCE
Meets CSU/UC area "D" Requirement
Grade 11, 12
Prerequisite: "C" or better in Life Science Lab Class
10 Credits (1 Block or 2 Terms)

This course conforms to the guidelines set forth by the College Board and all AP Biology courses and covers all the topics in the AP Biology Course Description. These include biochemistry, cell structure and function, metabolism, genetics, molecular basis for inheritance, DNA technology, evolution, microbiology classification, plants, animals, animal physiology, and ecology. All these topics are integrated throughout the curriculum using the eight major themes from the AP Biology Curriculum Requirements. This is a laboratory class in which students are expected to use collected data to solve biological problems.

CHEMISTRY IN THE EARTH SYSTEM

SJUSD Graduation Requirement: PHYSICAL SCIENCE
Meets CSU/UC area "D" Requirement
Grade 10
Prerequisite: "C" or better in Integrated Math 1
10 Credits (1 Block or 2 Terms)

"Chemistry in the Earth System" is a college preparatory laboratory science class that will prepare students in grades 9-12 to be successful in college level lab science courses. The course integrates Next Generation Science Standards (NGSS) from Earth and space science into chemistry concepts from a phenomenon-based approach. It is aimed at building a solid foundation in chemistry, integrating a laboratory component and building student competency in science practices and cross cutting concepts. Student-centered activities will emphasize the process of inquiry and critical thinking. Students will apply their knowledge of course concepts to various real-world phenomena. "Chemistry in the Earth System" is a replacement for "Chemistry" as a college preparatory course.

HONORS CHEMISTRY IN THE EARTH SYSTEM

SJUSD Graduation Requirement: PHYSICAL SCIENCE
Meets CSU/UC area “D” Requirement
Grade 10
10 Credits (1 Block or 2 Terms)

"Honors Chemistry in the Earth System" is a college preparatory laboratory science class that will prepare students in grades 9-12 to be successful in college level lab science courses. The course integrates Next Generation Science Standards (NGSS) from Earth and space science into chemistry concepts from a phenomenon-based approach. It is aimed at building a solid foundation in chemistry, integrating a laboratory component and building student competency in science practices and cross cutting concepts. Student-centered activities will emphasize the process of inquiry and critical thinking. Students will apply their knowledge of course concepts to various real-world phenomena. Additionally, in honors courses students will engage with the content more deeply, including performing calculations, graphing and data analysis to further their understanding of the content. "Honors Chemistry in the Earth System" is a replacement for "Honors Chemistry" as a college preparatory course.

AP CHEMISTRY

SJUSD Graduation Requirement: PHYSICAL SCIENCE
Meets CSU/UC “D” Requirement
Grade 10, 11, 12
Prerequisite: “C” or better in Honors Chemistry/”B” or better in Chemistry and “C” or better/co-enrollment in Integrated Math 2
10 Credits (1 Block or 2 Terms)

AP Chemistry is the equivalent of the general chemistry course usually taken during the first year of college. Topics covered include atomic theory and structure, chemical bonding, nuclear chemistry, gasses, kinetic molecular theory, liquids and solids, solutions, reaction types, stoichiometry, equilibrium, kinetics, thermodynamics, chemical reactivity, the periodic table, and an introduction to organic chemistry. Laboratory work prepares students for a sophomore-level chemistry course in college. Students enrolling in this class are required to take the AP exam at their own expense.

HONORS PHYSICS OF THE UNIVERSE

SJUSD Graduation Requirement: PHYSICAL SCIENCE
Meets CSU/UC area “D” Requirement
Grade 9
10 Credits (1 Block or 2 Terms)

"Honors Physics of the Universe" is a college preparatory laboratory science class that will prepare students in grades 9-12 to be successful in college level lab science courses. The course integrates Next Generation Science Standards (NGSS) from Earth and space science into physics concepts from a phenomenon-based approach. It is aimed at building a solid foundation in physics, integrating a laboratory component and building student competency in science practices and cross cutting concepts. Student-centered activities will emphasize the process of inquiry and critical thinking. Students will apply their knowledge of course concepts to various real-world phenomena. Additionally, in honors courses students will engage with the content more deeply, including performing calculations, graphing and data analysis to further their understanding of the content. "Honors Physics of the Universe" is a replacement for "Honors Physics" as a college preparatory course.

HONORS ANATOMY & PHYSIOLOGY

SJUSD Graduation Requirement: LIFE SCIENCE
Meets CSU/UC area "D" Requirement
Grade 11, 12
Prerequisite: "C" or better in Honors Biology/"B" or better in Biology
10 Credits (1 Block or 2 Terms)

This honors version of Physiology is identical to the non-honors version but has the additional requirement of an extensive research paper beyond all of the regular requirements.

BIOLOGICAL ANTHROPOLOGY

SJUSD Graduation Requirement: LIFE SCIENCE
Meets CSU/UC area "D" Requirement
Grade 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Physical Anthropology is a lab life science. The objective of this course is to provide students with a detailed understanding of the development of the human species as a biological organism, as well as a complex and diverse group of changing cultures. This will be achieved through examination of human and primate anatomy, physiology, genetics, social structure and evolution.

FORENSIC SCIENCE

SJUSD Graduation Requirement: INTERDISCIPLINARY SCIENCE
Meets CSU/UC area "D" Requirement
Grade 11, 12
10 Credits (1 Block or 2 Terms)

This course depicts the role of forensic scientists in the criminal justice system and attempts to make science relevant and pertinent to the interests and goals of the student. Forensic science offers the knowledge and technology of science needed to compare physical evidence related to crime scenes.

ENVIRONMENTAL SCIENCE

SJUSD Graduation Requirement: LIFE SCIENCE and PHYSICAL SCIENCE
Meets CSU/UC area "D" Requirement
Grade 9-12
Prerequisite: N/A
10 Credits (1 Block or 2 Terms)

Environmental science is a course dedicated to understanding the interactions between earth's natural systems and the demands placed on them by the human population. This course examines the scientific principles behind natural phenomena and resource cycles, explores how we utilize these systems and our impact, and potential solutions for the resulting consequences of resource mismanagement and exploitation. The course includes elements of life science, physical science, and social science and focuses on breadth and interrelatedness of relevant current events. Concepts can be explored through inquiry based laboratory exercises, environmental health assessment techniques, student presentations and projects.

HEALTH

SJUSD Graduation Requirement: HEALTH
Grade 9-12
Prerequisite: None
5 Credits (1 Term)

Health Education is a required course that is part of the education plan for all students. This course covers information in all six components of health. This includes personal and community health; mental, emotional, and social health; injury prevention and safety; nutrition and physical activity; alcohol, tobacco, and other drugs; and growth, development, and sexual health. Upon completion, students will have an understanding of each component and will have the knowledge and tools to maintain health and wellness in their everyday lives.

SOCIAL SCIENCE

AMERICAN GOVERNMENT

SJUSD Graduation Requirement: AMERICAN GOVERNMENT
Meets CSU/UC area "A" Requirement
Grade 12
Prerequisite: None
5 Credits (1 Term)

American Government gives the students the background to understand that they are the government. Students study six major areas: 1) Introduction to American Government, 2) Political Parties, Elections, Campaigns, 3) Legislature, Federal and State, 4) Presidency/Governorship, 5) Federal, State, and Local Courts, 6) County and City Government. Students will enjoy this course because they participate in simulated role plays and the decision-making process of government, along with seeing the differences in a democracy. Students are encouraged to get involved in their government by registering to vote, visiting government agencies and exploring the career opportunities the government has to offer.

SOCIOLOGY

SJUSD Graduation Requirement: SOCIAL STUDIES ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 10, 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

In Sociology students investigate human social relationships, traditions and social issues. The course relies on simulation and participation to help students experience relationships and problems that are prevalent in today's society. Students analyze and interpret recent data and evidence relating to culture, status and role, deviance, norms, values, institutions, socialization and various social issues. The socialization process, from infancy through adulthood, is explored through role playing. Graphs, charts, and surveys are the primary tools used in analyzing social data. Social issues studied include crime, race, community, poverty, aging and population growth.

PSYCHOLOGY

SJUSD Graduation Requirement: SOCIAL STUDIES ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 10, 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Psychology is the study of behavior and mental processes. The course includes personality theory, learning and cognition, the life cycle and stages of human development, the physiology of the brain, and characteristics of mental and emotional problems. This course also looks at abnormal behavior (disorders and therapy), psychoanalysis and social psychology (attitudes, perceptions, conflict and cooperation).

AP PSYCHOLOGY

SJUSD Graduation Requirement: SOCIAL STUDIES ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

The purpose of AP® Psychology is to introduce students to the systematic and scientific study of the behavior and mental processes of human beings and other animals. Students are exposed to the psychological facts, principles, and phenomena associated with each of the major subfields within psychology. Further students will, prepare to do acceptable work on the AP Psychology Examination in order to acquire college credit, study the major core concepts and theories of psychology, be able to define key terms and use them in their everyday vocabulary, and learn the basic skills of psychological research and be able to apply psychological concepts to their own lives.

GEOGRAPHY UD

SJUSD Graduation Requirement: SOCIAL STUDIES ELECTIVE
Meets CSU/UC area "A" Requirement
Grade 9- 12
Prerequisite: None
5 Credits (1 Term)

The 9th Grade Geography course at Del Campo engages students in the study of the physical Earth and the examination of the human characteristics located therein. Students will learn about the following topics and regions of the world: Fundamentals of Geography, United States and Canada, Latin America, Europe and Russia, Africa, Southwest and Central Asia, East Asia, Oceania and Antarctica. Students will have many opportunities to utilize their critical-thinking skills by analyzing maps and data presented on charts and graphs. Students will also have the opportunity to apply their problem-solving skills through the process of studying relevant issues, such as the environment, immigration, population density, trade, etc.

ECONOMICS

SJUSD Graduation Requirement: ECONOMICS
Meets CSU/UC area "G" Requirement
Grade 12
Prerequisite: None
5 Credits (1 Term)

Economics is a California Standards-based survey of economics. Microeconomics, macroeconomics and international economics are covered. Specific topics include scarcity, decision making, supply, demand, GDP and business cycles. Various consumer economic issues are addressed along with the theoretical topics.

UNITED STATES HISTORY

SJUSD Graduation Requirement: US HISTORY
Meets CSU/UC area "A" Requirement
Grade 11
Prerequisite: None
10 Credits (1 Block or 2 Terms)

United States History is an upper-division requirement. The California Standards-based course begins with the discovery and exploration of the Americas. It progresses from the development of America's unique federal system, through the early years of struggle, to conquest and unification of the continent. It follows the development of traditions and strengths during two world wars and a great depression to a study of the 1980's. Such themes as the growth of national unity, the diversity of population and development of democratic institutions are developed.

AP UNITED STATES HISTORY

SJUSD Graduation Requirement: US HISTORY
Meets CSU/UC area "A" Requirement
Grade 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

AP United States History is an 18-week class designed to prepare students to take the AP test in US history.
There is a strong critical thinking component to the course with special emphasis on essay writing using primary source materials. The course will cover social, political, and economic history of the US as well as foreign policy. Students enrolling in this class are required to take the AP exam at their own expense.

WORLD HISTORY

SJUSD Graduation Requirement: WORLD HISTORY
Meets CSU/UC area "A" Requirement
Grade 10
Prerequisite: None
10 Credits (1 Block or 2 Terms)

World History is a required sophomore course in which students study man from the Renaissance to current times. This California Standards-based class introduces students to the four social studies strands--political, social, economic and geographic causes of events. Additionally, the class divides units by specific themes: Renaissance and the Reformation, Revolution, Nationalism, Industrialism, Imperialism, World War and the Cold War. The last quarter of study emphasizes the Middle East, Africa, Latin America and Asia.

AP WORLD HISTORY

SJUSD Graduation Requirement: WORLD HISTORY
Meets CSU/UC area "A" Requirement
Grade 10
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course focuses on the economic, social, political and geographic forces that have shaped the contemporary world. In depth

analysis of the progress of western institutions and ideas will be evaluated by written formal essays and assessments that reflect student comprehension of complex historical causation. The course covers the ancient world through the development of democratic principles, nation states, and globalism. Students will understand the complexity of our modern world and the development of a global conscience.

ETHNIC STUDIES

SJUSD Graduation Requirement: SOCIAL STUDIES ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Ethnic studies examines the histories, experiences and cultures of various racial and ethnic groups and explores race and ethnicity in various social, cultural, historical, political and economic contexts. This interdisciplinary field draws on the perspectives of history, sociology, political science, anthropology, and other fields to provide a more complete and nuanced understanding of the experiences of people who have been marginalized because of their race or ethnicity.

WORLD LANGUAGE

SPANISH 1

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course focuses on the study of the Spanish language as well as of the Spanish-speaking world. The goal is to integrate the four language skills: listening, speaking, reading and writing, with an emphasis on oral proficiency. Students are expected to use Spanish in the classroom at all times. It is our goal that by the end of this course, students will have acquired a basic command of the key vocabulary and structures necessary for personal communication, as well as an appreciation for the Spanish-speaking world.

SPANISH 2

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 9-12
Prerequisite: completion of Spanish 1 with a grade "C" or higher or with instructor approval.
10 Credits (1 Block or 2 Terms)

This class is a second-year college preparatory course in the Spanish language and culture. The emphasis is on the development of communicative proficiency in everyday situations. In order to achieve this sort of proficiency, a variety of exercises and activities will be used to help facilitate the process (listening, speaking, reading, and writing). Cultural awareness and understanding are stressed through content, discussion, photographs, videos, and other materials.

SPANISH 3 (ACE**)

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 11, 12
Prerequisite: completion of Spanish 2 with a grade "C" or higher or with instructor approval.
10 Credits (1 Block or 2 Terms)

This class is a third-year college preparatory course in Spanish and its culture (If the student is signed up for ACE, this class is a level 2 class in college). The emphasis is on the development of communicative proficiency in everyday situations. In order to achieve this sort of proficiency, a variety of exercises and activities will be used to help facilitate the process (listening, speaking, reading, and writing). Cultural awareness and understanding are stressed through content, discussion, photographs, videos, and other materials.

FRENCH 1

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

French 1 is a college preparatory class which uses the Bien Dit! French 1 textbook and corresponding workbook. This course meets district world language standards to develop speaking, listening, reading and writing skills in French. Throughout the year we will also develop a cultural appreciation for the arts, music, geography, customs, and cuisine of the French-speaking world.

FRENCH 2

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 9-12
Prerequisite: completion of French 1 with a grade of "C" or higher or with instructor approval.
10 Credits (1 Block or 2 Terms)

French 2 class is a college preparatory class in which we use Bien Dit! French 2 textbook and corresponding workbook. In French 2, we will continue to develop an appreciation for French cuisine (cheese tasting), expose ourselves to many other forms of la culture française, etiquette, do creative group projects, role-playing, etc. We will also study the culture of Francophone (French-speaking) countries. The goal of this course is total communication through reading, writing, listening and speaking.

HONORS FRENCH 3 (ACE**)

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 11, 12
Prerequisite: completion of French 2 with a grade of "C" or higher or with instructor approval.
10 Credits (1 Block or 2 Terms)

French 3 is an in-depth third year French language course designed for highly motivated students. It is a third-year ACE (Accelerated College Entrance) course in the French language and culture*. The course aims to increase each student's ability to communicate in the target language through extensive vocabulary building and mastery of advanced grammar structures. Conducted primarily in French, French 3 involves regular practice of listening, speaking, reading and writing in French and has a strong cultural component. Bien Dit! French 3 and its corresponding workbook are the primary texts. In addition, through the critique of French films, contemporary publications on the internet and current events in newspapers and magazines, students learn the authentic language of the French-speaking world.

**ACE (Accelerated College Entrance) is offered to juniors and seniors (freshman and sophomore students do not qualify) that take French levels 3 and 4. A student may choose to take the class for ACE, but it is not mandatory. To take the class for ACE a student must fill out an application online and a hard copy application. These forms will be given to the interested students in class. To receive ACE credits a student must maintain an "A" or "B" ("C's" or below do not count).

AMERICAN SIGN LANGUAGE 1

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

American Sign Language 1 is a beginning foreign language course offered in the high school setting. This course offers students the beginning foundation for American Sign Language skill acquisition to include: fingerspelling, numbers, basic signs, non-manual signals, grammar, and syntax. Students will practice and create dialogs to demonstrate expressive and receptive communicative competence. Students will acquire knowledge and appreciation for the Deaf culture through literature, art, various readings, and Deaf events.

AMERICAN SIGN LANGUAGE 2

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 9-12
Prerequisite: completion of ASL 1 with a grade of "C" or higher or with instructor approval.
10 Credits (1 Block or 2 Terms)

The primary goal is to take students with an intermediate-high level of American Sign Language (ASL) and Deaf Culture and provide them with the skills needed to communicate comfortably in a wide variety of situations in the Deaf community. Cultural information taught throughout class allows students to interact with the Deaf community in a way that is respectful and aware. Another goal of ASL instruction is to equip students with an intermediate-high level of communicative competence in American Sign Language. The curriculum and the lessons are designed to help the class and the program meet the five areas of Content, Communication, Cultures, Structures and Settings as outlined in the California State Standards.

AMERICAN SIGN LANGUAGE 3

SJUSD Graduation Requirement: WORLD LANGUAGE
Meets CSU/UC area "E" Requirement
Grade 11, 12
PrPrerequisite: completion of ASL 2 with a grade of "C" or higher or with instructor approval.
10 Credits (1 Block or 2 Terms)

The primary goal is to take students with an intermediate-high level of American Sign Language (ASL) and Deaf Culture and provide them with the skills needed to communicate comfortably in a wide variety of situations in the Deaf community. Cultural information taught throughout class allows students to interact with the Deaf community in a way that is respectful and aware. Another goal of ASL instruction is to equip students with an intermediate-high level of communicative competence in American Sign Language. The curriculum and the lessons are designed to help the class and the program meet the five areas of Content, Communication, Cultures, Structures and Settings as outlined in the California State Standards.

VISUAL & PERFORMING ARTS

BEGINNING CERAMICS

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Students in Beginning Ceramics class will learn the fundamentals of working with clay. Students will be introduced to a variety of hand building, wheel throwing, and decorating techniques. Using clay, students will explore the principles of design and form. Students will create several useful pieces that will demonstrate their understanding and effort. A donation of $35.00 for clay and glaze is requested for this class. Course able to be repeated for credit.

ADVANCED CERAMICS

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: "B" or better in Beginning Ceramics and approval of instructor
10 Credits (1 Block or 2 Terms)

Advanced Ceramics I provides an additional opportunity to explore and experiment individually with clay using the potter's wheel and hand building. The student will further develop techniques introduced in Beginning Ceramics. Emphasis will be placed on the student's individual ability to translate creative ideas into visual forms. In addition to the creative use of design elements, the student will learn to analyze and appreciate the work of ceramic artists and firing techniques. A donation of $35.00 for clay and glaze is requested for this class. Course able to be repeated for credit.

BEGINNING DRAWING & PAINTING

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Beginning Drawing and Painting is an introductory course designed to accommodate a variety of skill levels. This course will introduce students to the Elements & Principles of Art/Design and will follow the CA Visual Arts Content Standards. Through studio art projects, students will gain confidence in their creative ability, will explore various subject matter and media, and will develop communication skills through written reflections and oral critiques. This course establishes a foundational skill-set that is essential to success in higher artistic disciplines. A lab fee donation of $20.00 is requested for supplying art materials. Course able to be repeated for credit.

ADVANCED DRAWING & PAINTING

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 10, 11, 12
Prerequisite: "B" or better in Beginning Drawing & Painting and approval of instructor
10 Credits (1 Block or 2 Terms)

Advanced Drawing and Painting is designed for students to develop an advanced level of proficiency in the Elements and Principles of Art/Design and will follow the CA Visual Arts Content Standards. This course will build on prior knowledge and an emphasis will be placed on refining techniques and developing personal aesthetics through advanced art projects and media. In addition, students will articulate technique and aesthetics both verbally and in written form. A lab fee donation of $25.00 is requested for art supplies. Course able to be repeated for credit.

BEGINNING BAND

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Concert Band is open to all band students who need more experience and training which leads to their eventual participation in the advanced band. Students make use of their own instruments or use the limited supply of the school instruments, if available. Students will perform at rallies, home football games, basketball games, concerts, festivals, field trips, and a spring tour. All members are required to attend all performances. Students are encouraged to continue in this class for both terms. An average of 30 minutes practice a day is required. Course able to be repeated for credit.

ADVANCED CONCERT BAND

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 10, 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Advanced Concert Band is open to all band students in the 10th, 11th and 12th grade who perform at an advanced level. Students must be approved by the director. Students make use of their own instruments or use the limited school supply, if available. Students will perform at rallies, home football games, basketball games, concerts, festivals, field trips and a spring tour. All members are required to attend all performances. Students are encouraged to continue in this class for both terms. An average of 30 minutes practice a day is required. Course able to be repeated for credit.

GUITAR

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Guitar is designed as a comprehensive approach to learning music and to playing the guitar. The class is designed for students with no previous music experience. Lessons include a balance of work with chords, strumming, flat picking, musical styles, music theory, reading traditional music notation and tabs, and song writing. Students must furnish their own acoustic (non electric) guitar. Written approval from the instructor is required to repeat the course. An average of 30 minutes practice a day is required. Course able to be repeated for credit.

CONCERT CHOIR

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Concert Choir is open to all students who wish to develop their singing and performing skills. Vocal techniques in all styles and music fundamentals are explored in a wide variety of choral literature. Opportunities for solo, ensemble and choral singing are offered through music festivals, concerts, tours and special events. All members are expected to attend all performances. Students are encouraged to continue this class for 36 weeks. Course able to be repeated for credit.

BEGINNING DRAMA

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Beginning Drama is open to all Del Campo students. Students will have the opportunity to explore several types of drama activity. Class exercises are structured around pantomime, body and stage movement, concentration, as well as character creation, and script interpretation. Each day every student will have the opportunity to perform on the stage doing both class exercises and theater games. Later in the term students will be performing their own written scripts and coordinating costuming and set design with their productions. Course able to be repeated for credit.

ADVANCED DRAMA

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: Completion of Beginning Drama or instructor approval
10 Credits (1 Block or 2 Terms)

Acting exercises are stressed in this class with students performing several monologues and selected scenes from a variety of published plays. The culminating project for this course is participating in, and staging a complete production which includes play

selection, casting and performing before a live audience. Students are required to see two outside theater performances during the term and to write critical theater reviews each. Course able to be repeated for credit.

YEARBOOK

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 10, 11 & 12
Prerequisite: Approval of the instructor
10 Credits (1 Block or 2 Terms)

Journalism II/Yearbook is one of the electives within the English department where students gain professional experience with graphic design, advertising, journalism, and photography. We use programs such as Adobe InDesign, Photoshop, and Camera Raw. Students also gain access to professional camera equipment where they can creatively grow and hone their skills. As a class students learn important workplace skills such as collaboration and problem solving under a time crunch.

AP 2D ART

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Grade 11, 12
Prerequisite: Beginning Drawing & Painting
10 Credits (1 Block or 2 Terms)

In AP 2-D Art and Design, you'll use the skills you learn in the course, and your own ideas, to create unique works of art. Throughout the course, you'll develop an inquiry that guides artmaking through practice, experimentation, and revision of materials, processes, and ideas while demonstrating 2-D art and design skills through drawing, painting, collage, printmaking, mixed-media, and visual journaling.

AP 3D ART (CERAMICS)

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Grade 11, 12
Prerequisite: Advanced Ceramics or by Teacher Approval
10 Credits (1 Block or 2 Terms)

In AP 3-D Art and Design, you'll use the skills you learn in the course, and your own ideas, to create unique works of art. Throughout the course, you'll develop an inquiry that guides artmaking through practice, experimentation, and revision of materials, processes, and ideas while demonstrating 3-D art and design skills through sculpture, architecture, jewelry, fashion and apparel design, bookmaking, game design, interior design, fibers, and others. The AP Studio Art courses are designed for students who are seriously interested in the practical experience of art. AP Studio Art is not based on a written exam; instead, students submit portfolios for evaluation at the end of the school year.

Art and Ethnic Studies

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

In this Art & Ethnic Studies course, students will develop and cultivate respect, empathy, and solidarity with historically marginalized groups of people reflected in our local demographics (Native Americans, African Americans, Latino/a/x Americans, and Asian & Pacific Islander Americans, among others) through developing Visual Arts including (but not limited to) drawing, painting, collage, murals, photography, public art, and mixed media. This survey course provides a foundation that future classes can build upon for a more in-depth exploration of art forms in varying cultures and communities.

PHYSICAL EDUCATION

PHYSICAL EDUCATION 1

SJUSD Graduation Requirement: PHYSICAL EDUCATION
Grade 9
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Knowledge of the components of physical fitness, exercise techniques, and training principles will be taught and assessed to meet district and California State Standards. Students will maintain portfolios, log daily fitness information and develop personalized fitness programs that will promote a healthy lifestyle. The class introduces students to a variety of dual and individual sports. A unit on aquatics and rhythm and dance will also be taught. All students will be tested in the state mandated FitnessGram.

PHYSICAL EDUCATION 2

SJUSD Graduation Requirement: PHYSICAL EDUCATION
Grade 10, 11, 12
Prerequisite: Successful completion of 10 credits of PE 1
10 Credits (1 Block or 2 Terms)

The emphasis of this class will be analyzing skills for effective movement and developing strategies for positive interpersonal relations. The class introduces students to a variety of team sports, a gymnastics unit among other activities, allowing students to prepare for a lifetime of physical activity. Any student that did not pass FitnessGram during Physical Education 1 will need to be reassessed during this class.

AFJROTC

AFJROTC 1

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

The mission of the AFJROTC program is to develop citizens of character dedicated to serving their nation and community. The objective of AFJROTC is to educate and train high school cadets in citizenship, promote community service, instill responsibility, character and self-discipline by providing instruction in leadership theory and application. The AFJROTC program is grounded in the Air Force core values of Integrity First, Service Before Self and Excellence In All We Do. AFJROTC curriculum includes three subject areas: Aerospace Studies, Leadership Education and Health and Wellness. Aerospace Studies 100: Studies milestones in aviation history, heritage and traditions, and the development of flight, applied flight sciences, and space exploration. The primary emphasis is on civilian and military contributions to aviation and the development, modernization and transformation of today's Air Force. In addition, the science of astronomy and the exploration of space are studied throughout the program. Leadership Education 100: Analyzes the heritage, organization and tradition of service programs, and the benefits of positive personal behavior. Cadets evaluate healthy living through physical activity and good nutrition, apply safe drug-free decisions and analyze the importance of citizenship in the United States. Health and Wellness: The objective of the Health and Wellness Program is to motivate cadets to lead healthy, active lifestyles beyond program requirements and into their adult lives. Physical fitness is designed to get the cadet up and moving. The program allows the cadet to push their personal limits, compete and earn awards.

AFJROTC 2

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 10, 11, 12
Prerequisite: Successful completion of 10 credits of AFJROTC 1
10 Credits (1 Block or 2 Terms)

AFJROTC 2 is for second-year cadets. The focus is to refine understanding from their first year, emphasizing new responsibilities in leadership roles. Aerospace Studies 200: Increases global awareness by introducing students to the world's cultures through the study of world affairs, regional studies and cultural understanding. The course delves into history, geography, religions, languages, culture, political systems, economics, social issues, environmental concerns and human rights. Leadership Education 200: Communication, Awareness and Leadership is a customized course designed to improve communication, enhance awareness of self and others, and provide fundamentals of leadership and followership. It incorporates the 21st century teaching, learning and skills of critical thinking, communication, collaboration and creativity. Health and Wellness: The program objective is to motivate cadets to lead healthy, active lifestyles.

AFJROTC 3

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 11, 12
Prerequisite: Successful completion of 10 credits of AFJROTC 2
10 Credits (1 Block or 2 Terms)

AFJROTC 3 is for third-year cadets. The focus is to further develop leadership traits through modeling and self-reflection. Aerospace Studies 300: Students explore space through the environment, the challenges of entering space, manned and unmanned spaceflight, and space technology. They will study the history of astronomy, the programs of the past and the goals of the future. Leadership Education 300: Cadets study life skills and career opportunities, which provide an essential component of leadership education for high school students. Cadets learn how to become more confident financial planners and to save, invest and spend money wisely -- as well as how to avoid the credit trap. Students will consider the most important life skills for all Americans and study civic responsibilities, such as volunteering, registering to vote, jury duty and draft registration. Health and Wellness: The program objective is to motivate cadets to lead healthy, active lifestyles.

AFJROTC 4

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 12
Prerequisite: Successful completion of 10 credits of AFJROTC 3
10 Credits (1 Block or 2 Terms)

AFJROTC 4 is for fourth-year cadets. The focus is on personal responsibility, leadership and management strategies. Aerospace Studies 400: This practical course of study is management of the corps. It focuses on applying solid leadership practices in the daily operations and strategic planning of the group. Cadets will set goals and objectives and will organize, equip and train to meet those goals. Upperclassmen will apply this knowledge and set the foundation for future leaders to succeed. Leadership Education 400: Cadets study management principles and will put into practice what they have learned during their time in AFJROTC. Throughout the course, cadets will explore many ethical dilemmas, case studies and role-playing activities. Health and Wellness: The program objective is to motivate cadets to lead healthy, active lifestyles.

AFJROTC DRILL & CEREMONY

SJUSD Graduation Requirement: ELECTIVE/VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 10, 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

AFJROTC Drill & Ceremony is an optional, but highly encouraged, companion course to AFJROTC 1-4. Unarmed and Armed Drill Team participation is used as a means of instilling discipline and esprit de corps and continues to be one of the finest methods for developing confidence and leadership abilities of cadets. Color Guard and Honor Guard teams must participate. Units may compete at local, state, regional and national drill team competitions throughout the year. While fostering a friendly and entertaining environment, these competitions provide cadets an opportunity to showcase their hours of dedication and tremendous marching skills. You must be enrolled in AFJROTC 1, 2, 3 or 4 to participate in "zero period".

CAREER TECHNICAL EDUCATION (CTE)

Video and Broadcast Production Pathway

Students taking these classes are expected to complete the three-class pathway

INTRO TO MEDIA ARTS

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 10, 11
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Intro to Media Arts is a College and Career Technical Education course that meets the VAPA (F) requirement on A-G college subject requirements. This course will expose students to the powerful medium of video for various audiences and mediums. While this course will focus on producing videos from pre-production through post-production, we will emphasize the importance of story and communicating with the intended audience. Additional emphasis will be given to journalistic techniques, impartiality and integrity. Several genres of video production will be explored and produced. Students will assess these different styles of video and know when to employ them.

VIDEO PRODUCTION

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Meets CSU/UC area "F" Requirement
Grade 10, 11, 12
Prerequisite: Intro to Media Arts with "C" or better
10 Credits (1 Block or 2 Terms)

Video Production is a College and Career Technical Education course that meets the VAPA (F) requirements on A-G college subject requirements. This course will hone video production skills and focus students on creating content for broadcast either locally, for live daily broadcast, or more broadly on the Internet and Video Contests. Students will evaluate the elements of art, principles of design and the integration of technology to achieve the desired message and communication with an audience. An overarching theme of this course will be the importance of story. Students will highlight and reflect on the role of story in every unit of study. Students will move beyond basic video production techniques and develop their skills in camera operation, framing and composition. In post-production, students will hone their techniques in the mechanics and theory of editing, graphic creation, including text and captions, color choice and correction and the impact of audio. Students will be introduced to television broadcasting jobs and working in a television studio. Students' production skills and speed will be pushed to prepare for working on a deadline.

BROADCAST AND VIDEO PRODUCTION

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Meets CSU/UC area "G" Requirement
Grade 11, 12
Prerequisite: Video Production with "C" or better
10 Credits (1 Block or 2 Terms)

Broadcast and Video Production is a College and Career Technical Education capstone course in Production Managerial Arts. This course will fulfill the college prep elective (G) on the college subject requirements. This course will provide students the skills

and competencies in broadcast media. Television, web-streaming and radio will be covered with a focus on live television broadcasting and web delivery. Current and emerging technologies will be studied and implemented into live daily broadcasts. Students will work collaboratively in production crews that have assigned control room or studio jobs where they will develop the skills needed for a variety of career opportunities in the live broadcasting and video production fields.

Fire Technology

Students taking these classes are expected to complete the three-class pathway

FIRE CONTROL TECHNICIAN I

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Fire Tech I is a competency-based preparatory course designed to prepare the student for both entry-level positions in the Fire and Emergency services field and for success in post-secondary education. The course engages students in learning about the philosophy, history, future and components of the emergency system, the well-being of the first responders. The responsibility of emergency services in the community, and legal issues related to emergency services. The course provides students with a comprehensive understanding of anatomy, physiology and medical terminology.

FIRE CONTROL TECHNICIAN II

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11, 12
Prerequisite: Fire Control Technician I
10 Credits (1 Block or 2 Terms)

Fire Tech II is a competency-based course designed to build upon the principles gained in Fire Tech I. Students will learn intermediate skills such as effective search and rescue procedures, Salvage, ventilation and overhaul. Students will learn how to secure a residential water supply, explore private fire protections systems, understand building construction as it relates to the fire service as well as fire causation, prevention and investigation. In addition to the above skills students will learn about the firefighter selection process and how to effectively market themselves for a career in the Fire Service.

FIRE CONTROL TECHNICIAN III

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS/CTE or ELECTIVE
Grade 11, 12
Prerequisite: Fire Control Technician I & II
10 Credits (1 Block or 2 Terms)

Fire Tech III is a competency-based course designed to build upon the principles presented in Fire Tech I, and Fire Tech II. Students will learn advanced skills in fire fighting like High rise, Mass Casualty, and Hazmat incidents. Students will focus on re-enforcing individual and team skills as well as the ability to perform basic firefighting operations without direct supervision. In addition students will gain foundational knowledge of technical rescues such as confined space, trench and swift water. Students will develop a resume and hone the skills necessary to secure a career in the highly competitive field of the Fire Service.

FIRE TECH EXPLORER

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS/CTE or ELECTIVE
Grade 11, 12
Prerequisite: Fire Control Technician I & II & III
10 Credits (1 Block or 2 Terms)

Students accepted into this class will have the opportunity to gain valuable career experience by volunteering at Sac Metro Fire.

Del Campo BUILD Construction Academy,

CONSTRUCTION TECHNOLOGY I

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This is an introductory instructional program that prepares an individual for employment, or continued education, in the occupations of Carpentry, Electrical Wiring, Masonry, or Plumbing. Construction Technology l is a basic course teaching fundamentals of safety, tools, math, and basic carpentry, electrical, masonry, and plumbing skills. Students who study this curriculum will be tested on each module covering different multiple phases. Students will be given the opportunity to learn "hands on " techniques that are currently being utilized in the construction industry by employers in need of skilled workers.

CONSTRUCTION TECHNOLOGY II

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11, 12
Prerequisite: Recommended completion of Construction Technology I with a grade of B or better
10 Credits (1 Block or 2 Terms)

This is an extension of Construction Technology l. Students will build structures and engage in problem-based learning that exposes them to commercial, industrial, residential, public works and institutional technologies to help them understand the jobs of construction careers. They learn proper safety procedures for tools and machinery, vocabulary and terms associated with construction, blueprint reading and symbols associated with architecture, and math concepts and principles used in construction. Potential Career Pathways: Carpenter Construction and Building Inspector, Construction Manager, Drywall Installer, Electrician, General Contractor, Mason, Project Manager, Roofer.

CONSTRUCTION TECHNOLOGY III

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11, 12
Prerequisite: Recommended completion of Construction Technology II with a grade of B or better
10 Credits (1 Block or 2 Terms)

This competency-based course prepares students to work in the construction industry. The course is designed to provide students with technical instruction and practical experience in basic residential and commercial construction through classroom instruction and applied practice of field skills. At the end of the course, students research and evaluate apprentice, employment and secondary schooling opportunities.

ANIMATION I

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11, 12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This concentrator course is a full year and is an introduction to basic animation. Students will be introduced to the basic principles of animation and will create their own 2D animations primarily through traditional stop-motion. Many of the projects will focus on simple hand methods. The four main projects they will be producing in this class will be an Animated Portrait, Hand-drawn Character Dance, Claymation and a final project where the student can choose medium/style/technique.

Students will enter the role of “Artist” and become animators using the skills, tools and processes required to express themselves in a variety of animation media. Along the way we will examine the history of animation and the power and influence traditional animation and computer generated imagery has in our contemporary culture. Students will also learn to recognize animation as art and see how it uses visual techniques to tell stories and transmit cultural values.

ANIMATION II

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 10, 11, 12
Prerequisite: Animation I
10 Credits (1 Block or 2 Terms)

This course will serve as the concentrator course for the Animation pathway. Students will build on foundational artistic and technical animation skills learned from the introductory course with an emphasis on the principles of animation, developing draftsmanship, and professional production techniques. In addition, students will learn to create and maintain a portfolio that showcases their body of work. Students will explore the career options and opportunities by examining the variety of jobs in the AME job sector. By the end of this course, students will have successfully completed multiple individual and group projects and will be ready to work on large productions in the capstone course.

ANIMATION III

SJUSD Graduation Requirement: CTE/VISUAL & PERFORMING ARTS
Grade 11, 12
Prerequisite: Animation II
10 Credits (1 Block or 2 Terms)

This course will serve as the capstone course for the Animation pathway.

ARC DUAL ENROLLMENT (DE)

ENGWR C1000 COLLEGE COMPOSITION

SJUSD Graduation Requirement: ENGLISH
Grade 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.6
10 Credits (1 Block or 2 Terms)

This course emphasizes writing and includes reading, research, and critical thinking skills essential for successful completion of a college degree. It covers writing assignments, including expository and argumentative essays (6,000 words minimum for course) using MLA documentation and format. It also includes reading assignments selected from a variety of transfer-level texts of substantial length.

ENGWR C1001 ADVANCED COMPOSITION AND CRITICAL THINKING

SJUSD Graduation Requirement: ENGLISH
Grade 12
Prerequisite: ENGWR 300 or AP Lang score of 3, 4, or 5
10 Credits (1 Block or 2 Terms)

This course develops analytical skills through writing and discussion. It examines methods by which people are persuaded to think, believe, and act. It also includes analyses of arguments or expressions of opinions for their validity and soundness. Assigned readings include a variety of essays and a book-length text. Finally, this course focuses on critically assessing, developing, and effectively expressing and supporting opinions. Essays written for the course (6,000 words minimum) draw from the texts to present carefully reasoned arguments. At least one essay includes citations from secondary sources, documented according to current MLA format.

PSYC C1000 GENERAL PRINCIPLES

SJUSD Graduation Requirement: SOCIAL STUDIES
Grade 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course provides a broad overview of general principles of psychology. Topics include the scientific method, statistics, biological determinants, as well as general processes of behavior, such as development, learning, language, intelligence, perception, motivation, emotion, personality, and mental health.

SOC C1000 INTRODUCTORY SOCIOLOGY

SJUSD Graduation Requirement: SOCIAL STUDIES
Grade 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course examines principles and basic concepts in sociology. It includes the study of institutions, culture, social organization, group interaction, social stratification, economy, politics, social movements, and urbanization.

MUFHL 308 INTRODUCTION TO MUSIC: ROCK AND ROLL

SJUSD Graduation Requirement: VISUAL & PERFORMING ARTS
Grade 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course examines social, political, cultural, and economic issues as they relate to the history of Rock and Roll music. It includes guided listening and video presentations to show the evolution of Rock from its roots to current stylistic trends. This course requires no previous musical study.

HEED 300 HEALTH SCIENCE

SJUSD Graduation Requirement: HEALTH
Grade 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course focuses on factors which influence the health status of both the individual and the community. Topics include personal fitness, nutrition, sexuality, sexually transmitted disease, drug dependence including alcohol and tobacco, as well as diseases related to lifestyle.

HCD 310 COLLEGE SUCCESS

SJUSD Graduation Requirement: HEALTH
Grade 9, 10, 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course covers the skills and knowledge necessary for college success, as well as personal issues that are commonly encountered by many college students. Topics include motivation, self-discipline, learning styles, memory development, time management, communication skills, goal-setting, career planning, study skills and techniques, and critical thinking skills. Campus resources, college regulations, and information competency are also addressed. This course is highly recommended for first time college students and/or continuing college students who would benefit. Field trips may be required.

DEAF 310 AMERICAN SIGN LANGUAGE I

SJUSD Graduation Requirement: WORLD LANGUAGE
Grade 10, 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This is the first course in a series of five courses in American Sign Language (ASL). The instructional activities are based on an immersion approach, in which the learners develop language competency in source and target language. It focuses is on non-speech communication. Topics include grammatical features such as adjective descriptors, differentiation between cardinal/ordinal numbers, contrastive structure, temporal aspect markers and temporal sequencing, conversational skills, narrative skills, and discussions with peers. The course meets the 2 year graduation requirement through competency met.

DEAF 312 AMERICAN SIGN LANGUAGE II

SJUSD Graduation Requirement: WORLD LANGUAGE
Grade 10, 11, 12
Prerequisite: Completion of DEAF 310 with a "C" or better
10 Credits (1 Block or 2 Terms)

This is the second in a series of five courses in American Sign Language (ASL). The emphasis is on nonverbal communication. Topics include grammatical features such as adjective descriptors, differentiation between cardinal/ordinal numbers, contrastive structure, temporal aspect markers and temporal sequencing, conversational skills, narrative skills, and discussions with peers. Course meets the 2 year graduation requirement through competency met.

SPAN 401 ELEMENTARY SPANISH

SJUSD Graduation Requirement: WORLD LANGUAGE
Grade 10, 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course introduces the language and culture of the Spanish-speaking world. It includes the development of listening, speaking, reading, and writing Spanish with emphasis on the communicative skills, as well as the fundamentals of Spanish pronunciation and grammar. Course meets the 2 year graduation requirement through competency met.

SPAN 402 ELEMENTARY SPANISH

SJUSD Graduation Requirement: WORLD LANGUAGE
Grade 10, 11, 12
Prerequisite: Minimum unweighted cumulative GPA 2.3
10 Credits (1 Block or 2 Terms)

This course provides continued development of the language and explores history and culture of the Spanish-speaking world. It includes further development of listening, speaking, reading, and writing Spanish with emphasis on communicative skills, as well as the fundamentals of Spanish pronunciation and grammar. Language acquisition is approached through a historical and cultural perspective. Course meets the 2 year graduation requirement through competency met.

STAT C1000 INTRODUCTION TO PROBABILITY AND STATISTICS

SJUSD Graduation Requirement: MATHEMATICS
Grade 11, 12
Prerequisite: Must have passed IM2 with a "C" or better and have a minimum unweighted cumulative GPA 3.0
10 Credits (1 Block or 2 Terms)

This course is an introduction to probability and statistics. Topics include elementary principles and applications of descriptive statistics, counting principles, elementary probability principles, probability distributions, estimation of parameters, hypothesis testing, linear regression and correlation, and Analysis of Variance (ANOVA). Applications use data from various disciplines including business, social sciences, psychology, life and health sciences, and education. Statistical analysis using a computer statistics package or graphing calculator is required.

GENERAL ELECTIVES

CAREER EXPLORATION

SJUSD Graduation Requirement: ELECTIVE
Grade 9
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course gives students the opportunity to participate in an introduction to each of our pathways: Construction and Remodeling, Media Arts, Animation, as well as a Fire Technology. Students will rotate throughout each course. *Does not count towards a pathway and isn't required as a prerequisite to be in a CTE pathway.

CREATIVE WRITING

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Students in Creative Writing will use their imagination and learn writing skills that will help them develop fictional worlds. They will produce works in various genres including poetry, short stories, scripts, and an autobiography (from a creative non-fiction lens). By the end of the course students will have a final portfolio of their texts which will include a reflection on the body of their work. Students have the opportunity to submit one of their pieces to the school newspaper for publication.

FILM AND LITERATURE

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course is designed so that a newcomer to the study of film and literature may come to appreciate both the similarities and dissimilarities of the two media and how filmmakers attempt to merge them into a separate and unique work of art. To that end, we will look at the artistic qualities of films, how literature is adapted into film and the literature of film. We take a chronological journey through film beginning briefly with silents and ending in the distorted realm of Christopher Nolan and his mind-bending Inception.

JOURNALISM I (PODCASTING)

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

A typical podcasting course is designed to give students a hands-on introduction to the production of podcasts. The course blends theory with practical skills, preparing learners to create, publish, and promote their own audio content.

PUBLIC SPEAKING

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

A public speaking class teaches students to prepare, structure, and deliver effective speeches while building confidence, clarity, and audience engagement. A public speaking class is designed to improve your ability to communicate effectively in front of an audience. It focuses on speech preparation, content development, and structured delivery, helping students gain confidence and overcome common anxieties associated with public speaking.

CHILDREN'S LITERATURE

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

This course is designed to explore wonderful examples of children's literature. Students will be reading, discussing, and evaluating a wide array of outstanding children's literature, as well as creating original works of literature. By the conclusion of the class, students will demonstrate an understanding of the history, traditions, and chief characteristics of literature written for and read by children and young adults.

WORLD MYTHOLOGY

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Mythology is a yearlong course in which students sample the mythology of many cultures. Specific emphasis is placed on outcomes that illustrate a student's ability to think critically. Therefore, students will read, analyze, and formally respond to myths and the published assertions made by well known critics and thinkers in the field.

The overall goal of this course is to expose students to the wealth of human insight recorded and preserved via the inspired epics, legends and myths of various cultural traditions. However, our approach will be immediately practical to students intending to continue their education at the university. Students completing this course will have skills necessary not only to survive the academic and social demands of college life but to thrive in response to them.

Mythology students will produce scholastic work that is in line with the Common Core College Readiness Standards for Language Arts. Such work will occur at regular intervals throughout the entire course and will become an integral tool for learning practical writing and research skills. These activities will be instrumental as a vehicle for increasing each student's cultural perspective.

PHILOSOPHY

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

The study of the fundamental nature of knowledge, reality, and existence.

FRESHMAN ESSENTIALS

SJUSD Graduation Requirement: ELECTIVE
Grade 9
Prerequisite: None
5 Credits (1 Term)

Freshman Essentials is more than a class — it is your launchpad for a successful high school career. This is a Del Campo signature experience built around the ONE DC vision: Connect, Grow, Achieve, and Lead. Over nine weeks, you will build the academic, social, and personal habits that successful Cougars use every single day. Each week you will read, write, speak, collaborate, reflect, and apply what you learn to your real life. Every lesson answers one question: "What does a successful Del Campo student do?"

STUDENT GOVERNMENT

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: Instructor Approval
10 Credits (1 Block or 2 Terms)

Student Government is for those students that have been elected or appointed to student body or class offices. The class helps students gain expertise in how to gain experience in developing leadership skills that address student body needs as it relates to the social environment on campus. Students are encouraged to bring a strong work ethic and moral code to the planning and execution of events. Time in class is given for students to carry out the tasks of their office to which they have been elected or appointed.

CONSTITUTIONAL RIGHTS, CRIMINAL LAW, MOCK TRIAL

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

Constitutional Rights is a nine-week course in which the student will study how the constitution came into existence, why it took the form it did, and how it has functioned in the last 200 years. The student will be faced with a number of controversies such as: due process, equal protection, and freedom of speech/expression/religion. Students will participate in role-playing, simulations and writing new approaches to the constitution for the 21st century. Criminal Procedure is the nine week course that follows Constitutional Rights. It is a law related course to provide practical information on problem-solving opportunities which develop the student's skills necessary for survival in our law-saturated society. Students will identify criminal and civil procedures and participate in mock trials, police investigation, role-playing and simulating various search and seizure laws. The law, arrest, courts, prisons, and parole will also be presented to develop the student's knowledge. MOCK TRIAL - In addition, juniors and seniors taking the course in the fall term also prepare for and have the opportunity to compete in the Sacramento County Law Day Competition at the Sacramento County Courthouse.

PE 5

SJUSD Graduation Requirement: ELECTIVE
Grade 9-12
Prerequisite: Successful completion of 10 credits of PE 1
10 Credits (1 Block or 2 Terms)

This physical education offering will give students the opportunity to learn advanced skills in volleyball, ultimate frisbee, basketball and soccer to promote cardiovascular fitness and physical well-being for a lifetime. Students will learn proper techniques and advanced skills through drills and game play in each of the activities mentioned.

BODY CONDITIONING

SJUSD Graduation Requirement: ELECTIVE
Grade 10, 11, 12
Prerequisite: Successful completion of 10 credits of PE 2
10 Credits (1 Block or 2 Terms)

Students will be involved in enhancing physical performance and personal wellness through the CrossFit Methodologies. Del Campo is a CrossFit Affiliate. Students will focus on the "Big 3" --1. Mechanics 2.Consistency 3.Intensity. Students will learn proper techniques of lifting along with gymnastics and cardiovascular movements. The class will touch on nutrition and how it can work into your daily routines.

ADVANCED BODY CONDITIONING

SJUSD Graduation Requirement: ELECTIVE
Grade 11, 12
Prerequisite: Successful completion Body Conditioning
10 Credits (1 Block or 2 Terms)

Students entering into the advanced class will be expected to not only perform in the class but will be asked to take on a leadership role, as they educate their peers. Students will be graded on a more rigorous scale as well as receive a grade on their peer tutoring skills.

FITNESS FOR LIFE

SJUSD Graduation Requirement: ELECTIVE
Grade 9-12
Prerequisite: None
10 Credits (1 Block or 2 Terms)

PE elective class focusing on personal fitness.

PHYSICAL EDUCATION X

SJUSD Graduation Requirement: ELECTIVE
Grade 11, 12
Prerequisite: On team roster, per coach's request
10 Credits (1 Block or 2 Terms)

Advanced conditioning class designed for varsity athletes, for skill enhancement on interscholastic teams. Designed to build team culture, strategic planning, and specialized area fitness. Fall varsity athletes sign up for Block 1 & 2, Winter varsity athletes sign up for Term 2 & 3, Spring varsity athletes sign up for Block 3 & 4.

LINK CREW

SJUSD Graduation Requirement: ELECTIVE
Grade 11, 12
Prerequisite: Teacher approval
10 Credits (1 Block or 2 Terms)

The Link Crew class is designed to empower upperclassmen as role models for freshmen, enabling them to pass on positive traditions and school culture to younger students. In addition, Link Crew aims to develop students' leadership skills, especially in the areas of communication, organization and problem solving.

AVID 1-3

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grades 9, 10 & 11
Prerequisite: 2.5 or higher GPA and instructor approval
10 Credits (1 Block or 2 Terms)

AVID (Advancement via Individual Determination) is a program designed to prepare students "in the middle" who have not previously succeeded in a college preparatory path for admission to 4-year colleges and universities. The AVID program provides academic instruction and support to students; motivates students to seek a college education; increases coping skills; gives students college entry-level skills; and increases students' level of career awareness.

AVID 4 SENIOR SEMINAR

SJUSD Graduation Requirement: ELECTIVE
Meets CSU/UC area "G" Requirement
Grade 12
Prerequisite: Completion of at least 1 year of AVID and instructor approval
10 Credits (1 Block or 2 Terms)

AVID Senior Seminar is the culminating year of the AVID program. In addition to providing academic instruction and support to students; motivating students to seek a college education; increasing coping skills; giving students entry-level college skills; and, increasing students' level of career awareness, Senior Seminar also assists students with preparing college essays and applications and applying for scholarships.

TEACHER AIDE/OFFICE ASSISTANT

SJUSD Graduation Requirement: ELECTIVE
Grade 11, 12
Prerequisite: Teacher or Office staff approval
10 Credits (1 Block or 2 Terms)

Students have the opportunity to work in a school office or with a teacher. They must obtain staff approval and complete a TA contract prior to taking this class. Students must maintain confidentiality, good attendance, good citizenship, and follow instructions to maintain their position.

Principles of Athletic Performance

SJUSD Graduation Requirement: ELECTIVE
Grade 9-12
Prerequisite:
5 Credits (1Term)

This course is conducted in both classroom and physical activity settings. The classroom portion utilizes the textbook Focus On Health and covers topics from managing stress, to drug and alcohol abuse, to understanding sexuality, to diet and exercise. The physical activity portion will emphasize personal fitness and cover topics such as strength training, cardiovascular training, and team sports. Personal Health and Fitness will educate students on fundamental concepts of health, wellness, nutrition, fitness, and team sport participation. will be able to develop analytical thinking and research the different ways that they can improve their muscle endurance and proper weight lifting techniques.

Personal Sports Psychology

SJUSD Graduation Requirement: ELECTIVE
Grade 9-12
Prerequisite:
5 Credits (1Term)

Sports Psychology is designed to provide students with knowledge about psychological factors that affect performance in sport and exercise such as motivation, concentration, focus, confidence, burnout, goal setting, life balance, attitude, character development, leadership, coach/athlete relationships, anxiety and relaxation. Students will be introduced to mental skills that will enhance performance, make athletic participation more enjoyable, and learn skills that can be transferred to other aspects of their lives. Specific skills addressed in this class will include how to set measurable goals and strategies to achieve them, visualization and imagery techniques, leadership, team building, and how to cope with injuries/loss/letdowns.

The San Juan Unified School District Board of Education is committed to equal opportunity for all individuals in district programs and activities. District programs, activities and services shall be free from unlawful discrimination, harassment (including sexual harassment), intimidation, and/or bullying based on actual or perceived characteristics of race; color; ancestry; nationality; national origin; immigration status; ethnic group identification; ethnicity; age; religion; pregnancy, childbirth, termination of pregnancy, or lactation, including related medical conditions and recovery; parental, family, or marital status; reproductive health decision-making; physical or mental disability; medical condition; sex (including sexual harassment); sex stereotypes; sex characteristics; sexual orientation; gender; gender identity; gender expression; veteran or military status; genetic information; affiliation with the Boy Scouts of America; a perception of one or more such characteristics; or association with a person or group with one or more of these actual or perceived characteristics. If you believe you have experienced unlawful discrimination, please contact: Equity Compliance Officer/Title IX Coordinator, Sterling Williams, 3738 Walnut Ave., Carmichael, CA 95608, (916) 971-7110, LegalServices@sanjuan.edu; Section 504 Coordinator, Dominic Covello, 3700 Garfield Ave., Carmichael, CA 95608, (916) 971-7220, dcovello@sanjuan.edu; ADA/Title II Coordinator, Michelle Fischer, 3738 Walnut Ave., Carmichael, CA 95608, (916) 971-7036, michelle.fischer@sanjuan.edu.

Classes included within this catalog may or may not be offered each block or available during each school year.