



Welcome to Meadow Heights Bienvenidos a la Escuela Primaria M.H.

Transitional Kindergarten Orientation
- Orientación para padres TK

5:00-5:45 pm

Mrs. Kepp

This is my 11th year of teaching TK. I love playing with my 7 year old son, Chris, and my 10 year old daughter, Cara.

He estado enseñando TK durante los últimos 11 años. Me encanta jugar con mi hijo de 7 años, Chris, y mi hija de 10 años, Cara.





Important People at MH

- ★ Principal/Directora: Dale Rogers-Eilers
- Erica Fowler - Administrative Assistant: attendance
- Alma Bautista- Community Worker & SOA, habla Español
- Mrs. Gilbert - Student Services
- Ms. Michon - Librarian
- Teacher Anne-Marie - Music Teacher
- Laura Duncan - Art Teacher

School Expectations PBIS

1. We are Safe
2. We are Respectful
3. We are Responsible

Expectativas escolares

1. Estamos a salvo
2. Somos Respetuosos
3. Somos Responsables

At home, use this vocab:

"I see you are being respectful by letting your brother go first."

"You are responsible when you brush your teeth without me asking."

En casa, usen este vocabulario:

"Veo que eres respetuoso al dejar que tu hermano se cepille primero".

"Eres responsable si te cepillas los dientes sin que yo te lo pida".



Mustang Ticket

You've been caught being ...

____ Respectful/Respetuoso

____ Safe/Seguro

____ Responsible/Responsable

Student name: _____

Grade: _____

Date: _____

Staff Initials: _____

Thank you for helping to make
Meadow Heights a safe and
amazing place to learn and grow!



Communication - ParentSquare App

ParentSquare

- [ParentSquare](#) translates to other languages on demand.

Comunicación

- Y como ha visto, [ParentSquare](#) se traduce a otros idiomas bajo demanda.

Download the ParentSquare App!
¡Descargue la aplicación ParentSquare!

ParentSquare & Privacy

- If I send a photo of students other than your own, please do not post them to social media.



ParentSquare

ParentSquare y Privacidad

- Si envío una foto de otros estudiantes que no sea la suya, no la publique en las redes sociales.



Attendance - Strive for Under 5!

Chronic absence — missing 10 percent or more of school days due to absence for any reason—excused, unexcused absences and suspensions—can translate into students having difficulty learning to read by the third-grade, achieving in middle school, and graduating from high school. Read this [research summary](#) for more details.

Las ausencias crónicas (faltar el 10 por ciento o más de los días escolares debido a ausencias por cualquier motivo) (ausencias y suspensiones justificadas e injustificadas) pueden traducirse en que los estudiantes tengan dificultades para aprender a leer en tercer grado, lograr logros en la escuela intermedia y graduarse de la escuela secundaria. Lea este resumen de investigación para obtener más detalles.

[More Chronic Absence Information](#)

ATTENDANCE

in the early grades

Many of our youngest students miss 10 percent of the school year—about 18 days a year or just two days every month. Chronic absenteeism in kindergarten, and even preK, can predict lower test scores, poor attendance and retention in later grades, especially if the problem persists for more than a year. Do you know how many young children are chronically absent in your school or community?

Who Is Affected

Kindergarten and 1st grade classes often have absenteeism rates as high as those in high school. Many of these absences are excused, but they still add up to lost time in the classroom.

1 in 10 kids

in kindergarten and 1st grade are chronically absent. In some schools, it's as high as 1 in 4.¹



2 in 10 low-income kids

miss too much school. They're also more likely to suffer academically.²



2.5 in 10 homeless kids

are chronically absent.²



4 in 10 transient kids

miss too much school when families move.²



Why It Matters

If children don't show up for school regularly, they miss out on fundamental reading and math skills and the chance to build a habit of good attendance that will carry them into college and careers.

Preliminary data from a California study found that children who were chronically absent in kindergarten and 1st grade were far less likely to read proficiently at the end of 3rd grade.

Who Can Read on Grade Level After 3rd Grade?³



of kids with good attendance in K and 1st (missed 9 or fewer days both years)



of kids with at-risk attendance (missed more than 9 days both years)



of kids chronically absent in K or 1st (missed 18 or more days one year)



of kids chronically absent in K and 1st (missed 18 or more days both years)

What We Can Do



Engage Families

Many parents and students don't realize how quickly early absences can add up to academic trouble. Community members and teachers can educate families and build a culture of attendance through early outreach, incentives and attention to data.



Fix Transportation

The lack of a reliable car, or simply missing the school bus, can mean some students don't make it to class. Schools, transit agencies and community partners can organize car pools, supply bus passes or find other ways to get kids to school.



Address Health Needs

Health concerns, particularly asthma and dental problems, are among the leading reasons students miss school in the early grades. Schools and medical professionals can work together to give children and families health care and advice.



Track the Right Data

Schools too often overlook chronic absence because they track average attendance or unexcused absences, not how many kids miss too many days for any reason. Attendance Works has free data-tracking tools.

These are a few steps that communities and schools can take. How do you think you can help?

¹ Chang, Hedy; Romero, Mariajose, Present, *Engaged and Accounted For: The Critical Importance of Addressing Chronic Absence in the Early Grades*, National Center for Children in Poverty: NY, NY, September 2008.

² *Chronic Absence in Utah*, Utah Education Policy Center at the University of Utah, 2012.

³ *Attendance in Early Elementary Grades: Association With Student Characteristics, School Readiness and Third Grade Outcomes*, Applied Survey Research, May 2011.

ASISTENCIA

en los primeros grados

Muchos de nuestros estudiantes más pequeños faltan a la escuela el 10% del año escolar - como 18 días al año o sólo dos días al mes. La ausencia crónica en kínder e incluso en la pre escuela, puede predecir bajas calificaciones en exámenes, mala asistencia escolar y baja retención en los próximos años escolares, especialmente si el problema de ausencia persiste durante más de un año. ¿Sabe usted cuántos niños pequeños están ausentes crónicamente en su escuela y comunidad?

Quién es Afectado

Los estudiantes de kínder y 1er grado frecuentemente tienen niveles de ausencia tan altos como los de la preparatoria, (high school).

Muchas de estas faltas son justificadas, pero igual, se suman al tiempo perdido en clase.

1 de cada 10 niños

en kínder y 1er grado es crónicamente ausente. En algunas escuelas es tan alto como 1 en cada 4 niños.¹



2 de cada 10 niños de bajos ingresos

faltan demasiado. También es más probable que tengan problemas académicos.¹



2.5 de cada 10 niños sin hogar

están ausentes crónicamente.²



4 de cada 10 niños migrantes

faltan demasiado cuando la familia se muda.²

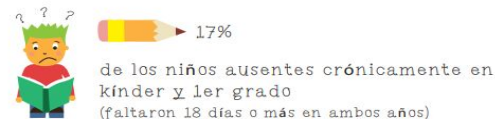
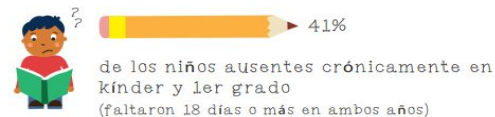
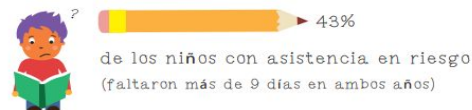
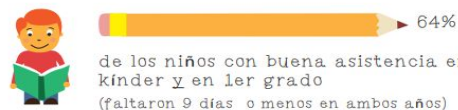


Por Qué Importa

Si los niños no asisten regularmente, pierden habilidades fundamentales de lectura y matemáticas y la oportunidad de crear el hábito de buena asistencia, que los conduce a la universidad y una carrera.

Datos preliminares de un estudio en California encontró que los niños que fueron crónicamente ausentes en kínder y 1er grado tuvieron menos probabilidad de leer a nivel al final del 3er grado.

¿Quién puede leer a nivel después del 3er grado?



Qué Podemos Hacer



Involucrar a las Familias

Muchos padres y estudiantes no saben cómo las ausencias en los primeros años pueden aumentar rápidamente los problemas académicos. Miembros comunitarios y maestros pueden educar a las familias, creando una cultura de asistencia escolar, dando información temprana, incentivos y atendiendo estadísticas.



Hacer Arreglos para Llegar a la Escuela

La falta de un carro o perder el bus escolar causan que algunos niños no vayan a clase. Las escuelas, agencias de transporte y miembros comunitarios pueden organizar viajes compartidos en carro, proveer pases para el bus u otras maneras para que lleguen a la escuela.



Atender las Necesidades de Salud

Problemas de salud infantil, particularmente el asma y los problemas dentales, son de las principales causas de ausentismo escolar durante los primeros años. Escuelas y médicos pueden trabajar juntos y proveer atención médica y recomendaciones a los niños y las familias.



Monitorear los Datos Correctos

Con frecuencia las escuelas ignoran las ausencias crónicas ya que monitorean el promedio de asistencia o ausencias sin excusa, y no cuántos niños faltan muchos días por cualquier razón. Attendance Works tiene herramientas sin costo, para dar seguimiento a estos datos.

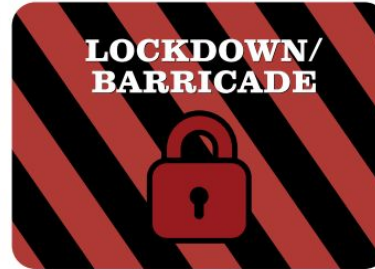
Estos son algunos pasos que las comunidades y escuelas pueden tomar. ¿Cómo puede ayudar usted?

¹ Chang, Hedy; Romero, Mariajose, Present, *Engaged and Accounted For: The Critical Importance of Addressing Chronic Absence in the Early Grades*, National Center for Children in Poverty: NY: NY, September 2008.

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School Safety: Big Five



[Big Five Community Packet](#)

What should my child bring to school?

- Change of clothes in case of accident
- Backpack large enough to hold papers.
- Water bottle
- Jacket
- ***ALL ITEMS IDEALLY LABELED WITH THEIR NAME.***



¿Qué debe traer mi hija/o a la escuela?

- Cambio de ropa en caso de accidente
- Mochila que le quepan papeles.
- Bote de agua a prueba de derrames
- Chamarras o sudaderas.
- ***PONGANLE A TODO SU NOMBRE***



Shoes Zapatos



- Your child should be able to put on their own shoes
- No heels, flip flops, nor shoelaces
- *Su hijo debe ser capaz de ponerse sus propios zapatos.*
- *Sin tacones, chanclas, ni cordones*



Do ***Not*** Bring to School

- Toys, jewelry, and valuables from home
- Anything your child would be sad if lost/broken
- A toy only for for Show and Tell

NO debe traer a la escuela

- Juguetes, joyas y objetos de valor del hogar
- Todo lo que su hijo/a se entristecerá si lo perdiera
- Un juguete solo para Show and Tell (Mostrar y contar)

Show and Tell

Look for this bag in your child's backpack. If it's there, it's your child's turn to bring in something the next day. Please, no electronic toys.

Please return the bag!

Mostrar y contar

Busque esta bolsa en la mochila de su hijo. Si está allí, es el turno de su hijo de traer algo al día siguiente. Por favor, nada de juguetes electrónicos.

¡Por favor devuelva la bolsa!



Art with Mrs. Duncan

- 2x/month
 - Parent Volunteers can help, email me if you are interested
 - Fridays, 9:15-10am - 9/11, 9/25 10/16, 11/13, 12/4
-
- tendremos una lección de arte con una maestra de arte
 - Padres voluntarios pueden ayudar, mandame un correo si está interesado
 - Los Viernes, 9:15-10am - 9/11, 9/25, 10/16, 11/13, 12/4
 -



SNACK/RECESS 10-10:25

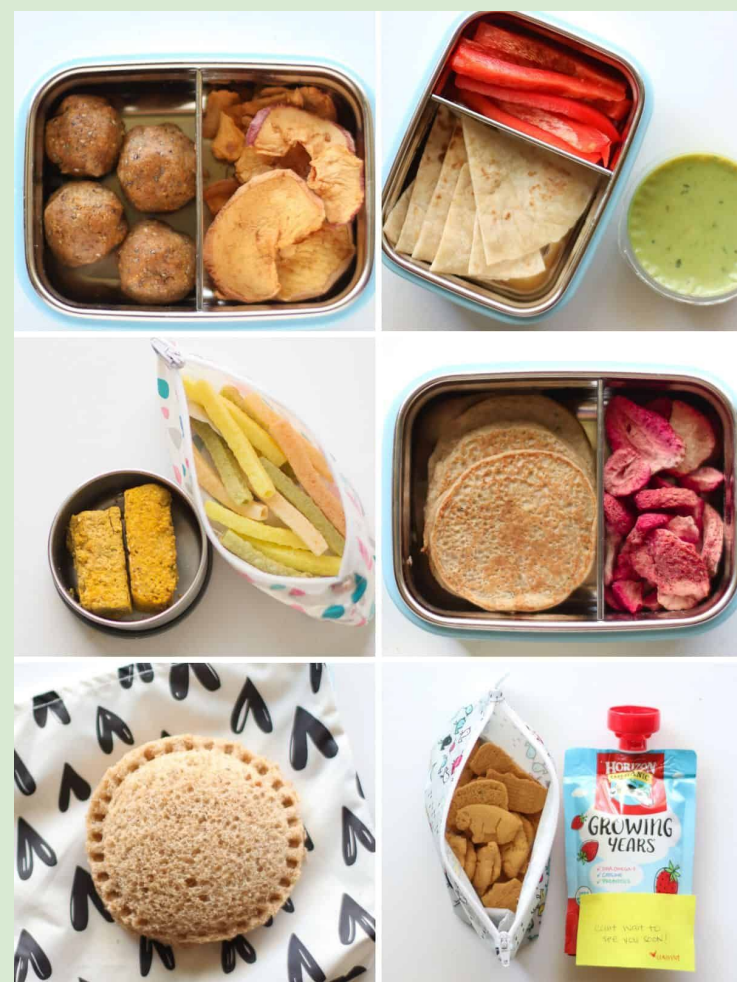
Merienda/Jugar 10-10:25

LUNCH 12:55-1:15 MTThF

Lonche 12:55-1:15 MMJV

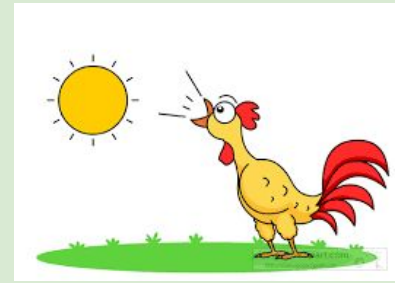
Menus

Look for “Elementary School
Menus”



Mornings

- Start Time: 8:35 AM
- *Tardy Policy - After 8:35, check in at the office
- **Absences:** Contact the front office: Attendance Line: (650) 312-7568, ext. 3



Mañanas

- Comienzan: 8:35 AM
- *Norma sobre retrasos - Alguien de la oficina le ayudará si llega después de las 8:35.
- **Ausencias:** Se comunicará con la oficina principal: Línea de mensajes de asistencia: (650) 312-7568, ext. 3



As a Room Parent, you help coordinate class celebrations, organize teacher appreciation gifts, and keep classroom families connected. It's the best way to stay involved in your child's school experience. We encourage 2-3 parents per classroom so you can split duties.

Please [sign up here](#).

With thanks,

Carisa Hamilton

Meadow Heights PTA President

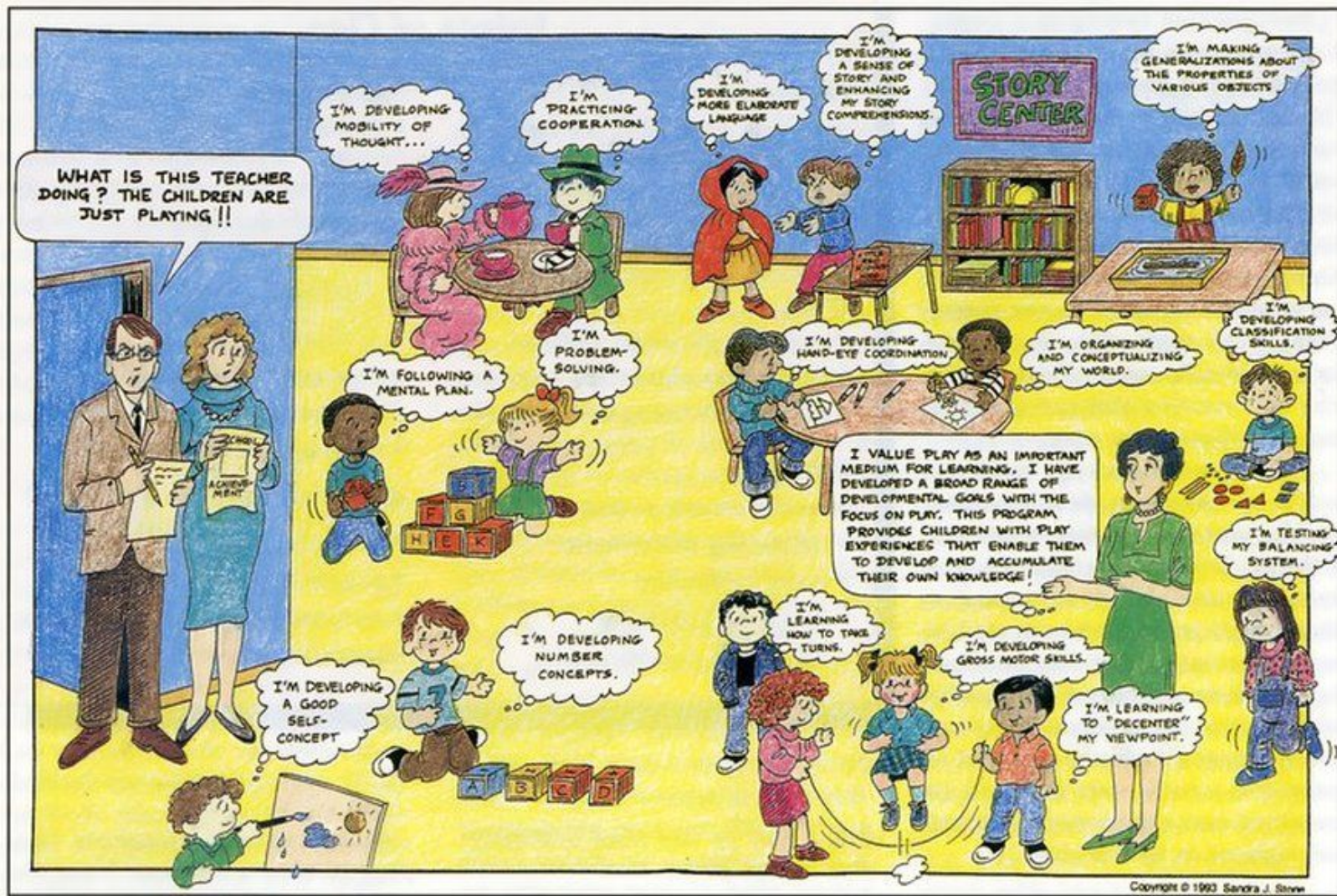
president@meadowheights.org

[Meadow Heights PTA website](#)



Play to
Learn:
What TK
Looks
Like

Jugar
para
aprender:
Cómo se
ve TK



What is TK?

- TK is part of a 2 year Kindergarten program.
- We work primarily on social-emotional skills as well as fine and gross motor skills.
- The ratio of students to adults is 10:1, so we have an aide the same hours as the students are here.

¿Qué es TK?

- TK es parte de un programa de Kindergarten de 2 años.
- Trabajamos principalmente las habilidades socioemocionales, así como la motricidad fina y gruesa.
- La proporción de estudiantes a adultos es de 10:1, por lo que tenemos un asistente las mismas horas que los estudiantes están aquí.



Ms. V
Para 2
Classroom Aide
Habla español

8:35-
8:55
Fine Motor
Boxes



Sample Schedule

Horario

9:30-
9:45
Centers 2



9:00-
9:10
Morning
Meeting



10:00-
10:25
Read
aloud



9:15 -
9:30
Centers 1



10:30-
10:45
Snack
Recess



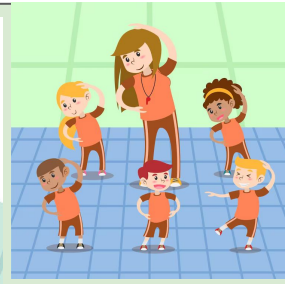
10:30-
10:45
Centers 3



Sample Schedule

Horario

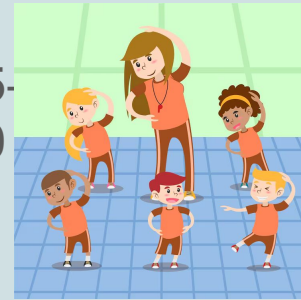
11:50-
12:20
PE 1



10:45-
11:00
Centers 4



12:25-
12:50
PE 2



11:05 -
11:45
Free Play



12:50



Social Emotional Learning SEL

- Listening
- Feelings
- How to Calm Down
- Fair ways to play

Aprendizaje SocioEmocional SEL

- Escuchando
- Sentimientos
- Cómo calmarse
- Maneras justas de jugar



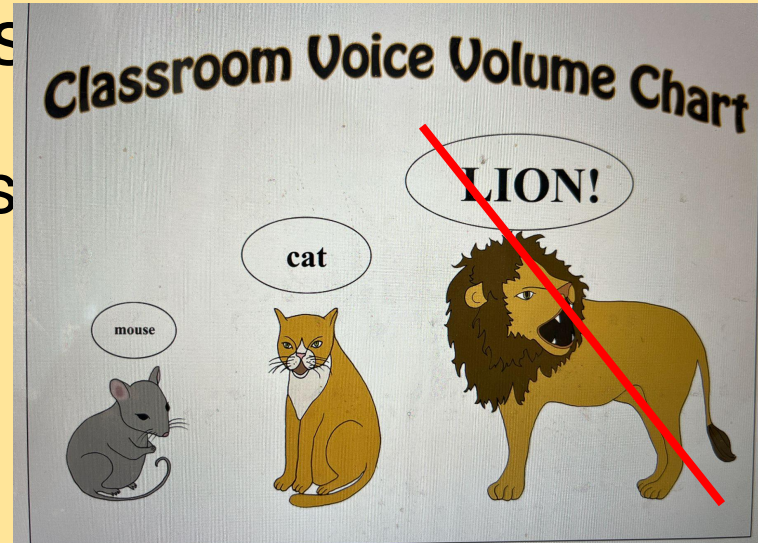
Basic School Skills

- Listening and following directions
- Cutting, gluing, coloring

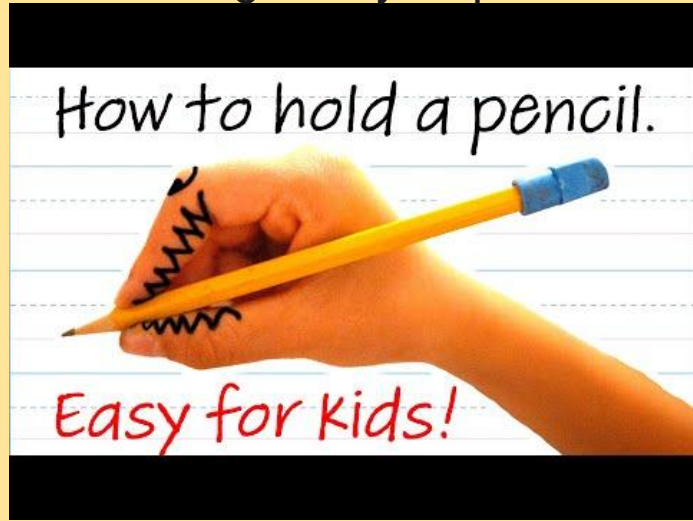


Habilidades escolares básicas

- Escuchar y seguir instrucciones
- Cortar, pegar, colorear

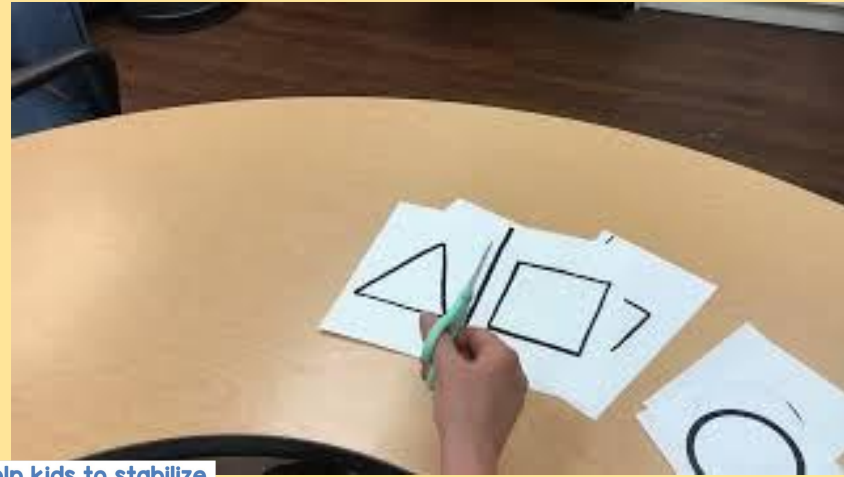


Holding a crayon/pencil



Press play

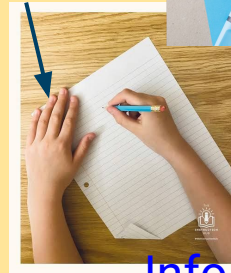
How to use scissors



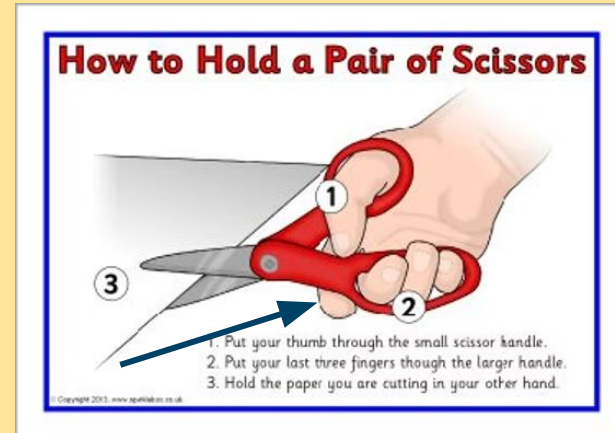
Both use
Helper Hand



[info](#)



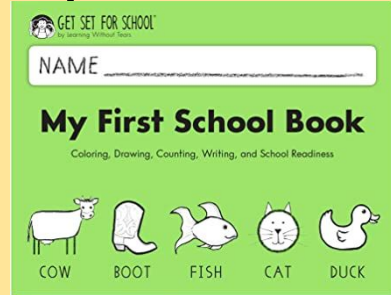
[Info](#)



“Lay your pencil in it's bed
Thumb and Pointer squeeze its head
Rest on Tall Man, Crayon in your hand”
Watch the song [here](#)

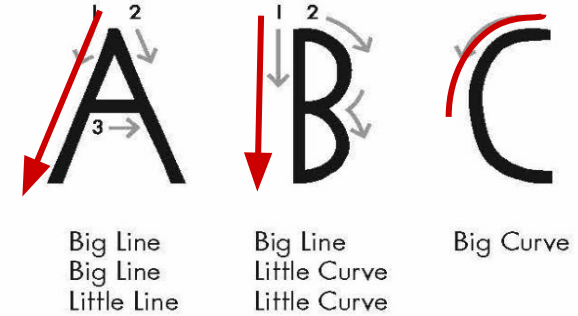
Writing

- Letter formation in Learning Without Tears book
 - Start letters at the top
- Drawing a story

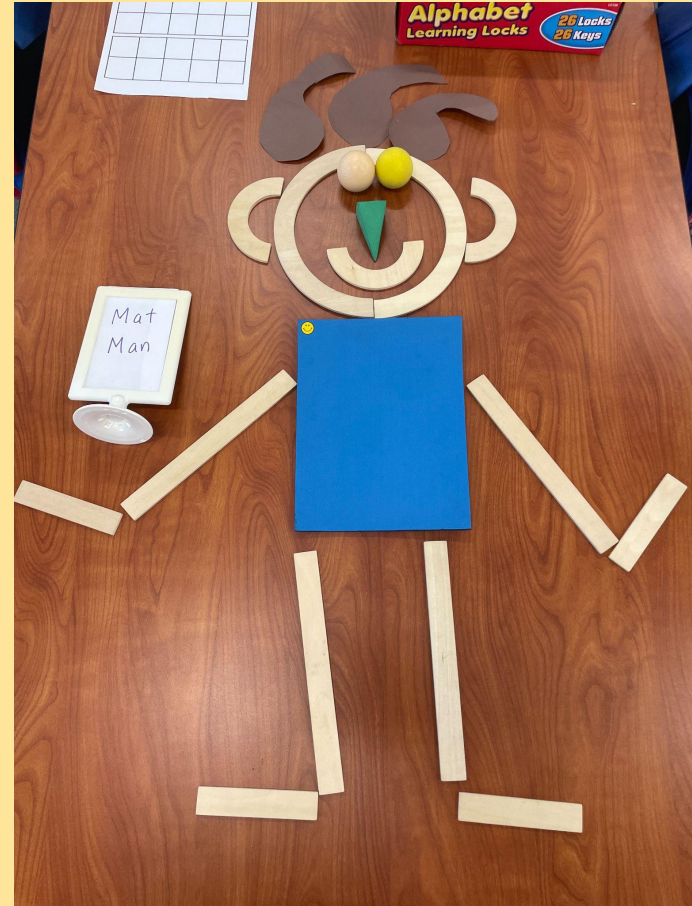
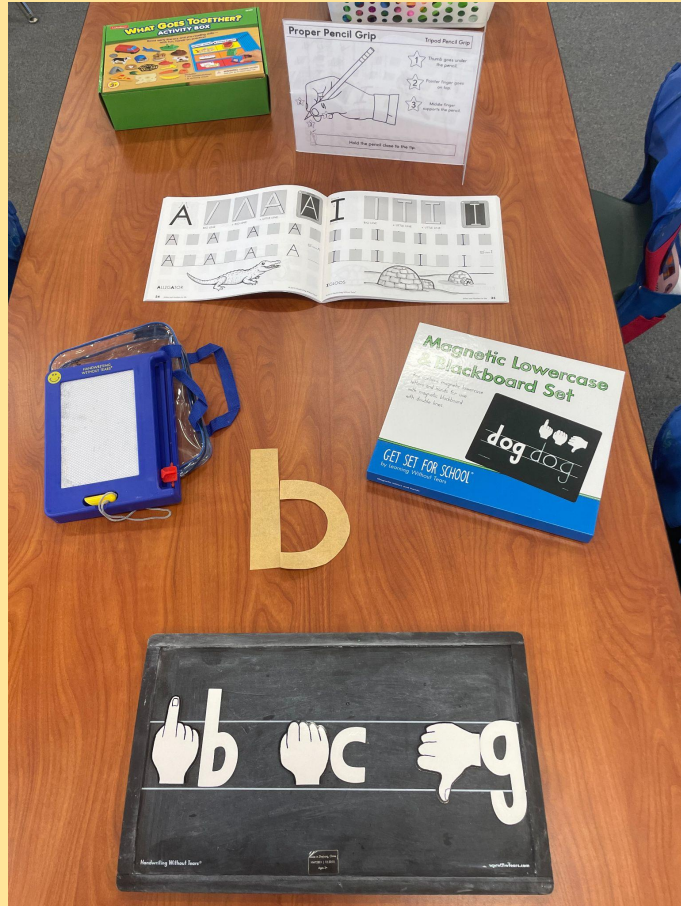


Escribiendo

- Formación de letras en el libro Aprender Sin Lágrimas
 - Empezar las letras desde arriba
- Dibujar una historia

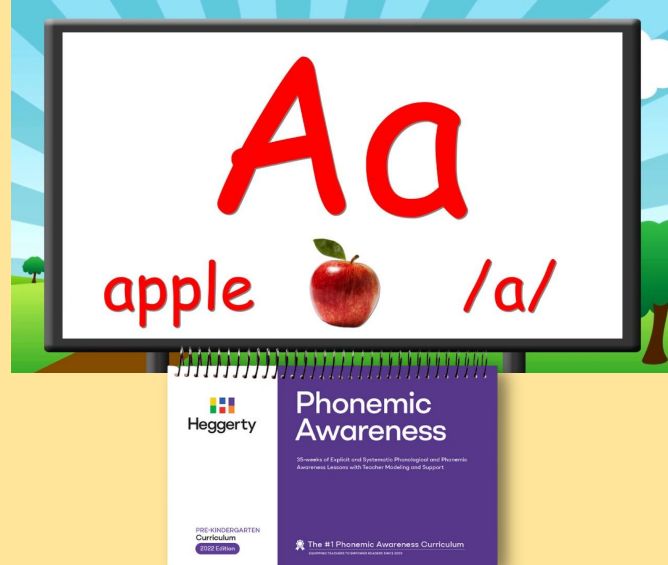


Learning Without Tears & Mat Man



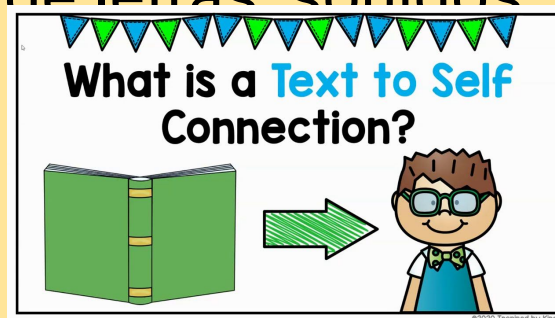
Reading and Phonics

- Phonics: Letter identification, sounds
- Read Alouds
- Reflect our reading to ourselves



Lectura y fonética

- Fonética: identificación de letras, sonidos
- Leer en voz alta
- Reflejar nuestra lectura



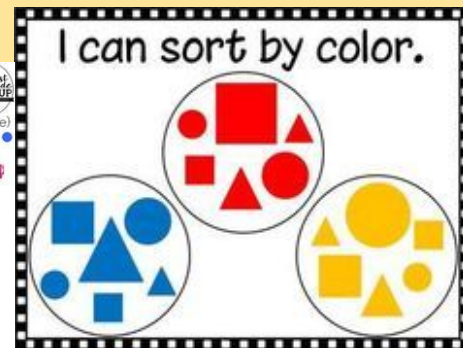
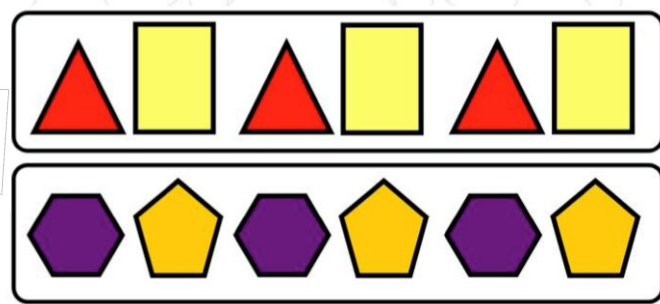
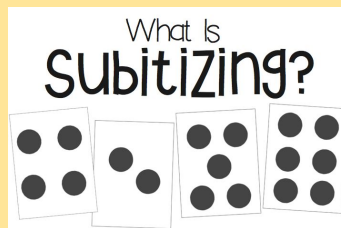
Math

- Counting collections (item counting)
- Number sense, count to 30, number identification to 30
- Number formation
- Sorting and patterning and games



Matemáticas

- Recuento de colecciones (recuento de artículos)
- Sentido numérico, recuento de memoria hasta 30, identificación del número hasta 30
- formación de números
- Clasificación, creación de patrones y juegos.



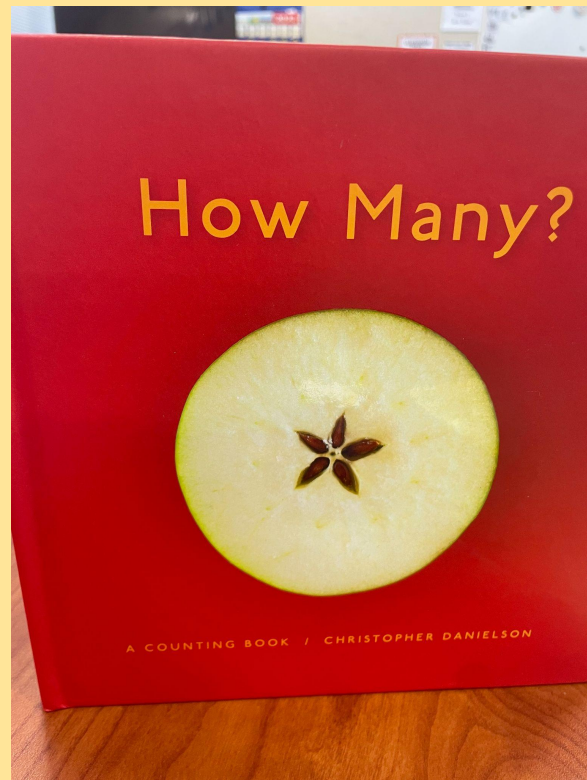
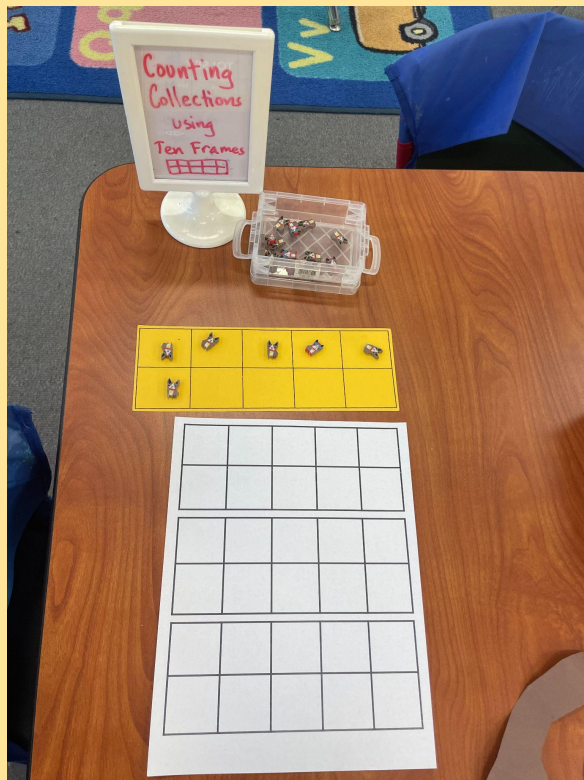


YouTube



Counting Collections Contando Colecciones

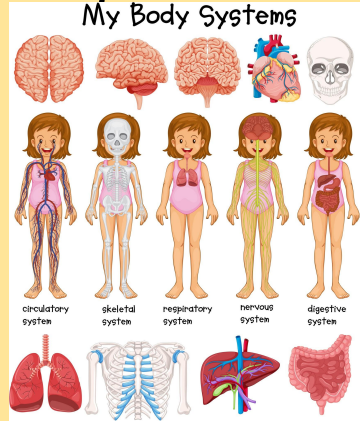
How many...?
Cuantos?



Social Studies & Science

twig
Science

- Social Studies: Rules of a Classroom and School
- Science: Twig Science



Estudios Sociales & Ciencias

- Estudios sociales: reglas de un salón de clases y una escuela
- Ciencia: Twig Science



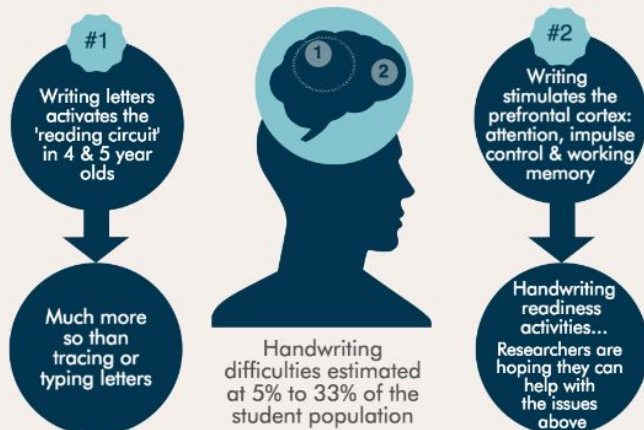
THE IMPORTANCE OF DEVELOPING PRE-WRITING SKILLS IN EARLY CHILDHOOD

"Writing skills developed before school significantly predict later academic achievement."

Dinehart & Manfra's multi-year research with 3000 preschoolers

HOW DOES OUR BRAIN REACT TO EARLY WRITING?

According to brain imaging writing activities stimulate important areas of the brain:



ALL fine motor skills predict academic achievement

Manipulation skills are not such a great predictor
Fine motor writing skills are a high predictor

What are the building blocks for writing readiness?



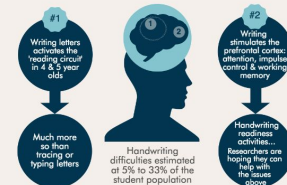
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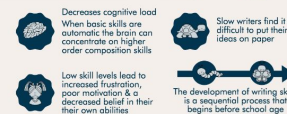
ALL fine motor skills predict academic achievement

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Are children ready to cope with the significant increase in using writing tools?



Legibility & speed are the 2 strongest predictors of successful writers



What are the building blocks for writing readiness?

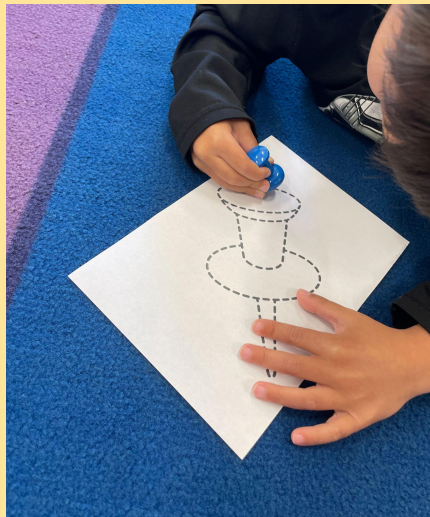


For more detailed information visit Li's Early Learning Spot

Fine Motor Skills: some examples



Cutting straws, thick paper



Pokey pin



Pinching, tweezing



Play doh

Prewriting skills - help strengthen hand muscles as a precursor to a proper pencil grip

<https://childdevelopment.com.au/areas-of-concern/writing/writing-readiness-pre-writing-skills/>

Developmental Skills: <https://stayathomeeducator.com//developmental-skills-for-preschoolers/>

**Broken Crayons help
with grip**



Crossing The Midline



Why OT's
Love It

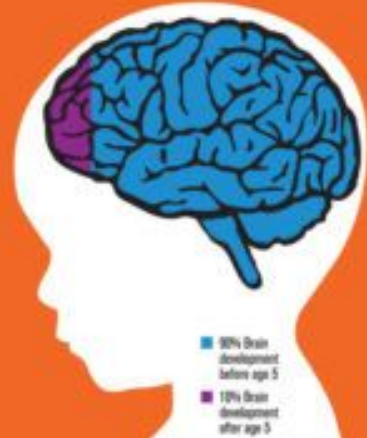
When children can cross the midline, they are using both sides of the brain to coordinate controlled, complex movement. This is important for tracking (reading and writing left to right).

Cuando los niños pueden cruzar la línea media, están usando ambos lados del cerebro para coordinar movimientos complejos y controlados. Esto es importante para el seguimiento (leer y escribir de izquierda a derecha).

El 90% del desarrollo del cerebro ocurre antes de los 5 años de edad.

<https://www.ot-mom-learning-activities.com/crossing-the-midline.html>
tiene un enlace para información en español
<https://developingchild.harvard.edu/science/key-concepts/executive-function/>

90%
of a child's brain
development
happens
before age 5



12

Reasons to Teach Executive Functioning Skills Explicitly

www.thepathway2success.com



EF skills are shaped (not innate)



They are life skills



They build independence



EF skills impact social skills



Strong EF skills support academics



EF skills enhance problem-solving abilities



They are a component of SEL (self-management)



Interventions support struggling kids



Research supports teaching EF skills



Proactively teaching EF skills supports all learners



Learning tough skills requires practice



EF skills teach positive study habits

Clipart by Sarah Pecorino & Kate Hadfield

Executive function and self-regulation skills are the mental processes that enable us to plan, focus attention, remember instructions, and juggle multiple tasks successfully. Just as an air traffic control system at a busy airport safely manages the arrivals and departures of many aircraft on multiple runways, the brain needs this skill set to filter distractions, prioritize tasks, set and achieve goals, and control impulses.

La función ejecutiva y las habilidades de autorregulación son los procesos mentales que nos permiten planificar, centrar la atención, recordar instrucciones y hacer malabarismos con múltiples tareas con éxito. Así como un sistema de control de tráfico aéreo en un aeropuerto concurrido gestiona de forma segura las llegadas y salidas de muchos aviones en múltiples pistas, el cerebro necesita este conjunto de habilidades para filtrar las distracciones, priorizar tareas, establecer y alcanzar objetivos y controlar los impulsos.

<https://developingchild.harvard.edu/resources/activities-guide-enhancing-and-practicing-executive-function-skills-with-children-from-infancy-to-adolescence/>

<https://developingchild.harvard.edu/science/key-concepts/executive-function/>

<https://www.thepathway2success.com/>

<https://theinspiredtreehouse.com/self-regulation/>

Birthdays

- You may send goodie bags
- NO FOOD nor Candy

Cumpleaños

- Puede enviar bolsas de regalos
- SIN COMIDA ni dulces



Mustang Roundups (School-wide Assembly)

- First Friday of every month
- 8:35-9:05 (please come on time)
- TK and Kinder will do something special in June



Resumen del Mustang (Asamblea de toda la escuela)

- primer viernes de cada mes
- 8:35-9:05
- TK y Kinder harán algo especial en junio

Scholastic Books

Once/month, you'll get a flyer, you can enter you orders online or give me back the order form with your order and payment.

Shop Our Class Page:

<https://orders.scholastic.com/M69MK>

Shop Digital Flyers for Our Grade with Your Child: <https://clubs.scholastic.com/prek>

All orders also earn FREE Books for our class.

Thank you for your support!

Mrs. Kepp

Class Code: M69MK



Libros Scholastic

Una vez al mes, recibirá un folleto, puede ingresar sus pedidos en línea o devolverme el formulario de pedido con su pedido y pago.

Compre de nuestra página de clase:

<https://orders.scholastic.com/M69MK>

Compre volantes digitales para nuestro grado con su hijo:

<https://clubs.scholastic.com/prek>

Todos los pedidos también ganan libros GRATIS para nuestra clase. ¡Gracias por tu apoyo!

Sra. Kepp

Código de clase: M69MK

Epic! Virtual Library

After opening the [Epic](#) app or [getEpic.com](#), ask students to:

Tap on "STUDENTS"

Enter class code **jxy4685**

Select their name

Books available in Chinese, Spanish and French.

Check out the "Read to Me" section.

Free 7am-4pm weekdays.

Gratis de 7a.m. a 4p.m. de lunes a viernes.

Press play



Después de abrir la aplicación [Epic](#) o [getEpic.com](#), pídeles a los estudiantes que:

- Toquen "ESTUDIANTES"
- Ingresen el código de clase **jxy4685**
- Seleccionen su nombre

Libros disponibles en, español, chino, y francés.

Consulten la sección "Léeme".

Donations

- Bandages
- Tissue
- Amazon Wish List



Donaciones

- Curitas
- Toallitas
- Lista de deseos de Amazon



[“Meadow Heights
TK Kepp Wish List”](#)

Backpacks

Please take out papers from backpacks daily.

- Have your child tell you what the work is about
- Notice from me/office

Mochilas

Saque los papeles de las mochilas todos los días.

- Pídale a su hijo que le cuente lo que hizo.
- Aviso de mi parte/oficina



Restaurant Crayons

- Don't let the restaurant throw them away! I'll take them. Red and Blue go fast in this classroom.

Crayones para restaurantes

- ¡No dejes que el restaurante los tire! Yo me los quedo. El rojo y el azul se gastan rápido en esta clase.



Parent Presentations

- If you would like to share a family tradition or holiday with the class, please do!
- We've had parents talk about Hanukkah, Diwali, and Lunar New Year.

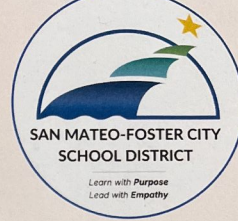


Presentaciones para padres

- Si desea compartir una tradición familiar o una festividad con la clase, ¡por favor hágalo!
- Hemos tenido padres que han hablado sobre Hanukkah, Diwali y el Año Nuevo Lunar.



BECOME A VOLUNTEER



Level 1

Level 1 volunteers are NOT permitted to be alone with students out of the direct supervision of a Certificated District employee.

Level 1 volunteers DO NOT have to complete fingerprinting or mandated reporting training.

Level 1 must provide a copy of a tuberculosis clearance (within 60 days) if they will volunteer with frequent or prolonged contact with students.

Level 1 Examples:

- Regularly scheduled classroom/school volunteers

Level 2

Level 2 volunteers are those who are alone with students and not under the direct supervision of a Certificated District employee.

Level 2 volunteers MUST complete fingerprinting. Livescan forms for fingerprinting are available in the school office. Many UPS stores provide Livescan services.

Level 2 volunteers must provide a copy of a tuberculosis clearance (within 60 days).

[CLICK HERE!](#)
[CA Mandated Reporter Online Training](#)
Child Abuse-Volunteers Module

[CLICK HERE!](#)
[Tuberculosis Risk Assessment Questionnaire/Certificate of Completion Forms](#)

Level 2 Examples:

- Attending a field trip
- Tutors



Mandate Reporting
Training



California School
Tuberculosis (TB)
Risk Assessment



Meadow Heights PTA
where a strong community is a tradition



PTA Asociación de Padres y Maestros

Find us on Social Media



@meadowheightspta



www.facebook.com/mhpta

[PTA Slides](#)

Get involved and **JOIN the PTA** for **only \$10** and 5 meetings a year. Together we make Meadow Heights the amazing community that it is.



Scan to Volunteer

¡Involúcrate **y únete a la PTA** por **tan solo \$10** y asistiendo a 5 reuniones al año! Juntos hacemos de Meadow Heights la increíble comunidad que es. **Scanea para ser Voluntario**

Upcoming Volunteer Opportunities:

Harvest Carnival (October 30)
Room Parents
Multilingual Parent Resource

Proximas Oportunidades de Voluntariado:

Harvest Carnival (Octubre 30)
Padres de Clase
Recursos de Padres de Varios Idiomas

Questions? Email Carisa @ president@meadowheights.org

Preguntas? Correo electronico: Carisa @president@meadowheights.org





Meadow Heights PTA

The Meadow Heights Parent Teacher Association (PTA) is dedicated to supporting our school, the students, our teachers/staff and all families.

The Meadow Heights PTA:

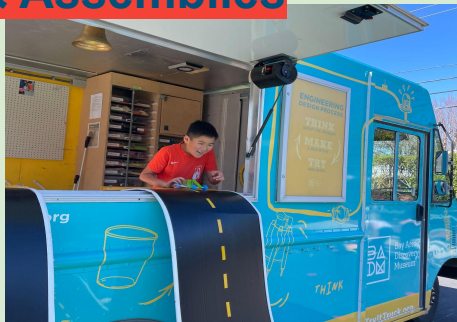
- **Plans** community events and activities
- **Provides funding** for school programs & enrichment for students
- **Organizes volunteers** to run events, help in classrooms & support the school
- **Sends communications** to help families stay informed and connected
- **Arranges staff appreciation** activities throughout the year
- **And so much more!**

Please support our community by sharing your time, talents and donations!

Visit www.meadowheights.org to get started!

Your donations & volunteer time helped make these activities possible last year...

Field Trips & Assemblies



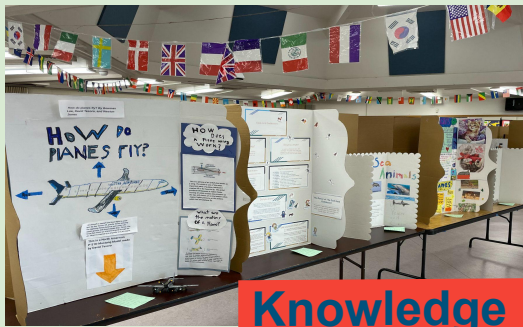
Art & Music Class



Lego Lab



And so much more!



Knowledge Fair & Stampede



Help us make these possible again this year!
Sign up for PTA today!



PTA de Meadow Heights

La asociación de Padres y Maestros de Meadow Heights (PTA) se dedica a apoyar a nuestra escuela, estudiantes, nuestros maestros/personal y familias.

La PTA de Meadow Heights:

- **Organiza** eventos comunitarios y actividades
- **Financia** programas escolares y enriquecimiento para estudiantes
- **Organiza voluntarios** para eventos, ayuda en las clases y apoya a la escuela
- **Envía comunicaciones** para ayudar a las familias a mantenerse informadas y conectadas
- **Organiza actividades de agradecimiento** al personal a lo largo del año
- **¡Y mucho mas!**

¡Por favor, apoye a nuestra comunidad aportando su tiempo, talento y donaciones!

Visite www.meadowheights.org para comenzar!

Sus donaciones y tiempo contribuyeron a que estas actividades fueran posibles el año pasado...

Paseos y Asambleas



Clases de Arte Y Músicas



Lego Lab



¡Y mucho más!

¡Ayúdanos a hacer posible esto de nuevo este año!

¡Únete a la PTA hoy!

Feria de Conocimientos y Stampede





Helpful Guidelines from Principal Eilers

- Please set an appropriate bedtime for your child.
- Encourage your child to eat a healthy breakfast each morning.
- Provide healthy snacks that your child likes and will readily eat.
- Please keep all toys at home.
- Make sure that everything belonging to your child is labeled.
- Make sure that your child is on time for school.

Reading at home

Read **to** your child.

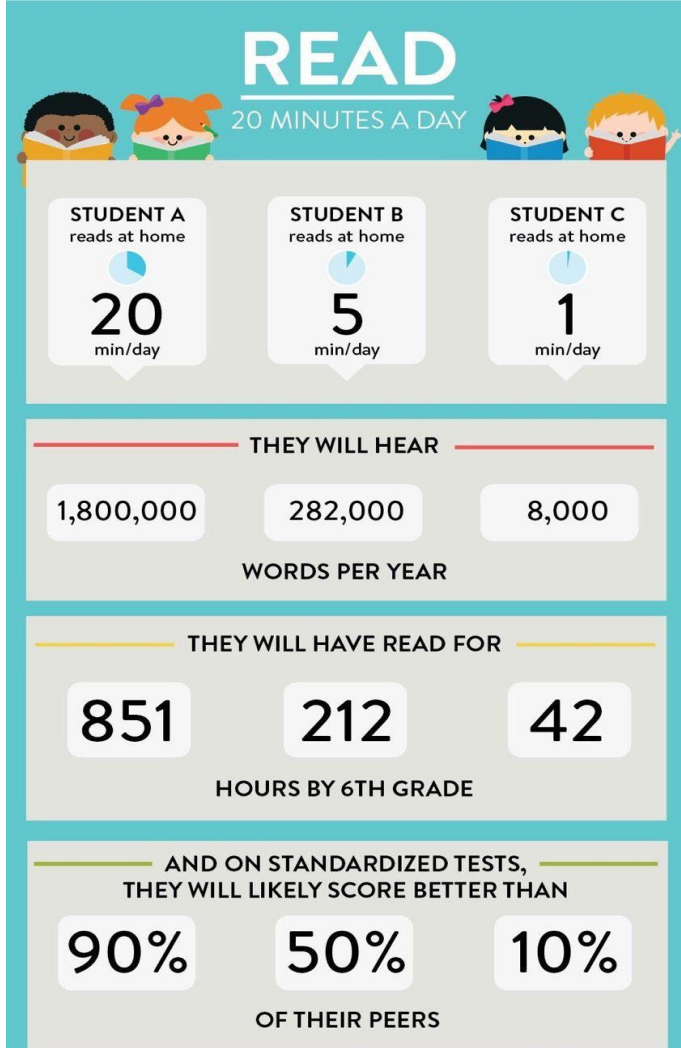
Read **with** your child.

Read in your **home language**.

Ask questions about the stories.

Listen to your child read (describe pictures, retell the story.)

Have **fun** with reading!



Leyendo en casa

Léale a su hijo.

Lea con su hijo.

Leer en el **idioma de su hogar**.

Haz preguntas sobre las historias.

Escuche a su hijo/a leer (describir imágenes, volver a contar la historia).

¡Diviértete con la lectura!



Porque Su Hijo No Puede Dejar de Leer Sus 20 Minutos Esta Noche

Carlos

Roberto

Lee 20 minutos cada noche,
5 veces por semana



lee solo 4 minutos cada noche
...o a veces no lee

En una semana:

100

minutos de lectura



20

minutos de lectura

En un mes:

400

minutos de lectura



80

minutos de lectura

En un año escolar (9 meses):

3600

minutos de lectura



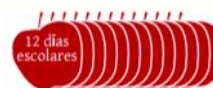
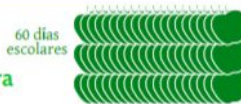
720

minutos de lectura

Para finales de sexto grado:

21,600

minutos de lectura



4320

minutos de lectura



Thank you for coming!

See you tomorrow morning

If you have any questions, please send me a message in
ParentSquare

¡Gracias!

Te veo mañana por la mañana

Si tiene alguna pregunta, por favor envíeme un mensaje en
ParentSquare



[Sign up to be a Room Parent](#)

Send me a message if you'd like to volunteer for art: Fridays, 9:15-10am - 9/11, 9/25 10/16, 11/13, 12/4.

[Scholastic Books](#) class code: M69MK

[Epic!](#) - Free books online 7am-4pm code: jxy4685, books in Spanish and Chinese

[Meadow Heights PTA](#) site for info on volunteering and helping at school events

[Meadow Heights Website for Parents](#) - After school care, absences, bus info, more

[Meadow Heights Handbook](#) - Schedule, general information, curriculum, and more

[Manual Escolar](#)

[San Mateo Foster City District Info](#) - tech support, food, ParentSquare, and more

[Aeries](#) - make sure your contact and info are correct, this is imperative so you receive info about your child and the school

Amazon [Wish List](#)