

Mountain Home School District Food Services Newsletter



September 2026



DOUGHLICIOUS.
DELIVERED.



Free & Reduced Meal Applications

It's not too late to submit a Free & Reduced Meal Application.

Visit mealtimesapps.com to complete the application. For Free & Reduced application questions, please contact Lori Ireland at (208)587-2580.



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Pizza Daze Craze

The best part of the school day just got even better!

Pizza Daze is serving up all the flavors students love, from cheesy classics to creative new twists on pizza favorites! With exciting menu features throughout the promotion, there's always something new to look forward to at lunch!



chartwells
serving up happy & healthy

DISCOVERY KITCHEN FUN FIT

Whether it's competing on an athletic team, staying active with friends, or studying for a math test, FIT teaches kids how to fuel their bodies and minds in the cafeteria and beyond. This innovative program brings together culinary demonstrations, nutrition education, and interactive classroom activities along with healthy recipes to help everyone perform at their best and stay ahead of the game.

FIT.
fuel.ignite.thrive.

Whole Grain Energy Bites



INGREDIENTS

1/2 cup – sunflower butter (room temp.)
1 tsp. – vanilla flavoring
1 1/2 oz. – ground graham cracker
1/3 cup – honey (room temp.)
1 cup – quick oats
3 oz. – chopped dried cranberries

Servings: 8 - 10

METHOD

- 1) Stir all ingredients in a bowl to mix well.
- 2) Shape into balls and refrigerate.

Serve & Enjoy

FUN DAYS THIS MONTH:

9/10 Featuring Chili Cheese Dogs!



9/16 Stack-tacular lunch options!



Promoting fresh produce all month long.



This institution is an equal opportunity provider.