Classroom Snacks Shopping Guide

For Parents, Teachers and Staff

Smart Snacks & AZ Healthy Schools Compliance

Items on this list are compliant with USDA's Smart Snacks regulations and the Arizona Healthy Schools Act (ARS 15-242.01) and can be purchased for classroom celebrations. Snacks can also be ordered through the Child Nutrition Department.

602-381-6048

Fruit Based Snacks

- Individual fruit cups in water or 100% juice
- Raisins, dried cranberries or other dried fruit with no added sugar
- Fresh fruit & vegetables
- Freeze dried fruit / fruit crisps
- Unsweetened applesauce cups or pouches
- Brands to look for: That's It, Sensible Foods, Bare, Simple Truth (Fry's), Great Value (Walmart), Kirkland (Costco)

Crackers & Grahams

- Annie's Honey Graham Crackers
- Cheez-Its Whole Grain Crackers
- Kellogg's Scooby Doo Graham Cracker Snacks
- Mondelez Int'l BelVita Snack Packs
- Nabisco Triscuits - all flavors
- Nabisco Teddy Grahams - all flavors
- Nabisco Wheat Thins - orginal, reduced fat, multigrain

Chips/Pretzels/Popcorn

- FritoLay Baked Potato Crisps (all flavors), Baked Ruffles and Baked Cheetos NKD
- FritoLay Baked Tostitos Scoops & Reduced Fat Tostitos Crispy Rounds
- FritoLay Kettle Cooked 40% less fat chips (all flavors)
- General Mills Simply Chex Mix Cheddar, Strawberry Yogurt, Chocolate Caramel
- Quaker Rice Crisps & Rice Cakes
- Angie's Boom Chicka Pop - Sea Salt Flavor
- JollyTime Popcorn - Healthy Pop Butter or Kettle
- Orville Redenbacher Smart Pop or 100 calorie Smart Pop Mini Bags - Butter or Kettle
- Popchips - all flavors

Protein

- Unsweetened nut & seed butters - all brands
- Raw or dry roasted nuts & seeds - all brands
- Jack Links Chicken Tender Bites - sweet BBQ
- Harvest Snaps Crispy Baked Veggie Snacks - lightly salted

For celebrations, parents can purchase other snacks but they cannot contain these ingredients:

Potassium Bromate	Brominated vegetable oil	Green dye 3
Propylaraben	Yellow dye 5 & 6	Red dye 3
Titanium dioxide	Blue dye 1 & 2	Red dye 40

Guía de Compras de Bocadillos para el Salón de Clases

Para Padres, Maestros y Personal

Cumplimiento con Smart Snacks y AZ Healthy Schools

Los artículos de esta lista cumplen con las regulaciones de Smart Snacks del USDA y la Ley de Escuelas Saludables de Arizona (ARS 15-242.01) y se pueden comprar para celebraciones en el salón de clases.
Los bocadillos también se pueden solicitar a través del Departamento de Nutrición Infantil.

602-381-6048

Bocadillos a Base de Frutas

- Vasitos individuales de fruta en agua o jugo 100% natural
- Pasas, arándanos secos u otras frutas deshidratadas sin azúcar añadida
- Frutas y verduras frescas
- Fruta liofilizada / crujientes de fruta (fruit crisps)
- Vasitos o bolsitas de puré de manzana sin azúcar
- Marcas recomendadas: That's It, Sensible Foods, Bare, Simple Truth (Fry's), Great Value (Walmart), Kirkland (Costco)

Galletas Saladas y Galletas Graham

- Galletas Annie's Honey Graham
- Galletas integrales Cheez-It
- Bocadillos de galletas Graham Scooby Doo de Kellogg's
- Paquetes de bocadillos BelVita de Mondelez Int'l
- Nabisco Triscuits (todos los sabores)
- Nabisco Teddy Grahams (todos los sabores)
- Nabisco Wheat Thins (originales, reducidas en grasa, multigrano)

Papas / Pretzels / Palomitas de Maíz

- FritoLay Baked Potato Crisps (todos los sabores), Baked Ruffles y Baked Cheetos NKD
- FritoLay Baked Tostitos Scoops y Tostitos Crispy Rounds reducidos en grasa
- Papas FritoLay Kettle Cooked con 40% menos grasa (todos los sabores)
- General Mills Simply Chex Mix (Cheddar, Yogur de fresa, Caramelo con chocolate)
- Quaker Rice Crisps y Rice Cakes (galletas de arroz)
- Angie's Boom Chicka Pop (sabor sal de mar)
- Palomitas JollyTime (Healthy Pop Mantequilla o Kettle)
- Orville Redenbacher Smart Pop o minibolsas de 100 calorías Smart Pop (Mantequilla o Kettle)
- Popchips (todos los sabores)

Proteínas

- Mantequillas de frutos secos y semillas sin azúcar (todas las marcas)
- Frutos secos y semillas crudos o tostados en seco (todas las marcas)
- Jack Links Chicken Tender Bites (BBQ dulce)
- Harvest Snaps Crispy Baked Veggie Snacks (ligeramente salados)

Para las celebraciones, los padres pueden comprar otros bocadillos, pero no pueden contener los siguientes ingredientes:

Bromato de potasio (Potassium Bromate)
Propilparabeno (Propylparaben)
Dióxido de titanio (Titanium dioxide)
Aceite vegetal bromado (Brominated vegetable oil)
Colorante amarillo 5 y 6 (Yellow dye 5 & 6)
Colorante azul 1 y 2 (Blue dye 1 & 2)
Colorante verde 3 (Green dye 3)
Colorante rojo 3 y 40 (Red dye 3 & 40)