

OCTOBER 2026*Health-e Pro* **MON****TUE****WED****THU****FRI**

			1 Swedish Meatballs / Mashed Potatoes & Whole Grain Roll Celery & Craisins Pink Frosted Cookie	2 Chicken Tenders w/ Mashed Potatoes & Gravy Corn & Pineapple Tidbits
5 Bacon Cheeseburger Broccoli & Craisins	6 Tacos w/ Tortilla Chips Plant Based Meat Tacos w/ Tortilla Chips* Pinto Beans & Oranges Churro	7 Pasta w/ Meat Sauce & Breadstick / Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll* Baby Carrots & Peach Cup	8 Teriyaki Chicken w/ Brown Rice Celery & Diced Pears M&M Cookie	9 Fish N Chips Peas & Banana
12 Mac & Cheese w/ Whole Grain Roll Broccoli & Fruit Cocktail	13 Global Flavors Japanese Chicken & Vegetable Gyoza Soup Garbanzo Beans & Oranges Chocolate Chip Cookie	14 Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll* Baby Carrots & Apple	15 Chicken Parmesan Sandwich Celery & Craisins Sugar Cookie	16 Chili Cheese Dog Corn & Grapes
19 Western Chicken Burger Broccoli & Craisins	20 Nachos Plant Based Meat Nachos* Refried Beans & Diced Peaches Rice Krispie Treat	21 Chicken Alfredo w/ Whole Grain Breadstick Rebellyous Plant-Based Chicken Alfredo w/ Whole Grain Breadstick Baby Carrots and Mixed Berry Cup	22 Orange Chicken w/ Brown Rice Celery & Apple Chocolate Cake	23 Chicken Meatball Sub Peas & Mandarin Oranges
26 Italian Chicken Sandwich Broccoli & Fruit Cocktail	27 Global Flavors Korean Beef Bulgogi w/ Brown Rice & Spicy Cucumbers Black Beans & Applesauce Cup Snickerdoodle	28 Chicken Parmesan w/ Pasta Rebellyous Plant-Based Chicken Parmesan w/ Pasta Baby Carrots & Strawberry Cup	29 Swedish Meatballs / Mashed Potatoes & Whole Grain Roll Celery & Apple Chocolate Brownie Cookie	30 Chicken Tenders w/ Mashed Potatoes & Gravy Corn & Pineapple Tidbits

ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.75

Milk = \$0.75

Adults = \$6.00

A la carte items are available.
Prices vary by item.

This institution is an equal opportunity provider.