Issaquah School District Breakfast Menu

OCTOBER 2026

Health-e Pro

MON	TUE	WED	THU	FRI
			1 **Entrees:** *Daily Entrée Options **Fruit:** Apple Craisins	2 **Entrees:** *Daily Entrée Options **Fruit:** Craisins Applesauce Cup
5 **Entrees:** Turkey Sausage Breakfast Pizza *Daily Entrée Options **Fruit:** Pineapple Tidbits Apple	6 **Entrees:** *Daily Entrée Options **Fruit:** Craisins Applesauce Cup	7 **Entrees:** Turkey Sausage, Egg & Cheese Breakfast Calzone *Daily Entrée Options **Fruit:** Orange Wedges Apple	8 **Entrees:** *Daily Entrée Options **Fruit:** Peach Cup Fruit Cocktail	9 **Entrees:** *Daily Entrée Options **Fruit:** Diced Pears Craisins
12 **Entrees:** Turkey Sausage Breakfast Burrito w/ Salsa *Daily Entrée Options **Fruit:** Banana Craisins	13 **Entrees:** *Daily Entrée Options **Fruit:** Fruit Cocktail Apple	14 **Entrees:** Ham, Egg & Cheese Breakfast Combo Bar w/ Cracker *Daily Entrée Options **Fruit:** Orange Wedges Diced Peaches	15 **Entrees:** *Daily Entrée Options **Fruit:** Apple Diced Pears	16 **Entrees:** *Daily Entrée Options **Fruit:** Craisins Applesauce Cup
19 **Entrees:** Super Bakery Cinnamon Roll *Daily Entrée Options **Fruit:** Grapes Mandarin Oranges	20 **Entrees:** *Daily Entrée Options **Fruit:** Craisins Apple	21 **Entrees:** Chicken Sausage Pancake Bite *Daily Entrée Options **Fruit:** Diced Peaches Orange Wedges	22 **Entrees:** *Daily Entrée Options **Fruit:** Mixed Berry Cup Craisins	23 **Entrees:** *Daily Entrée Options **Fruit:** Apple Fruit Cocktail
26 **Entrees:** Dutch Waffle & Chicken Sausage *Daily Entrée Options **Fruit:** Mandarin Oranges Apple	27 **Entrees:** *Daily Entrée Options **Fruit:** Fruit Cocktail Craisins	28 **Entrees:** Chicken Sausage Breakfast Sandwich *Daily Entrée Options **Fruit:** Applesauce Cup Pineapple Tidbits	29 **Entrees:** *Daily Entrée Options **Fruit:** Strawberry Cup Diced Peaches	30 **Entrees:** *Daily Entrée Options **Fruit:** Apple Craisins

ANNOUNCEMENTS

***Daily Entrée Options:**

Select 1 to 2 items from:

Low-fat Yogurt, String Cheese, Sunbutter & Jelly Sandwich, Assorted Whole Grain Cereal, Whole Grain Blueberry Muffin, Assorted Whole Grain Graham Crackers

Each complete meal comes with a choice of 1% white milk or fat free chocolate milk.

Menu Subject to Change.

MEAL PRICES

Eligible students receive meals at no cost

Student Breakfast = $3.00
Milk = $0.75
Adult Breakfast = $4.00

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