Fall 2026

Early Childhood
Youth Enrichment
Adult & Family
Senior Scene

CHATFIELD COMMUNITY ENRICHMENT

Chatfield Community Education, Chatfield Center for the Arts,
Chatfield Public Library, and more.

REGISTER NOW!!

ECFE & YOUTH ENRICHMENT

Online (preferred):

www.chatfieldschools.com > Community Education Page
Click on the Community Education Registration Link
or
Scan the QR code

Mail:

Send the registration form below to
Community Education, 11555 Hillside Dr. SE
Chatfield, MN 55923

General Information

Registrations are accepted in the order received.

- **Please fill out one registration per person.**
- **You will receive a notice if the class is full - your fee will be returned.**
- **If you cancel after the deadline, your fee will not be refunded.**
- **No news is good news! You will not receive a notice unless there is a change or class is canceled.**
- **Financial Assistance is available for youth- contact lklevan@chatfieldschools.com.**

CHATFIELD CENTER FOR THE ARTS
CHATFIELD COMMUNITY EDUCATION
CHATFIELD PUBLIC LIBRARY
The Hub
CHATFIELD ENRICHMENT PARTNERSHIP
Where Community, Culture and Creativity Connect

We are thrilled to announce that Community Education, the Chatfield Center for the Arts (CCA), and the Public Library are teaming up to collaborate on future programming for Adults & Families – including The Senior Scene.

Unless otherwise noted, all registrations for adult enrichment & The Senior Scene will be through "The Hub" - located at the Chatfield Center for the Arts.

To register for Adult Enrichmen & the Senior Scene: Unless otherwise noted - Scan the QR Code or go to www.chatfieldarts.org / submit a registration form to Chatfield Center for the Arts, 405 Main Street or stop by during business hours, T-F, 10a-4p., (Use entrance 4 - across from the park.

QUESTIONS? CONTACT US

COMMUNITY EDUCATION STAFF:

LuAnn Klevan, Director	(507)867-4521 x. 5022	lklevan@chatfieldschools.com
Brittney Klug	(507)867-4521 x 5022	bklug@chatfieldschools.com
Sue Tangen, SAC Coord.	(507)867-4521 x. 4051	stangen@chatfieldschools.com
Sue Danielson, CE Assist.		sdanielson@chatfieldschools.com

The Community Education Office is located in the Elementary School
11555 Hillside Dr. Chatfield, MN 55923.

COMMUNITY EDUCATION ADVISORY COUNCIL

Barb Schroeder, Brad Bentley, Brian Baum, Jeremiah Halloran, Jill Harstad, Julie Sogla, Mark Johnsrud, Pam Nelson, Betsy Koehnen, and Pam Bluhm

The advisory council provides ideas, feedback and direction for the Community Education programs. The members serve as eyes and ears in the community. You are invited to join the advisory council. We welcome your input! **Interested? Contact lklevan@chatfieldschools.com.**

Meetings During the 2026-27 School Year

Wednesdays, Oct. 7/ Dec. 2 / Feb. 3 /Apr. 7 6-7 p.m. in the Elementary Library

CHATFIELD PUBLIC LIBRARY

Christy Archer, Director
(507)867-3480
monica@selco.info
314 Main St. S.
Chatfield, MN 55923

CHATFIELD CENTER FOR THE ARTS

Betsy Koehnen
405 Main St. S.
Chatfield, MN 55923
(507)884-7676
director@chatfieldcfa.com

EARLY CHILDHOOD

Chatfield Preschool is excited to announce that we have received grants to help us create a safe, fun, engaging learning environment for our students!

Thank you to **SOUTHERN MN INITIATIVE FOUNDATION** for the funds to purchase a new curriculum and curriculum supports!

Thank you to the **CHATFIELD EDUCATION FOUNDATION** for the funds to update our classroom furnishings -- including kitchen sets, sensory tables, a small group table, and shelving units. Your support is very much appreciated.

IF YOUR CHILD IS NOT YET ENROLLED IN PRESCHOOL,
WE HAVE HAVE OPENINGS IN ALL OF THE 4 & 5 YEAR OLD CLASSES.
Call 507-867-4521 x. 5022 or email bklug@chatfieldschools.com.

EARLY CHILDHOOD FAMILY EDUCATION
For Families with children birth-5 (not in Kindergarten)

ONCE UPON A SCHOOL YEAR

Saturday, Sept. 19 10:00-11:30 a.m. Elementary School – Early Childhood Wing

Welcome aboard the Magic School Bus! We're traveling to magical places where we'll learn, play, and make new friends all year long! Join us September 19th for our first ECFE family event of the school year! Children will create their own magic wands, embark on a fairy tale treasure hunt, mix up magical potions, explore an enchanted forest, and discover exciting surprises in our dragon sensory bin. Filled with imagination, hands-on fun, and magical adventures, it's the perfect way to begin an amazing school year together! ***Register in advance using the QR Code below.***

Scan QR Code to Register:
Register as a family. Use the parent's name when registering.

A GRANDFRIEND HOLIDAY (Elementary Early Childhood Wing - Entrance 12)

1. Thursday, Dec. 10 / 5:30-7:00 p.m.
2. .Friday, Dec. 11 / 9:00-10:30 a.m.

Invite a grandparent, aunt, uncle, or special friend to accompany your child for this special Holiday experience. Your child will have an opportunity to make a special parent gift. There will be music, treats & storytime! ***Register in advance using the QR Code above.***

FALL ECFE CLASSES

ECFE classes are for parent and child to attend together. During class, parents and children can explore, create, and spend time together without distractions and interruption. Circle time includes music, stories, and more. ECFE recognizes that parents are their child's first and most important teachers. ECFE offers support, education, and resources to parents. ECFE works to strengthen families. ECFE promotes & encourages parent-child time.

NUTS ABOUT NATURE-ECFE Fall This fall, we'll explore the wonders of the season as we discover apples, pumpkins, colorful leaves, and all things autumn! From hands-on sensory play and nature investigations to fun fall-themed crafts and activities, children will enjoy learning through play while exploring the beauty of the changing season. We're nuts about nature, and we can't wait to celebrate fall with you! Register today!

Options:
Thursdays, Sept. 24-Nov. 19
5:30-7:00 p.m.

Fridays, Sept. 25-Nov. 20
8:00-9:30 a.m. or 10:00-11:30 a.m.

Use the chart to determine your fee.
·Full Price is $60 per family
·Reduced is $30 per family
·Free is $0

Scan QR Code to Register:
Register as a family. Use the parent's name when registering.

Household Size of One (1)

Frequency of Income	Free Eligibility $	Reduced Price Eligibility $
Weekly	0–392	393–557
Bi-Weekly	0–783	784–1,114
2x per month	0–848	849–1,207
Monthly	0–1,696	1,697–2,413
Yearly	0–20,345	20,346–28,953

Household Size of Two (2)

Frequency of Income	Free Eligibility $	Reduced Price Eligibility $
Weekly	0–529	530–753
Bi-Weekly	0–1,058	1,059–1,505
2x per month	0–1,146	1,147–1,631
Monthly	0–2,292	2,293–3,261
Yearly	0–27,495	27,496–39,128

Household Size of Three (3)

Frequency of Income	Free Eligibility $	Reduced Price Eligibility $
Weekly	0–667	668–949
Bi-Weekly	0–1,333	1,334–1,897
2x per month	0–1,444	1,445–2,055
Monthly	0–2,888	2,889–4,109
Yearly	0–34,645	34,646–49,303

Household Size of Four (4)

Frequency of Income	Free Eligibility $	Reduced Price Eligibility $
Weekly	0–804	805–1,144
Bi-Weekly	0–1,608	1,609–2,288
2x per month	0–1,742	1,743–2,479
Monthly	0–3,483	3,484–4,957
Yearly	0–41,795	41,796–59,478

Household Size of Five (5)

Frequency of Income	Free Eligibility $	Reduced Price Eligibility $
Weekly	0–942	943–1,340
Bi-Weekly	0–1,883	1,884–2,679
2x per month	0–2,040	2,041–2,903
Monthly	0–4,079	4,080–5,805
Yearly	0–48,945	48,946–69,653

Early Childhood Continued . . .

Chatfield EARLY CHILDHOOD SCREENING
Friday, Nov. 6th , 8:30 a.m. – 12:00 p.m.
Friday, Jan. 20th, 8:30 a.m. – 2:00 p.m.
Elementary School

Early Childhood Screening is required in MN before a child enters Kindergarten. Children may be screened after age 3. The ideal age for screening is 3 ½-4 years.The years between birth and Kindergarten are a time of rapid growth and learning. Early Childhood Screening helps identify any possible health or developmental concerns. It is a way to identify concerns at an early stage so your child can get help before starting school.
Early Childhood Screening is a FREE service. During screening, the following areas will be assessed:

* Vison and Hearing *Height, Weight, and Growth
* Immunization and Health Status
* Thinking, Language, and Communication Skills * Social and Emotional Development

You will be given the results of the screening and have the opportunity to discuss the results and ask any questions you may have. Early Childhood Screening typically takes about an hour to an hour and a half. Children need to be accompanied by a parent. To register your child for early childhood screening, go to: https://www.chatfieldschools.com/community-ed/early-childhood/early-childhood-screening or scan the QR Code.

EARLY CHILDHOOD CENSUS (Children age 0-4)

If you have a child, infant to age 4, who is not yet on our early childhood census, use the QR code below or email the following information to bklug@chatfieldschools.com. Child's name, date of birth, Parent(s) Names, Address & Phone Number

If you receive the ECFE newsletter & information, your child is already on the census. If your child is in preschool, we have the census information.

Minnesota's Help Me Grow has many resources about the development of young children for parents and professionals. These resources include information on developmental milestones, YouTube videos, caregiver strategies to support development, screening and evaluation, and how to talk about developmental concerns.

0-4 CENSUS
Use the QR Code to enter your child's census information online.

CHATFIELD PUBLIC LIBRARY
Storytime
1st & 3rd Tuesday of the Month at 10:30 a.m.
Lower Level of the Library

YOUTH ENRICHMENT

AFTER HOURS WITH MS. JEANETTE

Instructor-Jeanette Kappers / Elementary Art Room / Register one week in advance.

After Hours with Ms. Jeanette is about having an opportunity to be creative. Ms. Jeanette does not use "cookie cutter" projects. She encourages kids to make the projects truly their own. It's all about the process …. And having FUN! Each month focuses on projects related to a specific theme.

October – Halloween Fun : 2ND & 3RD Grade – Oct. 1 / 1st Grade – Oct. 8
November – Thanksgiving Fun : 2ND & 3RD Grade – Nov. 5 / 1stGrade – Nov. 12
December – Holiday Fun : 2ND & 3RD Grade – Dec. 3 / 1st Grade – Dec. 10

Grades 2 & 3 – 3:00-4:30 p.m. ($15) / Grade 1 – 3:00-4:00 p.m. ($12)

PAINTING CLASSES With Sunshine & Roses Traveling Art Studio

Classes are held in the 4-6th Multi-Purpose Room **$25 Registration Fee Per Painting**

No painting experience necessary. Yes! Everyone can do this – even if they cannot draw a stick figure or do not have any Art experience. Everyone's canvas creation will look different as they add their own twist. All supplies will be provided.

Mon., Oct. 12
Glow In The Dark Scene / 3-4 pm
Spooky Cat / 4-5 p.m.

Mon., Nov. 23
Winter Starry Night / 3-4 p.m.
Snowy Snowman / 4-5 p.m.

Ukulele Lessons (3rd -6th Grade)

Instructor-Tanya Nelson Mrs. Nelson's K Classroom 8 weeks for $80 Register 1 week in advance.

Intermediate lessons for players with previous experience or lessons – Wed., Oct. 21 -Dec. 16, 3:05-3:50 p.m.
During this class we will build on students' prior ukulele experience. We will have fun learning new chords and music in a uke jam session! Must have own Ukulele. **(No class Nov. 25th)**

Beginner lessons for students new to the Uke -- Tues., Oct. 20-Dec. 15th, 3:05-3:50
Beginners will gain knowledge of the parts of the uke, how to hold a ukulele and several beginner strum patterns. They will leave this eight week series of small group lessons learning the most commonly used chords and a packet of beginner songs! There will be several ukuleles available to use for the beginner class. **(No class November 24th)**

Youth Enrichment cont.

CLASSES OFFERED THROUGH
YOUTH ENRICHMENT LEAGUE
With Instructor from Youth Enrichment League
3:00-4:00 p.m. ***Register one week in advance!***

BRICKTOPIA: TALL TOWERS for Grades 1-5 **Thurs., Sept. 24-Nov. 5** **STEM Room** **$76 Fee**
Explore engineering with Bricktopia's Catapults class! Build a catapult, dragster, and scale with LEGO bricks, and challenge yourself to problem-solve and innovate. Join now! **No Class Oct. 15th**

LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

ROBOTICS: MUSCLE 'BOTS for Grades 1-5 **Wed., Sept. 16-Oct. 21** **STEM Room** **$82 Fee**
Get ready to flex some robot muscle! We'll build a robot to compete in a tug-o-war competition, a truck pull, and haul heavy loads. Students use these robots to learn basic computer coding and engineering principles.Sign up today and FLEX!

ROBOTICS: NATURE 'BOTS for Grades 1-5 **Wed., Nov. 4-Dec. 16** **STEM Room** **$82 Fee**
Help nature and our environment by studying them more closely. We'll build a frog 'bot and discuss metamorphosis, then build a bumble bee and discuss the importance of pollination. We'll study nature while learning computer coding and engineering skills. Sign up today! **No class Nov 25th.**

GRANDMASTERS OF CHESS for Grades 1-5 **Elem. Library** **$86 Fee for each session**
New and returning students are invited! Chess class follows four basic components. TEACH IT! .... Students are taught different chess concepts and coached to implement those concepts into their chess games. PRACTICE IT! ... students practice positions set by the coach to improve their understanding of the concept. PUZZLE IT!... Students are given chess puzzles and work with the coach's guidance to solve them. PLAY IT! ... Each class ends with the students playing chess Coaches often feature in-class tournaments during thes session.Class fee includes ChessKid.com membership for the session (a $49 annual value).

Session 1: Mondays, Sept. 14-Oct. 26
Session 2: Mondays, Nov. 9 - Dec. 14

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FLAG FOOTBALL
For Grades 2nd-4th
Saturdays, Sept. 12-Oct. 10
8:30-10:00 a.m.
Elementary Football Field

$20 for first child / $15 for each add'l child
Register by September 8th
Head Coach – Stephen Jezeski
Needed: Volunteers to Assist
If available, indicate when registering

Scan this QR code to register:

CHATFIELD GOPHER PUPS 2025 FALL VOLLEYBALL
Tuesday, Sept. 8 / Mondays, Sept. 14-Oct. 12
Elementary Gym **Register by September 3rd**

3rd & 4th Grade / 5:30-6:30 p.m. 5th & 6th Grade / 6:30-7:30 p.m.
Bring :tennis shoes, water bottle, and knee pads (optional)
$25.00 first player, $15 additional family member
Proceeds go to the Volleyball Activity Fund

Volunteers needed. Contact Coordinator, Keri Plude at keri.plude@gmail.com

A LITTLE SOMETHING FOR ALL AGES

For All Classes – Register one week in advance!

ONLINE CLASSES WITH CRAIG COFFMAN – Use this QR code to register.

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE – Ages 13 & Older

Online class with Craig Coffman Monday, Oct. 12 6:30-9:30 p.m. Fee: $60

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online recorded follow up lessons, a recording of the class and also an optional live periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. (Under Adult on Reg. Site)

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE – Ages 13 & Older

Online class with Craig Coffman Tuesday, Oct. 13 6:30-9:00 p.m. Fee: $60

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online recorded follow up lessons, a recording of the class and also an optional live periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration. (Under Adult on Registration Site)

INSTANT UKULELE FOR HOPELESSLY BUSY PEOPLE – Ages 13 & Older

Online class with Craig Coffman Wed., Oct. 14 6:30-9:00 p.m. Fee: $60

In just a few hours you can learn enough about playing the ukulele to give you years of musical enjoyment and you won't have to take private lessons to do this. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online recorded follow up lessons, a recording of the class and also access to optional live periodic question and answer sessions at no additional cost. Class is online using zoom and is partly hands on and partly lecture/demonstration..

CLASSES OFFERED THROUGH YENNIE MARTIAL ARTS STUDIO

All classes are held at the studio, 215 S. Main St
$5 Registration fee payable to Community Education by one week in advance.
To Register: www.chafieldschools.com > Community Education Page
Each class has a $40 fee payable to Yennie Martial Arts - due the first day of class.

YOUTH KARATE Thursdays, Oct. 29-Nov. 19 $40 due first night of class

Time for each age group: 3-8 Year -- 4:45pm-5:30pm 9-12 Year -- 6:15-7:00 p.m

4 week introductory program designed for 3-12 year olds. Please wear comfortable clothing and be ready to have a lot of
fun learning karate with a skilled black belt. All participants will receive a t-shirt.

TEEN/ADULT KARATE Thursdays, Oct. 29-Nov. 19 7:30pm-8:15pm $40 due first night of class

4 week introductory program designed for 13 yrs-older Please wear comfortable clothing and be ready to have a lot of fun learning karate with a skilled black belt. All participants will receive a t-shirt.

To register: Unless otherwise noted - Scan the QR Code or go to www.chatfieldarts.org / submit a registration form to Chatfield Center for the Arts, 405 Main Street or stop by during business hours, T-F, 10a-4p., (Use entrance 4 - across from the park.

ADULT ENRICHMENT

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TAKE A HISTORICAL PERSPECTIVE

with Laney Smith, founder of Legacy Lane Genealogy, producer of the Roots & Riddles podcast, and a genealogist specializing in Fillmore County family history

BEYOND THE MAP: Fillmore County's Lost Communities

Tuesday, Oct. 27 6-7 pm Center for the Arts $5 Reg. Fee Register by Oct. 25

Step back in time and uncover the forgotten communities that once dotted the Fillmore County landscape. Join Laney Smith, for an engaging journey through Fillmore County's **ghost towns**, where **abandoned streets**, **vanished businesse**s, and long-lost residents come back to life through historical photographs, maps, and fascinating stories. Whether you're a history enthusiast, a lifelong local, or simply curious about the places that disappeared, you'll leave seeing Fillmore County in a whole new way.

FINDING YOUR ROOTS: Genealogy for Beginners

Thursday, Nov. 5 7-8 pm Center for the Arts $10 Reg. Fee Register by Nov. 2

Have you ever wondered where your family came from but didn't know where to begin? Join Laney Smith for this beginner-friendly workshop designed to help you start discovering your own family's story. Whether you're starting from scratch or have a few names and stories to build on, you'll learn how to begin your family tree, find reliable records, navigate online resources, avoid common research pitfalls, and preserve your discoveries for future generations. Bring along a family mystery, brick wall, or research question for an interactive workshop where we'll explore research strategies, work through real examples, and uncover possible next steps together. You'll leave with practical tools, fresh ideas, and the confidence to continue your family history journey.

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"THE ANXIOUS GENERATION" – A Summary & Discussion with Jessica McCleod

Thursday, Oct. 8th 6:30-7:30 p.m. Chatfield Public Library, lower level Free-no registration needed

A must-read for all parents: the generation-defining investigation into the collapse of youth mental health in the era of smartphones, social media, and big tech—and a plan for a healthier, freer childhood. Learn about the impact of social media on young children/adolescent/teenage mental health as described in the best-selling book "The Anxious Generation." Take home specific action items to implement from author Jonathan Haidt. **Reading is not required prior to attending the class.** ***The library will have a limited number of books to check out after class. This program is sponsored by Chatfield Public Library.***

BEGINNER SOURDOUGH BREAD WORKSHOP With Danielle Ericson

Thursday., Nov. 19/ 7-8:30pm / Elementary Art Room / $75 Fee

Join Danielle to learn all the stages of making sourdough and maintaining a starter. Each student will be sent home with a sourdough kit that includes an active starter, instructions, supplies, and dough to bake at home.

LET'S PLAY PICKLEBALL! (For Adults)

Sundays, Nov. 1st – April 25th / 6-8 p / HS Gym(use entrance 4) /Fee: $20 -- Register in Advance

Grab your paddle and ball and join the fun!This is a perfect opportunity to be active and connect with others. All levels are welcome! If you have never tried Pickle Ball—it's a good time to start.

LOOM KNITTING SHAWL FOR "Love is a Hug" (Check it out on Facebook!)

Monday, Nov. 23 5:00-6:30 p.m. Elementary Art Room $23 Reg. Fee

Join Penni from **"Love is a Hug**" to learn how to create your own winter scarf or prayer shawl. You will receive information on the option of donating the shawl to individuals experiencing cancer treatments. You will be able to take the skills learned at class and create endless projects at home using the same loom. We will be using a knitting loom in class. **Register by Nov. 18th**

Participants will be required to bring their own knitting loom that they keep. The loom will come with a hook. Not all looms are created equal. The best option is Novelinks Round Knitting Looms Set - Set of 5 Plastic Looms Knitting with 1 Knitting Yarn Loom Needle and 1 Plastic Loom Pick available on Amazon. Other looms do not work as well.

Participants will be required to bring #6 yarn. This is a thicker yarn and what works the best with the loom. Here are two exaples- Baby Bernat Blanket Yarn- sold at Walmart and Amazon.

WOODEN PORCH SIGN PAINTING with Sunshine & Roses

Monday, Oct. 12 / 5:30-6:30 p.m. / Elementary Art Room / $63 Fee

Join Penni with Sunshine and Roses to create and paint your own wooden porch sign. You can choose any word you want (yes there will be stencils)! Many choose a last name, "welcome" or a holiday theme like pictured. You do not need any Art experience and this class will be fun for everyone!

The fee includes all supplies and instruction. **Register by Oct. 7th**

JOURNEY THROUGH 250 YEARS with Doug Ohman

Thursday, Oct. 1 /6:30 pm Chatfield Public Library

Join storyteller and historian Doug Ohman for a fascinating journey through 250 years of American history as he shares inspiring stories and photographs highlighting the people, events, and ideals that helped shape our nation. **This event is free and open to the public.** *This program is made possible by the people of Minnesota through Minnesota's Arts and Cultural Heritage Library Legacy fund, in collaboration with our regional public library system, SELCO.*

LINE DANCE F with Nora Gathje

Wednesdays, Beginning Sept. 16th through the school year / 6:15-7:30 p.m.
Center for the Arts 2nd Level -Use door 4 - across from the Park$5 Reg. Fee
(New Registration is open until Sept. 30th)

Purchase Punch Card from instructor -- 11 sessions for $50 (renew as needed)

Line dancing offers a unique and enjoyable approach to enhancing physical activity, fostering new connections, boosting stamina and cardiovascular fitness, refining balance, syncing rhythmic movements to invigorating music, alleviating stress, and ultimately embracing the joy of dancing! Come dressed in comfortable workout clothes and sneakers. No prior dance expertise is required—only a zest for movement and enjoyment!

LET'S PLAY PICKLEBALL! / For Adults

Sundays, Nov. 2nd – April 26th / 6-8 p.m. / HS Gym(use entrance 4) $20 Fee -- Register in Advance

Grab your paddle and ball and join the fun! This is a perfect opportunity to be active and connect with others. All levels are welcome! If you have never tried Pickle Ball—it's a good time to start.

The Senior Scene

Mark Your Calendars – October 8th is the Senior Scene Kick-Off!

Opportunities designed for senior citizens (But ALL adults are welcome!)

The majority of the classes & activities are in the Chatfield Art Center Studio. Enter through Door 4 (across from the park). An elevator is located at the end of the hall – to the right.

TO REGISTER: Scan the QR Code or go to www.chatfieldarts.org / Submit Reg Form to Chatfield Art Center, 405 Main St. or call (507)884-7676.

PRESEASON OPPORTUNITIES

September is Healthy Aging Month, a time to celebrate the positive aspects of aging and explore ways to enhance the wellbeing of older individuals. Healthy aging encompasses maintaining and improving physical, mental, spiritual, financial, and social health.

JOIN US AT THE CENTER FOR THE ARTS FOR A WEBINAR SERIES celebrating Healthy Aging Month. The series is presented by y the University of MN Extension Department of Family, Health and Wellbeing. All you need to do is join us at the Center for the Arts -- sit back & relax. Volunteers will take care of getting the webinars started. No registration required.

HOW TO STAY IN YOUR HOME LONGER Tuesday, Sept. 15 / 11 am – Noon
The way your home is designed can make a big difference in how easily and safely you can stay in your home. This workshop will help you learn how changes you can make in your home today, as well as offer guidance for paying for renovations and hiring professionals.

STRONGER WITH OTHERS: THE JOY OF CONNECTION IN SOLO AGING Wednesdays., Sept. 23 / 11 am- Noon
In today's society, the population of individuals aged 65 and older is rapidly increasing. This trend includes a growing group of older adults who live independently without traditional family support. This session will explore both the advantages and the potential obstacles faced by Solo Agers, providing insight and practical considerations for successful aging while living alone.

DISCOVER THE POWER OF HEALTHY EATING FOR OLDER ADULTS Tuesday, Sept. 29 / 11 am – Noon
Are you ready to unlock a healthier, more vibrant you? Join us for this session on healthy eating designed specifically for older adults. Get practical tips to make healthy eating easy and enjoyable.

MOVE MORE, LIVE BETTER Tuesday, Sept. 29 / 1-2 p.m.
"Move More, Live Better" reframes exercise as a chore and explores the transformative role of physical activity to sustain independence, foster mental clarity and preserve the ability to engage in activities that bring us joy. This webinar dives into the "why" and "how" to bridge the gap between knowing that movement matters and making it a seamless, joyful part of daily life.

CANCER PREVENTION FOR OLDER ADULTS Wednesday, Sept. 30 / 1-2 p.m.
What causes cancer, and what can we do to reduce our risks as we get older? In this webinar, participants will learn how researchers identify the causes of cancer and how that knowledge translates to cancer prevention as we get older. We will discuss specific cancer concerns in Minnesota and a new opportunity to participate in research focused on environmental exposures.

STORY THEATER
(For Adults who love reading to children!)
Initial Meeting is Oct.13 th , 3:15-4:15 p.m.,
in the Elementary School Library
What is Story Theater? Adults (who love to read children's stories) present stories to children in character. Each reader takes on the role of a character or narrator.Simple costumes are worn – such as hats, ties, aprons, etc. The story is presented sitting on stool or standing in place. In other words, it's all about reading, not acting!Stories will be presented to students in grades prek-3. Feel free to attend one or two times to see if it is a good fit for you! Please register in advance by calling 867-4521 x. 5022 or emailing lklevan@chatfieldschools.com

DIABETES: Treatment & Prevention
Wed., Nov. 4 / 1:00-2:00 p.m. /Center for the Arts Studio
(2nd floor - elevator is available)
Free – RSVP by calling 884-7676
Join registered dietitian Jessica Holst, from Fillmore County Public Health, to learn about healthy diet, food labels, portion sizes, and exercise recommendations for diabetes treatment and prevention.

GAME DAY (Wednesdays, 2-4 pm)
Center for the Arts Studio Oct.- Apr.
Enjoy an afternoon of games and conversations.Board games and cards will be available to use. Connect with others who share your love of games, laugh, play, and maybe meet some new friends. Do not need to register in advance. **Games will not meet on December 3rd.**

COFFEE & CONVERSATION
Fridays, 1:30-3:00 p.m., beginning Oct. 9th
Center for the Arts No Reg. Needed
Whether you are wrapping up the week or starting the weekend, do it with friends! Be sure to come to the Art Center to gather together to visit and enjoy a cup of coffee, tea, or hot chocolate. Dice, cards, and coloring pages will be available for those who want to add a little activity to the afternoon. ***This opportunity is hosted by AGE FRIENDLY CHATFIELD.***

FALL PREVENTION With Dr. Nate Skare
Tuesday, Nov. 17 / 10:30-11:30 a.m.
Chatfield Center for the Arts – Studio
(2nd floor – elevator is available)
Free – RSVP by calling 884-7676
September is Fall Prevention Awareness Month. Join Dr. Nate Skare of Skare Spine and Performance for a presentation on falling and fall prevention. Falls become increasingly common as we age, with 40% of those over 70 and 60-70% of those over 85 falling annually. Prevention becomes crucial since a significant portion of hip fractures result from falls. Join us to explore predictors of falls & effective solutions to mitigate fall risks.

55 & Alive For Seniors (55 & Older)
with Driver Improvement Associates. Fee: $28
This class will provide safe driving tips and help you refresh your driving techniques and give you confidence to drive in today's complex traffic. Upon completion, persons 55 & older are eligible for a vehicle insurance premium reduction of 10%. Reduction is good for 3 years. This is a beginner & refresher course.

Options: (See page 12 for reg. information)
1)Thur., Oct.22 5-9 pm Center for the Arts
2)Thur., Oct. 29 12-4 pm Center for the Arts

LIFELONG LEARNING: A LECTURE SERIES

Curiosity doesn't have an age limit.

CHATFIELD CENTER FOR THE ARTS

Lifelong Learning is a lecture series provided by the Center for the Arts. It is designed to spark curiosity, encourage thoughtful conversation, and inspire learning at every age, with a special focus on adults 50+. Each session features a scholar, expert, or knowledgeable presenter exploring a fascinating topic—from history and geography to technology, political science, and beyond. Whether you come to learn something new, explore a subject you've always wondered about, or simply enjoy engaging conversation with others, Lifelong Learning offers an opportunity to stay curious, connected, and engaged.

Check out www.chatfieldarts.org for details on the upcoming series!

Say Yes to Yoga! at the Center for the Arts. All levels welcome! A limited number of mats and blocks are available. However, participants are encouraged to bring your own. Tuesday and Thursday Morning, 9:00 am to 10:00 am / Wednesday Evening, 6:30 pm. to 7:30 pm Fee: Single class purchases are $10, a block of 10 classes is $80, and a block of 20 classes is $120. To purchase online visit: www.chatfieldarts.org Instructor: Jennifer Dundore

CHATFIELD PUBLIC LIBRARY

There's always something happening at the Chatfield Public Library! *Visit our website and follow us on social media to stay up to date on upcoming events, programs, and activities for all ages. www.chatfieldpubliclibrary.org*

The Chosen Valley Community Foundation will be accepting applications for the Fall grant cycle September 1 - October 30. We welcome applications for amounts up to $5000 that serve the Chatfield community and enhance the quality of life for its citizens. Please go to cvcfoundation.com for more information and to apply.

Support high school athletics!

Volunteer to take entrance money at home volleyball or basketball games. Contact Matt Mauseth at mmauseth@chatfieldschools.com for dates and more info.

HALLWALKING School Days , Nov. 2-March 31

High School – 5:00-7:00 a.m. Use Main Entrance / Elementary – 3:30-7:30 p.m. Use Entrance 3

No outdoor shoes. Strollers must be carried into the building.

Email lklevan@chatfieldschools.com or Call 867-4521 x. 5022 (Include your name and number.)

REGISTRATION FORMS

COMMUNITY EDUCATION REGISTRATION - For Youth

Name _____ Phone Number _____
Parent _____
___ Registration for a child Grade _____ Teacher _____
Email Address _____
Address _____ City & Zip _____
Class/Activity:
_____ Fee _____
_____ Fee _____
_____ Fee _____
Amount enclosed_ _____
(Make checks payable to Chatfield Community Education)

Send, along with fee, to Community Education,11555 Hillside Drive SEChatfield, MN 55923

HUB REGISTRATION (Adult Enrichment & Senior Scene)

Name _____ Phone Number _____
___ Registration for an adult

Email Address _____
Address _____ City & Zip _____
Class/Activity:
_____ Fee _____
_____ Fee _____
_____ Fee _____
Amount enclosed_ _____
(Make checks payable to Chatfield Center for the Arts)

Send, along with the fee, to Chatfield Center for the Arts, 405 Main St., Chatfield, MN 55923

Chatfield Public Schools
205 Union St. NE
Chatfield, MN 55923
www.chatfiledschools.com
507-867-4521 x. 5022

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