

SMS Breakfast

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School Nutrition Director: Brandie Wooten, 706-859-3054

OCTOBER 2026

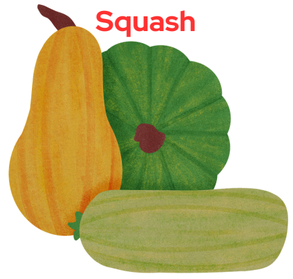
Michigan produces the highest total weight, approximately 150 to 160 million pounds of squash per year. California ranks 2nd in squash production, yielding a large variety of squash such as zucchini and butternut. Florida leads the U.S. in harvested acreage for squash and summer squash production, while New York, Oregon, and Georgia contribute large quanitities to the national supply of squash.

Tue	Wed	Thu	Fri
		1 Steak Biscuit (1, 4, 5) OR Jumpstart Cereal Kit (1, 4, 5) Assorted Juice & Assorted Fruit Choice of Milk (1)	2 Gravy Biscuit w/ Sausage (1, 2, 4, 5) OR Cereal Bar w/ Yogurt (1, 5) Assorted Juice & Fruit Choice of Milk (1)
6 FALL BREAK	7 FALL BREAK	8 FALL BREAK	9 FALL BREAK
13 Chicken Biscuit (1, 4, 5) OR Scone w/ Yogurt (1, 4, 5) Assorted Juice & Fruit Choice of Milk (1)	14 French Toast w/ Syrup (1, 2, 4, 5) & Sausage Links OR Jumpstarts (1, 4, 5) Assorted Juice & Assorted Fruit Choice of Milk (1)	15 Bacon, Egg, Cheese Biscuit (1, 2, 4, 5) OR Cereal Bar w/ Yogurt (1, 5) Assorted Juice & Assorted Fruit Choice of Milk (1)	16 Gravy Biscuit (1, 2, 4, 5) w/ Scrambled Eggs OR Jumpstarts (1, 4, 5) Assorted Juice & Fruit Choice of Milk (1)
20 Chicken Biscuit (1, 4, 5) OR Breakfast Pizza (1, 4, 5) Assorted Juice Assorted Fruit Choice of Milk (1)	21 Waffles w/ Syrup (1, 2, 4, 5) OR Muffin w/ String Cheese (1, 2, 4, 5) Assorted Juice Assorted Fruit Choice of Milk (1)	22 Sausage Biscuit (1, 4, 5) OR Breakfast Pizza (1, 4, 5) Assorted Juice & Fruit Choice of Milk (1)	23 Gravy Biscuit (1, 2, 4, 5) w/ Steak Patty OR Cereal w/ Toast (4, 5) Assorted Juice & Fruit Choice of Milk (1)
27 Chicken Biscuit (1, 4, 5) OR Jumpstart (1, 4, 5) Assorted Juice Assorted Fruit & Choice of Milk (1)	28 Scone w/ Yogurt (1, 4, 5) OR Strawberry Bagel (1, 4, 5) Assorted Juice & Assorted Fruit Choice of Milk (1)	29 Bacon, Egg, Cheese Biscuit (1, 2, 4, 5) OR Cereal Bar w/ Yogurt (1, 5) Assorted Juice & Assorted Fruit Choice of Milk (1)	30 Gravy Biscuit w/ Sausage (1, 2, 4, 5) OR Cereal Bar w/ Yogurt (1, 5) Assorted Juice & Fruit Choice of Milk (1)

Notes



Harvest of the Month: Squash



Some menu items may contain allergens. The following will be used to indicate the presence of allergens in foods:

(1) Milk (2) Egg (3) Peanut (4) Soy (5) Wheat (6) Tree Nut (7) Shellfish (8) Fish (9) Sesame

Chattooga County School District is participating in CEP (Community Eligibility Provision). All students eat at no charge to families. However, there *is* a charge for extra items and snack items. To add money to your student's account, visit www.linqconnect.com

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