WAYFINDER



Curriculum Overview

ELEMENTARY SCHOOL

Visit withwayfinder.com to explore more

PreK

Building Community + Caring for Others

This curriculum helps PreK students learn about who they are and how they feel. Through play and stories, they begin to notice their emotions, understand their actions, and build caring relationships with others.



Chapter 1: Feelings + Friends

- Feelings For All, Part 1
- Feelings For All, Part 2
- Calm Choices
- Same + Different
- Being a Good Friend

Chapter 2: Say + Play

- Let's Talk
- Show How You Feel
- Magic Words Sparkle
- Move Like Me!
- My Choice!

Chapter 3: Move + Groove

- Beat, Bop, Boogie
- Find Your Herd
- Sound Search
- My Motions
- Power Moves

Chapter 4: Think + Explore

- Think and Rethink
- See and Tell
- My Smart Brain
- Try, Try, Again
- Look What I Can Do!

Click to Download Sample Resources

15 min
Try, Try, Again
Curriculum Lesson Guide

15 min
Whisper, Louder, Louder
Activity Library Practice

Kindergarten



Exploring Feelings and Actions

This curriculum supports Kindergarteners to understand and manage their feelings and act with care when engaging in movement and play.

Check out the K-2 Instructional toolkit

Chapter 1: Getting To Know Our Feelings	**Chapter 2:** Feelings + Community	**Chapter 3:** Support + Belonging
• Feelings For All, Part 1 • Feelings For All, Part 2	• We All Feel • Three Deep Breaths • Big Feelings, Bigger Me • Sharing Feelings	• Roll Call Shabooya • Support Everyday • My Favorite Things • I Am Strong and Careful
Chapter 4: Care + Curiosity	**Chapter 5:** Communication + Kindness	**Chapter 6:** Closing Reflections
• Caring for Things • Caring for People • Would You Rather? • Wide, Wondrous World	• The Sounds Around • I See How You're Feeling • Sharing Our Hearts • Kind Hands	• Personal Reflection: How I've Grown • Community Closing: Celebrate Us!

Click to Download Sample Resources

20 min
Caring For Things
Curriculum Lesson Guide

10 min
Feelings Balloons
Activity Library Practice

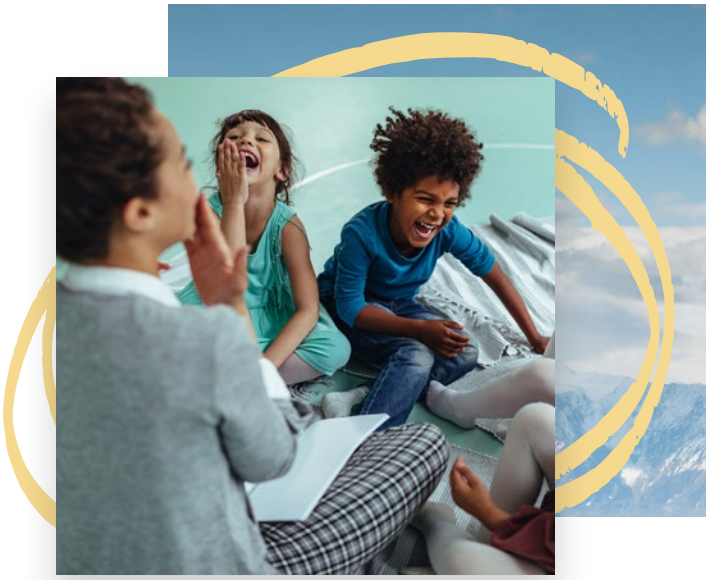
3 min
Feelings Balloons
Activity Library Video

1st Grade

Caring for Ourselves and Others

This curriculum supports students to explore what it means to listen and cooperate with others by working and playing together.

Check out the K-2 Instructional toolkit



Chapter 1: Getting To Know Our Feelings	**Chapter 2:** Feelings + Action	**Chapter 3:** Listening + Awareness
• Feelings For All, Part 1 • Feelings For All, Part 2	• Paying Attention • How Feelings Change • Working Together • Helping Myself	• Importance of Listening • A Listening Community • Listening to Our Environment • Listening to Ourselves
Chapter 4: Consideration + Care	**Chapter 5:** Storytelling + Community	**Chapter 6:** Closing Reflections
• Feeling Thankful, Feeling Good! • Helping Others • Mistakes Help Our Brains Grow! • Saying Sorry	• I Am Awesome • Special Support • Our Joyful Classroom • Community Treasures	• Personal Reflection: Caring Canopy • Community Closing: Celebrating Growth!

Click to Download Sample Resources

20 min
Mistakes Help My Brain Grow!
Curriculum Lesson Guide

10 min
World Record
Activity Library Practice

2nd Grade



Growing and Understanding Ourselves

This curriculum supports students to understand themselves and their impact on others by exploring powerful feelings and important relationships.

Check out the K-2 Instructional toolkit

Chapter 1: Getting To Know Our Feelings

- Feelings For All, Part 1
- Feelings For All, Part 2

Chapter 2: Feelings + Follow-Through

- Feelings Are Powerful
- Harness the Power
- Superpower Care
- Feeling, Thinking, Doing

Chapter 3: Friendship + Purpose

- Support For You and Me
- Exploring Purpose
- Friendship Challenge
- Practicing Kindness

Chapter 4: Patience + Persistence

- Make Space for Patience
- Patience With Yourself
- Persistence
- Patience With Others

Chapter 5: Wonder + Exploration

- Taking Risks
- The Power of Stories
- Curiosity
- Find Your Joy!

Chapter 6: Closing Reflections

- Personal Reflection: My Classroom Ecosystem
- Community Closing: Celebrate Learning and Growing

Click to Download Sample Resources

20 min
Harness The Power
Curriculum Lesson Guide

15 min
Courage Collage
Activity Library Practice

3rd Grade



Creating Connections and Fostering Curiosity

This curriculum supports students to build independence, understand themselves and support each other by exploring what is meaningful to them.

Chapter 1: Intro + Wayfinder Ways

- Wayfinder Ways
- Intro: Better Together

Chapter 2: Curiosity + Generosity

- Meaningful Interviews
- Making Generous Offers
- School Lunches Around the World
- Our Traditions

Chapter 3: Self-Knowledge + Action

- This or That?
- I Need, I Want
- I Care About...
- Practice Makes Progress

Chapter 4: Friendship + Collaboration

- Pep Talk Pond
- Collaboration Taking Shape
- The Secret Question
- Stand Up!

Chapter 5: Feelings + Emotional Agency

- How Would I Feel?
- Say It, Feel It!
- Listening to Hard Emotions
- Celebrate Happiness

Chapter 6: Closing Reflections

- Personal Reflection: Celebrating Ourselves
- Community Closing: Power Tower

Click to Download Sample Resources

20 min
Celebrate Happiness
Curriculum Lesson Guide

15 min
The Wind Blows: Happiness Edition
Activity Library Practice

4th Grade

Building Confidence and Community

This curriculum supports students to create belonging by exploring similarities and differences to help them make sense of the world at large.



Chapter 1: Intro + Wayfinder Ways	Chapter 2: Confidence + Collaboration	Chapter 3: Responsibility + Compassion
• Wayfinder Ways • Intro: Gaming Together	• My Role in the Hive • Proud Failures • Cave Explorer's Challenge • What's Your Style?	• My Unique Fingerprints • Taking Responsibility • Messages in Our Anger • Would You Forgive?
Chapter 4: Community + Support	**Chapter 5:** Purpose + Practice	**Chapter 6:** Closing Reflections
• Our Communities • Being Curious • Strengths in Community • I've Got Your Back	• Making an Impact • Laugh Out Loud • Who Do We Appreciate? • Highs + Lows	• Personal Reflection: This Year I... • Community Closing: We Work Together

Click to Download Sample Resources

20 min
Cave Explorer's Challenge
Curriculum Lesson Guide

10 min
Differences Make All the Difference
Activity Library Practice

5th Grade

Building Empowered and Engaged Leaders

This curriculum supports students to develop leadership skills by exploring strengths and passions.



Chapter 1: Intro + Wayfinder Ways

- Wayfinder Ways
- Leadership Is...

Chapter 2: Self-Expression + Authenticity

- What's Worth the Risk?
- Unique Me
- Respectful Disagreement
- That's What Friends Are For

Chapter 3: Leadership + Compassion

- Team Work Makes the Dream Work
- Being a Team Player
- Community Scavenger Hunt
- My Leadership Style

Chapter 4: Well-Being + Resilience

- Comfortably Uncomfortable
- Roll With It
- Handling Stress
- Pause and Play

Chapter 5: Purpose + Progress

- I Can Be a Hero
- What Matters to Me?
- Inventing Solutions
- Who Do I Want to Be?

Chapter 6: Closing Reflections

- Personal Reflection: Memorable Moments
- Community Closing: Sharing What I Know

Click to Download Sample Resources

Respectful Disagreement
Curriculum Lesson Guide
20 min

Encouragement Wings
Activity Library Practice
15 min