



CANTALOUPE & LIME

DID YOU KNOW?

- Cantaloupe is a type of melon with a hard, bumpy exterior and soft orange interior that is sweet and juicy.
- Limes are small green fruits that grow on trees. The skin is not eaten but the inside pulp is juicy and very acidic.
- Cantaloupe is a good source of vitamin A, which helps to protect our eyes.
- Limes contain vitamin C, which is great for your immune system!

FUN FACT!

The Limelon is a melon & lime hybrid fruit.



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