2026-2027
Pearland Junior High South
Boys' Athletic Policies and Procedures

Below you will find policies and procedures for the boys' athletic program for the entire school year. Student-athletes must follow all policies and procedures. Violations will result in consequences ranging from extra physical conditioning (also known as "Do-Rights") to dismissal from the team and/or athletic program.

PARTICIPATION

It is the goal of this football program to offer the opportunity of participation to every student who has the ability and desire to do so. However, no student is obligated to take part in football nor is participating in football required. It is to be stressed that participating in the PJH South Football Program is a privilege, not a right. Since it is a privilege, the coaches, in accordance with the Pearland ISD policy and due process procedures, have the authority to suspend or revoke the privilege when the rules and standards of this athletic program are violated.

PRACTICES

All student-athletes are expected to attend all practices. Your coach will determine practice times and days well in advance. All football practices are scheduled after school, unless changed by their coach. In recent years, we've had to pivot to morning practices until the 1st game of the season due to heat precautions and weather restraints. This year the 7th grade will practice in the morning all football season; 8th grade will resume after school practices, weather permitting, after the 1st game. Starting Week 1 of games, 7th grade will not have practice on Tuesdays (Game day). 8th grade will not have practices on Fridays unless communicated otherwise. We will communicate our practice schedule in a timely manner to ensure that all are on the same page regarding practices. Practices are important for the development of the student-athlete and the program. If you are going to miss practice for any reason (i.e. doctor/dentist appointments, family emergency, etc.) please notify your coach ahead of time or as soon as possible. Please try to schedule appointments around practices. In addition, our student athletes are expected to have everything needed for practice. Failure to be prepared for practice will accrue Do-Rights and persistent unprepared students may be removed from the team. A couple of examples of an unexcused absence are, but not limited to:

A student-athlete goes to school but decides not to attend practice (skipping).
No communication regarding an absence.
A student-athlete goes to a volleyball game instead of practice.

Unexcused absences will not be tolerated. The following are the consequences for unexcused absences:

Unexcused Absences

1st unexcused absence =	Sit out the entire game. Student-athlete will not dress out for the game.
2nd unexcused absence =	Dismissal from the team for the rest of the season. The student athlete may be placed on Athletic probation or removed from the program.

8th grade practice will end at 5:30 and 7th grade will end during 1st period. Please drop off/pick up your child on time (no later than 15 min. after practice). If a child is consistently picked up late, the child may be removed from the program.

GAMES

All 7th grade games will be held on Tuesdays and all 8th grade games will be held on Wednesdays with a start time of 5:00 pm, unless otherwise noted. Games are extremely important, and it takes everyone on the team to be successful in a game. Games are a TEAM effort; therefore, attendance at games is mandatory. Transportation will be provided to and from away games; our student-athletes will ride the bus to and from games. It is the responsibility of our student-athletes to be on time to the bus, otherwise they may be left behind. As parents, make sure we cheer for our kids and not demean other kids. Good sportsmanship toward coaches, officials, and opponents is expected by all of those affiliated with PJH South.

STUDENT PICK-UP

All student-athletes must be picked up in a timely manner. Whether it's practice or a game, student-athletes should be picked up within 30 minutes of returning to school. Failure to pick up a student-athlete in a timely manner may result in the calling of the Pearland Police Department. Persistent abandonment of a student-athlete may result in the removal of the student-athlete from the team.

INJURY

If a student-athlete gets injured, we have an athletic trainer that can assess and/or treat that student's injury; this should be our first choice in assessing an injury. The athletic trainer may also recommend being seen by a medical provider for further diagnosis and/or treatment. If you go to a provider, you must have medical clearance before being able to return. If a student-athlete needs to be seen by the athletic trainer, we prefer them to avoid missing class time as much as possible. If the trainer issues your student-athlete medical equipment, it is expected that the

medical equipment will be returned in a timely manner and in just as good condition as it was received. There will be a schedule on the athletic trainer's door for their campus availability. If you need to contact the trainer, you may do so on SportsYou or by email at southsportsmed@pearlandisd.org.

STUDENT BEHAVIOR

Proper behavior and language are expected from all student-athletes. Misbehavior and culturally charged language will not be tolerated in the program. Our student-athletes are expected to be role models for other students in and out of our school. Behavior on and off the field will be closely monitored.

SOCIAL MEDIA/TECHNOLOGY

Social media and technology have created issues for some student-athletes. We ask all of our student-athletes to treat these things with caution. Remember that you are not only a reflection of your parents, but also a reflection of your coaches and your school. Do not trash talk or post things that your parents and/or coaches would not want you to post. Any inappropriate pictures and videos should be reported to administration immediately.

There should not be any pictures taken and/or videos recorded in the locker room. Any student-athlete caught doing so will face disciplinary action.

Please refrain from posting videos of games or highlights for those outside of our organization to see until after the season has concluded. We don't want to give our opponents an opportunity to scout us or see what we do before we play them.

Direct student/teacher communication will not be allowed outside of Pearland ISD monitored or approved platforms. Should a student-athlete need to communicate with a coach via the SportsYou app, it must be done with at least 1 parent included in the message. We will not respond to any direct messaging in Pearland ISD non-monitored platforms to a student-athlete.

EQUIPMENT

All equipment issued to a student-athlete becomes that student-athlete's responsibility. Any student-athlete wanting to use their own helmet or shoulder pads must first have it approved by their coach before use. If you use your own helmet, it must be painted black and have a red face mask. Student-athletes must check their equipment daily looking for defects of any kind. If anything needs to be replaced or repaired, the student-athlete needs to see a coach immediately. All personal items must be managed and fixed personally. Normally the day before games our teams will receive their game day uniforms. If items are never returned, we will treat them as lost equipment.

If a student-athlete loses equipment they must pay for the lost equipment. Below are the prices/fees:

- ★ Helmets- $175
- ★ Shoulder pads- $150
- ★ Game Pants- $100
- ★ Game Jersey- $100
- ★ Practice pants- $50
- ★ Game Socks- $25/pair
- ★ Workout Clothes- $25/set
- ★ Combination Lock- $7
- ★ Football Belts- $5
- ★ Mouth pieces- $3

DRESS CODE

Yearly, there is a problem with student-athletes and dress code. We are a team and when a student-athlete is in ISS or D-hall because they cannot follow the dress code, it does not help the team. Do not wear clothes that are too baggy and/or pants that will sag. Players that cannot follow the dress code may be put in D-Hall or ISS. In athletics and practices for all seasons, we are expected to wear school color socks and cleats all year. School colors are red, black, grey, and white.

Crocs/slides are only permitted when showering. They are not permitted during the school day or during athletic activity at any point during the school year.

EARRINGS/JEWELRY

We follow the PISD policy on earrings. We do, however, ask the student-athletes not to get new piercings during the school year. Student-athletes must take out their earrings and remove all jewelry every time they enter our athletic facility throughout the entire school year. If/When an athlete gets a new earring, we will still expect them to remove it during the athletic time.

THEFT

We are one team, and we will not tolerate any theft in the locker room or school building. Any student-athlete caught stealing may be removed from the team and the athletic class.

D-HALLS

If a student is assigned a D-hall for ANY reason, the following may occur:
Any D- hall - Do rights (extra running, squat jumps, pushups, etc.…)
D-hall on a game day – Suspension from the game and Do rights.

Excessive D-halls may result in removal from the team and athletic class!

ISS/ ALA/ SUSPENSION

If a student is assigned ISS he is not allowed to participate in/observe after-school activities during their time in ISS. A student-athlete will be suspended from a game for receiving ISS. Any student-athlete assigned ISS a second time will be removed from the team and may be removed from the athletic class.

Any student-athlete suspended will be suspended for a game and may be removed from the team and the athletic class.

Any student-athlete assigned ALA will be removed from the team and may be removed from the athletic class.

CONDUCT/GRADES

Good conduct in the classroom is as important as good conduct on the field. The boy's athletic program expects our student-athletes to be the best that they can be. Unsatisfactory or poor behavior will not be accepted. Consequences for these behaviors may consist of the following:

- Do Rights
- Game suspension
- Removal from team
- Removal from athletic class

We follow the NO PASS NO PLAY (House Bill 72) rule, which means athletes must pass ALL classes. If a student-athlete fails just one class at the UIL grade check, then they are ineligible until the next UIL grade check. IF a student-athlete consistently fails nine-week terms or have persistent misconduct, they will be placed on probation and/or removed from the athletic program to concentrate on their academics and on their behavior.

All tutoring is expected to be done outside of practice times when possible.

ATHLETIC PROBATION

Any student-athlete that is put on athletic probation, for any reason, will follow these guidelines: To return to the athletic class the following year they must pass ALL classes, have all E's and S's in conduct for the first six weeks of the following year, and they must not have any negative office

referrals. If they complete this probation successfully and want to be back on the team, then they will be back on the team if they desire.

PRACTICE GUIDELINES

Practice is very important. Several skills and conditioning will be covered every day. To get the most out of practice, your coach needs you to be focused at all times. To help you focus your coach has set up a few guidelines to follow:

1. **BE PREPARED**.
   Being prepared for practice means that you are on time, have all necessary equipment, check to make sure all necessary equipment needed for practice that day is out and ready and you have yourself mentally prepared.
2. **PAY ATTENTION.**
   If your coach is speaking or something is happening on the field, you need to focus your attention on it 100% of the time. This means that any talking/distractions should be kept to a minimum.
3. **HUSTLE.**
   Student-athletes do not often walk and lounge around. You need to hustle for loose balls, hustle to your next position, and hustle to your coach if he needs to speak with you.
4. **EFFORT.**
   100% effort should always be given. Anything less isn't the Diamondback standard and will not be accepted.
5. **RESPECT.**
   Student-athletes should always respect coaches and others through their words and actions. Just like your kindergarten teacher taught you, "If you can't say something nice, then don't say anything at all." We expect our student-athletes to say, "Yes sir, no sir, yes ma'am, no ma'am, please, thank you, you're welcome, excuse me, etc."

If the athlete does not follow the practice guidelines the following consequences may occur as deemed necessary by the coach:

"DO RIGHTS" **PHYSICAL CONDITIONING** including but not limited to:
Extra running, crunches, pushups, squat jumps, running, wall sits, etc.

Severe or repeated offenses MAY result in dismissal from the team!

All student-athletes will be required to bring their own water jug for practices and games. The jug should be big enough to hold enough water to last the entire practice/game.

RETURN THIS PAGE TO THE HEAD COACH. (Keep other pages)

I have read, understand, and agree to follow Pearland Junior High South Boys Athletic Policies and Procedures. By signing, I agree to abide by all rules and regulations set forth by the Pearland Junior High South Boys Athletic Program.

X_____ _____

Parent/Guardian Signature **Date**

X_____ _____

Student Signature **Date**

_____

Printed Student's Name