

Fall 2026 PARENT PROJECT

Stronger Parents. Stronger Teens. Stronger Families.

Parent Project is an 8-week workshop series designed to support parents of teens by providing practical tools and strategies to address challenging behaviors, improve communication and supervision, support school success, and create positive changes at home.

THIS PROGRAM WILL HELP YOU:



UNDERSTAND TEENS



IMPROVE COMMUNICATION



ADDRESS CHALLENGING BEHAVIORS



STRENGTHEN SUPERVISION & STRUCTURE



SUPPORT SCHOOL SUCCESS



PREVENT & ADDRESS DRUG USE



MANAGE OUT-OF-CONTROL BEHAVIORS



DEVELOP PERSONAL ACTION PLANS



**OFFERING
GROUPS IN
ENGLISH &
SPANISH**

INCLUDED:



DINNER



CHILD CARE

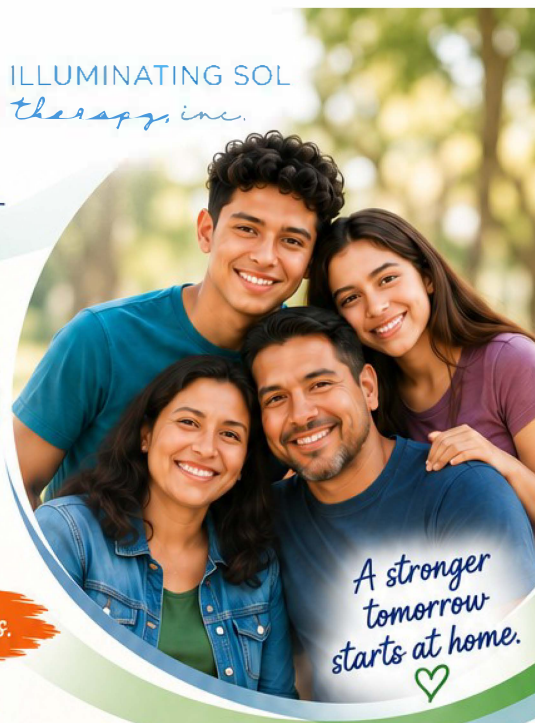


**PARENT
BOOKS**

REGISTER TODAY!



*Space is limited
reserve your spot today!*



8-WEEK PROGRAM:

★	Orientation:	Wed., Sept. 23rd 6pm-7pm**
📅	Wk 1	Wed., Sept. 30th
📅	Wk 2	Wed., Oct. 7th
📅	Wk 3	Wed., Oct. 14th
📅	Wk 4	Wed., Oct. 21st
📅	Wk 5	Wed., Oct. 28th
📅	Wk 6	Wed., Nov. 4th
🚫	No Session	Wed., Nov. 11th
📅	Wk 7	Wed., Nov. 18th
🚫	No Session	Thanksgiving Week
📅	Wk 8	Wed., Dec., 2nd
★	Culmination:	Wed., Dec. 9th 6pm-8pm

**Note: Orientation may get pushed back to 9/30.



DAY & TIME:
Wednesdays,
6:30pm-9pm



**SUPPORT. LEARN. GROW.
STRONGER TOGETHER.**



*Invest in your teen.
Invest in your family.
Invest in your future.*