Sexual Health & HIV/AIDS Prevention Instruction

Adopted: 05/19/1992 **| Last Revised:** 09/01/2026 **| Last Reviewed**: 09/01/2026

The Board of Education desires to provide a well-planned, integrated sequence of medically accurate and inclusive instruction on comprehensive sexual health and human immunodeficiency virus (HIV) prevention education.

The district shall respect the rights of parents/ guardians to supervise their students' education on these subjects and to impart values to their children regarding human sexuality.

As specified in the accompanying Board rule, the district shall strive to provide students with the knowledge and skills necessary to protect them from risks presented by sexually transmitted infections, unintended pregnancy, sexual harassment, sexual assault, sexual abuse, and human trafficking; to have healthy, positive, and safe relationships and behaviors; to understand sexuality as a normal part of human development; and to develop healthy attitudes and behaviors concerning adolescent growth and development, body image, gender, gender identity, gender expression, sexual orientation, relationships, marriage, and family.

Each student in grades 7-12 shall receive comprehensive sexual health and HIV prevention education at least once in middle school and at least once in high school unless the student's parent(s)/guardian(s) opt the student out of such instruction as specified in "Parent/Guardian Notification and Opt-Out" in the accompanying Board rule.

General Criteria for Instruction and Materials

The Superintendent or designee shall ensure that the district's comprehensive sexual health and HIV prevention education and the associated materials:

1. Are age appropriate

2. Are medically accurate and objective

3. Are aligned with and support the following purposes:

    a. To provide students with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy

    b. To provide students with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family

    c. To ensure students receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention education and provide educators with clear tools and guidance to accomplish that end

    d. To provide students with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors

4. Are appropriate for use with English learners, students with disabilities, and students of all races, genders, sexual orientations, ethnic and cultural backgrounds

5. Are available on an equal basis to a student who is an English learner, consistent with the existing curriculum and alternative options for an English learner as otherwise provided in the Education Code

6. Are accessible to students with disabilities, including, but not limited to, the provision of a modified curriculum, materials, and instruction in alternative formats and auxiliary aids

7. Do not reflect or promote bias against any person in protected categories of discrimination pursuant to Education Code 220

8. Recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive

9. Teach students the harm of negative gender stereotypes

10. Encourage students to communicate with their parents/guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so

11. Develop the knowledge and skills necessary to establish and maintain healthy, respectful relationships

12. Provide students with the knowledge and skills they need to form healthy relationships that are based on mutual respect and affection and are free from violence, coercion, harassment, and intimidation

13. Provide students with the knowledge and skills for making and implementing healthy decisions about sexuality, including communication and refusal skills to assist students in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities

14. Do not teach or promote religious doctrine

Additionally, the district's comprehensive sexual health education program shall include information on the affirmative consent standard. Affirmative consent is defined as affirmative, conscious, and voluntary agreement to engage in sexual activity. Teachers delivering such instruction shall consult information related to sexual harassment and violence in the state health curriculum framework.

The Superintendent or designee shall identify appropriate methods for informing parents/guardians about subjects related to the district's comprehensive sexual health and HIV prevention education. The Superintendent or designee shall use such identified methods to inform parents/guardians of students in grades 6-12 about human trafficking prevention resources, as required pursuant to Education Code 49381.

Parent/Guardian Consent

At the beginning of each school year or at the time of a student's enrollment, parents/ guardians shall be notified, in the manner specified in the accompanying Board rule, that they may request in writing to opt their students out of participating in comprehensive sexual health and HIV prevention education. Students so excused shall be given an alternative educational activity. Additionally, a student shall not be subject to

disciplinary action, academic penalty, or other sanction if the student's parent/ guardian opts the student out of such instruction.

Policy Reference Disclaimer:
These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the Board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

Legal References:

STATE
EDUCATION CODE
220 Prohibition of discrimination
231.7 Resources on abuse and teen dating violence; local and national hotlines
232.7 Model policy and resources; body shaming
33544 Inclusion of sexual harassment and violence in health curriculum framework
33546.2 Health framework for California public schools; sextortion
48980 Parent/Guardian notifications
49381 Human trafficking prevention resources
51202 Instruction in personal and public health and safety
51210.8 Health education curriculum
51225.36 Instruction in sexual harassment and violence; districts that require health education for graduation
51240 Excuse from instruction due to religious beliefs
51513 Test, questionnaire, survey, or examination containing questions about beliefs or practices
51930-51939 California Healthy Youth Act
51950 Abuse, sexual abuse, and human trafficking prevention education
67386 Student safety; affirmative consent standard
H&S CODE
1255.7 Parents surrendering physical custody of a baby
PENAL CODE
243.4 Sexual battery
261.5 Unlawful sexual intercourse
271.5 Parents voluntarily surrendering custody of a baby

FEDERAL
UNITED STATES CODE
20 USC 1232h Privacy rights
20 USC 7906 Sex education requirements and prohibited use of funds

MANAGEMENT RESOURCES
CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS
Body Shaming Model Policy & Resources
Health Education Framework for California Public Schools: Kindergarten through Grade 12, May 2019
Health Education Content Standards for California Public Schools: Kindergarten Through Grade Twelve, 2008
CSBA PUBLICATION
Promoting Healthy Relationships for Adolescents: Board Policy Considerations, Governance Brief, August 2014
HUMAN RIGHTS CAMPAIGN FOUNDATION PUBLICATION
California LGBTQ Youth Report, January 2019
COURT DECISION
Mahmoud v. Taylor (2025) 606 U.S. (2025 WL 1773627)
WEBSITES
CSBA District and County Office of Education Legal Services https://legalservices.csba.org/#
Human Rights Campaign http://www.hrc.org/hrc-story/hrc-foundation
U.S. Food and Drug Administration http://www.fda.gov/
California Partnership to End Domestic Violence http://www.cpedv.org/
California Safe Schools Coalition http://www.casafeschools.org/

California Department of Education, Sex Education and HIV/AIDS/STD Instruction http://www.cde.ca.gov/ls/he/se
California Department of Public Health http://www.cdph.ca.gov/
California Healthy Kids Resource Center http://www.ccrcca.org/resources/family-resource-directory/item/california-healthy-kids-resource-center
Centers for Disease Control and Prevention http://www.cdc.gov/
CSBA http://www.csba.org/

Policy Adopted:	05/19/1992
Revised:	12/08/1998 (renumbered from 6182.1 to 6142.1)
Revised:	04/04/2000 (technical)
Revised:	11/03/2004 (technical)
Revised:	09/21/2004 (technical)
Revised:	05/03/2005 (technical)
Revised:	04/22/2008
Revised:	09/02/2008
Revised:	05/19/2009
Revised:	10/16/2018
Revised:	09/01/2026